AUGUST 15-17, 2018

Florida Behavioral Health Conference

Believing

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August 15, 2018

On behalf of the Florida Council for Community Mental Health and the Florida Alcohol and Drug Abuse Association and in collaboration with the Florida Hospital Association, we welcome you to the 2018 Florida Behavioral Health Conference!

The program for this year's conference is packed with interesting and informative presentations on a wide variety of topics impacting the behavioral health industry. Each day's agenda features dynamic subject matter experts from across the country who share your passion for improving lives and taking behavioral health care in Florida to the next level of success and effectiveness.

The theme of this year's conference is **"Don't Stop Believing."** That phrase is both a call to future action and a reminder to reflect on the thousands of lives that have already been improved – and in some cases, saved – by people like yourselves, who have committed themselves to the work of behavioral health care.

Your work can be challenging and the issues you confront each day have become increasingly complex, but the individual contributions you make form the fabric of a vital safety net for vulnerable Floridians of all ages. So, **Don't Stop Believing** your work is important and it is making a positive difference by giving hope, healing, strength, recovery and resilience to others.

Over the next few days we invite you to learn, network and be encouraged about your work. **Don't Stop Believing** that together we can continue to improve and refine our system of care so all Floridians can have access to the behavioral health services they need.

This annual event could not be a success without the generous support of our sponsors: Aetna Foundation, Alkermes, Beacon Health Options, Iris Telehealth, Magellan Complete Care, Otsuka, Streamline Healthcare Services, Sunshine Health, Valant and WellCare. Their commitment to our work is very much appreciated. We also thank our exhibitors and advertisers for their continued support.

Please take time to relax, rejuvenate, and connect with your colleagues and peers while you enjoy the Conference!

Sincerely,



Mark Fontaine FADAA Executive Director



Aulanic Monteuro

Melanie Brown Woofter FCCMH President/CEO

TRANSFORMING behavioral health care. TRANSFORMING lives.



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Thank you in advance...

Be sure to turn off your cell phone during all workshops and speaker sessions. Enjoy the conference!



Thank you to our sponsors:





















b Special Conference Features

Provided Lunches

Wednesday, August 15th

Boxed lunch sponsored by Beacon Health Options, Otsuka, and Sunshine Health will be provided to all participants.

Thursday, August 16th

Awards luncheon sponsored by WellCare will be provided to all participants.

Conference App

To enhance your BHCon2018 experience, download our new conference app. Available free to all registered attendees, the Florida Behavioral Health Conference app provides the latest BHCon2018 information on your mobile device, tablet, or computer. **See page 59**.

Exhibit Hall Hours

Wednesday, August 15, 7:30am – 6:00pm Thursday, August 16, 7:30am – 6:00pm Exhibitors will be available in the Bonnett Creek & Floridian Ballroom Foyers.

Conference technology!

Complimentary Wi-Fi in the conference and expo area is sponsored by Alkermes. Network name: Alkermes PW: Alkermes

▲ Electronic CEU workshop tracking. Just scan your name badge when entering each workshop! **See page 58.**

Prize Drawings

Friday, August 17th General Session | 8:45am – 10:15am

Movie Screening

- Thursday, August 16, 7:00pm 9:00pm
- Hamilton/Indian River (downstairs)
- Suicide: the Ripple Effect by keynote speaker Kevin Hines
- Sponsored by Magellan Complete Care

Yoga Classes | Union (downstairs)

Wednesday, August 15th

6:30am to 7:30am – Beginner's Yoga | 6:00pm to 6:45pm – Yoga for 12 Step Recovery

Thursday, August 16th

- 6:30am to 7:30am Vinyasa Yoga | 6:00pm to 6:45pm Gentle HathaYoga
- Friday, August 17th
- 6:30am to 7:30am Vinyasa Yoga





Horida Behaviora Health Conference





Welcome to the 2018 Florida Behavioral Health Conference

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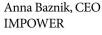
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2018 Keynote Speakers



Wednesday, August 15 Keni Thomas Leadership Speaker & Singer/Songwriter

A powerful speaker, Keni captivates audiences from beginning to end as he tells the incredible story of extraordinary individuals and how they fought to bring each other home. Drawing from his experiences on the battlefield, Keni inspires people to achieve greatness by stressing the importance of outstanding leadership at every level, even if the only person you are leading is yourself. His message of *"Train as You Fight - Fight as You Train and Lead by Example"* epitomizes the Ranger motto *"Rangers Lead the Way!"*



Thursday, August 16 Austin Eubanks Addiction & Trauma Recovery Expert

An injured survivor of the Columbine shooting, Austin's traumatic experience as a teen was the catalyst to his painful journey through addiction. Now in long-term recovery, he has devoted his career to helping those who have turned to substances as a result of trauma. His story of trauma, over-prescribed medications and active addiction is sure to leave a lasting impression.



Believing

Friday, August 17 Kevin Hines Brain Health Advocate & Storyteller

Kevin Hines is a brain/mental health advocate, award-winning global speaker, bestselling author, and documentary filmmaker who reaches audiences with his story of an unlikely survival and strong will to live.

Kevin will present encouraging messages about living mentally healthy and the importance of seeking help and support during times of crisis, while underscoring the power of the human spirit to guide us in finding meaning, gratitude, and purpose in life.



