

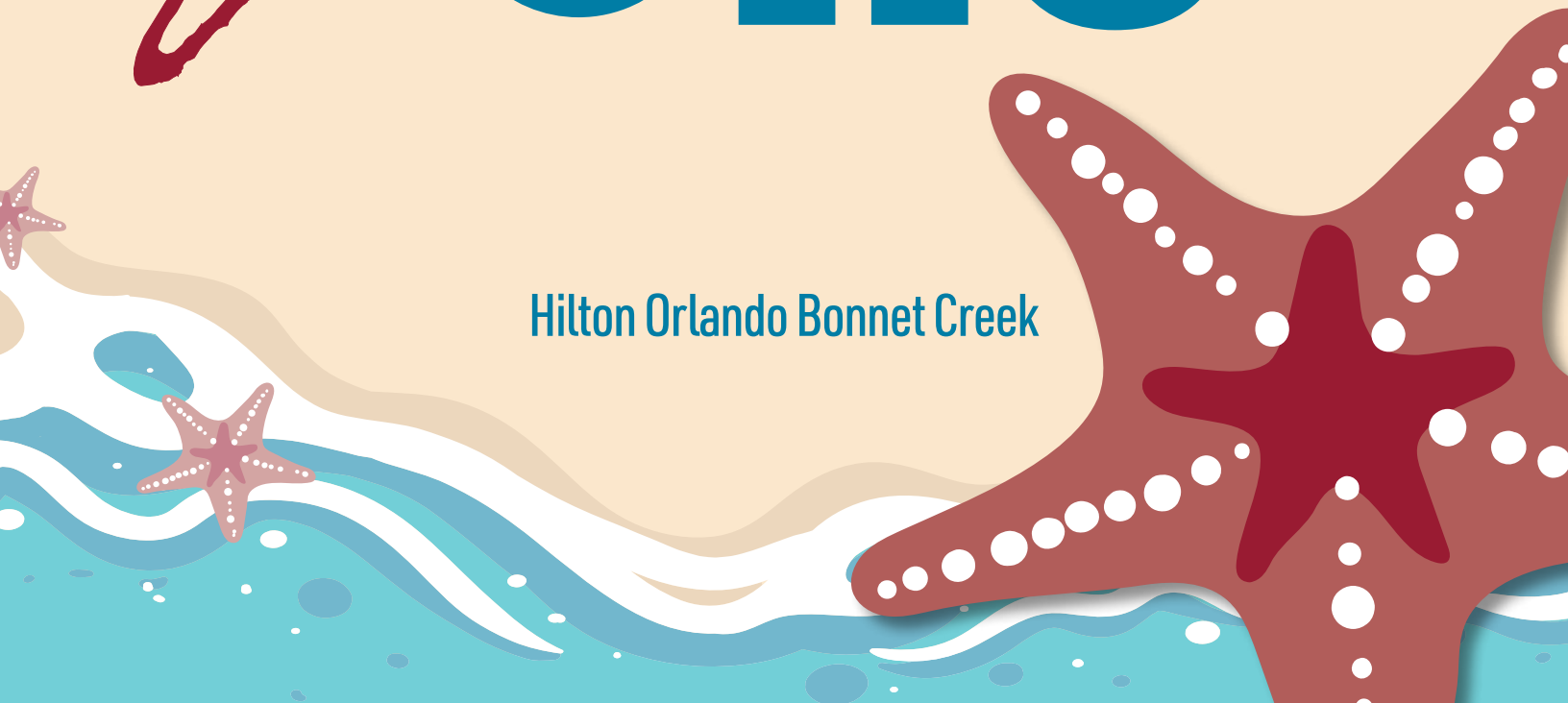
August 21-23, 2019



Florida Behavioral  
Health Conference

# *just* **one**

Hilton Orlando Bonnet Creek



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## Florida Behavioral Health Association

Inform. Innovate. Influence.

August 21, 2019

Welcome to the 2019 Florida Behavioral Health Conference. We hope you enjoy the speakers and workshops during this conference, which has become the foremost event addressing Florida's critical needs in the area of mental health, substance use disorders, prevention, treatment and recovery support.

We know both mental health and substance use disorders are intrinsically linked as part of behavioral healthcare, and recognition is becoming more apparent through emerging treatment options as well as state and federal policies. For that reason, the hosts of this conference - Florida Alcohol and Drug Abuse Association and Florida Council for Community Mental Health - have decided to combine their efforts under a new name, Florida Behavioral Health Association (FBHA).

In this new and vibrant organization, you will continue to see us undertaking the activities in which we have long excelled -- serving as a reliable source of information, creating opportunities for sharing best practices, and effectively advocating for policies and funding around behavioral health services. Through our combined efforts, our ability to inform, innovate, and influence will be even more enhanced under one shared organization.

The theme of this year's conference, Just One reflects this new approach of working with one united voice. It also speaks to our potential and ability to make meaningful changes in our state, just one person at a time.

We thank you for your efforts to influence one life at a time and hope that you will enjoy this year's conference.



Melanie Brown Woofert  
Florida Behavioral Health Association  
President and CEO

316 East Park Avenue, Tallahassee, FL 32301 | 850.224.6048 ■ 2868 Mahan Drive | Suite 1 | Tallahassee, FL 32308 | 850.878.2196

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# One Plan. Always Covered.

Transforming the health of our communities,  
one person at a time.

Proud sponsor of the Florida  
Behavioral Health Conference.



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## Thank you in advance...

Be sure to turn off your cell phone  
during all workshops and speaker  
sessions. Enjoy the conference!





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# Special Conference Features

## Lunches

### Wednesday, August 21

Boxed lunch sponsored by Magellan Complete HealthCare, Sunshine Health, and Westbridge will be provided to all participants.

### Thursday, August 22

Awards luncheon sponsored by Beacon Health Options, Bridges International, and Wellcare will be provided to all participants.

## Conference App

To enhance your BHCon2019 experience, download our new conference app. Available free to all registered attendees, the Florida Behavioral Health Conference app provides the latest BHCon2019 information on your mobile device, tablet, or computer. See page 77.



## Exhibit Hall Hours

Wednesday, August 21, 7:30am – 6:00pm

Thursday, August 22, 7:30am – 6:00pm

Exhibitors will be available in the Bonnett Creek & Floridian Ballroom Foyers.

## Conference Technology

Electronic CEU workshop tracking. Just scan your name badge when entering each workshop! See page 76.

## Complimentary Wi-Fi

Available in the conference and expo area.

Attendee network: BHCON2019

Attendee network password: FBHA



## Prize Drawings

Friday, August 23 General Session | 9:00am – 10:15am

## Movie Screening

Thursday, August 22, 7:30pm – 9:00pm | Bonnet Creek Ballroom

**Generation Found** – Music by Friday keynote speaker Matt Butler

## Yoga Classes | Orange (downstairs)

### Wednesday, August 21

6:45am to 7:30am – Yoga | 6:00pm to 6:45pm – Meditation Yoga

### Thursday, August 22

6:45am to 7:30am – Yoga | 6:00pm to 6:45pm – Meditation Yoga

### Friday, August 23

6:45am to 7:30am – Yoga

Electronic CEU  
Attendance Scan!





The momentum behind behavioral health is gaining speed, and the new Florida Behavioral Health Association (FBHA) is proud to be part of that forward movement.

We're a new version of two long-standing, respected organizations – Florida Council for Community Mental Health (FCCMH) and Florida Alcohol and Drug Abuse Association (FADAA) – which each have a lengthy history of advocating on behalf of behavior health, prevention, treatment and recovery support providers.

Combined, we become the state's largest trade association representing community behavioral health providers with a united voice. We serve as a trusted source of information, we advance policy initiatives, and we advocate for better behavioral health for all Floridians.

At FBHA, we are proud to help usher in this new day in Florida where a stronger and broader awareness of behavioral health is leading to better policies and treatment and prevention options.

## Together, FBHA will continue to do the following:

- Provide a forum for members to share best practices, innovative ideas, and educational materials so they can provide optimum care;
- Set and maintain high standards for the behavioral health industry in the delivery of care;
- Develop and maintain standards for the behavioral health industry in its interaction with each other and the public;
- Advocate for better behavioral health care services for all Floridians;
- Promote legislation, funding, and policies that recognize and advance behavioral health prevention, treatment, and recovery for all Floridians;
- Provide the public with education and awareness about the importance of behavioral health and its positive impact on lives;
- Collaborate and serve as a liaison with other state and federal professional organizations to promote the advancement of the behavioral health industry; and
- Increase the visibility and promote Florida's behavioral health industry.

## Florida Behavioral Health Association Board of Directors

### Ned Ailes

Life Management Center of  
Northwest Florida  
Term: 2019-2021

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# Florida Behavioral Health Conference

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Term: 2019-2022

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Term: 2019-2022

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Term: 2019-2022

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Term: 2019-2020

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Term: 2019-2022

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## **John Wilson**

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Term: 2019-2022



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# Florida Behavioral Health Conference

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Tammy Bolen

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Ron Fowler

### **Director of Web and Information Technology**

Erik Nelson

### **Operations Manager**

Rebecca Vickers

## Two locations to best serve our members

### **Park Avenue location**

316 East Park Avenue  
Tallahassee, FL 32301  
850.224.6048

### **Mahan Drive location**

2868 Mahan Drive  
Suite 1  
Tallahassee, FL 32308  
850.878.2196



■ **Wednesday, August 21**



## Allison Massari

### Transforming Lives: The Art of Person-Centered Care

Prepare to be taken on a journey. With her perceptive view inside the “patient experience,” Allison Massari’s riveting and insightful keynote illuminates the immense value that health-care providers have upon a patient who is suffering. This dynamic and poignant program offers real solutions to the struggle of how to keep the patient first despite limited time and other practical constraints.

■ **Thursday, August 22**



## Dawn O'Malley

### The Amazing Brain

The brain is responsible for everything we do, feel, want, and think. Not everyone is aware of the amazing lengths your brain will go to keep you alive and “well.” We will discuss the impact of traumatic experience on the human brain and the role of this information on the development of cutting edge treatment for trauma-related disorders.

## ■ Friday, August 23

### Matt Butler

#### Road to Recovery

Matt Butler is a folk artist, a rock'n roller, and a storyteller. He first gained notoriety as the lead singer of the New York-based band Reckless Sons, who signed a development deal with Island Def Jam/Mercury Records and released two EPs. Butler toured the United Kingdom (including main stage appearance at the Brighton Beachdown Festival), was a featured performer for TEDx San Francisco, and recorded a single with Jeff Saltzman (The Killers). As a solo artist, Butler has shared bills with the likes of Neil Young, Norah Jones, and Willie Nile.



## ■ Friday Mini Plenary Topics



**The Brain Loves Novelty:  
Integrative Interventions and Creative  
Counseling Techniques**

**Heidi OToole, MS, Co-Founder, WV  
Therapy and Wellness Center**



**Veteran Suicide Prevention**

**Heidi Squier Kraft, PhD, Clinical  
Director, PsychArmor Institute**



**Here We Grow Again:  
Cultivating Resilience**

**S. Doug Lemon, PsyD,  
Licensed Psychologist**



**Methamphetamines 2019:  
New Trends and Evidence-based Treatments**

**Richard Rawson, PhD, Research  
Professor, University of Vermont**



**Intervention  
in Psychosis: Approaches to Identification  
and Treatment**

**Daniel I Shapiro, PhD, Clinical  
Psychologist, Director of Operations,  
UC Davis Early Psychosis Programs**

**Khalima A. Bolden, PhD, Licensed  
Clinical Psychologist, Assistant Direc-  
tor of Clinical Training, University of  
California, Davis Medical Center Early  
Psychosis Program**

# Workshop Descriptions | Wednesday, August 21

6:45am – 7:30am Yoga | Orange (downstairs)

7:00am – 6:00pm Registration Desk Open

7:30am – 6:00pm Exhibit Hall Open

7:30am – 9:15am Coffee Break | Salons 1– 3 | Provided by:  Florida Behavioral Health Association



9:15am – 10:45am General Session | Bonnet Creek Ballroom  
Welcome | Keynote: Allison Massari

Prepare to be taken on a journey. With her perceptive view inside the “patient experience,” Allison Massari’s riveting and insightful keynote illuminates the immense value that health-care providers have upon a patient who is suffering. This dynamic and poignant program offers real solutions to the struggle of how to keep the patient first, despite limited time and other practical constraints. By weaving her remarkable journey with potent life-lessons, Allison highlights the integral nature of patient-centered care and fortifies audience members, reigniting their passion for why they went into healthcare in the first place.

10:45am – 11:15am Coffee Break | Salons 1– 3 | Provided by:  Florida Behavioral Health Association

11:15am – 12:15pm Workshop Session 1

## The Power of Peers: Increasing Transition-Age Youth Participation in Evaluation

### Salon L

Applying System of Care (SOC) Principles to ensure services are youth-driven, culturally and linguistically competent, and outcomes-oriented, this workshop provides a model for evaluation where peers are trained as evaluators in the One Community Partnership 2 (OCP2) grant in Broward County, Florida. Over the course of the grant thus far, OCP2 has enrolled 200 young people/families into the evaluation. The OCP2 reassessment rate is 90% as compared to all SOC grantees at 32%. Participation in the National Evaluation is 95%.

**Tiffany Lawrence, LMFT, Project Director, Broward Behavioral Health Coalition**

**Alfonso J. Ruiz, Florida Certified Peer Specialist, Peer Evaluator,  
Broward Behavioral Health Coalition**



## Just Another Bad Day or Is It Burnout?

### Salon K

Every helping profession is at high risk for burnout. As therapists dealing with clients with mental health concerns, we are trusted with some dark secrets. Every day, we can hear heart-wrenching stories and extremely difficult life situations surrounding the people who come to seek out help. It goes without saying that when we are exposed to trauma stories on a daily basis it is essential that we take care of ourself. If we do not care for ourselves then we cannot care for others. So how do you know? Is it just another bad day or is it burnout?

**Tara Kellogg, MS, LMFT, Director of Clinical Supervision, Chrysalis Health**

**Erica Layton, LMHC, Program Director, Chrysalis Health**

## Adverse Childhood Experiences, Behavior and Academics: Understanding the Impact on the Individual, Family, School and Community

### Salon J

This presentation will provide an overview of adverse childhood experiences, behavior and its impact on academics, relationships, and the community. More specifically attendees will gain knowledge regarding trauma, suicide, brain development, and learning. Participants will gain an overall big picture of trauma and ways to assist all individuals connected to the trauma.

**Charlene Grecsek, EdD, LMHC, SEDNET Project Coordinator, Exceptional Student Learning Support, Broward County**

## Offender Transition-Intensive Case Management and Care Coordination

### Salon I

This session will focus on how to help offenders leaving the criminal justice system with limited resources transition back into the community through linkage to non-profits, workforce development, substance abuse and mental health treatment, transitional housing programs, and government agencies. This session will address the importance of how to use intensive case management to help offenders transition back into the community. Elements missing in the transition process for offenders include the knowledge of how to locate services, financial limitations of organizations and special population priorities. Equally important is the care coordination of mental health and substance abuse services working in conjunction to create a comprehensive success plan for the formerly incarcerated offender.

**Carolyn King, Supervisor, DISC Village**

## MAT for Tobacco Cessation

### Salon H

Medication-Assisted Treatment (MAT) for Tobacco Use Disorder is the gold standard of care and improves cessation outcomes by 50%. Tobacco use is responsible for more deaths than mental illness and substance use disorders combined. Therefore, it is imperative for mental health and addictions professionals to provide evidence-based interventions including MAT and behavioral counseling, which significantly improve success with tobacco cessation. Yet, many clinicians are not well versed in the seven FDA-approved pharmacological options and are often ambivalent about recommending any of the medications. This workshop describes physical changes in the brain caused by the use of nicotine and its impact on a person's ability to quit, regardless of motivation or commitment.

**Andree Aubrey, LCSW, Director, FSU College of Medicine AHEC Program Office**

## Harm Reduction - Syringe Exchange and Naloxone Programs in Florida

### Salon G

During Florida's 2019 legislative session, the legislature voted to expand access to harm reduction services by allowing syringe exchange programs to operate statewide, dependent upon county commission approval. This session will provide an overview of the legislation along with a summary of harm reduction practices to engage people who use drugs, including naloxone distribution and syringe exchange programs. Information on how to enroll in DCF's Naloxone Program will be provided. Data and experiences from Miami-Dade County's syringe exchange program, the IDEA Exchange, will be presented in addition to how organizations can partner to support harm reduction services in their communities.

**Amanda Muller, Overdose Prevention Coordinator, Florida Department of Children and Families**  
**Elisha Ekowo, Community Engagement Team Lead, University of Miami, IDEA Exchange**

## Moderating Anger Expression in our Patients: A Look at the Mechanisms and Treatment of Rage

### Salon F

This workshop will focus on evidence-based methods to moderate anger expression in interactions with patients and help patients self-regulate this strong emotion. A review of the different categories and types of anger expression will be discussed, particularly in regard to traits or co-occurring disorders that may have anger and irritability as symptoms. Physiological, neuropsychological, and biopsychosocial correlates to excessive anger expression will be discussed. Techniques to de-escalate, moderate, and dissipate excessive anger expression will be reviewed, particularly with a focus on practical methods that clinicians can use with their patients.

**Robert Boxley, PhD, Director of Clinical Education, Centerstone**  
**Marco Rabines, MD, Adult Psychiatrist, Centerstone Hospital**

## Integrating Telepsychiatry into Health and Behavioral Health Settings

### Salon E

This presentation will focus on how to integrate telepsychiatry into both the medical hospital/ED for consult and liaison services as well as integrating telepsychiatry into the behavioral health inpatient setting. It will focus on an effective plan to implement telepsychiatry, what challenges can be anticipated and how challenges were met and resolved.

**Anne Posey, LMHC, NCC, Administrative Director, Cleveland Clinic Indian River Hospital**

**Miles D. Kramer, LCSW, CCHP, Chief Development Officer, Aligned Telehealth**

## The Genetics of Addiction and Compulsive Behaviors

### Salon D

This workshop will focus on the latest in genetic research and solutions to resolve neurotransmitter imbalances that lead to Reward Deficiency Syndrome and related behaviors and addictions, as well as practical solutions to these imbalances.

**Lyle Fried, CAP, ICADC, President, Florida Association of Recovery Residences**

## CAT- An Innovative Solution to Help Youth

### Salon C

The Community Action Team (CAT) was created to address young adults in need of targeted mental health care and support. The model proved to be incredibly successful and, as a result, the Florida legislature and Department of Children and Families have adopted the CAT team as a statewide model with 41 teams across Florida. Hear from the creator and CAT team members about the essential components of CAT teams and why and how CAT works. Data on the effectiveness of the model will be presented.

**Melissa Larkin-Skinner, MA, MBA, LMHC, Chief Executive Officer, Centerstone of Florida**

**Gemma Clayson, LMFT, Director of Children's Community Services**

**Vincent Pareti, Mentor, Centerstone**

## Dual Trauma: Survival and Recovery for the Human Trafficking Victim

### Salon B

This presentation is designed to assist those working with clients who have been human trafficked to understand the intense level of trauma and develop strategies to intervene and assist in the recovery process. The unique needs of these individuals will be addressed, and implementation and specific skill sets identified and presented.