Friday Mini Plenary Topics



Slipping Through the Cracks: Intervention Strategies For Clients with Co-Occurring Disorders

Heidi OToole, MS, Co-Founder, WV Therapy and Wellness Center



Thief & Liar: Blending Trauma Informed Practices Across the Addictions Continuum of Care

Mark Sanders, President, On the Mark Consulting



Policy and Treatment Dynamics of the Opioid Use Crisis in the United States

Mark Parrino, President, American Association for the Treatment of Opioid Dependence (AATOD)

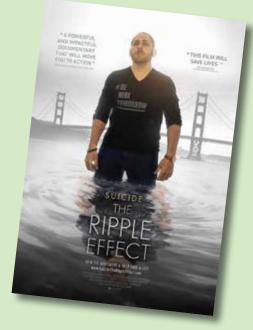


Suicide Prevention: Challenge, Opportunity and Innovation

Richard McKeon, Suicide Prevention Branch, Division of Prevention, Traumatic Stress, and Special Programs,

Movie Screening

Suicide: the Ripple Effect by Kevin Hines Thursday, August 16, 7:00pm – 9:00pm Hamilton/Indian River (downstairs) Sponsored by Magellan Complete Care



Workshop Descriptions | Wednesday, August 15

6:30am – 7:30am Beginner's Yoga | Union (downstairs)

7:30am – 6:00pm Exhibits Open

7:30am – 8:30am Coffee Break | Salons 10–12

Sponsored by Iris Telehealth



8:30am – 10:15am General Session | Bonnet Creek Ballroom Welcome: Dr. Jerome Adams, U.S. Surgeon General (video) Keynote: Keni Thomas

A powerful speaker, Keni captivates audiences from beginning to end as he tells an incredible story of extraordinary individuals and how they fought to bring each other home. Drawing from his experiences on the battlefield, Keni inspires people to achieve greatness by stressing the importance of outstanding leadership at every level, even if the only person you are leading is yourself. His message of "Train as You Fight - Fight as You Train and Lead by Example" epitomizes the Ranger motto, "Rangers Lead the Way!"

Keni sums it up like this, "Leadership has never been about the rank or the position you hold. It's about the example you set. There are people to your left and to your right who are counting on you and it's up to you to deliver. But you will only be as good as you prepared yourself to be."

10:15am – 11:00am Coffee Break | Salons 10–12

Sponsored by Iris Telehealth

11:00am – 12:30pm Workshops

Assisted Outpatient Treatment: Why and How It Can Work!

Salon A

Assisted Outpatient Treatment (AOT) in Florida is statutorily defined under the Baker Act (Chapter 394) as Involuntary Outpatient Services. This presentation will review the basic elements of the "Outpatient Baker Act" and how this treatment support is being used in Lake and Sumter Counties through a funding opportunity from SAMHSA. The AOT program is engaging individuals with frequent involuntary admissions in the recovery process with the aid of the court. We will discuss the prevailing opinion that the order "has no teeth" vs. our experience with "the black robe effect." The success of the program is rooted in collaborative efforts among inpatient services, the judiciary and a multidisciplinary team providing direct services to the participants. Information about the evidence-based practices in use by the program.

Karen Rogers, MS, LMHC, Associate Vice President of Adult Clinical Services, LifeStream Behavioral Center

Bonnie Christensen, Program Manager, LifeStream Behavioral Center Brian Stettin, Policy Director for the Treatment Advocacy Center Pam Walker, Lead Care Coordinator for Assisted Outpatient, Lifestream



Changing Criminal Behavior and Improving Treatment Delivery: The Role of Cognitive **Behavioral Therapy**

Salon B

Cognitive Behavioral Therapy (CBT) has become a recognized treatment modality for a number of interventions in different programs. However, specific knowledge of what it is, why it works, and how it should be implemented is not well understood. This presentation attempts to clarify what CBT is and why it is important and its continued impact on treating individuals with SUD and/or mental health problems.

Robert Kirchner, PhD, Director of Research, Glacier Consulting, Inc.

Changing the World: Collective Impact, Wraparound, and Results-Based Accountability Strategies Used to Improve Systems of Care

Salon C

Creating long-term sustainable and transformational system change requires Champions, Collaborators, and Change Agents. This presentation will teach participants how to use a Collective Impact framework with Results-Based Accountability strategies to identify priorities, engage stakeholders, create meaningful activities, and evaluate outcomes, including the Wraparound process in systems of care. Examples of successful collective impact initiatives (Wraparound, Maternal Child Health, Co-occurring Conditions) will be shared as well as challenges and next steps. This methodology may be used in a variety of settings (system, organizational, program) as well as areas of interest. Participants will walk away with tools they can implement in their own workplace to effect change.

Marci Ronik, MS, Principal Partner, The Ronik-Radlauer Group, Inc. Julie Radlauer-Doerfler, LMHC, Principal Partner, The Ronik-Radlauer Group, Inc.

Confidentiality of Patient Records: Navigating HIPAA, SAMHSA and 42 CFR Part 2

Salon D

With the revisions to the Substance Abuse confidentiality regulations, providers are faced with an evershifting whirlwind of compliance requirements. In this session, we will outline the more significant areas that require providers' attention, and focus on the changes to 42 CFR Part 2 and what they mean to you. We will also discuss how federal and state law intersect on the issue of patient record confidentiality.