**Philip Toal, EdD, Senior VP Residential Services, Aspire Health Partners**

# Workshop Descriptions | Wednesday, August 21

## Mental Health in the African American Community

### Salon A

This presentation will provide insight on African Americans and mental health treatment, shedding light on the challenges faced by individuals, families, and the African American community at large. Additionally, it will explore the modalities of treatment, approaches, and client engagement.

**Chester Wilson, PhD, Executive Director, CW Consulting Firm**

## The Opportunity to Fail

### Flagler/Gilchrist (Downstairs)

Behavioral health agencies constantly struggle with how to provide quality services amidst a climate of stagnant funding, budget cuts and staff shortages. This presentation focuses on how Boley's Supported Housing program was able to re-structure their program to re-allocate resources toward clients with the greatest need; while at the same time using Recovery Based Principals to maximize the quality of services for clients who had reductions in services due to the re-allocation, and in doing so, improve outcomes.

**William Flaxman, MS, NCC, Boley Centers**

## Mind Hacked - Technology and the Impact on Youth and Addictions

### Indian River/Hamilton (Downstairs)

This seminar will review the dynamics in our culture related to technology use and the impact on youth development and the addiction's progression. Pad, phone and computer use access is hijacking the brains of our children and adults. Ideas and concepts related to protection and interventions as well as diagnostic patterns will be addressed.

**Dale Thompson, MS Counseling Psychology, LMHC, Psy-Care**

**Matt Thompson, BS, BCS, CEO Clutch Consulting**

**12:15pm-1:30pm | Boxed Luncheon Pick Up**

**Sponsored by Magellan Complete Care, Sunshine Health and Westbridge  
Bonnet Creek Ballroom**

**12:30pm-1:30pm | Lunch and Learns | Salons A, B, C and F**

**Thank you to the boxed lunch sponsors:**

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**WESTBRIDGE**  
*Dual diagnosis is our sole focus*  




# Workshop Descriptions | Wednesday, August 21

## Lunch and Learn: Strategies for Serving Veterans

### Salon F

Grab your boxed lunch from the Bonnet Creek Ballroom and head to a workshop to Lunch-N-Learn! Veterans present for care with unique needs. It is important to understand these issues in order to effectively address them. This informal session will briefly present three different strategies being utilized to serve veterans and then will engage the audience in a discussion on how to best provide care to those who have served us.

**Philip Toal, EdD, Senior VP Residential Services, Aspire Health Partners**

**Maria Romanchak, LMHC, Baycare**

**Steven Agelidis, Clinical Supervisor, Transition House**

## Lunch and Learn: Recovery and the Power of Peers

### Salon C

Grab your boxed lunch from the Bonnet Creek Ballroom and head to a workshop to Lunch-N-Learn! This will be an informal discussion of the role and value of peers, the venues where peers operate, and how the peer movement is supporting treatment and recovery initiatives across our state.

**Ginny LaRue, MNPM, Director Recovery Project,  
Florida Alcohol and Drug Abuse Association**

**Karen Chrapek, RCP, KC Originals, LLC**

**Joe Dmitrovic, CRS, RASE Project**

**Crystal Hernandez, CRPS-A, The Transition House**

**Brian Mingle, CRPS-A, Lutheran Family Services**

## Lunch and Learn: Bring it! Reflective Practice of Motivational Interviewing (MI)

### Salon B

Grab your boxed lunch from the Bonnet Creek Ballroom and head to a workshop to Lunch-N-Learn! This session will be a hands-on approach to using MI with challenging, resistant and ambivalent clients. Participants are asked to bring their most challenging and frustrating situations. Emphasis will be on real play and practice. Bring the best... or worst situations you have encountered to see how MI would deal with them.

**David Duresky, MA, Consultant, Vroon DVB**

## Lunch and Learn: MAT and SUD - Ask the Doc

### Salon A

Grab your boxed lunch from the Bonnet Creek Ballroom and head to a workshop to Lunch-N-Learn! This will be an opportunity to have an interactive discussion with a

continued on next page

physician who specializes in addiction medicine on how to effectively deliver quality health care to patients with alcohol, substance or opioid use disorders, including the utilization of MAT. This session will be an ideal opportunity to “ask the doctor” any questions related to the management of patients with a substance use disorder.

**Mark G. Stavros, MD, FACEP, ABAM , Medical Director, Gulf Coast Addiction Medicine**

## 1:45pm – 2:45pm Workshop Session 2

### Re-Entry Case Study and Task Force- Ft. Myers, Florida

#### Salon L

Have you ever walked in the footsteps of a client trying to re-enter the community after being in jail for an extended period? Are you aware of the barriers they face in meeting their basic needs of food, clothing, shelter, and medications? This presentation focuses on a county jail re-entry case study that began in December 2018 and highlighted a lack of resources, communication, and re-entry process in Lee County, Florida. In response, a Re-Entry Task Force was formed to prioritize re-entry needs and work with community providers to develop a defined re-entry process for clients moving from incarceration back into our community. This presentation will include the case study and how the Re-Entry Task Force is creating a more organized, efficient and successful re-entry process for our clients.

**Paige Cooper, MSW, RCSWI, Social Worker/ Disposition Specialist Supervisor, Public Defender's Office, 20th Judicial Circuit of Florida**

**Bradley Alix, MS, Disposition Specialist III, Public Defender's Office, 20th Judicial Circuit of Florida**

### Food Addiction: Is It Real and How Do We Treat It?

#### Salon K

No doubt the phrase “food addiction” has not been equated with the phrase “drug addiction” in so far as being accepted as either a legitimate entity or viable concept. The evidence with advances of MRI and PET scan technologies clearly illustrate the chemical and neural influences are nearly identical among substance users and overeaters. Eating disorders might be considered an umbrella from which food addiction, as well as related eating disorders, may be grouped yet delineated. As a rule, identification and complete abstention from certain food substances are pre-requisites to overcoming a food addiction. Yet, this might not ALWAYS be the case with some individuals harboring an eating disorder diagnosis or history. Food addiction might well be thought of as a substance use disorder, with the substance being individually identified food substances such as sugar, flour, salt, certain fats, and so on.

**Martin Lerner, PhD, Clinical Psychologist, Milestones in Recovery**

## Stress and Mental Health Management for Behavioral Health Professionals

### Salon J

Working within the field of mental health is inherently stressful, with research suggesting mental health professionals (MHPs) suffer from high rates of stress and burnout. Burnout often leads to feelings of detachment from others, cynicism, and a diminished sense of personal accomplishment. Research also suggests that individuals with high-stress occupations, such as MHPs, suffer from psychological distress and problematic substance use at a greater rate than those with low-stress occupations. As interpersonal relationships are crucial to effective work in the mental health field, MHPs must learn ways to manage stress and practice good self-care. This presentation aims to assist MHPs in identifying, understanding, and addressing some of the effects of stress on psychological well-being, quality-of-life, and work productivity. It also aims to provide MHPs with tools for coping with stress as well as ways to determine when it is time to seek outside assistance.

**Marsha Brown, PhD, Licensed Psychologist, Institute for Behavioral Sciences and the Law**

## Medication Assisted Treatment for Opioids

### Salon I

SAMHSA has approved three medications for the treatment of opioid use disorders – methadone, buprenorphine, and injectable long-acting naltrexone. These medications are now being widely used in the delivery of care to patients with an opioid use disorder. This session will explain each of these medications, how they react to the receptor sites, and how they are deployed to stabilize a patient. Discussion will include patient characteristics and why one medication over another is selected to address the unique needs of a patient with an opioid use disorder. Finally, interaction with other common behavioral health medications or street drugs will be discussed.

**Mark G. Stavros, MD, FACEP, ABAM , Medical Director, Gulf Coast Addiction Medicine**

## Succeeding With Value-Based Reimbursement: Organizational Competencies & Management Best Practices for Value-Based Contracting

### Salon H

Once organizations gain the competencies needed for value-based contracting and have a leadership team with the necessary skills, the next important area to focus upon is the competencies needed to respond to and acquire a value-based contract. To help organizations assess their readiness, OPEN MINDS has developed its population health/value-based readiness assessment tool. This tool has been used to help organizations across the country ensure their teams are prepared for value-based contracting with all the required competencies needed for success. In this seminar, executives will learn organizational and technical competencies needed to succeed with values-based contracting.

**Ken Carr, Senior Associate, Open Minds**

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## The Role of Purpose in Recovery: A Peer Specialist Perspective

### Salon G

SAMHSA identifies Purpose as one of the Four Dimensions that support Recovery. Through training and work as a Peer Specialist and the presenter's own experience, this workshop will demonstrate the vital role that Purpose plays in the Recovery process. The dynamics of how a strength-based approach creates a sense of self-worth and builds confidence and self-esteem, which motivates one to find hope for Recovery, will be explained. The feeling of having value to others can destroy the feeling of hopelessness and inspire hope within the person to have the ability to change themselves. Learn how purpose has become a motivation to not just encourage others to find recovery but to show others that finding purpose encourages one to continue to grow and maintain their recovery. A purpose began with the hope to save "just one" evolved into "inspiring just one to inspire one more," and, thereby help dozens more.

**Lorraine Desoto, Certifications, Certified Recovery Peer Specialist,  
Central Florida Peer Support Network**

## Prevention Synergy: How Providers and Coalitions Work Together to Create Change

### Salon F

Since 2012, the Substance Awareness Center of Indian River County (SAC) has delivered the Botvin Life Skills Training (LST) program to every middle school student throughout Indian River County. More than 10,000 Indian River County students have participated in the program. The Substance Abuse Free Indian River Coalition (SAFIR) has served as a drug-free coalition in the county, changing attitudes and norms related to substance use. The evaluation of the coalition and the LST program show positive results. More parents are talking with their youth about the dangers of substance use. Also, there are significant improvements in health knowledge, anti-drug attitudes, and life and refusal skills. Today fewer Indian River youth are using alcohol, marijuana, cigarettes, or prescription drugs than in 2012. This workshop will discuss how SAC has worked with SAFIR to implement an evidence-based program throughout the county supported by coalition strategies to change norms.

**Christina DeFalco, BA, Director of the Botvin LifeSkills Training Prevention Program,  
Botvin LifeSkills**

**Carrie Maynard-Lester, MEd, LMHC CAP, Executive Director,  
Substance Awareness Center of IRC**

**Michele Buldo, MA, SAFIR Coalition Director, Substance Awareness Center of IRC**



## Building a Trauma-Informed Approach to Integrating HIV Primary Care and Behavioral Health Services

### Salon E

This presentation will review how the Broward County (BC) Ryan White HIV/AIDS Part A Program implemented Integrated Primary Care and Behavioral Health (PCBH) services with a trauma-informed approach across their system. The goal of PCBH is to improve health outcomes by coordinating care and treatment for clients, and reduce the stigma associated with mental health issues. The presentation will review the process BC followed to prepare and implement PCBH services, including assessing agency capacity for integration, training providers on integration strategies and providing trauma-informed services, modifying contracts and funding, and revising service delivery models and standards of care. This approach is team-based and focused on the specific needs of each client. PCBH services are a critical component in HIV maintenance and management.

**Kelsey Giglioli, MPH, Contract/Grant Administrator, Broward County**

**Shackera Scott, MPA, Contract/Grant Administrator, Broward County**

## Breakthrough: A Community Working Together for Youth

### Salon D

Breakthrough is an innovative community collaboration pilot project in Orange County, designed to improve the mental health service delivery system for youth with multiple inpatient hospitalizations using evidence-based practices, flexible need-based funding and System of Care Values. Breakthrough has partnered with the University of Central Florida to research its efficacy with the goal to expand to additional youth throughout the community. Preliminary results suggest that both parents and adolescents are generally satisfied with the services provided by Breakthrough. Further, these results support a decreased trend in both externalizing behavior and negative mental health symptomology.

**Donna Wyche, MSW, Division Manager, Orange County Government**

## Prevention and the Role of Fathers

### Salon C

This workshop will present the need for the prevention field to focus on the importance of fathers and what they bring to the family. It will discuss how to change your paradigm around parenting and have options for fathers only as well as co-parenting. Lastly, we will address how to link fathers to community resources traditionally aimed at mothers.

**Kay Doughty, Trainer, Center for Promotion of Social Emotional Learning**

**James McHale, PhD, Executive Director, USF St. Petersburg Infant and Family Center,  
Johns Hopkins All Children's Hospital**

## Identifying Strategic Opportunities: Cultivating, Negotiating, and Decision-Making

### Salon B

In an ever-changing industry, where do you optimize growth opportunities? When do you negotiate and when do you walk away? Join Credible's CEO, Matthew M. Dorman as he explores the strategy behind successful growth.

**Matthew Dorman, Chief Executive Officer, Credible Behavioral Health Software**

## Treating Addictive Disorders Among Survivors of Domestic Violence

### Salon A

This presentation will introduce participants to the unique issues associated with treating addictive disorders among survivors of domestic violence. The prevalence of domestic violence and addictive disorder will be explored, as well as specific issues to consider in developing a treatment plan. Finally, the presenter will introduce a combined relapse prevention/safety plan model that incorporates aspects of safety while outlining strategies to avoid relapse.

**Vicky Buckles, PhD, Instructor, University of South Florida**

## Screen Time and Children: An Evidence-Based Approach to Helping Parents and Clinicians Handle This Most Ubiquitous Issue

### Flagler/Gilchrist (Downstairs)

Screen time discussions and conflicts have become commonplace in families throughout the world, and are a frequent discussion point in family therapy and parent training. This workshop will take a serious look at what the research has found about the effects of screen time on children. We will also discuss what has not been found regarding this issue. When children are engaged in screen-based activities, a variety of issues need to be considered: sedentariness, physiological reactions, neuropsychological ramifications, social connectedness, and content appropriateness. This presentation will address each of these areas and give evidence-based guidance as to normative, healthy use versus unhealthy use. The focus of the workshop is to train clinicians on how to talk with parents about screen time issues in a manner they can then implement. The concept of screen diversity will also be explored.

**Robert Boxley, PhD, Director of Clinical Education, Centerstone**

**David LeWallen MA, Doctoral Psychology Intern, Centerstone Consortium**

# Workshop Descriptions | Wednesday, August 21

## Breaking Bad – Ten Common Mistakes When Using Motivational Interviewing

### Indian River/Hamilton (Downstairs)

Motivational Interviewing (MI) has emerged as the premier evidenced-based model for use by those working in the behavioral healthcare field. It is often challenging to move practice from the classroom to actual services in the workplace. This session will look at commonly made mistakes when using this model. Topics will include “Pros and Cons... without the Cons” and “Cheerleading and its Effect on Motivation,” as well as others. The presenter has been utilizing and training on this topic for nearly 20 years and has observed and rated over 1,600 individual MI sessions.

**David Duresky, MA, Consultant, Vroon DVB**

**2:45pm – 3:15pm Refreshment Break | Salons 1–3 | Provided by:**  Florida Behavioral Health Association

## 3:15pm – 4:15pm Workshop Session 3

## Happiness - Train Your Brain with Breath Work, Mindfulness and Metta

### Salon L

In this workshop, we explore habits of happiness such as how to utilize breath work, mindfulness, flow priming techniques and metta meditations to increase happiness and emotional wellbeing. This breakout session is part lecture and part experiential. In addition to obtaining an understanding of these practices and exploring the science that supports their effectiveness, participants will have the opportunity to practice various techniques that not only increase happiness but also improve brain function, overall health, stress levels, emotional wellbeing and social connection.

**Vivian Demille, CEO, Mannabliss & Casa Mannabliss**



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\*Not applicable to items specially priced.



## Legislative Advocacy, Government Relations, and Lobbying

### Salon K

Legislators have hundreds of issues to tackle each year – roads, the environment, prisons, and education to name a few. The challenge is how to encourage legislators to focus on and prioritize the need for quality mental health and substance abuse disorder policy and services. Legislative advocacy by behavioral health providers and experts is a critical component to ensure the development of good policy and the allocation of adequate resources. Learn from a panel of experts and insiders on how to develop legislative relationships, how to deliver the “message,” how to advocate for policy and resources, and when and how to use lobbyists to advance the cause.

**Melissa Larkin-Skinner, MA, MBA, LMHC, Chief Executive Officer, Centerstone of Florida**

**Shane Messer, FBHA & FCBH Government Relations Director**

**Amanda Stewart, Corcoran & Johnston Government Relations**

## Treating IV Drug Users Diagnosed with Endocarditis in a Residential Substance Abuse Treatment Setting Using MAT

### Salon J

Project Recovery is an initiative which began in response to the continued increase of endocarditis patients presenting to the Baycare Health System located in the Tampa Bay area. The monumental costs of treating patients within the hospital setting, lack of access to substance use treatment and frequent return to hospital care due to endocarditis reoccurrence is a challenge that continues to add stress to an already over-utilized system. Efforts occurring within Florida offer outpatient therapy and MAT for endocarditis patients. However, Project Recovery appears to be the forerunner treating patients receiving IV antibiotic treatment in a residential setting. This workshop will include a description of the planning and implementation, including the challenges within integrated care (hospital, residential substance use treatment, MAT services and home health).

**Marvin Coleman, VP Legislative and Community Affairs, Operation PAR**

**Sandnes Boulanger, LCSW, MCAP, CET, VP of Clinical Services, Operation PAR**

**Derek Kee-Haynes, BSW, Counselor/Case Manager, Diversity Coordinator, Operation PAR**

**Michael Sheehan, MB, BCh, BAO, Medical Director, Operation PAR**

## Innovations in the Delivery of Culturally-Informed Therapy to Youth and Families

### Salon I

Family-based interventions are efficacious in the treatment of adolescent emotional and behavioral problems, but a number of complex implementation challenges exist. This presentation includes: **1)** the development and testing of the evidence-based treatment, Culturally-Informed and Flexible Family-Based Treatment for Adolescents, **2)** discussion of the adaptive manualized treatment and technology to assist with intervention delivery, and **3)** presentation of three innovations in online training that address implementation challenges. This adaptive manualized treatment replaces the one-size-fits-all approach with intervention tailored to the needs of the client; the integration of technology that provides youth better access to therapeutic material, fewer barriers to treatment, and a more engaging treatment; and, an adaptive online learning platform to address training costs and staff turnover issues.

**Maite Mena, PsyD, Research Assistant Professor, University of Miami  
School of Education and Human Development**

**Daniel Santisteban, PhD, Professor, University of Miami  
School of Education and Human Development**

## Florida's Criminal Justice Diversion Strategies

### Salon H

There has been a 22% increase in the number of forensic commitments to a State Mental Health Treatment Facility over the past four years. To address this, the Department of Children and Families State Mental Health Treatment Facilities has developed a community forensic strategic plan to expand Florida's capacity to serve forensic individuals in the community who may have otherwise been traditionally served in a secure facility. This presentation will walk the participants through Florida's community-based care for persons committed or at risk of commitment under Chapter 916, Florida Statutes. It will also provide an overview and status update of the strategic plan including highlights as well as challenges.

**Leah Vail Compton, MA, MBA, State Community Forensic Liaison,  
Florida Department of Children and Families**

# Save the Date

Supported by:  
Florida Behavioral Health Association



## September 23-24, 2019 Rosen Plaza Hotel, Orlando

The Summit is specifically designed to bring together stakeholders interested in developing, managing, funding, and supporting supportive housing.

Visit the Summit webpage: <https://fshc.org/wp2/conference/>



## Introduction to Honest-Open-Proud

### Salon G

Honest Open Proud (HOP), a disclosure-based stigma reduction program, was developed to build resilience, inclusion, and hope for those who have mental health challenges. The presentation will begin with an overview of HOP, which is available for adults, high school students, college students, veterans, and people who have attempted suicide. Attendees will experience what it would be like to participate in a HOP for adults program, comprised of three lessons: 1) learning how to consider the pros and cons of disclosing, how to identify with mental illness, and how to weigh the benefits of disclosure; 2) learning different ways to disclose, who to consider disclosing to, and consideration of how others might respond to disclosure; and 3) learning how to develop a meaningful story and how to tell that story in a way that is impactful and informative to listeners.

**Kristin Kosyluk, PhD, Assistant Professor/Mental Health Law & Policy,  
University of South Florida Mental Health Law & Policy**

**B. Michelle Beekman, BS, PhD Student,  
University of South Florida College of Behavioral and Community Sciences**

**Jon Her, BA, Research Assistant and Data Entry Specialist,  
University of South Florida College of Behavioral and Community Sciences**

**Eyhanna Johnson, BS, Research Assistant, University of South Florida,  
Department of Mental Health Law & Policy**

## Understanding the Grieving Child: Complications of Grief That Affect At-Risk Youth

### Salon F

Research shows one in seven children will have experienced the death of a parent or sibling by the age of 20. Childhood bereavement is all too common but it is a topic that is often avoided due to a society terrified by death and uncomfortable with grief. Kids who lose loved ones often suffer in silence resulting in a distressing range of emotional, psychological and behavioral difficulties that can extend into adulthood. Through work with incarcerated youth, it has been observed that many of these youth have experienced very traumatic deaths that complicate their grief process and allow additional difficulties to manifest. This workshop will help educate individuals on childhood bereavement and traumatic grief, as well as, best practices on how to support these youth.

**Kimberly Pacheco, LMHC, Associate Director, Suncoast Kids Place**

**Deborah Brooks, LMHC, Director, Suncoast Kids Place**

# Workshop Descriptions | Wednesday, August 21

## How to Create a Tele-Behavioral Health Strategy

### Salon E

Telepsychiatry is often considered a band-aid for the immediate psychiatry needs of an organization. It is time to think of telepsychiatry, with its trend of increased usage across the care continuum, as a long-term strategy that can help an organization meet both immediate needs and add value to many future strategic priority areas. This presentation will discuss how organizations can integrate telehealth into their current services and future strategies to add value for consumers, providers, organizations, and the greater community. Telehealth is appealing due to convenience for consumers, improvement of work/life balance for providers, management of the provider shortage and opportunity to connect multiple points of the care continuum with a single, more accessible provider network to create a community of care. This presentation will include examples from actual telepsychiatry programs to highlight the benefits being achieved today.

**Jack Civatte, Business Innovations Manager, InSight Telepsychiatry**

## Housing First Outcomes: A Longitudinal Pilot Study of Super-Utilizers

### Salon D

In recent years the number of homeless people has increased in the US. Homelessness has been recognized as a major public health issue as it is linked to poor health and high costs to society. In the 1990s, an innovative treatment strategy known as the Housing First (HF) Model emerged, which showed that placing people who are homeless and mentally ill in permanent housing could lead to a reduction in the use of services (emergency room visits), costs to the state, and rates of homelessness. Expanding on these results, the goal of the present longitudinal study (1 year) was to examine whether HF could lead to improvements in other areas related to recovery and well-being such as psychiatric symptoms, daily functioning, disability, and internalized self-stigma among a sample of high or super service utilizers. This session will discuss what impact, if any, HF has on these outcomes and possible clinical implications.

**Francisco Quintana, PhD, Psychologist, Citrus Health Network**

**Angela Mooss, PhD, Executive Director, Behavioral Science Research Center**

Save the Date!



**BHCon 2020**  
**August 19–21, 2020**

**Hilton Orlando Bonnet Creek**



## Opioid Use Disorder and Social Connectedness

### Salon C

It has been well established that social connectedness is critical to health, well-being and general human functioning. Likewise, there are clear links between attachment issues and addiction, including opioid addiction. Further, research reveals linkages and overlaps between the neurocircuitry of physical pain and that of social pain and isolation. This workshop will describe these neurobiological and psychosocial linkages. It will also detail how social relationships and social identities play a role in and out of recovery as well as destigmatizing the recovery process. Treatment interventions geared toward addressing these issues will be outlined, in particular, the role that stigma plays in exacerbating the issues of those challenged with opioid use disorder.

**Deborah Dreher, DNP, Chief Clinical Officer, New Horizons of the Treasure Coast**

**Kory Snyder, MSW, New Horizons of the Treasure Coast**

**Jennifer Timothy, BS, Program Manager, Medication Assisted-Treatment,  
New Horizons of the Treasure Coast**

## React or Respond? Strengthening Court Effectiveness with Clients with OUD

### Salon B

The impact of the opioid epidemic touches every aspect of the judicial system. Court dockets and probation caseloads are filled with individuals, including parents, with opioid use disorder. This session reviews misperceptions and realities of opioid use and treatment, and provides strategies to strengthen court interactions and responsiveness with participants with opioid use disorder.

**Pamela Baston, MPA, MCAP, CPP, Technical Expert Lead (TEL), JBS International**

## Zero Suicide: An Emerging Standard of Care

### Salon A

Protocols are followed to ensure patient safety. In behavioral health systems, do we have the same diligence with those discharged from crisis stabilization units who are at-risk for suicide? Zero Suicide is a systematic approach to improving suicide care in health and behavioral health systems through the adoption of evidence-based, best-practice tools and trainings to ensure no person falls through the cracks - those at risk for suicide are identified, assessed, treated, and referred, promising better outcomes for both the client and serving organization.

**Lindsay Brown, MEd, EdS, Director of Training and Community Engagement, Florida Linking Individuals Needing Care (FL LINC) Project**

# Workshop Descriptions | Wednesday, August 21

## Government Enforcement Efforts Targeting Substance Abuse Treatment Clinics - Are Your Marketing Practices Compliant with EKRA and Other Applicable Laws?

### Flagler/Gilchrist (Downstairs)

Marketing activities that would normally qualify as ordinary business courtesies if extended to an actual or potential source of referrals in other industries are often illegal in the context of federal, state and private payor health benefit programs (especially in light of the recent passage of EKRA). In this session, we will discuss whether a number of common marketing practices (such as the use of Patient Brokers or Telemarketing Companies) in the substance abuse treatment community comply with federal and state statutes prohibiting kickbacks and patient inducements. We will also examine a number of recent civil and criminal cases brought against substance abuse treatment professionals and clinics, along with steps that you can take to better ensure regulatory compliance.

**Robert Liles, JD, MBA, MS, CPC, Managing Partner, Liles Parker**

## Developmental Recovery: Exploring a Framework That Emphasizes Habilitation

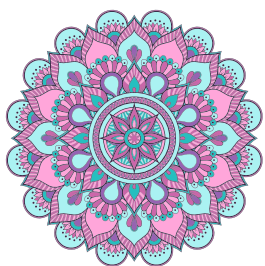
### Indian River/Hamilton (Downstairs)

Drug-involved individuals with deficits in the areas of knowledge, critical thinking, values and emotional literacy require a framework for recovery that emphasizes habilitation. Habilitation requires individualized (person responsive), trauma responsive and strengths-based recovery planning that focuses on building social supports, treating institutionalization and addressing core clinical issues. Cognitive Behavioral Therapy involving psychoeducation, role play and testing are key elements of a developmental recovery framework that emphasizes habilitation. This session will include an interactive conversation about developmental recovery, habilitation versus rehabilitation, and innovative strategies for helping individuals achieve and sustain recovery.

**Robert Neri, MS, LMHC, MCAP, Chief Clinical Officer, WestCare Foundation, Inc.**

**4:15pm - 4:30pm Break**

## Yoga classes



**Join us in  
Orange  
(Downstairs)**

### Wednesday, August 21

6:45am to 7:30am - Yoga | 6:00pm to 6:45pm - Meditation Yoga

### Thursday, August 22

6:45am to 7:30am - Yoga | 6:00pm to 6:45pm - Meditation Yoga

### Friday, August 23

6:45am to 7:30am - Yoga

## 4:30pm – 5:30pm Workshop Session 4

### Building Vibrant Recovery Community Organizations (RCOs)

#### Salon L

The power of recovery is reflected in a recovery community organization that supports recovery initiatives, promotes stigma reduction, and creates a place and/or opportunities for those in recovery to connect and find support. Recovery community organizations are most successful when they are locally grown and reflect the desires and interests of each community. The Aetna Foundation is supporting efforts to build recovery communities in Florida. This session will review the value of recovery communities, the process to create such a community, and examples of activities offered in RCOs across the state and nation.

**Ginny LaRue, MNPM, Director Recovery Project,  
Florida Alcohol and Drug Abuse Association**

**Kristen Aja, Senior Project Coordinator, Faces & Voices of Recovery**

### Professional Self-Care: Resiliency, Empathy, and Self-Compassion

#### Salon K

Social workers and counselors help hurting people. At the same time, professional helpers are vulnerable to adverse effects of job-related stress such as burnout, emotional exhaustion, and compassion fatigue as a result. Internal protective factors, resiliency, empathy, and self-compassion assist in coping with job-related stress, while educational training develops coping skills required for compassion satisfaction. This session examines stress, burnout, and compassion fatigue and develops resilience, empathy, and self-compassion through experiential and creative expression activities.

**Rebecca Coleman, DSW, MSW, Director MSW Program, Southeastern University**

### Cultural Competence in Forensic Interviewing and Assessment

#### Salon J

The concept of cultural competence in clinical practice has received a great deal of attention in recent decades. While clinicians working within the criminal justice system frequently encounter individuals from vastly different backgrounds and circumstances than themselves, less guidance has been provided on culturally competent practices in forensic settings. This presentation aims to highlight frequent challenges that arise when working with criminal justice-involved individuals (CJI). It will also provide methods for identifying, addressing, and attenuating those challenges. Challenges will be discussed in relation to the preparation, interview, and assessment aspects of working with CJIs.

**Marsha Brown, PhD, Licensed Psychologist, Institute for Behavioral Sciences and the Law**



## Bullying - Basic Training to Help Protect Children

### Salon I

Bullying is the use of force, threat, or coercion to abuse, intimidate or aggressively dominate others. The behavior is often repeated and habitual. One essential prerequisite is the perception, by the bully or by others, of an imbalance of social or physical power, which distinguishes bullying from conflict. Behaviors used to assert such domination can include verbal harassment/threat, physical assault or coercion, with such acts directed repeatedly towards particular targets. Rationalizations of such behavior sometimes include differences of social class, race, religion, gender, sexual orientation, appearance, behavior, body language, personality, reputation, lineage, strength, size, or ability. If bullying is done by a group, it is called mobbing.

**Marcia Monroe, MSW, MBA, Chief Clinical Officer, Central Florida Behavioral Health Network Inc.**

**Doris Griggs Nardelli, MPA, Director of Communications, Central Florida Behavioral Health Network Inc.**

## The Keys to Successful Child Welfare Integration

### Salon H

The integration of child welfare and behavioral health is integral in creating and maintaining an effective system of care. This session shares the innovative strategies that were implemented as a result of a collaborative effort among DCF, Heartland for Children, community providers, and the ME in Circuit 10. This joint effort helped facilitate system-wide changes that greatly impacted service delivery to families in care. With the support of all parties involved, TCHS initiated the Integration Protocol. The outcome of this new process included a more direct approach for referrals, increased engagement into services, and improve communication. This successful integration effort has been possible due to the 3 C's: communication, collaboration, and commitment.

**Heather Kaufmann, MA, Director of Outpatient Services, Tri-County Human Services, Inc.**

**David Stoops, BA, Operations Manager, Circuit 10, Department of Children and Families**

**Tracy Grey, MA, Chief Community Relations Officer, Heartland for Children**

**Stacy Payne, MS, Child Welfare Program Manager, Central Florida Behavioral Health Network**



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\*Not applicable to items specially priced.



## Taking Peer Specialists Seriously as Professionals: Benefits of the Unique Relationship of Peer Specialists, Clinicians, and Clients

### Salon G

This workshop will explore the unique perspective the peer recovery specialist brings to the client and how it benefits the treatment team. While addressing benefits, this session will delve into training, challenges, and stigma surrounding these new relationships. Topics addressed in this presentation include understanding the peer recovery specialist movement, program implementation, reducing barriers to substance abuse treatment, developing professional relationships with peers, and understanding how to support the peer in client advocacy.

**Denise Sanfilippo, LCSW, MSW, Director of MIST and Related Services, Meridian Behavioral Healthcare, Inc.**

**Carson Penny Packer, MSW, Program Supervisor of Substance Use Recovery Program and the Opiate Crisis Team, Meridian Behavioral Healthcare, Inc.**

## So You Want to Hire Peer Specialists? Lessons Learned from Peer Program Coordinators

### Salon F

Agencies have many challenges and concerns in hiring and retaining qualified peer specialists, including HR practices, training, capacity building, dual relationships, accommodations, self-care, background screenings, documentation, outcomes, relapse, and role delineation to name a few. In this interactive session, you will hear from leaders who have navigated the ups and downs of building and sustaining successful programs using peer specialists. Presenter perspectives include managing peers within a community mental health center, an opioid ER/jail response team, a child health and family wellness program, and within a managed care organization. Program leaders will share lessons learned, leaving time for participants' most burning questions. Attendees will leave with the knowledge and support necessary to start or improve a peer specialist program at their agency.

**Dana Foglesong, MSW, NCPS, Director, Recovery and Resiliency Services, Magellan Complete Care of Florida**

**Patti Ries, CRPS, Peer Coach Services Director, First Step of Sarasota**

**Beth Dees, CRPS, Peer Specialist Coordinator, Apalachee Center, Inc.**

**Dixie Morgese, BA, CAP, ICADC, Executive Director, The Healthy Start Coalition of Flagler and Volusia Counties, Inc.**

## Cyber Weapons & Internet Safety: Protecting Our Children in the Digital World

### Salon E

The Internet has drastically changed the way our children interact with the world. It provides them seemingly infinite opportunities to discover new things, ways to express themselves, and the ability to communicate globally and make new connections with just the click of a button. Yet along with offering rapidly emerging and fascinating ways to connect with the world, technology also brings new risks. This presentation will explore techniques for monitoring child internet activities as well as the unique threats that exist while using computers, mobile devices and the internet: popular social media applications; sexual predators and child sexual exploitation; the dangers of public Wi-Fi; cyberbullying; online impersonation; pornography; sexting, and, other high-risk behaviors.

**Chris Lombardozi, Chief Technical Officer, DataVue Digital Forensics**

## Think Trauma, A Training for Youth Serving Organizations

### Salon D

This presentation will introduce participants to the Think Trauma Tool Kit training for Youth Serving Organizations. This training, developed by the National Child Traumatic Stress Network (NCTSN) and originally designed for Juvenile Justice residential settings, has been expanded to all child-serving organizations. The training provides an overview for staff in child-serving organizations on how to work towards creating a trauma-informed service system. The process of creating this system requires not only knowledge acquisition and behavioral modification, but also cultural and organizational paradigm shifts, and, ultimately, policy and procedural change at every level of the facility. A trauma-informed youth and family service system is one in which all parties involved recognize and respond to the impact of traumatic stress on those who have contact with the system including youth, caregivers, and service providers.

**Alice Conte, MA, PD, Program Manager, Gateway Community Services**

## Shattering the Stigma: Your Role in Suicide Prevention

### Salon C

An engaging and interactive workshop to learn the basics for assessing a person at risk of suicide, appropriately asking about suicide, and the process for keeping that person safe, through linkage, interventions and connection to critical resources. This course will focus on strengthening one's skills for mitigating suicide risk. It will address statistics and best practices for advocating on behalf of individuals at risk of suicide and offer empowering options for interventions when addressing thoughts and threats.

**Billie Morgan, MS, Director, Training and Staff Development, 211 Broward**

## Neurobiology of Substance Use Disorders

### Salon B

This workshop focuses on the basics of understanding the Neurobiology of Substance Use Disorders and keeping it simple for the consumer/client. Topics include the neuroanatomy of the brain, explanation of substance use disorders as a brain disease versus a behavioral disorder, structures of the brain and how chemicals affect neuropathways, neurotransmitters and cravings/relapse within the brain. Keeping it simple for your consumers/clients will be a priority for the session.

**Carmine Pecoraro, PsyD, Psychologist/Professor, Springfield College**

## Generations in the Workplace

### Salon A

Generations in the Workplace presents information on the five generations currently working in the workplace. It will provide information and training on how each generation manages and works and how to develop a working relationship among each.

**Chester Wilson, PhD, Executive Director, CW Consulting Firm**

## Engaging Patients with Mental Health Disorders Through Technology

### Flagler/Gilchrist (Downstairs)

The presentation will discuss current developments in digital health for psychiatry and consider the advantages and challenges of using digital tools. The use of technology in promoting treatment adherence will also be examined. Lastly, shared decision making in psychiatry and the contribution that digital tools can make to its implementation will be highlighted.

**Carolyn Jones, PhD, Senior Medical Science Liaison, CNS, Tampa, Otsuka Pharmaceutical Development & Commercialization, Inc.**

**Jason Swartz, RPh, MBA, Managed Markets Liaison, Southeast Otsuka Pharmaceutical Development & Commercialization**

## Thriving With Managed Care: On Organizational Competencies & Best Practices For Succeeding With Managed Care

### Indian River/Hamilton (Downstairs)

In an evolving managed care marketplace, new payer service delivery requirements and expectations are changing the way community mental health provider organizations deliver traditional mental health services. The partnership between payer and provider has resulted in the alignment of shared goals for timely access to treatment and services, client care coordination, targeted client outcomes, strategic market planning/outreach, and intake and admissions processes. In this seminar, executives will learn both organizational and technical competencies needed to operate in a managed care environment.

**Ken Carr, Senior Associate, Open Minds**

Workshop  
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Bridges International is proud to support the Florida Behavioral Health Conference in uniting people engaged in the business of behavioral health and behavioral medicine.