Robert Slavkin, Partner, Akerman LLP

A special thank you to...

Dr. Jerome Adams U.S. Surgeon General for his video welcome message.



11:00am – 12:30pm Workshops continued

Dialectical Behavior Therapy for Opioid Use Disorder

Salon E

This presentation will highlight the benefits of using Dialectical Behavioral Therapy for the treatment of Opioid Use Disorder.

BranShonda Levine, MEd, LMHC, Stewart-Marchman-Act Behavioral Healthcare Jennifer Stephenson, LMFT, Stewart-Marchman-Act Behavioral Healthcare

Early Childhood Court: Changing the Multigenerational Cycle of Adversity

Salon F

Many adult issues, including substance use and mental health conditions, and other adversities are now understood as disorders that began early in life. Early Childhood Court uses science to break the multi-generational cycle by fast-tracking services to address parents' urgent needs, providing evidence-based interventions to address trauma histories, promoting a nurturing relationship through parent and child therapy, and establishing the supports needed to provide a safe, stable, and permanent home for the child. This session provides an overview of trauma science, illustrates the impact of adversity on child development, and explains how "baby courts" strengthen families, expedite permanency and prevent recurrence of abuse.

Mimi Graham, EdD, Director, Florida State University, Center for Prevention & Early Intervention Policy

Food and Addiction: Eating Disorders as a Substance Use Disorder

Salon G

Given the complexity and nature of eating disorders, this presentation seeks to shed light on the growing continuum of research pointing to the addictive elements driving pathological overeating and the regulation of appetite. The notion that some eating disorders resemble other forms of compulsive or addictive disorders is not entirely new. We will discuss the prevailing definition of Substance Use Disorder (SUD) as it applies to the biological and personality characteristics of an addict and what these have in common with disordered eating, as well as co-morbid SUD and eating disorders. In addition, the specific foods of abuse are identified and the interplay of biology and psychological factors are discussed, along with the evidence supporting this food addiction thesis and the implications of adopting this perspective.

Marty Lerner, PhD, CEO, Clinical Psychologist, Milestones In Recovery's Eating Disorder Program



Harm Reduction in Florida

Salon H

This session will teach participants about the importance of harm reduction programs that provide health care services to people who use drugs, including needle exchange and naloxone distribution programs. Step-by-step instructions for recognizing and responding to an opioid overdose will be presented. Instructions for enrolling in DCF's Overdose Prevention Program will be provided to non-profit organizations interested in receiving free naloxone to distribute to individuals at risk of experiencing an opioid overdose. Other harm reduction strategies will be identified and discussed.

Amanda Muller, Overdose Prevention Coordinator, Florida Department of Children and Families

Initiating Overdose Drills in Addiction Treatment Programs: A Response to the Opioid Crisis Salon I

The United States is experiencing an epidemic of opioid overdose deaths. This lecture will present some background and data on fentanyl's role in opiod overdoses and how drug users perceive the risks this substance poses. Further, providers of Substance Use Disorder treatment need to be prepared to respond to overdoses. This lecture will also present a novel response - overdose drills - that the Phoenix House programs have implemented nationwide to ensure preparedness.

Benjamin Nordstrom, MD, PhD, Acting President and CEO, Phoenix House

Older Adults and Suicide: Relevant Factors, Treatment Resources and Case Studies, Oh My!

Salon J

The number of older adults in the United States and abroad is rising. Death by suicide rates are climbing. At the same time more and more states are adopting options for assisted suicide (hastened death). We will explore several relevant factors which behavioral health providers must be knowledgeable to ensure quality care for older adults at risk for suicide. We will also explore a variety of clinical resources available to enhance your practice in different clinical treatment settings (residential, outpatient, etc.). Using the tradition of Story Corps (in which candid, unscripted conversations about life occur between two people), case studies will highlight clinical takeaways to inform your mind as a professional and to inform your heart as a human.

Julie Gersch, PhD, Vice President Organizational Development, Cother Healthcare, Cotler Clinical Services



Show your conference badge at any food and beverage outlet at the Hilton Bonnet Creek and receive 10% off any food or beverage purchase.*



* Discount not eligible on any grab and go option meals as these have already been discounted

11:00am – 12:30pm Workshops continued

Power of Language: Change your Words and Change the World

Salon K

The nomenclature of the behavioral health treatment community is influenced by many factors including criminal justice, street slang, and cultural norms about mental illness and substance abuse. As members of the behavioral health community, we also have influence. We have the ability to affect change in our communities and society by changing the way we talk. In this workshop, we will discuss biased language and explore ways to use plain, descriptive language in place of labels, metaphors and slang to engender more productive relationships in our professional and personal lives.

Kristina Krug, President, Peer Support Coalition of Florida

Sobriety Enhancement and Full Recovery

Salon L

This presentation details the process of using evidence-based Sobriety Enhancement Strategies to achieve optimal results with Substance Use Disorder (SUD) individuals. Participants will learn how these individuals use substances to reinforce their misguided beliefs and to alter their perceptions. Genetic influences on substance initiation and substance use disorders are a guide to understanding the positive intent for the chosen psychological underpinning and the substance use. First use memories are a key to understanding how the substance brought some form of relief to the client's situation. An integral part of the presentation will be using a volunteer to demonstrate the use of early memories both directly and metaphorically, and finding the positive intent for client's early substance use.