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# Schedule at a Glance | Wednesday, August 21

6:45am-7:30am	Yoga   Orange (Downstairs)				
7:00am-6:00pm	Registration Desk Open   across from the Disney store				
7:30am-6:00pm	Exhibits Open				
7:30am-9:15am	Coffee Break   Salons 1 – 3   Provided by FBHA				
9:15am-10:45am	General Session/Keynote Transforming Lives: The Art of Person-Centered Care   Allison Massari Bonnet Creek Ballroom				
10:45am-11:15am	Coffee Break   Salons 1 – 3   Provided by FBHA				
11:15am-12:15pm	Workshops   Session 1				
	The Power of Peers: Increasing Transition-Age Youth Participation in Evaluation Salon L	Just Another Bad Day or Is It Burnout? Salon K	Adverse Childhood Experiences, Behavior and Academics Salon J	Offender Transition-Intensive Case Management and Care Coordination Salon I	MAT for Tobacco Cessation Salon H
	Harm Reduction - Syringe Exchange and Naloxone Programs in Florida Salon G	Moderating Anger Expression in our Patients: A Look at the Mechanisms and Treatment of Rage Salon F	Integrating Telepsychiatry into Health and Behavioral Health Settings Salon E	The Genetics of Addiction and Compulsive Behaviors Salon D	CAT- An Innovative Solution to Help Youth Salon C
	Dual Trauma: Survival and Recovery for the Human Trafficking Victim Salon B	Mental Health in the African American Community Salon A	The Opportunity to Fail Flagler/Gilchrist (Downstairs)	Mind Hacked - Technology and the Impact on Youth and Addictions Indian River/Hamilton (Downstairs)	
12:15pm-1:30pm	Boxed Luncheon Pick Up Sponsored by Magellan Complete Care, Sunshine Health and Westbridge Bonnet Creek Ballroom				
	Strategies for Serving Veterans Salon F	Recovery and the Power of Peers Salon C	Bring it! Reflective Practice of Motivational Interviewing Salon B	MAT and SUD - Ask the Doc Salon A	
12:30pm-1:30pm	Lunch and Learns				

Thank you to the boxed lunch sponsors:

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Dual diagnosis is our sole focus

# Schedule at a Glance | Wednesday, August 21

1:45pm-2:45pm Workshops   Session 2					
	Re-Entry Case Study and Task Force- Ft. Myers, Florida Salon L	Food Addiction: Is it Real and How do We Treat It? Salon K	Stress and Mental Health Management for Behavioral Health Professionals Salon J	Medication Assisted-Treatment for Opioids Salon I	Succeeding With Value-Based Reimbursement: Organizational Competencies & Management Best Practices For Value-Based Contracting Salon H
	The Role of Purpose in Recovery: A Peer Specialist Perspective Salon G	Prevention Synergy: How Providers and Coalitions Work Together to Create Change Salon F	Building a Trauma-Informed Approach to Integrating HIV Primary Care and Behavioral Health Services Salon E	Breakthrough: A Community Working Together For Youth Salon D	Prevention and the Role of Fathers Salon C
	Identifying Strategic Opportunities: Cultivating, Negotiating, and Decision-Making Salon B	Treating Addictive Disorders Among Survivors of Domestic Violence Salon A	Screen Time and Children: An Evidence-Based Approach to Helping Parents and Clinicians Handle This Most Ubiquitous Issue Flagler/Gilchrist (Downstairs)	Breaking Bad – Ten Common Mistakes When Using Motivational Interviewing Indian River/ Hamilton (Downstairs)	
2:45pm-3:15pm Refreshment Break   Salons 1 – 3   Provided by FBHA					
3:15pm-4:15pm Workshops   Session 3					
	Happiness - Train Your Brain with Breath Work, Mindfulness and Metta Salon L	Legislative Advocacy, Government Relations, and Lobbying Salon K	Treating IV Drug Users Diagnosed with Endocarditis, Using MAT Salon J	Innovations in the Delivery of Culturally-Informed Therapy to Youth and Families Salon I	Florida's Criminal Justice Diversion Strategies Salon H
	Introduction to Honest-Open-Proud Salon G	Understanding the Grieving Child: Complications of Grief That Affect At-Risk Youth Salon F	How to Create a Tele-Behavioral Health Strategy Salon E	Housing First Outcomes: A Longitudinal Pilot Study of Super-Utilizers Salon D	Opioid Use Disorder and Social Connectedness Salon C
	React or Respond? Strengthening Court Effectiveness with Clients with OUD Salon B	Zero Suicide: An Emerging Standard of Care Salon A	Government Enforcement Efforts Targeting SA Treatment Clinics - Are Your Marketing Practices Compliant with EKRA and Other Laws? Flagler/Gilchrist (Downstairs)	Developmental Recovery: Exploring a Framework That Emphasizes Habilitation Indian River/ Hamilton (Downstairs)	

# Schedule at a Glance | Wednesday, August 21

4:15pm-4:30pm	Break				
4:30pm-5:30pm	Workshops   Session 4				
	Building Vibrant Recovery Community Organizations (RCOs) Salon L	Professional Self-Care: Resiliency, Empathy, and Self-Compassion Salon K	Cultural Competence in Forensic Interviewing and Assessment Salon J	Bullying - Basic Training to Help Protect Children Salon I	The Keys to Successful Child Welfare Integration Salon H
	Taking Peer Specialists Seriously as Professionals: Benefits of the Unique Relationship of Peer Specialists, Clinicians, and Clients Salon G	So You Want to Hire Peer Specialists? Lessons Learned from Peer Program Coordinators Salon F	Cyber Weapons & Internet Safety: Protecting Our Children in the Digital World Salon E	Think Trauma, A Training for Youth Serving Organizations Salon D	Shattering the Stigma: Your Role in Suicide Prevention Salon C
	Neurobiology of Substance Use Disorders Salon B	Generations in the Workplace Salon A	Engaging Patients with Mental Health Disorders Through Technology Flagler/Gilchrist (Downstairs)	Thriving With Managed Care: On Organizational Competencies & Best Practices For Succeeding With Managed Care Indian River/Hamilton (Downstairs)	
6:00pm-6:45pm	Meditation Yoga   Orange (Downstairs)				
8:00pm-9:00pm	Narcotics Anonymous   Dade (Downstairs)				

## CEU/Contact Hours and Certificates of Attendance

Approximately 16 Continuing Education Units/Contact hours will be available for the following: Licensed Clinical Social Workers, Marriage and Family Therapists, Licensed Mental Health Counselors, Nurses, Psychologists, and Certified Addiction Professionals.

- Participant attendance will be recorded at the entrance to each session by scanning the QR code on a participant's name badge.
- A certificate listing sessions and the number of hours earned will be emailed to participants within 4 weeks of the conference conclusion.
- Please visit the registration desk for any other details.

FADAA is a board-approved provider for: Florida Board of Clinical Social Work, Marriage and Family Therapy and Mental Health Counseling (#50-676) Florida Board of Nursing Contact Hours (#50-676) Florida Certification Board, noted as FCB, (#A-001)

FCCMH is a board-approved provider for: Florida Board of Clinical Social Work, Marriage and Family Therapy and Mental Health Counseling (#50-628) Florida Board of Psychology (#50-628) Florida Certification Board, noted as FCB, (#1193-A)

# Schedule at a Glance | Thursday, August 22

6:45am-7:30am	Yoga   Orange (Downstairs)				
7:30am-6:00pm	Registration Desk Open   across from the Disney store				
7:30am-6:00pm	Exhibits Open				
7:30am-8:30am	Coffee Break   Salons 1 – 3   Provided by FBHA				
8:30am-10:00am	General Session/Keynote The Amazing Brain   Dawn O'Malley Bonnet Creek Ballroom				
10:00am-10:30am	Coffee Break   Salons 1 – 3   Provided by FBHA				
10:30am-11:30am	Workshops   Session 1				
	How to Minimize Your Stress to Maximize Patient Outcomes Salon L	Cognitive Enhancement Therapy: Physical Therapy for the Brain Salon K	Fifty Strategies for Working with Resistant, Defiant, Oppositional and Substance-Using Adolescents Salon J	Population Cost Management: Using Data to Improve Care Salon I	The Family Intensive Treatment (FIT) Evaluation: Phase Two Salon H
	Change the Conversation - A Tool Kit for Connecting Families for Overdose Prevention and Education Salon G	Know Your Role: The Responsibility of Providers in Treatment Courts Salon F	Being Queer LGBT+ Treatment Salon E	Stages of Change and Motivational Interviewing Techniques Salon D	Financial Wellness in Addiction and Recovery Salon C
	Neurodevelopment Disorders Salon B	The Cost of Caring Salon A	Handle with Care: A Toolbox for Effective Interventions with Traumatized Youth Flagler/Gilchrist (Downstairs)	Integrated Care: Why It Matters and How It Works Indian River/Hamilton (Downstairs)	
11:30am-1:00pm	Awards Luncheon Sponsored By Beacon Health Options, Bridges International and Wellcare Bonnet Creek Ballroom				

## Thank you to our awards luncheon sponsors:



# Schedule at a Glance | Thursday, August 22

1:00pm–2:00pm	Workshops   Session 2				
	<b>Invisible Wounds of War</b> Salon L	<b>Panel Discussion- Mobile Response Teams</b> Salon K	<b>Language Matters: Panel Discussion on LGBTQ+ Cultural Competence</b> Salon J	<b>Hospital Intervention Strategies</b> Salon I	<b>It's My Life and I Will do What I Want: Treating Substance Use Disorders in Adults</b> Salon H
	<b>Power of the Village: A Family Systems Approach to Healing Trauma</b> Salon G	<b>A Unified Partnership Between Attorney &amp; Mental Health Counselor</b> Salon F	<b>Oxford House</b> Salon E	<b>Dealing with Opioid Use Disorders: A Judge's Perspective</b> Salon D	<b>How to Cultivate a Positive Peer Culture Within Your Agency</b> Salon C
	<b>Context is King: The New Push to Recognize (and Code) the Social Determinants of Addiction</b> Salon B	<b>Current Trends in Clinical Research on Psychosis and Other Serious Mental Illness: Implications for Evidence-Based Treatment</b> Salon A	<b>Here in the Real World: Alternatives to Administrative Discharge in OUD Treatment</b> Flagler/Gilchrist (Downstairs)	<b>Harm Reduction is Treatment for Addiction</b> Indian River/ Hamilton (Downstairs)	
2:00pm–2:15pm	Break				
2:15pm–3:15pm	Workshops   Session 3				
	<b>Recovery: Interpersonal and Spiritual Attachment</b> Salon L	<b>The Stepping Up Initiative: What's Happening in Florida?</b> Salon K	<b>The Impact of Youth as Leaders</b> Salon J	<b>Implementing Cultural Competence in a Trauma Informed Setting for Emerging Adults with Co-Occurring Disorders</b> Salon I	<b>Pregnant and Post-Partum Women: Rebuilding Families and Reconnecting Communities</b> Salon H
	<b>A Multi-Faceted Approach to Cravings Management</b> Salon G	<b>Best Practices for a Trans Affirmative Treatment Experience</b> Salon F	<b>Check your Assumptions at the Door: Serving High-Risk Clients in Supportive Housing</b> Salon E	<b>Background Screening for Behavioral Health Professionals Overview</b> Salon D	<b>Approaches to Addressing Analytics for the Opioid Epidemic</b> Salon C
	<b>Understanding Substance Use Disorders in the DSM-5</b> Salon B	<b>RESILIENCE: Shifting the Focus from Surviving to Thriving</b> Salon A	<b>Trauma: Reconnect from the Disconnect</b> Flagler/Gilchrist (Downstairs)	<b>Understanding HIPAA Compliance: Why Most Organizations Fail and Why</b> Indian River/ Hamilton (Downstairs)	



# Schedule at a Glance | Thursday, August 22

3:15pm–3:45pm	Refreshment Break   Salons 1 – 3   Provided by FBHA				
3:45pm–4:45pm	Workshops   Session 4				
	Modernizing the Baker Act Salon L	Connection: The Missing Link in Substance Abuse Among Families Salon K	Why We Play Games: Building Clinician Knowledge From Flow to Addiction Salon J	Easing into Recovery Salon I	Recovery Housing Salon H
	Psychological Intervention in the Trenches: Working Effectively With Antisocial Personality Disorder Salon G	Culturally Competent Care for the LGBT Community Salon F	If We Can Walk on the Moon, We Can Improve Behavioral Health and Child Welfare Collaborative Practice Salon E	A Model for the Integration of Spiritual/Religious Care in the Clinical Setting Salon D	Defining Treatment Success Salon C
	Playful Addictions: Internet Gaming Comes of Age Salon B	Creating a High Performing Culture Salon A	Systemic Transformation – Florida’s Recovery Oriented Initiatives Flagler/Gilchrist (Downstairs)	Military Culture: 15 Things Veterans Want You To Know Indian River/ Hamilton (Downstairs)	
4:45pm–6:00pm	Exhibit Hall				
6:00pm–6:45pm	Meditation Yoga   Orange (Downstairs)				
7:30pm–9:00pm	Movie Screening   Generation Found   Music by Friday keynote speaker Matt Butler Bonnet Creek Ballroom				

## We are an open book.

Be sure to visit the bookstore, located in the lounge area between the Bonnet Creek Ballroom and the Floridian Ballroom.



# Schedule at a Glance | Friday, August 23

6:45am-7:30am	Yoga   Orange (Downstairs)				
8:00am-1:00pm	Registration Desk Open   across from the Disney store				
8:30am-9:00am	Coffee Break   Bonnet Creek Ballroom Prefunction   Provided by: FBHA				
9:00am-10:15am	General Session/Keynote Road To Recovery   Matt Butler Bonnet Creek Ballroom				
10:15am-10:30am	Break				
10:30am-12:30pm	Mini Plenary Sessions				
	Veteran Suicide Prevention Salon J-L	Methamphetamines 2019: New Trends and Evidence-based Treatments Salon D-F	Here We Grow Again: Cultivating Resilience Salon G-I	Early Intervention in Psychosis: Approaches to Identification and Treatment Salon A-C	The Brain Love Novelty: Integrative Interventions and Creative Counseling Techniques Bonnet Creek Ballroom



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## Residential Treatment & Assertive Community Treatment

Strong outcomes for men with mental illness and co-occurring substance use disorders

Manchester, NH



# Workshop Descriptions | Thursday, August 22

**6:45am – 7:30am Yoga | Orange (Downstairs)**

**7:30am – 6:00pm Registration Desk Open**

**7:30am – 6:00pm Exhibit Hall Open**

**7:30am – 8:30am Coffee Break | Salons 1– 3 | Provided by:**  Florida Behavioral Health Association

**8:30am – 10:00am General Session | Bonnet Creek Ballroom**

**Welcome**

**Keynote: Dawn O'Malley**



The brain is responsible for everything we do, feel, want, and think. Not everyone is aware of the amazing lengths your brain will go to keep you alive and “well.” We will discuss the impact of traumatic experience on the human brain and the role of this information on the development of cutting edge treatment for trauma-related disorders.

**10:00am – 10:30am Coffee Break | Salons 1– 3 | Provided by:**  Florida Behavioral Health Association

**10:30am – 11:30am Workshop Session 1**

## How to Minimize Your Stress to Maximize Patient Outcomes

### Salon L

Being stressed and overwhelmed are common experiences for most of us, especially as health care providers. Chronic stress can lead to burnout as well as negative health outcomes for the clinician and their patients. There are many causes of stress. It's essential to self-evaluate to identify the symptoms of burnout and determine the causes. This session will explore the 5 main sources of stress: Survival Stress, Time Stress, Internal Stress, Environmental Stress, and Fatigue Stress. Recent research and statistics on stress and its effects on the clinician and patient will be reviewed. Current habits that may be contributing to stress will be examined. We'll discuss how to implement field-tested burnout prevention tools and 10 practical tips to start reducing stress today. In conclusion, the myth of work-life balance will be discussed along with how to build a plan for accountability and maintenance.

**Yentl Lega, MS, Dietitian and Certified Mental Health Professional, Yentl Lega, LLC**

## Cognitive Enhancement Therapy: Physical Therapy for the Brain

### Salon K

Why have more individuals with chronic mental health disabilities not recovered more completely? The challenge is to rethink the problem and solution; move the treatment paradigm from Treatment As Usual, i.e. maintenance style of non-treatment, to Cognitive Remediation, a rehabilitative, active treatment model focusing on remediating the person's disabilities while increasing their strengths. Since 2001, CET (Cognitive Enhancement Therapy), a SAMHSA recognized EBP form of Cognitive Remediation, has been disseminated to 41 sites in 14 states. Attendees will learn about and walk through a typical CET session: computer exercises; the social cognition talks; homework questions; and, cognitive exercises. The presentation will describe the neuroscience research supporting CET and the social, vocational and educational effectiveness of CET.

**T. Victor Lloyd, MAPC, MTh, Mental Health Trainer/Educator, Center for Cognition and Recovery**

## Fifty Strategies for Working with Resistant, Defiant, Oppositional and Substance-Using Adolescents

### Salon J

Many counselors and workers in the field of behavioral health care have noted the challenges of working with and relating to difficult, resistant and oppositional defiant substance using adolescents. This workshop will offer strategies and techniques for reaching and engaging the adolescent as well as improving compliance and retention rates. This skill-building workshop will enable the participants to utilize 50 strategies for working with resistant, defiant, oppositional and substance-using adolescents.

**Fred Dyer, PhD, CADC, Trainer/Consultant, Dyer Trains**

## Population Cost Management: Using Data to Improve Care

### Salon I

In a Value-Based care market, managing cost of services is critical. This session will provide best practices one MCO organization used to better manage their population cost management. Attendees will hear how the organization used functional outcome tools to help create levels of care for the populations they served as well as how they managed the service utilization across populations. The outcome from utilizing these tools provided the entire system with a better approach to the allocation of services across the population, as well as improved efficiencies in staff time spent monitoring costs. We will explore the pros and cons of this particular model and how to apply the lessons learned to your own business model.

**Katie Morrow, BSW, MPA, VP of Compliance, Streamline Healthcare Solutions, LLC**

## The Family Intensive Treatment (FIT) Evaluation: Phase Two

### Salon H

The Family Intensive Treatment (FIT) team model provides intensive team-based, family-focused, comprehensive services to families in the child welfare system with parental substance use disorders. This presentation provides results from the second phase of the outcomes analysis conducted as a part of an evaluation by the University of South Florida and Casey Family Programs. The analysis compared child welfare outcomes for parents and children enrolled in the FIT program with parents and children in the child welfare system not enrolled in the FIT program. A quasi-experimental approach matched families in the FIT program with similar families in the child welfare system that did not participate in FIT. FIT was associated with greater increases in Caregiver Protective Capacities, positive effects on limiting new investigations and new cases of verified maltreatment, and increased permanency through reunification. The results are consistent with FIT improving child safety.

**John Robst, PhD, Research Associate professor, University of South Florida**

**Cathy Sowell, LCSW, Senior Social and Behavioral Researcher, University of South Florida**

## Change the Conversation - A Tool Kit for Connecting Families for Overdose Prevention and Education

### Salon G

This workshop will include basic concepts, structure, and building blocks to create a targeted family education forum series to bring families together in the current opioid crisis. Participants will learn the fundamental concepts of facilitating a group through education and discussion using peer support, public education, advocacy, and available resources. Engaging community collaboration through inclusion of like-minded organizations in substance abuse awareness, behavioral health, healthcare, and the recovery arenas; seeking partnerships for site locations, content, hand-out materials, speakers and resource information delivery; attaining media support by reaching out to local news channels and targeted radio programs for live interviews; and discussing profiles and interviews with print publications; and, targeted community group efforts for speaking opportunities will all be addressed.

**Barbara Shafer, BA, Director of Education, Hanley Foundation**

**Kathy Grace, MA, LPC - Director of Prevention, Hanley Foundation**

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## Know Your Role: The Responsibility of Providers in Treatment Courts

### Salon F

Although Drug Treatment Courts were established in Florida in the 1980s, the emergence of Mental Health Courts and Veteran's Treatment Courts have increased the need for treatment providers to actively participate in criminal justice programs. In many cases, the courtroom is unfamiliar territory for providers, making judicial intervention into treatment seem foreign. This presentation will introduce a non-adversarial approach to ensure public safety while protecting the due process rights of participants. It will clarify the roles of the treatment court multi-disciplinary team and provide suggestions on reporting compliance to the court. Audience participation will be encouraged through role-playing various scenarios that providers may experience as a treatment court team member.

**Ashley Roura, JD, Public Defender's Office, 13th Judicial Circuit**

**Marie Marino, JD, Assistant Public Defender, 13th Judicial Circuit**

## Being Queer LGBT+ Treatment

### Salon E

The presentation will begin by defining the LGBT+ population and presenting historical facts about the progression of how the community has been treated in regards to mental health and substance use disorder services. It will then identify the current needs of the LGBT+ community and best practices to address their unique needs. This presentation will include information to help treat LGBT+ adults and children, statistical data, treatment intervention approaches, and resources that participants can use for themselves to better help their LGBT+ clients.

**Hirely Martinez-Cabrera, MSW, LCSW, Therapist, River Oaks Treatment Center**

**Fran Myers-Routt, LCSW, ACSW, Clinical Director, River Oaks Treatment Center**

## Stages of Change and Motivational Interviewing Techniques

### Salon D

The transtheoretical model of behavior change assesses an individual's readiness to act on a new healthier behavior and provides strategies, or processes of change to guide the individual through the stages of change to action and maintenance. It is composed of the following constructs: stages of change, processes of change, self-efficacy, decisional balance and temptations. The most obvious connection between Motivational Interviewing (MI) and the Stages of Change is that MI is an excellent counseling style to use with clients in various stages of change. Through the use of MI strategies, clinicians facilitate clients in examining their own particular situations, the pros and cons of changing, and making decisions about change.

**Marcia Monroe, MSW, MBA, Chief Clinical Officer, Central Florida Behavioral Health Network, Inc.**

**Doris Griggs Nardelli, MPA, Director of Communications, Central Florida Behavioral Health Network, Inc.**

## Financial Wellness in Addiction and Recovery

### Salon C

People in recovery are incredibly resilient and their financial tools should match. However, many people in recovery face significant financial challenges (e.g., poor credit, high debt, not being able to access banking services, and more). During this session, you'll hear findings from a new national survey on financial wellness in addiction and recovery, learn about available tools and resources that can help navigate these financial challenges, and find out how financial wellness is an integral component of long-term recovery. This session is a must for treatment center operators and anyone who works with people in recovery.

**Stephan Marion, Regional Director, True Link**

## Neurodevelopment Disorders

### Salon B

Autism Spectrum Disorder, ADHD, and Developmental Disorders are addressed in relation to their description, conceptualization, and evolution within the DSM-5. Each of these categories has been substantially revised, re-organized, and re-conceptualized within the DSM-5. Video illustrations are used as the basis for applying diagnostic tools for assessing the neurodevelopmental disorders and identifying the diagnostic specifiers that may accompany them.

**Gregory Neimeyer, PhD, American Psychological Association, Bethesda, MD**

## The Cost of Caring

### Salon A

The impact that assisting in trauma survivors' healing has on the well-being of helping professionals has only recently received attention. We will identify the signs of Secondary Trauma and the neurobiology involved in its occurrence. Development of a comprehensive self-care plan to lessen the impact of Secondary Trauma will be presented.

**Dawn O'Malley, PsyD, Licensed Psychologist, Mentor of the Child Trauma Academy**



# 10% off

Show your conference badge at any food and beverage outlet at the Hilton Bonnet Creek and receive 10% off any food or beverage purchase.\*

\*Not applicable to items specially priced.



## Handle with Care: A Toolbox for Effective Interventions with Traumatized Youth

Flagler/Gilchrist (Downstairs)

This presentation will teach participants about the impact of adverse childhood experiences (ACEs) and other risk factors on attachment, child development, and brain development. Participants will learn the value of using active interventions to engage with families of traumatized clients and help repair the brain through positive experiences and connections. Participants will have the opportunity to play and experience several activity-based interventions to use with families and caregivers of high-risk youth. Participants will then feel empowered to engage their clients and families in a fun and healing way using the interventions they have learned.

Ragan Aaron, MA, Clinical Therapist, San Marcos Treatment Center

## Integrated Care: Why It Matters and How It Works

Indian River/Hamilton (Downstairs)

Serving the whole health of the person, integrated care brings together behavioral health, primary care, and supportive services to improve the wellness of communities. This workshop will discuss the fundamentals of integrating care from the perspective of a community-based provider and will discuss opportunities, successes, challenges, and the future of what integrated care means to providers of behavioral health services.

Vitka Eisen, MSW, EdD, President and CEO, HealthRIGHT360

**11:30am – 1:00pm Awards Luncheon | Bonnet Creek Ballroom**

**Sponsored by: Beacon Health Options, Bridges International and Wellcare  
Bonnet Creek Ballroom**

## Congratulations to the 2019 FBHA Award winners!

Each year the Florida Behavioral Health Association recognizes individuals working in the industry who promote quality, provide extraordinary care, support recovery, and lead by example. **Thank you for all your outstanding work!**



## 1:00pm – 2:00pm Workshop Session 2

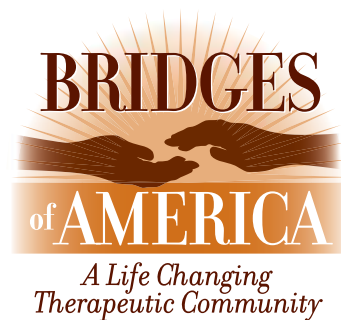
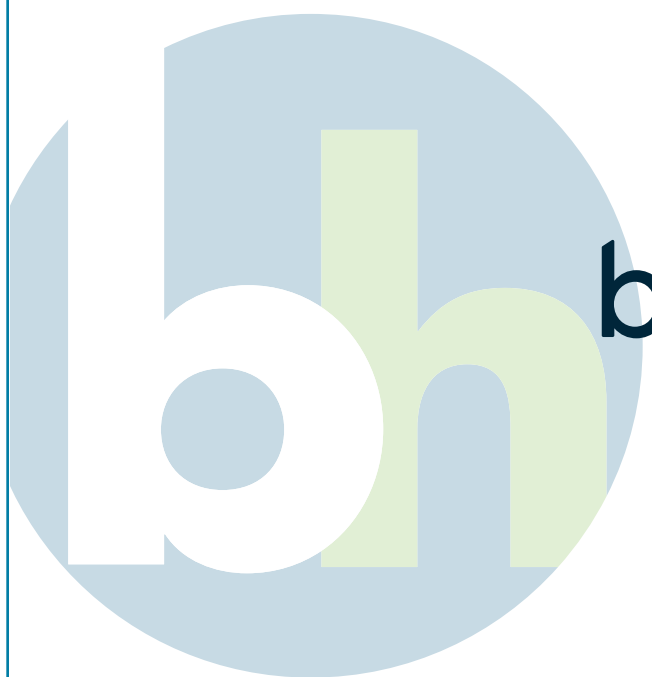
### Invisible Wounds of War

#### Salon L

Coming home is just the beginning of a veteran's journey. Veterans and their families live and work in communities across our nation. Since fewer than 7% of Americans serve or have served in uniform, most civilians are unfamiliar with military culture and don't know how to effectively engage with service members, veterans, and their families. For five years, the PsychArmor Institute has been helping to educate individuals about the unique needs of military-connected people in our country, including some of their invisible wounds of war, such as PTSD, TBI, depression, and substance abuse. At the end of this session, participants will be able to understand various invisible wounds, discuss why addressing invisible wounds helps to strengthen both the individual and community, and offer veterans in their care resources to address their invisible wounds and live a healthy life.

**Heidi Squier Kraft, PhD Clinical Director, PsychArmor Institute**

## Thank you to our award luncheon sponsors:



## Panel Discussion- Mobile Response Teams

### Salon K

The Department of Children and Families will host a panel to provide the latest practice related to Mobile Response Teams (MRTs). MRTs provide on-demand crisis intervention in any setting where a behavioral health crisis is occurring, such as homes, schools, and emergency departments. The panel will consist of representatives from the Office of Substance Abuse and Mental Health, a Behavioral Health Managing Entity, and an MRT provider. The panel will discuss the MRT practice framework, contract requirements, team locations, and access to services. The Managing Entity will give an update on how the MRT works with local law enforcement agencies, local providers, and school systems. The MRT provider will give a brief history of their team and report on data, such as the number of involuntary examinations diverted due to the intervention.

**Twila Jowers, LCSW, Infant Mental Health Coordinator, Florida Department of Children and Families**

**Anna Lowe, MBA, Chief Operating Officer, Central Florida Cares Health System**

**Christin Edwards-Salinas, LCSW, Mobile Crisis Services Program Manager, Devereux Advanced Behavioral Health**

## Language Matters: Panel Discussion on LGBTQ+ Cultural Competence

### Salon J

This workshop will address how to avoid the pitfalls of language that stigmatizes or de-personalizes individuals who identify as LGBTQ+ to engage and retain them in therapeutic services. Through a discussion involving LGBTQ+ advocates with perspectives including provider, patient, and other allies, facilitators Robyn Gast and Shelby Meaders will explore the meanings of diversity related to cultural competence in the workplace and inpatient/provider relationships. A panel discussion will incorporate key attitudes and approaches for inclusion and recognize existing barriers for those that identify as LGBTQ+. Important definitions will be addressed to enhance overall cultural competence. A lack of standardized, culturally competent curricula present potential workplace challenges as language and policies evolve over time. LGBTQ+ awareness will address health disparities and access to care issues such as lack of provider knowledge about LGBTQ+ health and previous discrimination in the provider setting.

**Shelby Meaders, MPH, Government Operations Consultant, Florida Department of Children and Families, HQ, SAMH**

**Robyn Gast, MSW, Registered Clinical Social Worker Intern, Florida Department of Children and Families**



## Hospital Intervention Strategies

### Salon I

Care coordination interventions are a key strategy to improve the effectiveness of treating individuals with substance use disorders, especially at the intersection between emergency care and follow-up treatment. Through the generous support from the Aetna Foundation, the Florida Alcohol and Drug Abuse Association and its partners provided technical assistance for hospital emergency departments to transition opioid overdose patients to the next step in finding recovery. This workshop will provide updates on this project and offer approaches behavioral health providers can apply when working with their local hospitals and emergency care professionals.

**Jill Gran, M.Ed.** All in for Florida Hospital Project, FBHA

**Aaron Wohl, MD.** Medical Director, Lee Health

**Deanna Obregon, MHA, LHRM, CPHQ,** Chief Admin Officer, DACCO

**Shelley Katz, MSW MBA,** Chief Operating Officer, LSF Health Systems

## It's My Life and I Will do What I Want: Treating Substance Use Disorders in Adults

### Salon H

Substance use across North American populations peaks during emerging adulthood (i.e. ages 18-25), a developmental period which has received increasing empirical attention in recent decades. Research on youth substance use has focused on identifying the multiple pathways through which youth initiate and maintain their substance use. Many emerging adults who develop problematic substance use have been exposed to environmental, individual as well as interpersonal stressors throughout their development that places them at risk for ongoing difficulties with substance use as they transition to adulthood. This transition into substance use interfaces with the five features of emerging adulthood, which are not necessarily universal. Professionals, however, are left with the dilemma on how to proceed in addressing substance use disorders in emerging adults.

**Fred Dyer, PhD, CADC, Trainer/Consultant, Dyer Trains**

## Power of the Village: A Family Systems Approach to Healing Trauma

### Salon G

This presentation provides a structural-strategic framework for the family systems trauma approach used in the Parenting with Love and Limits (PLL) treatment model involving the entire family and village of extended family, friends, and community. The approach complements other individual treatment modalities that may be needed. Video and case examples are used to illustrate points in the PLL treatment model as well as data from outcome studies. Understanding the need for a trauma-informed approach to behavior work, presenters will illustrate the key difference between traditional behavioral contracts and what are called “wound playbooks” along with the timing of when and how to use them. Recognized

continued on next page

as an evidence-practice by OJJDP, SAMHSA, the Florida Sourcebook and the California Clearinghouse, PLL utilizes Family Therapy, parent-focused groups, community support services, supervision and predictive analytics, to help hurting families heal.

**Ellen Souder, MA, VP of Clinical Services, Parenting with Love and Limits**

## A Unified Partnership Between Attorney & Mental Health Counselor

### Salon F

Patients who suffer from mental illness or addiction also face legal difficulties. This requires a multi-dimensional support system in order to have the best chance of success both inside and outside the courtroom. Detrimental to both the patient and the court system, there is often a lack of partnership and communication between attorney and mental health counselor/therapist. This presentation is focused on giving an in-depth overview of how the criminal justice system works for defendants. It will focus on: the arrest process, getting a person into mental health/drug court, mental health/drug court process, additional/different requirements for this population in their unique situations, complying with mental health/drug court, pitfalls of these specialized courts, the discrepancy between what maybe best for the patient versus what is best for the judge, and how more education can help remedy these issues.

**Adam Rossen, Esquire, Lead Attorney, Rossen Law Firm**

## Oxford House

### Salon E

Presently Oxford Houses are being set up in communities across Florida. Oxford House is a concept in recovery from drug and alcohol addiction. In its simplest form, an Oxford House provides a democratically run, self-supporting and drug-free home. This session will demonstrate how this model is remarkably effective and a low-cost method of preventing relapse.

**Lori Holtzclaw, Regional Manager, Oxford House**

**Elizabeth Lewis, Senior Outreach Coordinator, Oxford House**

## Dealing with Opioid Use Disorders: A Judge's Perspective

### Salon D

Daily individuals with an opioid use disorder are on the docket of drug courts and other specialty courts. The judge is a key player in the specialized care that can be delivered to address an offender before the court. This session will be a conversation from the judge's perspective on how to work closely with community treatment providers to ensure that the offender is delivered high-quality opioid use disorder treatment including the use of MAT. Insight will be provided on how treatment practitioners and programs can more effectively work with the court to deliver quality care.

**Hon. Jeri Beth Cohen, Circuit Court Judge, Eleventh Judicial Circuit**

## How to Cultivate a Positive Peer Culture Within Your Agency

### Salon C

Recently, the integration of peers in the behavioral health field has become a hot topic that comes with many questions and, unfortunately, some unfavorable results when agencies don't have a clear understanding of the role of a peer. Creating a positive peer culture within an organization can enhance and drive positive outcomes for the consumers receiving services and the agency itself. As lack of clarity around the attributes and actions a peer has within service delivery increases, it is imperative that organizations encourage and promote a culture that recognizes the value and the experience of the peer.

**Nancy McConnell, MSW, MCAP, CRPS-A, Chief Operating Officer/Program Director, Rebel Recovery Florida**

**Susan Nyamora, MSW, CRPS-A, CEO, South Florida Wellness Network**

## Context is King: The New Push to Recognize (and Code) the Social Determinants of Addiction

### Salon B

The World Health Organization has long championed attention to the Social Determinants of Health (SDOH) in the International Classification of Diseases (ICD). The most recent, and upcoming versions of the ICD (ICD-10 and ICD-11) both pick up where the DSM-5 leaves off, providing critical code sets that recognize psychosocial determinants and circumstances that enable a richer picture of presenting problems and vital targets of treatment.

**Gregory Neimeyer, PhD, American Psychological Association, Bethesda, MD**

## Current Trends in Clinical Research on Psychosis and other Serious Mental Illness: Implications for Evidence-Based Treatment

### Salon A

This session will provide a primer on current 'hot topics' in the clinical and research science on serious mental illness—areas that are likely to shape the future of our field. We will provide a brief overview of 'hot topics' that cross diagnostic boundaries, with a particular focus on the role of trauma in clinical presentation and treatment.

**Daniel I Shapiro, PhD, Clinical Psychologist, Director of Operations, UC Davis Early Psychosis Programs**

**Khalima A. Bolden, PhD, Licensed Clinical Psychologist, Assistant Director of Clinical Training, UC Davis Early Psychosis Programs**

## Here in the Real World: Alternatives to Administrative Discharge in OUD Treatment

### Flagler/Gilchrist (Downstairs)

In the midst of the opioid epidemic, expanding access to evidence-based treatments in various settings has been a primary focus of private and public funding initiatives. Of the more than 20 million Americans with a substance use disorder, only 1 in 5 receive treatment. In this dynamic presentation, Dr. Parish will review the factors associated with discharge from treatment programs with a focus on administrative discharges and potential negative effects. The alternative approaches acknowledge the many factors leading to the development of OUD and treatment that increases self-efficacy with plans and protocols that are patient-centric, individualized, flexible, and team-based. Reducing administrative discharges is beneficial for the individual, family, and community, along with those providing treatment and provides hope for those affected by substance use disorders.

**Samuel Parish, MD, Treatment Expert, State Targeted Response Technical Assistance for Florida**

## Harm Reduction is Treatment for Addiction

### Indian River/Hamilton (Downstairs)

Historically, abstinence-based substance use disorder treatment programs and harm reduction programs which operate with the goal to reduce the negative consequences of drugs and alcohol use, have been considered incompatible. In practice, harm reduction programs can build a pathway for people who are contemplating treatment, and keep them safe and alive, should they return to drug use. This workshop will explore the ways that treatment and harm reduction providers can partner to improve health within communities through the use of informed and nonjudgmental staff, coordinated services, and joint advocacy efforts.

**Vitka Eisen, MSW, EdD, President and CEO, HealthRIGHT360**

**2:00pm – 2:15pm Break**

**SAVE THE  
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**WEDNESDAY  
SEPTEMBER 25, 2019**

**ROSEN PLAZA HOTEL | ORLANDO, FL**

**SUPPORTED BY:  
FLORIDA BEHAVIORAL HEALTH ASSOCIATION  
AND PSYCHU**

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## 2:15pm – 3:15pm Workshop Session 3

### Recovery: Interpersonal and Spiritual Attachment

#### Salon L

A perusal of news headlines and government websites such as HHS and CDC provide evidence that substance abuse is a national epidemic. Research indicates attachment challenges are related to substance abuse and suggests addressing attachment issues during treatment. Secure God attachment is related to a positive social and emotional life. Twelve-step programs (Alcoholics Anonymous) appear helpful in recovery and may enhance attachments as individuals focus on spirituality and interpersonal connections. The presentation will examine current literature in substance recovery and interpersonal and spiritual/God attachment and 12-step programming. Presenters will review data from a collaborative research project addressing these areas. Practice and therapeutic implications will be discussed.

**Rosalind Goodrich, PhD, Associate Professor, Southeastern University**

**Adrian Manley, PhD, Associate Professor, Southeastern University**

**Everette Coffman, MS, doctoral student, University of Florida**

**Gelawdiyos Haile, MS, University of Central Florida**

### The Stepping Up Initiative: What's Happening in Florida?

#### Salon K

The Florida Department of Corrections estimated that there were 56,945 people in Florida's county jails in October 2018, an increase of 6.4% from the year before. It is estimated that nationally 17% of individuals in jails have a serious mental illness and almost three-quarters of these adults also have a co-occurring substance use disorder. Once incarcerated, individuals with mental illnesses tend to stay longer in jail and upon release are at higher risk of returning to incarceration. The Stepping Up Initiative is a national movement designed to challenge counties to reduce the number of individuals with mental illness in jails. Criminal justice and behavioral health leaders, service providers, persons with lived experience and local activists are challenged to take action by passing county resolutions and joining Stepping Up. This presentation will provide an overview of the Stepping Up Initiative in Florida as well as highlight several leading counties who are taking action.

**Risë Haneberg, MPA, Deputy Division Director, County Initiatives, The Council of State Governments Justice Center**

**Leah Vail Compton, MA, MBA, State Community Forensic Liaison, Florida Department of Children and Families**

**E. Carolina Montoya, PsyD, Mental Health Services Manager, Miami-Dade Corrections & Rehabilitation**

**Cathy Hatch, Community Health Care Planner, Polk County Board of County Commissioners**

**Stuart Wegener, Criminal Justice Liaison, Alachua County Court Services**



## The Impact of Youth as Leaders

### Salon J

This workshop will explore the strategic importance of training youth to be leaders and an integral part of the planning and implementation of prevention programs. Often, youth are used as the token representatives of youth-led efforts while they may have little to no involvement in planning, implementation and facilitation. The science behind positive youth development will be presented, as will effective ways to train your adult staff to build youth programs where the youth themselves become the leaders.