James Holder, MA, Owner, Positive Intentions LLC

Treating Trauma in the Adolescent Substance Use Disorder Population

Indian River/Hamilton (Downstairs)

Trauma is a significant underlying factor behind the Substance Use Disorders (SUD) affecting our nation's adolescents. In this session, participants will learn the working definition of trauma and the prevalence of trauma in the SUD treatment setting. It is important for providers and families to be educated on the impact trauma can have on a person and their substance use, so they can offer a more effective recovery environment, during and after treatment. Additionally, this workshop will discuss approaches for assessing trauma and client centered treatment strategies by shifting the narrative from, "What is wrong with you?" to, "What happened to you?" to improve client outcomes.

Holiday Whisenant, MS, LMHC, MCAP, Director of Drug and Alcohol Adolescent Residential Treatment, Lakeview Center, Inc.

Mindy McClurg, MSW, Therapist, Lakeview Center, Inc.



Workshop Descriptions | Wednesday, August 15

The Polk County Helping Hands Project

Jackson (Downstairs)

Helping Hands is a collaborative project between the Polk County Health and Human Services Division, Polk County Jail, community providers and Central Florida Behavioral Health Network. The project is designed as an innovative and cost effective way to address the mental health needs of those released from the jail. In this project, the county is using community paramedics and peer supports to ensure individuals released from jail have access to medications and support services and participate in engagement activities. The goals of the program include reduced recidivism to the jail and acute care services, increased engagement and follow-up with services, and improved access to medications.

Larry Allen, MBA, MSW, COO, Central Florida Behavioral Health Network Cathy Hatch, Planner, Polk County Breanna Campion, Training Captain, Polk County Fire Rescue Michael Allen, Detention Chief, Polk County Jail

Why Projects Fail - Managing Complex Change in your Organization

Palm Beach (Downstairs)

In today's competitive environment, change is the only constant. Organizations that have the ability to manage change will have a significant advantage over their competition. But the reality is that a majority of major change efforts end in failure. This workshop will introduce an adapted model for leading and managing complex change within your organization. It will explain the different competencies that are needed to properly lead and manage change, creating a framework to ensure success in any major project or initiative that you will undertake in the future.

Matt Hoffman, MHA, Managing Partner, Afia

12:30pm – 1:45pm Boxed Luncheon Pick Up | Bonnet Creek Ballroom Sponsored by Beacon Health Options, Otsuka and Sunshine Health

A special thank you to our boxed lunch sponsors:







1:45pm -3:15pm Workshops

Child Parent Relationship Therapy: How to Move Beyond the Barrier of Individual Therapy for Children

Salon A

In this presentation, clinicians will be exposed to Child Parent Relationship Therapy (CPRT) and learn how it can be utilized as a substitute or support for individual therapy. CPRT is a 10-session model of Filial Therapy developed by G. Landreth & S. Bratton. This model has the potential to change the way clinicians view treatment when working with young children and families. Imagine a world where the therapy does not stop in the play room but is continued throughout the course of the child's life in the home. Giving parents the skills a play therapist utilizes helps increase the odds for success by changing the parents' perception of the child's behaviors, allowing them to see the whole child rather than the problems.

Amanda Cypret, MA in Mental Health Counseling, LMHC, RPT-S, LifeStream Dalena L. Dillman Taylor, PhD, Assistant Professor, University of Central Florida

How to Boost Your Drug Court's Success Rate Through the Proper Use of Sanctions, Incentives and Drug Testing

Salon B

Based on 60 years of behavior research, this workshop will transform your understanding of incentives and sanctions and dramatically improve your understanding of the science related to behavior management and change. This workshop will also review the best practices of drug testing and answer questions like: What exactly does "random" mean? What does "observed" mean? What is creatinine and why do we need to measure it? How many and what types of drugs should we be testing for? How often should we be testing participants? What should we do if a participant challenges the drug test results? By the end of this workshop, you will know how to do drug testing that follows "best practices." You will also know how to implement sanctions and incentives to obtain the highest success rate for your drug court or treatment provider.

The Honorable Michele Towbin Singer, Circuit Court Judge, Seventeenth Judicial Circuit Teri Hamlyn, Director of Problem-Solving Courts, Fourth Judicial Circuit

Integration of NaltrexoneXR into Substance Abuse Treatment Programs

Salon C

This presentation will provide information about NaltrexoneXR as an additional medication option for the treatment of Alcohol and/or Opioid Use Disorder. Specifically, information regarding the development of a successful, sustainable program through the FADAA grant will be discussed. The session will describe strategies for patient selection, implementation, challenges, successes and expansion across various treatment settings from residential and detox to outpatient treatment.

Gayle Callahan, PharmD, Director of Pharmacy Services, Operation PAR



Manage Burnout Before It Manages You

Salon D

Recognize that burnout will happen to the best of us. Learn to tune into the signs and symptoms and learn what research has to say about long term effects, if not managed. Explore ways to cope with burnout and enhance productivity. Renew the enjoyment of your life and career.