**Marquia Maycock, Masters Public Administration, Director of Prevention Services, Hope For Miami**

**Carline Nozile, Program Manager, Gang Alternative**

**Lonnie Johnson, Prevention Program Coordinator, Concept House**

## Implementing Cultural Competence in a Trauma Informed Setting for Emerging Adults with Co-Occurring Disorders

### Salon I

Young adults belong to the developmental period known as emerging adulthood. This developmental period presents many life transitions: leaving home, identity, sexual and cultural identity exploration/development, and entering and leaving educational settings. Challenges include substance abuse, as well as mental illness, poverty, homelessness, incarceration and early parenting issues. Additionally, trauma and its effects impact emerging adults across all racial groups/cultures and gender. Studies are clear that the Healthcare Delivery of services for emerging adults cannot be all inclusive without embracing the need for cultural competence/sensitivity, and even the best practices lack efficacy when culture is not incorporated as a trauma-informed solution. This skill-building workshop will enable the participants to implement/practice cultural competence in a trauma-informed setting for emerging adults with co-occurring disorders.

**Fred Dyer, PhD, CADC, Trainer/Consultant, Dyer Trains**



**10%  
off**

Show your conference badge at any food and beverage outlet at the Hilton Bonnet Creek and receive 10% off any food or beverage purchase.\*

\*Not applicable to items specially priced.



## Pregnant and Post-Partum Women: Rebuilding Families and Reconnecting Communities

### Salon H

Infant mortality rate (IMR) is used worldwide as an indicator of the overall health of a society. Showing no improvement since 2011, the Duval County IMR reflects the current quality of healthcare received by mothers and infants. River Region Human Services Pregnant and Post-partum Women program is designed to improve the disparities in access, service-use, and outcomes often experienced by women with a substance use disorder. The program offers substance use disorder and mental health treatment within a residential facility, eliminating the disparities associated with low or no income, no insurance, and lack of transportation. The program also provides appropriate housing accommodations for the minor children to remain unified with their mother while she completes treatment. This presentation will focus on program implementation, component overview, operations and procedures, philosophy of treatment, curriculum, outreach engagement, and wrap-around support services.

**Kristen Smith, Senior Director of Clinical Services, River Region Human Services**

**Waniqua Leary, Case Manager for Pregnant and Post-Partum Women,  
River Region Human Services**

**Melanie Daniles, Residential Counselor, River Region Human Services**

## A Multi-Faceted Approach to Cravings Management

### Salon G

The DSM-V added cravings to the criteria for substance use disorders in October 2015, while noting that cravings may persist well past the period of post-acute withdrawal. Just as addiction can impact every area of life, so too, must the approach for cravings management. The goals for this workshop will be to review the literature on cravings management techniques, describe in detail four craving types and elicit a discussion of multi-faceted approaches to use in a variety of treatment settings to assist clients in cravings management. This dynamic presentation is both experiential and educational with the use of mixed-media and pop-culture references.

**Doug Paul, LPC, CPCS, Clinical Director, Orlando Recovery Center**

## Best Practices for a Trans Affirmative Treatment Experience

### Salon F

The session will explore the application of the healing community approach to providing affirmative and long-term care to the LGBTQ+ community with co-occurring disorders. Through research, case studies, discussion and experiential learning the workshop will explore how a healing community breaks down the walls of site-specific approach to treatment. Going beyond centralized site specific-affirmative care to our LGBTQ+ community, we identify how empowerment, advocacy and education continues healing throughout the surrounding community, slowly dismantling statistical outcomes. Relying on the interlaced collaboration of clients, clinician, psychiatrist and medical care, the benefits of incorporating an inclusive living environment strongly bound by its surrounding community will be reviewed. The session will explore the application of the healing community approach to providing affirmative and long-term care to the LGBTQ+ community with co-occurring disorders.

**Donna Weinberger, BA, CEO, Inspire Recovery**

**Jaki Neering, MSW, Primary Therapist, Inspire Recovery**

## Check your Assumptions at the Door: Serving Clients with Untreated Mental Health and Active Substance Use Disorders With Other High-Risk Behaviors in Supportive Housing

### Salon E

Carrfour Supportive Housing's mission is to end homelessness. This workshop will focus on the Coalition Lift's Supportive Housing Program's unique approach to provide housing for tenants with active substance use and mental health disorders with accompanying high-risk behaviors. Participants will learn how to apply this approach to other mixed-use communities with residents in different stages of recovery. Participants will learn what housing looks like on the ground for those using substances, participating in high-risk behaviors, disrupting the community and in noncompliance of their lease. Motivational Interviewing, Trauma-Informed Care, and Harm Reduction strategies are demonstrated that have been effective in developing successful tenants: flexibility, out of the box thinking, a redefining of success, and other strategies for building trust between case managers/supervisors and tenants with active SUDs. This session challenges all traditional assumptions for supportive housing.

**Christine Fadil, PsyD, LMHC, Director of Clinical Services, Carrfour Supportive Housing**

**Cary Yee Queee, MPA, Program Director, Carrfour Supportive Housing**

## Background Screening for Behavioral Health Professionals Overview

### Salon D

The 2019 Legislature made significant changes to background screening laws designed to ease the burden on exemptions for disqualification. For example, state agencies may tailor exemptions from disqualifying offenses for individuals to work solely in substance abuse or mental health. Presented by the DCF and AHCA, this workshop is designed to inform behavioral health providers, HR directors, and all others working in the field subject to Level 2 background screening of changes that impact you.

**Diane Harris, CPM, Assistant Director, Background Screening Program, Florida Department of Children and Families**

**Taylor Haddock, Health Administration Services Manager, Systems Management Unit, Agency for Health Care Administration**

## Approaches to Addressing Analytics for the Opioid Epidemic

### Salon C

Different priorities for each agency need to be balanced in a statewide approach that allows for local implementation. Here we present a framework to manage the volume of information and data that comes into your organization so you may make sense of it and use it strategically.

**Christopher Stack, Manager, KPMG LLP**

## Understanding Substance Use Disorders in the DSM-5

### Salon B

The radically reconceptualized Substance Use and Other Addictive Disorders chapter in the DSM-5 provides new disorders and specifics that broaden the concept of addiction. This workshop provides an overview of the critical features of this chapter, as well as the models and measures that can be especially useful diagnosing addictions and commonly co-occurring disorders.

**Gregory Neimeyer, PhD, American Psychological Association**

## RESILIENCE: Shifting the Focus from Surviving to Thriving

### Salon A

To survive the traumatic effects of the addictive process is a long shot. To thrive, despite this insidiousness, is against all odds. This session will process how to implement and integrate the concepts of Resiliency to overcome those odds. Growth, change, and healing begins with connection and clarity. Clarity precedes motivation, and the most essential point of clarification is the discernment between “Something is wrong with me,” and “What has happened to me?” Join this discussion, then “start the conversation” with those you serve.

**Heidi OToole, MS, LPC, Co-Founder, WV Therapy and Wellness Center**

## Trauma: Reconnect from the Disconnect

### Flagler/Gilchrist (Downstairs)

This workshop will explore trauma and the negative consequences which occur in the body when it is left unaddressed. A presentation of the scientific benefits of trauma conscious yoga will be explored. A review of the benefits of yoga for mind-body healing to process trauma will be explained and will include examples of observed benefits.

**Tamera Anderson-Hanna, M.A., LMHC, CAP, CRC, RYT, Wellness, Therapy, & Yoga**

**Judy Weaver, C-IAYT, E-RYT500, YACEP, Founder and Director of Education, Connected Warriors**

## Understanding HIPAA Compliance: Why Most Organizations Fail and Why Being HIPAA Compliant Doesn't Mean You're Cyber-Secure

### Indian River/Hamilton (Downstairs)

We're going to discuss what being HIPAA-compliant actually means and why most organizations who believe they are compliant are not. We're also going to look at the difference between being HIPAA-compliant and being properly cyber-secure. Finally, we'll discuss solutions to becoming and maintaining HIPAA compliance and creating a cyber-secure healthcare facility.

**Jeff Mongelli, CEO, Acentec**

**3:15pm – 3:45pm Refreshment Break | Salons 1–3 | Provided by:**  **Florida Behavioral Health Association**

## 3:45pm – 4:45pm Workshop Session 4

## Modernizing the Baker Act

### Salon L

The Baker Act was created almost 50 years ago. Is it still accomplishing what it was set up to do? Does the Act as written and practiced still effectively serve the needs of individuals who require involuntary assessment and care? Does the practice reflect modern science and research? Is the Baker Act overutilized for children and underutilized for adults? Which improvements, if any, would make it more effective? This workshop will explore those questions and discuss strategies to ensure the Baker Act accomplishes what it was intended to do.

**Hon. Steve Leifman, Judge, 11th Judicial Circuit**



## Connection: The Missing Link in Substance Abuse Among Families

### Salon K

The presentation will focus on understanding how relationships throughout our life affect our attachment styles and the role that this process plays in substance abuse. Research demonstrates that insecure attachment styles are a predictor for negative psychopathology and substance abuse. However, few researchers have investigated the development of secure attachment figures as a major contributor to treatment. If an individual can transition attachment styles from insecure to secure, this will be a prominent predictor for not only stabilization but success in recovery from substance abuse. Research clearly shows that having multiple attachment figures may increase the likelihood of getting one's needs met and as parents age, and that it may be particularly beneficial to develop new relationships that can continue to meet attachment needs over the lifespan. This presentation will further discussion about possible new research in the area of attachment styles and substance abuse.

**Everette Coffman, MS, doctoral student, University of Florida**

**Gelawdiyos Haile, MS, University of Central Florida**

**Adrian Manley, PhD, Associate Professor, Southeastern University**

**Rosalind Goodrich, PhD, Associate Professor, Southeastern University**

## Why We Play Games: Building Clinician Knowledge From Flow to Addiction

### Salon J

With the continued research of process addictions as an issue of concern for treatment professionals, it becomes increasingly obvious that the psychology of play is not fully realized in treatment approaches for issues such as problem gambling and video/internet gaming disorders. This session is designed to aid mental health professionals in understanding the similarities in the experience of playing games for enjoyment and deliberate hooks built into games designed for fun, which could lead a person down the path to addiction. Special emphasis on these impacts in relation to online compatible video games, game design leading to excessive play, and RNG-based designs leading high financial investments will be included. Methods of adapting intervention techniques from a position of competence for these issues will be explored from an addiction and holistic mental health perspective.

**Daniel Kaufmann, PhD, Full Time Faculty, Grand Canyon University**

## Easing into Recovery

### Salon I

This workshop will highlight the importance of aftercare planning as a part of the recovery process and discuss the transition of the person from contemplation through early recovery. Through follow up care planning and coordination an individual can transition more safely into the early recovery post-treatment episode. The importance of aftercare planning as a part of the recovery process will be highlighted.

**Dan Renaud, CAP, BS, Executive Director, Florida Recovery Schools**

## Recovery Housing

### Salon H

For many individuals, recovery housing is a critical component of their recovery. Florida law requires that licensed substance abuse treatment providers only refer to certified recovery residences. This session will highlight the key components and requirements for a recovery residence to meet certification requirements. The five critical components of certification will be reviewed including the role of a certified recovery residence administrator. Also, how MAT is managed in recovery residences will be presented.

**Steve Farnsworth, Florida Association of Recovery Residences (FARR)**

## Psychological Intervention in the Trenches: Working Effectively With Antisocial Personality Disorder

### Salon G

Clients with Antisocial Personality Disorder are some of the most difficult to effectively treat. It is common for therapists to feel like they're wasting their time trying to help heal someone who seems uninterested in personal change. In this powerful workshop, Dr. Doug Lemon, Chief Psychologist, United States Penitentiary, McCreary (Ret.) shows the audience how to motivate individuals with Antisocial Personality Disorder to make behavioral changes. Dr. Lemon will share some of the secrets, which have made him a highly effective interventionist with some of the most difficult clients imaginable.

**S. Doug Lemon, PsyD, Licensed Psychologist**

## Culturally Competent Care for the LGBT Community

### Salon F

This training offers the opportunity to create a safe environment to learn more about the LGBT population. Participants will discuss culturally-competent strategies to best provide care for LGBT clients.

**Dona Leith, LPC, CTRS, Clinical Trainer, Centene**

## If We Can Walk on the Moon, We Can Improve Behavioral Health and Child Welfare Collaborative Practice

### Salon E

The presenter will summarize key collaborative practice barriers between child welfare, behavioral health, and judicial systems, which emerged from 12 face-to-face trainings conducted from Key West to Tallahassee during the past year. Audiences will be engaged in interactive solution-focused strategies to address problems that are adversely affecting our current system responses. Too much is at stake for parents in the child welfare system with substance use and mental health disorders. We can and must do better; these families in care deserve nothing less.

**Pamela Baston, MPA, MCAP, CPP, Technical Expert Lead (TEL), JBS International**

## A Model for the Integration of Spiritual/Religious Care in the Clinical Setting

### Salon D

In light of recent work by D. E. Moerman and others proposing the re-thinking of the placebo response as a meaning response or contextual healing, this session will explore how this new work might inform clinicians about the role of spiritual/religious care in the behavioral health setting.

**Daniel Hamel, MDiv, Chaplain, Lakeview Center, Inc.**

**Meredith Olsen, MA, LMHC, Hospital Administrator, West Florida Community Care**

## Treatment Success: Reevaluating Assumptions

### Salon C

What is the role of treatment in the recovery journey? How does one address reduction in severity of use? Is drug free the true measure of success? How does one embed the patient's goals into the definition of success? How do we measure success? Why are so many patients being administratively discharged? This session will explore the many variables that contribute to the definition and practice of defining success. Issues that will be discussed include: traditional definitions of success, abstinence and harm reduction, patient's priorities and company policies, choice of treatment pathway, and other variables as the industry redefines the treatment process, role of treatment in recovery, and the many variables that need to be taken into consideration when defining success.

**Ute Gazioch, Director of Substance Abuse and Mental Health,  
Florida Department of Children and Families**

## Playful Addictions: Internet Gaming Comes of Age

### Salon B

From Candy Crush to Fortnite, internet games expose the serious side of technology addictions. This workshop outlines the key features of behavioral addictions and the ascendancy of gaming within the rapidly changing landscape of addictions.

**Gregory Neimeyer, PhD, American Psychological Association**

## Creating a High Performing Culture

### Salon A

To overcome the challenges that we face in our organizations, we need team members who are unwaveringly mission-focused, willing to be accountable, and committed to personal growth. Given that candidates with those attributes are few and far between, the solution is to “grow your own.” Creating a culture that fosters the development of these attributes, is possibly the greatest challenge faced by organizational leaders. This workshop is specifically designed to address the challenges of executive leaders.

**Brad Zimmerman, Co-Founder & Partner, Phoenix Performance Partners, LLC**

## Systemic Transformation: Florida's Recovery Oriented Initiatives

### Flagler/Gilchrist (Downstairs)

The recovery revolution is sweeping Florida. Gain insight into Florida's efforts to transform its Behavioral Health System of Care to fully embrace recovery principles, recovery systems of care, and the peer workforce. Participants will receive an overview of progress to date towards systemic transformation and how data collection is both informing these efforts and documenting evidence-based practice. Strategies to support Community Stakeholders and Behavioral Health Community Providers in this effort with additional training and technical assistance will be highlighted. Learn the framework of the transformation movement that is being built across Florida to sustain the emerging recovery revolution.

**Wes Evans, Statewide Coordinator of Integration and Recovery Services,  
Florida Department of Children and Families**

**Lisa Hetrick, Continuity of Care Liaison, Mental Health Treatment Facilities,  
Florida Department of Children and Families**

# Workshop Descriptions | Thursday, August 22

## Military Culture: 15 Things Veterans Want You to Know

### Indian River/Hamilton (Downstairs)

It only takes 15 minutes to make a lifetime impact for our veterans, their caregivers and their children. We know because we've been there. We are veterans, spouses of veterans, sons and daughters, too. In the past five years, PsychArmor Institute has become the go-to nonprofit organization that supports those who support veterans. PsychArmor asked hundreds of veterans what they wanted civilians, employers, educators, health care providers, and therapists to know about them. In this session, we will discuss their answers in order to help you more effectively communicate with and better serve members of the veteran and military community. At the end of this session, participants will learn: **1)** 5 Questions You Should Always Ask Veterans; **2)** 1 Question You Should Never Ask Veterans; and **3)** 15 Facts that Promote Greater Understanding of Veterans.

Heidi Squier Kraft, PhD, Clinical Director, PsychArmor Institute

4:45pm – 6:00pm Exhibit Hall

6:00pm – 6:45pm Meditation Yoga | Orange (Downstairs)

7:30pm – 9:00pm Movie | Generation Found | Bonnet Creek Ballroom

## Movie Screening:

### *Generation Found*

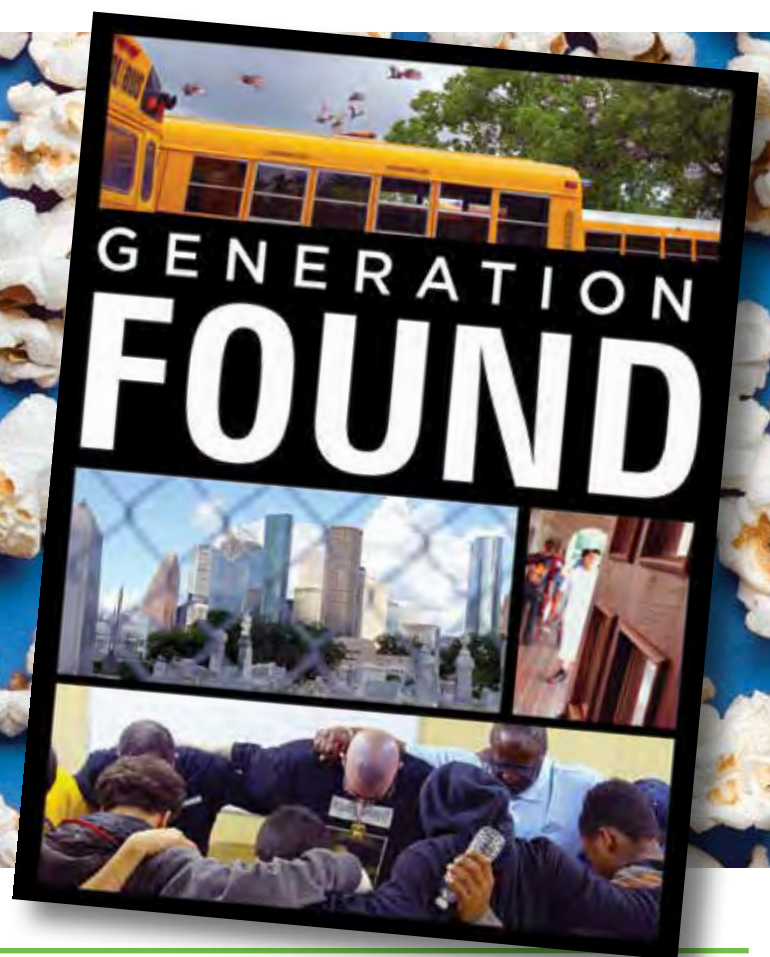
Thursday, August 22

7:30pm – 9:00pm

Bonnet Creek Ballroom

Music featured in film by Friday keynote speaker Matt Butler.

Your favorite movie snacks will be available for purchase outside the ballroom.





# Workshop Descriptions | Friday, August 23

**6:45am – 7:30am Yoga | Orange (Downstairs)**

**8:00am – 1:00pm Registration Desk Open**

**8:30am – 9:00am Coffee Break | Bonnet Creek Prefunction | provided by: FBHA**



**9:00am – 10:15am General Session | Bonnet Creek Ballroom**

**Welcome**

**Keynote: Matt Butler**

Matt Butler is a folk artist, a rock 'n roller, and most importantly - a storyteller. Matt has found his artistic voice in sobriety and is a powerful testament to the creative power of recovery. Butler found recovery over three years ago, and his debut solo album, *Reckless Son*, is a chronicle of his experience during and leading up to early sobriety. The songs are insightful and at times heart wrenching, but always translate a positive message of hope and redemption.

**10:15am – 10:30am Break**

**10:30am – 12:30pm Mini Plenary Sessions**

## **Veteran Suicide Prevention**

### **Salon J-L**

Suicide in America is a critical public health issue, with high rates in military service members and veterans. Beyond our military and veteran population, suicide is the second leading cause of death for people aged 15-24. It touches every one of us. Asking the right questions and feeling confident about what to do next are the first steps in preventing someone dying by suicide. In the military and veteran community, addressing mental health stigma is particularly important. In this session, PsychArmor Institute will cover suicide prevention strategies such as helping veterans overcome barriers to treatment, knowing what to do if you identify a veteran at risk for suicide, and implementing the Columbia-Suicide Severity Rating Scale (CSSRS). At the end of this session, participants will: **1)** develop a general understanding of the problem of suicide in the United States; **2)** understand how to identify a veteran who may be at risk for suicide; and, **3)** know what to do if you identify a veteran at risk.

**Heidi Squier Kraft, PhD, Clinical Director, PsychArmor Institute**



## Here We Grow Again: Cultivating Resilience

### Salon G-I

Resilience is a key ingredient in any life change or trauma. Psychologist and best-selling author Dr. Doug Lemon shares the remarkable firsthand account of how his life was drastically changed and he was tested by the fire of stage four lung cancer. In a refreshingly transparent way, Doug shares the personal struggles he and his family endured, as well as the joys, reflections, and insights from God's healing touch on his life. This story of one family's journey to the edge of death and back is both an adventure and a source of inspiration to all who face seemingly insurmountable challenges. It is a tribute to the resiliency available to all.

**S. Doug Lemon, PsyD, Licensed Psychologist**

## Methamphetamines 2019: New Trends and Evidence-Based Treatments

### Salon D-F

Rates of methamphetamine (MA) use and MA deaths have recently increased dramatically. There are currently no medications approved for the treatment of MA use disorders. There is no evidence that generic counseling reduces MA use. However there are evidence based approaches with strong evidence of efficacy. This presentation will review current trends in MA use, describe the clinical challenges of treating individuals with MA use disorders and review the evidence-based practices that do provide optimal clinical outcomes.

**Richard Rawson, PhD, Research Professor, University of Vermont**

## Intervention in Psychosis: Approaches to Identification and Treatment

### Salon A-C

The early phases of schizophrenia and other psychotic disorders are critical windows for intervention. This session will provide an overview of: **1)** scientific findings supporting the importance of early identification and intervention for psychosis; **2)** characteristic signs, symptoms, developmental trajectories, and methods for identifying them; **3)** specialized evidence-based treatments and treatment models.

**Daniel I Shapiro, PhD, Clinical Psychologist, Director of Operations, University of California, Davis Medical Center Early Psychosis Program**

**Khalima A. Bolden, PhD, Licensed Clinical Psychologist, Assistant Director of Clinical Training, University of California, Davis Medical Center Early Psychosis Program**

## The Brain Love Novelty: Integrative Interventions and Creative Counseling Techniques

### Bonnet Creek Ballroom

The theme of this session is ENGAGE to RETAIN. We must first engage those we serve, in order for them to retain what it is we are sharing with them. This interactive session will offer a multitude of “novel” demonstrations, including creative therapeutic techniques and integrative interventions which can be used to engage individuals and/or group members - adults, adolescents, family members, residential or out-patient for both addiction and mental health populations. The goal of this session is to provide participants with practical and effective “tools” to add to what they are currently offering the people they serve.

Heidi O'Toole, MS, LPC, Co-Founder, WV Therapy and Wellness Center

.....



## Behavioral health. It's all we do.

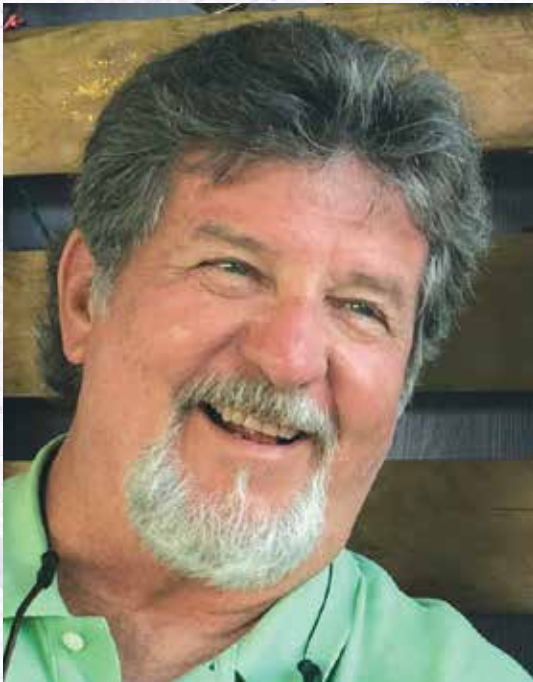
At Beacon, we make it easy to connect to the right care for today's common and complex challenges. **Please visit Beacon Health Options at Booth 222 in the Expo Hall.**

🌐 [beaconhealthoptions.com](https://beaconhealthoptions.com)





# 2019 | FBHA Distinguished Service Award



## John Bryant Former DCF Assistant Secretary for Substance Abuse and Mental Health

John Bryant is receiving special recognition for his distinguished service from the Florida Behavioral Health Association. This recognition honors his life's work promoting quality services for Floridians struggling with mental health challenges and substance use disorders.

John Bryant worked for the state of Florida for over 36 years in various regional and statewide roles. He was responsible for the oversight, administration and management of the state's publicly funded substance abuse and mental health systems of care, supervised the operation of regional and

state substance abuse and mental health programs, represented DCF to the Legislature, public and community organizations, represented the State of Florida with federal agencies, served on numerous national and statewide committees, task forces, and boards. He left state government in 2009 to become the Vice President of Legislative and External Affairs at the Florida Council for Community Mental Health (FCCMH), working with and advising state agencies on legislative and budget priorities, policy development, program design, research and advocacy. He returned to state government in 2015, serving as the Assistant Secretary for Substance Abuse and Mental Health, a position he held until his retirement in June 2019.

John dedicated his entire career to improving services and supports for individuals with a mental illness and/or substance use disorder. He accomplished that by advocating to increase funding, developing innovative programs, advocating to reduce stigma, ensuring the effective use of state and federal resources, and recommending and implementing changes to statutes, rules, and procedures to ensure quality programs and services.





## **Accreditation Guru, Inc.**

### **Booth 244**

180 E Prospect Avenue  
Suite 142  
Mamaroneck, NY 10543  
Phone: 212-209-0240  
accreditationguru.com

## **Adaptive Infotech**

### **Table 143**

2810 NE 55 Street  
Fort Lauderdale, FL 33308  
adaptiveinfotech.com

## **Agency for Health Care Administration**

### **Table 138**

2727 Mahan Drive MS 16  
Tallahassee, FL 32308  
florida-hie.net

## **Aligned Telehealth**

### **Booth 204**

6200 Canoga Avenue  
Suite 350  
Woodland Hills, CA 91367  
Phone: 970-397-7683  
alignedth.com

## **Alkermes**

### **■ Platinum Sponsor**

### **Booths 201, 202**

852 Winter Street  
Waltham, MA 02451  
alkermes.com

## **Aspire Health Partners**

### **■ Lanyard Sponsor**

### **Booth 205**

5151 Adanson Street  
Orlando, FL 32804  
aspirehealthpartners.com

## **AZZLY**

### **Booth 232**

6555 Sanger Road  
Orlando, FL 32816  
azzly.com

## **Banyan Treatment Center**

### **Table 112**

950 N Federal Highway  
Suite 115  
Pompano Beach, FL 33062  
banyantreatmentcenter.com

## **BayCare Behavioral Health**

### **Booth 219**

7809 Massachusetts Avenue  
New Port Richey, FL 34653  
baycare.org

## **Beacon Health Options**

### **■ Awards Luncheon Sponsor**

### **Booth 222**

2 Alhambra Plaza  
Suite 500  
Miami, FL 33134  
beaconhealthoptions.com

## **Behavioral Services Network**

### **Table 108**

8200 NW 41 St  
Suite 200  
Doral, FL 33166  
bsnnet.com

## **Botvin LifeSkills Training**

### **Table 132**

711 Westchester Avenue  
White Plains, NY 10604  
Phone: 800-293-4969  
lifeskillstraining.com

## **Bridges International**

### **■ Awards Luncheon Sponsor**

### **Booth 250**

2145 Metrocenter Blvd  
Suite 350  
Orlando, FL 32835  
bridgesofamerica.com

## **CARF International**

### **Booth 246**

6951 E Southpoint Rd  
Tucson, AZ 85756  
Phone: 520-325-1044  
carf.org

## **ce-classes.com**

### **Table 111**

1398 SW 160th Ave  
Suite 202  
Weston, FL 33326  
Phone: 954-290-8446  
ce-classes.com

## **Center for Cognition & Recovery**

### **Booth 259**

3659 S. Green Road  
Suite 315  
Beachwood, OH 44122  
Phone: 216-504-6480  
ccr4life.org

## **Centerstone of Florida**

### **Booth 226**

391 6th Ave W  
Bradenton, FL 34205  
Phone: 941-782-4135  
centerstoneflorida.org

## **Central Florida Behavioral Hospital**

### **Table 109**

6601 Central Florida Parkway  
Orlando, FL 32821  
Phone: 407-370-0111  
centralfloridabehavioral.com

## **Centurion**

### **Booth 228**

1593 Spring Hill Road  
Suite 610  
Vienna, VA 22182  
Phone: 703-245-9019

## **Civil Citation Network**

### **Table 105**

3333 W Pensacola Street  
Tallahassee, FL 32304  
Phone: 850-717-9817  
civilcitationnetwork.com

## **Cohen Veterans Network**

### **Booth 216**

72 Cummings Point Rd  
Stamford, CT 06902  
cohenveteransnetwork.org

## **Core Solutions, Inc.**

### **Booth 256**

620 Freedom Business Ctr Dr  
Suite 400  
King of Prussia, PA 19406  
coresolutionsinc.com

## **Council on Accreditation**

### **Table 130**

45 Broadway  
29th Floor  
New York, NY 10006  
coanet.org

## **Credible Behavioral Health Software**

### **Booths 210, 212**

1 Choice Hotels Circle  
11th Floor  
Rockville, MD 20850  
credibleinc.com

## **DATIS HR Cloud**

### **Booth 225**

401 E Jackson Street  
Suite 1550  
Tampa, FL 33602  
datis.com

**Department of Children and Families**
**■ Platinum Sponsor**

1317 Winewood Blvd  
Building 6, Room 275  
Tallahassee, FL 32399  
myflfamilies.com

**Devereux Advanced Behavioral Health**
**Table 131**

5850 T. G. Lee Blvd  
Suite 400  
Orlando, FL 32822  
Phone: 407-362-9221  
devereuxFL.org

**Disability Rights Florida**
**Table 110**

2473 Care Drive  
Suite 200  
Tallahassee, FL 32308  
Phone: 800-342-0823  
DisabilityRightsFlorida.org

**Eating Recovery Center**
**Table 135**

2286 Aloha Bay Ct  
Orlando, FL 34761  
eatingrecoverycenter.com

**Faces & Voices of Recovery**
**Table 125**

10 G St NE  
Suite 600  
Washington, DC 20002  
facesandvoicesofrecovery.org

**FADAA Resource Center**
**Table 141**

2868 Mahan Dr  
Suite 1  
Tallahassee, FL 32308  
Phone: 850-878-2196  
fadaa.org

**Florida Association of Recovery Residences**
**Booth 215**

326 Lantana Dr  
Unit 1  
Lantana, FL 33462  
farronline.org

**Florida Behavioral Health Association**
**Table 144**

316 East Park Avenue  
Tallahassee, FL 32301  
Phone: 850-224-6048  
floridabha.org

**Florida Certification Board**
**Table 115**

1715 S Gadsden Street  
Tallahassee, FL 32301  
flcertificationboard.org

**Florida Tech**
**Booth 217**

150 West University Boulevard  
Suite 103  
Melbourne, FL 32901  
Phone: 321-674-8532  
aba.fit.edu

**Foothold Technology**
**Booth 255**

36 E 12th St  
5th Floor  
New York, NY 10003  
Phone: 212-780-1450 x 8011  
footholdtechnology.com

**FSU College of Medicine AHEC**
**Booth 240**

1115 West Call Street  
Tallahassee, FL 32306-4300  
med.fsu.edu/ahec

**Genoa Healthcare**
**Table 134**

3140 Neil Armstrong Blvd  
Suite 110  
Eagan, MN 55121  
Phone: 754-332-4392  
genoahealthcare.com

**Greenspace Mental Health**
**Table 121**

1 Adelaide St E  
Suite 530  
Toronto, ON M5C 2V9  
Phone: 888-446-6602  
greenspacehealth.com

**Hazelden Publishing**
**Table 123**

15251 Pleasant Valley Rd  
Center City, MN 55012  
hazeldenbettyford.org

**InSight Telepsychiatry**
**Booth 241**

765 E Route 70  
Building A  
Marlton, NJ 08053  
insighttelepsychiatry.com

**InSync Healthcare Solutions**
**Booth 242**

8408 Benjamin Rd  
Tampa, FL 33634  
insynchcs.com

**Intalere-HRS**
**Booth 248**

401 Black Knight Way  
Longwood, FL 32779  
Phone: 321-287-8025  
hrs-intalere.com

**Iris Telehealth**
**Booth 221**

114 West 7th Street  
Suite 900  
Austin, TX 78701  
iristelehealth.com

**Jess Crate Furniture**
**Booth 253**

525 Spring Garden Rd  
Philadelphia, PA 19123  
jesscrate.com

**Johnson and Johnson**
**Booth 214**

904 Beak Street  
Celebration, FL 34747  
jnj.com

**Knight Software**
**Booth 237**

PO Box 4138  
Florence, SC 29502  
knightsoftware.tech

**Lakeview Health**
**Table 126**

1900 Corporate Square Blvd.  
Jacksonville, FL 32216  
Phone: 904-513-5823  
lakeviewhealth.com

**Lakewood Center**
**Booth 258**

8400 La Amistad Cove  
Fern Park, FL 32730  
lakewoodcenter.com

**Leesburg Regional Medical Center**
**Booth 233**

700 N. Palmetto St  
Leesburg, FL 34748  
Phone: 352-323-3272  
coresolutionsinc.com

**Magellan Complete Care****■ Boxed Lunch Sponsor****Booth 252**

9102 Southpark Center loop  
Bldg 1200, Suite 250  
Orlando, FL 32819  
magellancompletetecareoffl.com

**Mend VIP****Booth 224**

4564 New Broad St  
Orlando, FL 32814  
Phone: 800-490-2788  
mendfamily.com

**Milner****Booth 208**

36 Cana of Galilee Ct  
Tucker, GA 30084  
milner.com

**Mindful TMS Neurocare Centers****Table 142**

1737 S Naperville Rd  
Suite 203  
Wheaton, IL 60189  
mindfultms.com

**Multicultural Care Centers****Table 107**

20401 NW 2nd Ave  
Suite 308  
Miami Gardens, FL 33169  
multiculturalcc.com

**Narcotics Anonymous****Table 114**

2222 S Combee Rd  
Suite 6  
Lakeland, FL 33801  
floridarso.org

**NAMI Florida****Table 140**

P. O. Box 961  
Tallahassee, FL 32302  
Phone: 850-671-4445  
namiflorida.org

**Netsmart****Booths 229, 230**

4950 College Blvd  
Overland Park, KS 66211  
ntst.com

**Neurocrine Biosciences****Table 103**

12780 El Camino Real  
San Diego, CA 92130  
Phone: 858-617-7478  
neurocrine.com

**Nova Southeastern University****Table 128**

4850 Millenia Blvd  
Orlando, FL 32839  
nova.edu

**Observsmart-Invisalert Solutions****Booth 245**

980 Garrett Mill Road  
Newtown Square, PA 19073  
invisalertolutions.com

**Operation PAR, Inc.****Booth 254**

6655 66th Street N.  
Pinellas Park, FL 33781  
operationpar.org

**Optum****Booth 243**

11000 Optum Circle  
Eden Prairie, MN 55344  
optum.com

**Orexo US, Inc.****Table 129**

150 Headquarters Plaza  
East Tower, 5th Floor  
Morristown, NJ 07960  
zubsolv.com

**Otsuka Pharmaceutical Development****■ Sponsor****Booth 206**

137 Roslyn Hills Drive  
Holly Springs, NC 27540  
otsuka-us.com

**Outreach Community Care Network****Table 119**

240 N Frederick Ave  
Daytona Beach, FL 32114  
outreachinc.org

**Oxford House, Inc.****Booth 231**

1010 Wayne Ave  
Suite 300  
Silver Spring, MD 20910  
oxfordhouse.org

**Palm Shores Behavioral Health Center****Table 104**

1324 37th Avenue East  
Bradenton, FL 34208  
palmshoresbhc.com

**Pasadena Villa****Table 127**

216 Pasadena Place  
Orlando, FL 32803  
PasadenaVilla.com

**Phoenix House Florida****Table 113**

510 Vonderburg Drive  
Suite 301  
Brandon, FL 33511  
phoenixhouse.org/florida

**Premier Biotech Labs, LLC****Table 116**

723 Kasota Ave SE  
Minneapolis, MN 55414  
Phone: 612-554-5761  
premierbiotech.com

**Promises Behavioral Health****Booth 207**

500 Sagecreek Court  
Winter Springs, FL 32708  
promises.com

**Purpose House Transitional Homes****Table 122**

2376 Novus St  
Sarasota, FL 34237  
purposehouse.com

**Qualifacts Systems****■ Workshop Sponsor****Table 124**

315 Deaderick St  
Suite 2300  
Nashville, TN 37238  
qualifacts.com

**Relias****Booth 239**

1010 Sync St  
Morrisville, NC 27560  
relias.com

**River Region Human Services****Booth 209**

3901 Carmichel Ave  
Jacksonville, FL 32207  
Phone: 904-899-6300  
rrhs.com



## San Marcos Treatment Center

### Table 120

120 Bert Brown Rd  
San Marcos, TX 78666  
sanmarcostc.com

## Sandy Pines

### Table 118

11301 Tequesta Terrace  
Tequesta, FL 33469  
sandypineshospital.com

## Secure Records Solutions, LLC

### Table 102

P.O. Box 1866  
Thomasville, GA 31799  
Phone: 229-226-0414  
securerecordssolutions.com