Tamera Anderson-Hanna, MA, LMHC, CAP, CRC, RYT, Wellness, Therapy & Yoga

Meeting the Needs of Commercially Sexually Exploited Children: Connecting Research to Practice

Salon E

Commercial Sexual Exploitation of Children (CSEC) has garnered considerable attention in child welfare, but there is limited empirical research or evaluation on the services provided to these children. This presentation describes the approach taken by Citrus Helping Adolescents Negatively impacted by Commercial Exploitation (CHANCE), a treatment program for CSEC victims implemented in Miami-Dade County, Florida, to integrate research and evaluation into program development and improvement processes. Key lessons learned about best practices in both treatment and research, specific to CSEC, will be shared.

Kimberly McGrath, PsyD, Clinical Coordinator, Citrus Health Network Melissa Johnson, University of South Florida Monica Landers, MSW, University of South Florida

One Agency's Journey to Adapt: Five Lessons You Need to Know About Change Management Salon F

Are you finding yourself lost in a sea of changing mandates and swimming fast to catch your breath? Are the processes and systems you have in place making your palms sweat? Adapting to change can be stressful, but sometimes you know there has to be a more efficient way of doing things. In this session, we'll examine the decision-making journey Fellowship House, a private, nonprofit psychosocial rehabilitation center for individuals who experience severe and persistent psychiatric disabilities, took to implement a new electronic records system and meet new challenges within its organization. We'll share the good, bad, and sometimes funny stories of what it's like to work with a vendor to integrate a new software system and successfully launch electronic billing in the state of Florida.

Rosemary Smith Hoel, MS, LMHC, CAP, President and CEO, Fellowship House Laura Marshall, MS, Senior Project Manager, Foothold Technology



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 * Discount not eligible on any grab and go option meals as these have already been discounted

1:45pm -3:15pm Workshops continued

Overdose in the ER: Effective Hospital Diversion

Salon G

Last year, Florida's emergency departments (EDs) treated nearly 18,000 patients who overdosed on opioid-related drugs. 10% were treated for multiple overdoses. While EDs provide the very best immediate care, drug treatment and rehabilitation programs provide the best long-term solution. Made possible through the Aetna Foundation, The All in for Florida: Hospital Intervention Project was launched in Spring 2018 through a collaboration between the Florida Alcohol & Drug Abuse Association, the Florida Hospital Association, and the Emergency Medicine Learning & Resource Center (Florida College of Emergency Physicians) with the goal to connect emergency departments with community-based providers to provide opioid abuser access to treatment services.

Houston Park, Project Director "All in for Florida: Hospital Intervention Project" Florida Alcohol & Drug Abuse Association

Kim Streit, VP Healthcare Research & Information, Florida Hospital Association

Preliminary Outcomes for Substance-Abusing Parents Enrolled in a Family Dependency Treatment Court

Salon H

This presentation will discuss preliminary outcomes for substance-abusing parents enrolled in a Family Dependency Treatment Court (FDTC). Data were gathered from 84 clients who received intensive outpatient treatment services as part of the FDTC program. Participants were eligible if reunification was a goal and substance use was identified as a main factor. Participants completed urinalysis drug screenings twice per week as well as an interview assessing self-reported substance use and mental health symptoms at program intake and six-month follow-ups. The average length of treatment was ten months, with approximately 56% of clients successfully reunifying with their child(ren). Clients also reported significant reductions in self-reported substance use and mental health symptoms. Findings indicate that treatment is effective and participants are being reunified consistently with other FDTC programs.

Kathleen Moore, PhD, Research Associate Professor, University of South Florida The Honorable Jack Espinoza Jr., 13th Circuit Problem-Solving Court Judge Alexa Argerious, Office of State Attorney, Children's Legal Services David Gould, Senior Program Attorney, Guardian ad Litem, 13th Circuit

Provider Licensing and Designation System (PLADS)

Salon I

PLADS is the state of Florida's web-based system for obtaining and renewing substance abuse treatment, prevention, and intervention program licenses. It's also the state's system for issuing and managing Addictions Receiving Facilities and Baker Act facility designations. Attendees will learn about recent and upcoming PLADS improvement (including a live demonstration) and will also be able to provide constructive feedback for additional future improvements.

Chris Weller, Florida Department of Children and Families Tami Boyett, Florida Department of Children and Families



Recovery Oriented and System of Care Concepts: Practices Promoting Community-Based Recovery

Salon J

Families served by the child welfare systyem often have complex needs and challenges that require intervention and support from multiple agencies and systems partners to be effectively addressed. The Recovery Oriented System of Care (ROSC) and Systems of Care (SOC) frameworks provide a recovery-oriented approach by which resources can be leveraged strategically across the system to improve outcomes for families served by child welfare. ROSC and SOC concepts and practices promote communi-ty-based recovery, resilience and wellness for children, youth and adults with behavioral health conditions. Alignment of recovery concepts and practices across system partners and coordination of recovery-oriented services and supports across family members served by child welfare promote individualized and strength-based family focused treatment and support.

- Kimberly Nester, Statewide Family and Youth Coordinator, Florida Department of Children and Families
- Wesley Evans, Statewide Coordinator of Integration and Recovery Services, Florida Department of Children and Families

Running on Fumes: Young Adults and Psychostimulant Use Disorder

Salon K

Psychostimulant Use Disorder (PUD) among young adults who use it non-medically is growing at an alarming rate. Students incorrectly believe these drugs enhance school performance, and often take them to "recover" from heavy drinking. Psychostimulants like Adderall are widely available and sanctioned, and highly addictive and dangerous when abused. Often PUD is complicated with alcohol or other Substance Use Disorders. Obstacles include fear of not being able to achieve. Peer-supported, longer, holistic treatment is underscored by personal engagement in daily education and practice of the Twelve Step process and support beyond treatment.

John Dyben, DHSc, Chief Clinical Officer, Hanley Center at Origins

Safety Plans for Suicide Risk: Putting the Patient Back in the Driver's Seat to a Safe Destination Salon L

Suicide is the 10th leading cause of death in the United States. This program will examine the assessment of suicide risk using a step-by-step collaborative process with the patient that includes, in part, examining risk factors, warning signs, and protective factors as well as the kinds of practice questions to ask and the framework to use when asking them. It will describe the process for using the data gathered in an assessment to help a patient develop a safety plan for themselves and their environment that includes specific coping skills and how and when to reach out for help.

Susan Kimper, MSN, Director of Psychiatry Medicine, NCH Health Care

1:45pm – 3:15pm Workshops continued

There is a Way to Text with Patients Without Encryption

Indian River/Hamilton (Downstairs)

If an organization or facility has policies and procedures in place governing the use of hand-held telephones, with necessary patient consent documented, therapists can use unencrypted texts to communicate with clients.

Richard Jones, JD, General Counsel, Meridian Behavioral Healthcare, Inc. Donald Savoie, COO and CIO Meridian, Meridian Behavioral Healthcare, Inc.

The First 72 Hours: Gender-Responsive Trauma-Informed Care in Residential Settings

Jackson (Downstairs)

For many organizations striving to be trauma-informed, intake and orientation is often an overlooked component and at best only given cursory attention. However, the first 72 hours could determine whether or not a client feels safe, which is a basic tenet of trauma-informed care. During the intake process staff often probe into the most personal and sensitive parts of an individual's life, which can be extremely intrusive, painful, and re-traumatizing for those that are seeking service. Aside from the gathering of personal information, women can have a host of experiences with non-clinical staff that can trigger trauma responses. Utilizing a learning centered model, this workshop will combine a variety of learning methodologies, including experiential, audio/visual, and kinesthetic, to change the narrative and inform the development of gender-specific trauma-informed sensitivity during the intake and orientation period.

Charlene Sears-Tolbert, MA, Director of Research & Development, Bridges International, Inc.

Trauma and the Opioid Crisis

Palm Beach (Downstairs)

Addiction specialists have long known there are strong connections between traumatic experiences and the addiction process. In order to effectively combat the Opioid Crisis, trauma must be addressed as an essential part of the equation. This workshop will describe the trauma/opioid correlation, including the neurobiological and developmental processes that lead to addiction. Additionally, evidence-based prevention and intervention/treatment practices will be discussed.

Jennifer Baird, MSW, Program Manager, New Horizons of the Treasure Coast Deborah Dreher, DNP, Chief Clinical Officer, New Horizons of the Treasure Coast

3:15pm – 4:00pm Refreshment Break | Salons 10–12 Sponsored by Iris Telehealth



4:00pm – 5:30pm Workshops

Comprehensive Treatment Court: A Jail Diversion Model

Salon A

Comprehensive Treatment Court (CTC) is a diversion program within the Twelfth Judicial Circuit's Mental Health Court. CTC is offered on a voluntary basis to Sarasota County residents who have been charged with a qualifying criminal misdemeanor offense and suffer from serious mental illness (SMI). The program is a collaborative effort between the judicial system, Centerstone of Florida (a behavioral health agency) and community partners. Most CTC participants are unable to fulfill their basic needs and struggle with homelessness, untreated mental illness and limited social support. This presentation will describe the added difficulties for those with SMI in the judicial system, Judge Quartermaine's vision for change and Centerstone's dedication to providing services that bridge the gap between individuals suffering with SMI and the judicial system.

Jane Roseboro, MA, MCAP, Director of Forensic Services, Centerstone of Florida Maritza Solis, Centerstone of Florida

Court-Based Solutions to the Opioid Epidemic

Salon B

Representatives from the Miami-Dade Drug Court and Jackson Health Systems will discuss the implementation of an outpatient Medication-Assisted Treatment clinic established in Miami-Dade to address the recent surge in opioid abuse among drug court participants. The complexity of these participants' needs requires enhancements to existing services. The clinic follows participants from induction through maintenance. The panel will discuss ways to effectively address gaps in services for drug court participants using opioids, and better ensure participants' successful stabilization and rehabilitation. The panel will also discuss ways to enhance services by improving access to substance abuse treatment through a streamlined continuum of care.

Judge Jeri Beth Cohen, Circuit Court Judge, Eleventh Judicial Circuit Patricia Ares-Romero, MD, Chief Medical Officer, Jackson Behavioral Health Hospital



Show your conference badge at any food and beverage outlet at the Hilton Bonnet Creek and receive 10% off any food or beverage purchase.*



* Discount not eligible on any grab and go option meals as these have already been discounted.