## Secure Telehealth

### Booth 227

9150 Harmony Dr  
Pittsburgh, PA 15237  
Phone: 412-837-9320  
securetelehealth.com

## SericinPlus

### Booth 235

6110 SW 24th Pl  
Suite 310  
Davie, FL 33314  
sericinplus.com

## Simply HealthCare

### ■ Conference Bag Sponsor

4200 West Cypress Street  
Tampa, FL 33607  
Phone: 813-830-6956

## Southeastern University

### Table 101

1000 Longfellow Blvd  
Lakeland, FL 33801  
Phone: 863-667-5591  
seu.edu

## Streamline Healthcare Solutions

### Booth 249

1 Transam Plaza  
Suite 520  
Oakbrook, IL 60181  
streamlinehealthcare.com

## Sunshine Health

### ■ Boxed Lunch Sponsor

### Booth 218

5130 Sunforest Drive  
Suite 100  
Tampa, FL 33634  
sunshinehealth.com

## TenEleven Group

### Booths 260, 261

6047 Transit Road  
East Amherst, NY 14051  
10e11.com

## The Echo Group

### Table 106

15 Washington Street  
PO Box 2150  
Conway, NH 03818  
Phone: 603-447-8600  
echobh.com

## The Joint Commission

### Booth 247

One Renaissance Blvd.  
Oakbrook Terrace, IL 60181  
jointcommission.org

## The Vines Hospital

### Table 137

3130 SW 27th Avenue  
Ocala, FL 34471  
Phone: 352-817-4570  
thevineshospital.com

## Transformations Treatment Center

### Table 136

14000 S Military Trail  
Delray Beach, FL 33484  
Phone: 888-919-2619  
transformationtreatment.  
center

## Troy University

### Table 117

5201 W Kennedy Blvd.  
Suite 110  
Tampa, FL 33609  
Phone: 813-835-6220  
troy.edu/tampa

## TrueCore Behavioral Solutions

### Table 133

3109 W. Dr. Martin Luther King  
Jr. Blvd  
Tampa, FL 33607  
truecorebehavioral.com

## Umano Medical

### Booth 220

230 Boulevard Nilus-Leclerc  
L'Islet, Canada G0R2C0  
umanomedical.com

## University Behavioral Center

### Table 139

2500 Discovery Dr  
Orlando, FL 32826  
Phone: 407-281-7000  
universitybehavioral.com

## University of West Florida

### Booth 236

11000 University Parkway  
Building 78, Room 126  
Pensacola, FL 32514  
uwf.edu/aba

## Wekiva Springs Center

### Booth 203

3947 Salisbury Rd  
Jacksonville, FL 32216  
wekivacenter.com

## WellCare

### ■ Awards Lunch Sponsor

### Booth 251

3031 N. Rocky Point Dr W  
Suite 600  
Tampa, FL 33607  
Phone: 813-206-4231  
wellcare.com

## Welligent

### Booth 234

5005 Colley Avenue  
Norfolk, VA 23508  
welligent.com

## WellSky

### Booth 223

11711 W 79th Street  
Lenexa, KS 66214  
Phone: 512-583-8492  
wellsky.com

## WestBridge

### ■ Boxed Lunch Sponsor

### Booth 238

7300 Grove Rd  
Brooksville, FL 34613  
westbridge.org

## Willis Towers Watson

### Booth 257

300 Colonial Center Parkway  
Floor 1, Suite 120  
Lake Mary, FL 32746  
Phone: 407-562-2503  
willistowerswatson.com



# Exhibitors Legend



## Company

## Exhibit

Accreditation Guru, Inc.	Booth 244
Adaptive Infotech	Table 143
Agency for Health Care Administration	Table 138
Aligned Telehealth	Booth 204
Alkermes	Platinum Sponsor Booths 201, 202
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Lakeview Health	Table 126
Lakewood Center	Booth 258
Leesburg Regional Medical Center	Booth 233
Magellan Complete Care	Sponsor Booth 252

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Optum	Booth 243
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Otsuka Pharmaceutical Development and Commercialization, Inc.	Sponsor Booth 206
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Secure Telehealth	Booth 227
SericinPlus	Booth 235
Simply Healthcare	Sponsor
Southeastern University	Table 101
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Sunshine Health	Sponsor Booth 218
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The Echo Group	Table 106
The Joint Commission	Booth 247
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Transformations Treatment Center	Table 136
Troy University	Table 117
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Umano Medical	Booth 220
University Behavioral Center	Table 139
University of West Florida	Booth 236
Wekiva Springs Center	Booth 203
WellCare	Booth 251
Welligent	Booth 234
WellSky	Booth 223
WestBridge	Sponsor Booth 238
Willis Towers Watson	Booth 257

## Nursing/Pumping Mothers Room

DeSoto (Downstairs)



## Save the Date



**BHCon 2020**  
August 19–21, 2020  
Hilton Orlando Bonnet Creek



## Plan for a Healthy Tomorrow

For more information, please call  
Staywell: 1-866-334-7927 (TTY 711),  
Monday–Friday, 8 a.m. to 7 p.m.  
<https://www.wellcare.com/Florida>

Or contact Medicaid Choice Counseling at  
1-877-711-3662 (TTY 1-866-467-4970),  
Monday–Thursday, 8 a.m.–8 p.m.  
and Friday, 8 a.m.–7 p.m.  
[flmedicaidmanagedcare.com](http://flmedicaidmanagedcare.com)

Staywell Health Plan is a managed care plan  
with a Florida Medicaid contract.



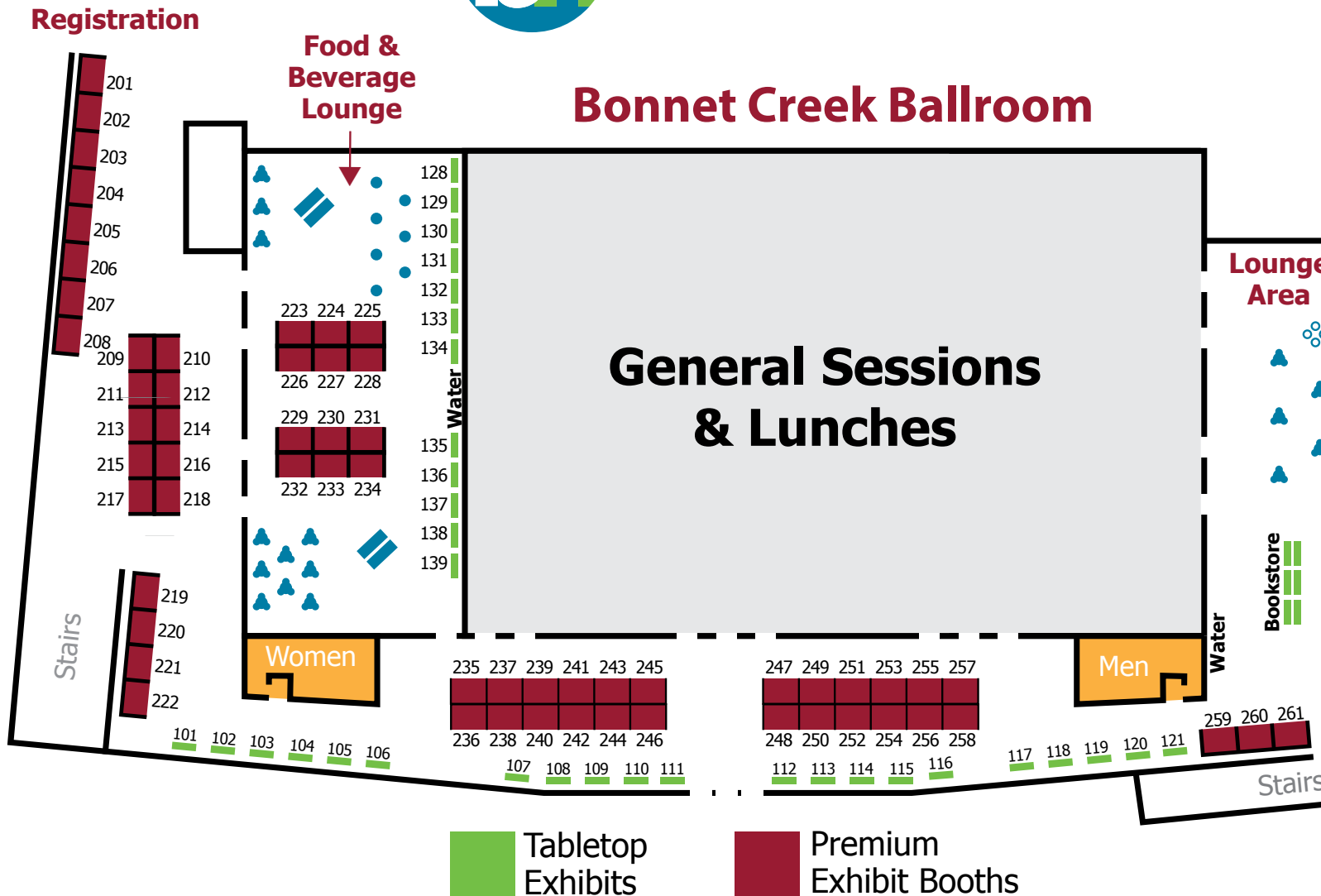
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**10% off**

Show your conference badge at any food  
and beverage outlet at the Hilton Bonnet Creek and  
receive 10% off any food or beverage purchase.\*

\*Not applicable to items specially priced.





## Attendance tracking via badge scanning!

Once again, we are pleased to share an electronic method to track your session attendance.

- Wear your barcoded badge
- Get your badge scanned in **each** session you attend.  
No more paper CEU logs to complete!

To track your attendance you must have your barcoded badge scanned at the session entrance. Staff and volunteer room monitors will be scanning attendees' badges. Badges will be scanned as you **enter the general sessions** and **the workshop sessions**. It is important to wear your badge at all times during the event so you can receive credit for session attendance.

# General Session, Exhibitor and Workshop Map

## Floridian Ballroom



## Friday Door Prizes

Be sure to join us  
Friday, August 23rd

General Session  
9:00am – 10:15am

Recipients must  
be present to win.

## Download our conference app!

### Android

1. Download and install the Crowd Compass Directory app from the Google Play Store.
2. Open the “Directory” app you just installed. Click on the magnifying glass in the upper right hand corner, type **BHCon2019** in the “Enter Event Code” box and click the search icon in the very bottom right hand corner. Now click on the **BHCon2019** Event Icon.

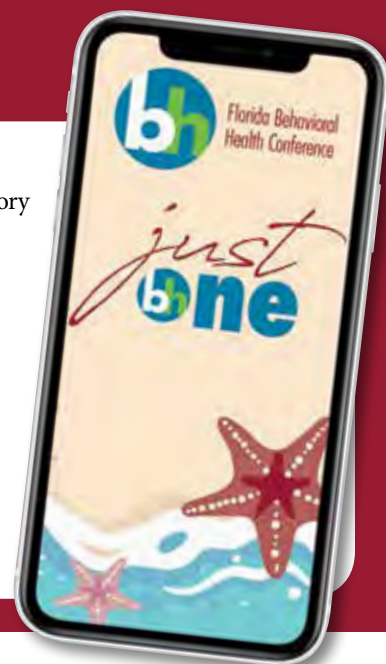


### iPhone

1. Download and install the Crowd Compass Directory app from the Apple App Store.
2. Open the “Directory” app you just installed. In the search box at the top of the screen type **BHCon2019** and hit search. Click on the **BHCon2019** Event Icon to install the conference app on your device.



■ **For BlackBerry, Windows and other devices:** access the app via web browser at the following address:  
<https://event.crowdcompass.com/bhcon2019>







**Florida Behavioral  
Health Association**

Inform. Innovate. Influence.

## Organizational Membership



**Florida Behavioral  
Health Association**

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■ 2868 Mahan Drive | Suite 1 | Tallahassee, FL 32308 | 850.878.2196



**Florida Behavioral  
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## Business and Partner Membership

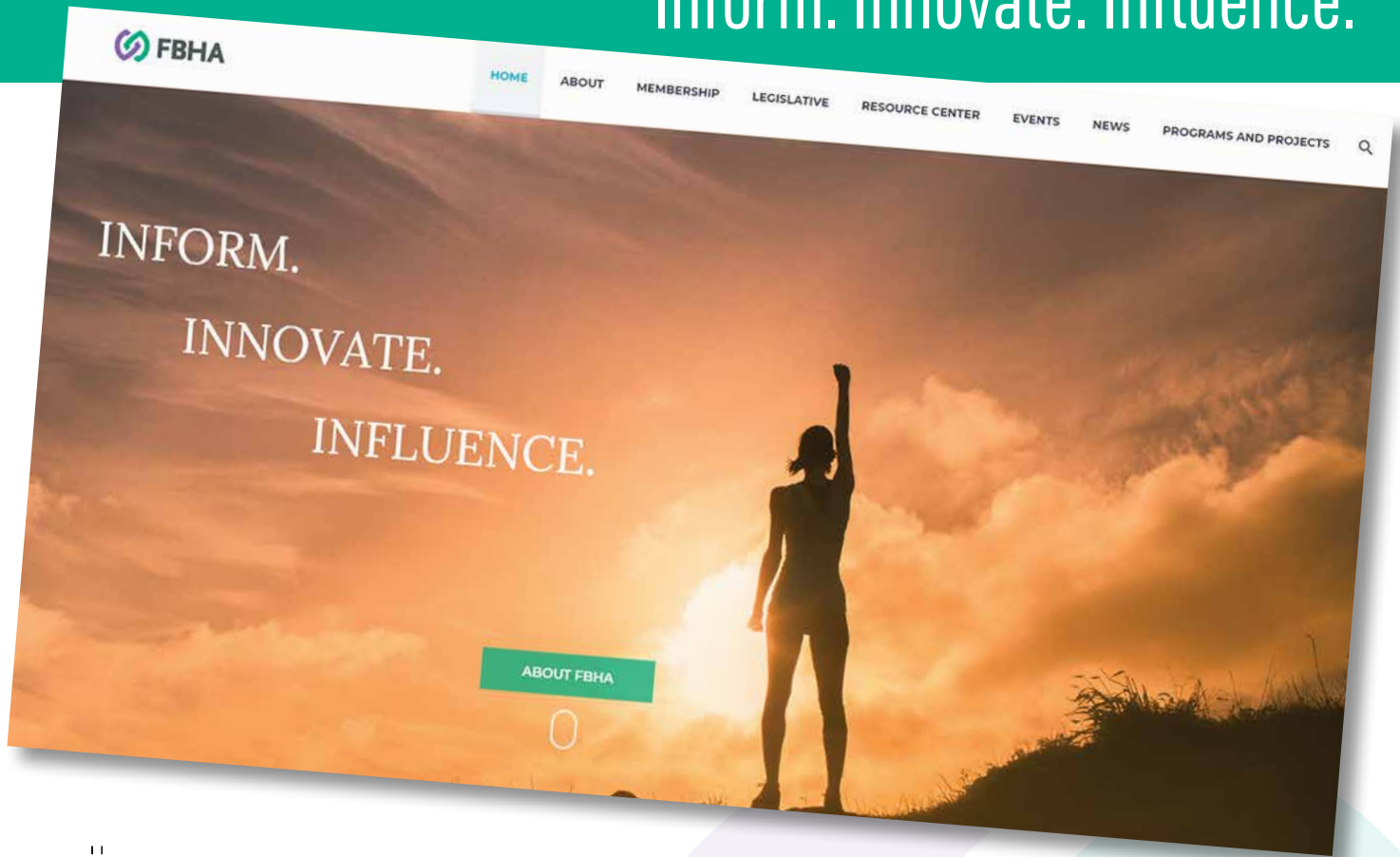
**Park Avenue Location**  
316 East Park Avenue  
Tallahassee, FL 32301  
850-224-6048

**Mahan Drive Location**  
2868 Mahan Drive, Suite 1  
Tallahassee, FL 32308  
850-878-2196

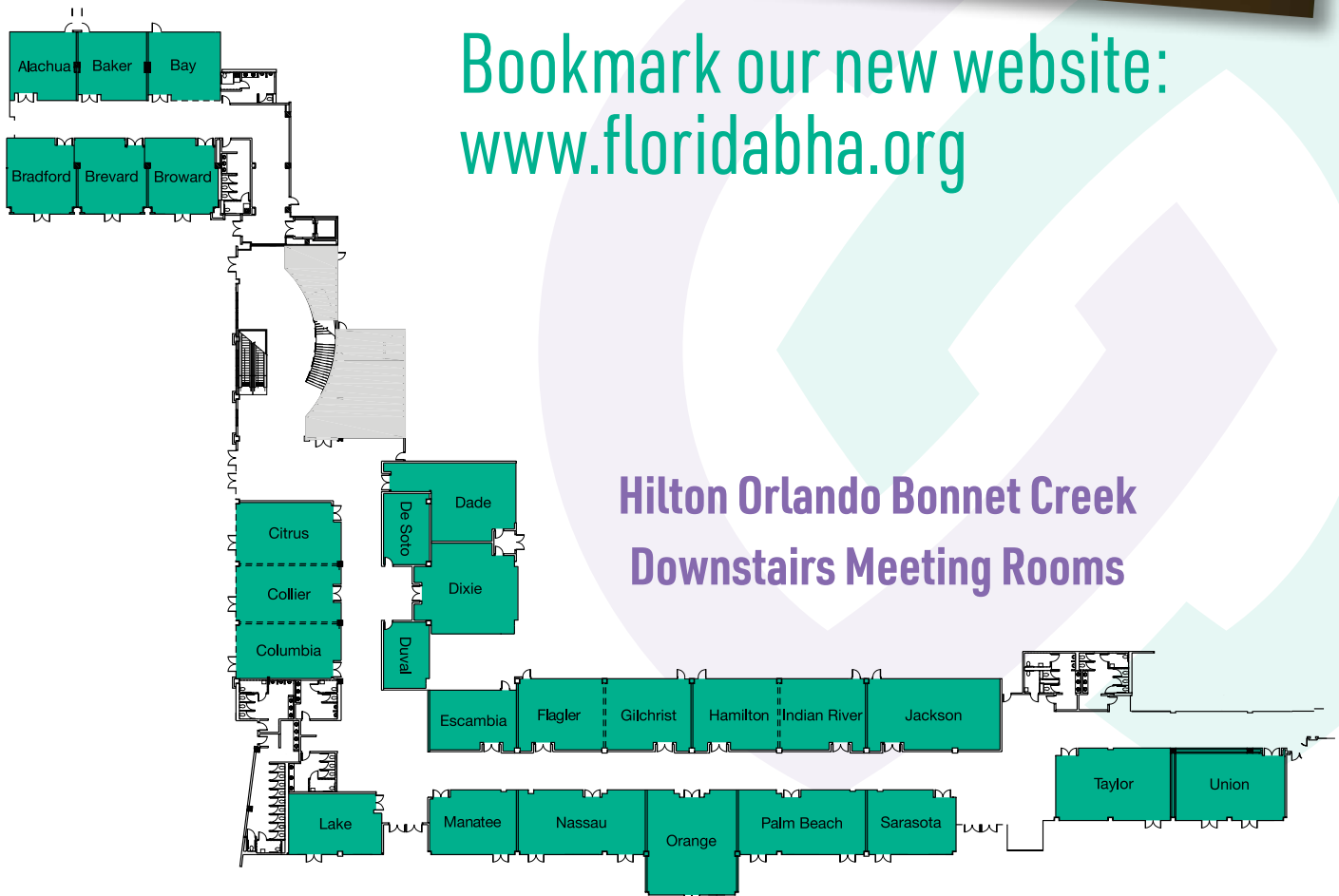
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