4:00pm - 5:30pm Workshops continued

Early Intervention in Psychosis: National Snapshot, Best Practices and Potential for Expansion in Florida

Salon C

This presentation focuses on the important, emerging area of early intervention in psychosis (EIP), a team-delivered, holistic service model focused on improving outcomes for youth and young adults with a recent first episode of psychosis. The presentation will include: (1) an overview of national developments in the area of EIP, including exemplar regional initiatives elsewhere in the US, as well as current evidence regarding clinical effectiveness, cost-effectiveness and impact; and (2) a review of the current state of EIP programming in Florida, followed by an interactive semi-structured discussion to generate ideas, awareness and support for the expansion of EIP programs in Florida and development of mechanisms or processes to facilitate ongoing provider training, quality assurance and improvement, and the maximization of population-level impact.

Nev Jones, PhD, Assistant Professor, University of South Florida Jessica Rice, MA, PhD(c); Doctoral Student; University of South Florida

Florida HIE Encounter Notification Service (ENS): Turning on the Light!

Salon D

If having information about a patient's hospital encounters would help shed light on their on-going treatment, this is the presentation you have been waiting to hear. The expansion and availability of Florida's ENS can help shine the light on information behavioral health providers can use to improve the quality of patient care. This presentation will provide insight on how ENS can increase efficiency and effectiveness through care coordination of patients.

Pamela King, Health IT Outreach Coordinator, Agency for Health Care Administration

Faces of Trauma and Self-Injurious Behavior

Salon E

Trauma can impact people in ways that are both evident and not evident. Trauma can be experienced directly, vicariously or unintentionally. Attendees will learn how to work with persons that have direct trauma event experience as well as those vicariously impacted by traumatic events within their community or nation. The target audience for this presentation is clinical staff and persons who work with traumatized individuals or have been exposed to trauma situations themselves.

Marcia Monroe, MSW, MBA, Chief Clinical Officer, Central Florida Behavioral Health Network, Inc. Doris Nardelli, MPA, Director of Communications, Central Florida Behavioral Health Network, Inc.



Growing Prevention with Shrinking Money

Salon F

This workshop will help participants employ key strategies to help prevention grow even in times of lean funding streams. Hanley Foundation has grown to provide prevention services to over 15 counties throughout the state. Want to do more than survive in the prevention world? Ryan and Martha will share how programming and collecting the data to back it up, collaborating and building the dream team make it possible to thrive.

Ryan Wertepny, Executive Director of Prevention, Hanley Foundation Martha Putnam, Prevention Coordinator, Hanley Foundation

How Brain-Gut Health Supports Mental Health and Addiction Recovery

Salon G

Brain health should be one of the primary goals in the treatment of mental illness, especially given the statistic that if you experience a serious mental illness, your life expectancy is reduced by 25 years. Lifestyle factors that impact life expectancy include nutrition, exercise, sleep, alcohol/drug/tobacco use and poly-pharmacy. Lifestyle factors also can cause inflammation in the brain. Research continues to demonstrate how the Brain-Gut connection is far more important to brain health than understood in the past. Good gut health is linked to good brain health and prevention of some types of mental health issues. Good brain health allows the brain to compensate for injury and disease. This workshop will review and discuss the effects of brain inflammation and review nutritional interventions to support brain health.

Judith Magnon, BS, RN-BC, CAC, Quality Assurance Specialist, WestBridge

How to Operationalize a Recovery-Oriented Framework

Salon H

Florida's Recovery Oriented System of Care (ROSC) priority is becoming recognized as a paradigm shift in behavioral health service delivery and policy practice change. DCF, Managing Entities, and key stakeholders are partnering together to make this shift and changing the landscape of Florida's behavioral health system. Improved quality of life outcomes through innovative practices and strong collaborative cross-system partnerships are outcomes for a ROSC. Five key priorities have been identified to implement recovery concepts statewide. Increasing understanding of how to operationalize a ROSC framework within a Managing Entity region by building strong cross-system collaborative relationships is key. Participants in this presentation will understand these priorities and how recovery-oriented concepts are being implemented across the state and in local communities.

Wesley Evans, Statewide Coordinator of Integration and Recovery Services, Florida Department of Children and Families

Ann Wing, Network Coordinator, Big Bend Community Based Care Managing Entity Carol Eloian, Consumer and Family Affairs Director, Central Florida Behavioral Health Network

4:00pm - 5:30pm Workshops continued

Mindfulness and Metta Meditation in the Workplace

Salon I

Mindful and Metta Meditations are two of the most well-known and studied meditation practices in the world. This workshop will explore what mindfulness and metta are, the impact of these techniques on our brain, health and wellbeing, the science supporting the use of these techniques, and how to implement these meditations at your organization to improve workplace satisfaction, retention, and the wellbeing of your employees. We will also participate in an experiential introduction to these meditations.

Darnelle Pusateri-Quinn, RYT Psychotherapist, Casa Mannabliss/Chrysalis Health Vivian Demille, Esq., Chief Business Strategy Officer, Chrysalis Health

Older Adult & SUDs: We need to talk!

Salon J

The percentage of older adults in the United States population will dramatically grow over the next two decades. There are signs that this age group is increasingly struggling with substance use disorders (SUDs). There is also evidence that this age group is under-served and often under-diagnosed or misdiagnosed. We will examine all of these issues and what can be done to effect change.

Kent Runyon, BS/MS, Vice President, Novus Medical

A Multi-Faceted Approach to Cravings Management

Salon K

The DSM V added "cravings" to the criteria for substance use disorders in October, 2015. Just as addiction can impact every area of life, so too must the approach for cravings management. The goals for this workshop will be to review the literature on cravings management techniques, discuss cravings management medications and elicit a discussion of multi-faceted approaches that have worked for those on the front lines of substance use disorder (SUD) treatment. This dynamic presentation is both experiential and educational with the use of mixed-media and pop-culture references.

Doug Paul, LPC, CPCS, Director of Outpatient Services, Foundations Recovery Network

Reward Deficiency Syndrome and the Genetics of Addiction

Salon L

Genetics can account for 40-70% of addiction and other behaviors. Reward Deficiency Syndrome (RDS) is a relative failure of the dopaminergic system, which plays a major part in brain reward mechanisms. The syndrome has been linked to dopaminergic dysfunction; acute excess or chronic deficit of dopamine release in the brain reward circuitry. This deficiency includes various conditions, (such as drug and alcohol abuse, smoking, obesity, pathological gambling, attention deficit hyperactivity disorder), in which the subject seems to be unusually concerned to achieve reward.

Lyle Fried, BS, CEO, The Shores Treatment & Recovery



Tobacco Use Disorder: The Neglected Addiction

Indian River/Hamilton (Downstairs)

Tobacco users with mental illness and Substance Use Disorders (TUD) are more likely to die from tobacco related diseases than their behavioral health condition. Although treatment of TUD is the most cost-effective and morbidity-reducing of 30 preventive services, it has the lowest delivery rate. Assessment, diagnosis, and treatment of TUD is often overlooked in mental health and addiction treatment. This workshop will examine the benefits of tobacco cessation in improving depression, anxiety and overall psychological quality of life, and improving long term abstinence rates from alcohol or illicit drugs. Participants will be educated about successful, evidence-based strategies integrating treatment of TUD with other behavioral health services.

Andree Aubrey, MSW, Director, Faculty Member, FSU College of Medicine Area Health Education Center

The Hush Hush World of Sexual Assault: Daring to Speak Its Name

Jackson (Downstairs)

Sexual assault has always been a problem. However, as it gains increased public attention, there will perhaps be a greater need for counselors to help clients who have been assaulted. The goal of this workshop is to take a comprehensive look at the big picture and understand a counseling perspective for working with victims of sexual assault. The first part of this presentation focuses on the societal issue, gaining an understanding of the problem and the principles necessary for appreciating the collective voice of victims. The second part of this presentation focuses on the counselor's role in working with victims of sexual assault.

Jack Perkins, DMin, Consultant & Counselor, Psyche Education, Counseling & Coaching Services

Wrap Around Services and Emotionally Disturbed Children

Palm Beach (Downstairs)

Although widely used throughout the country, Wraparound is now emerging in Florida as a methodology that improves outcomes by creating systems of care that are client-based instead of services-based. This presentation will cover the history and success of Wraparound and the various applications to different populations and services.

Cheri Williams, Program Manager, AMI Kids Mylisa Lee, SAMH Director, Florida Department of Children and Families Ron Boyce, Executive Director, AMIkids

6:00pm – 6:45pm Yoga for 12 Step Recovery | Union (downstairs)

8:00pm – 9:00pm Narcotics Anonymous Meeting | Dade (downstairs)

Wednesday, August 15 - Conference Schedule At A Glance

6:30am-7:30am	Beginner's Yoga Union (downstairs)					
7:30am-6:00pm	Exhibits Open					
7:00am–5:30pm	Registration Desk Open Ballroom Pre-Function					
7:30am-8:30am	Coffee Break Sponsored by Iris Telehealth Salons 10 – 12					
8:30am-10:15am	General Session/Keynote Keni Thomas Bonnet Creek Ballroom					
10:15am-11:00am	Coffee Break Sponso	red by Iris Telehealth	Salons 10 – 12			
11:00am-12:30pm	Workshops					
	Assisted Outpatient Treatment: Why and How It Can Work! Salon A	Changing Criminal Behavior and Improving Treatment Delivery: The Role of Cognitive Behavioral Therapy Salon B	Changing the World: Collective Impact, Wraparound, and Results-Based Account- ability Strategies Used to Improve Systems of Care Salon C	Confidentiality of Patient Records: Navigating HIPAA, SAMHSA and 42 CFR Part 2 Salon D	Dialectical Behavior Therapy for Opioid Use Disorder Salon E	
	Early Childhood Court: Changing the Multigenerational Cycle of Adversity Salon F	Food and Addiction: Eating Disorders as a Substance Use Disorder Salon G	Harm Reduction in Florida Salon H	Initiating Overdose Drills in Addiction Treatment Programs: A Response to the Opioid Crisis	Older Adults and Suicide: Relevant Factors, Treatment Resources and Case Studies, Oh My!	
				Salon I	Salon J	
	Power of Language: Change your Words and Change the World Salon K	Sobriety Enhancement and Full Recovery Salon L	Treating Trauma in the Adolescent Substance Use Disorder Population Indian River/Hamilton	The Polk County Helping Hands Project Jackson (Downstairs)	Why Projects Fail - Managing Complex Change in your Organization	
			(Downstairs)		Palm Beach (Downstairs)	
12:30pm-1:45pm	Boxed Luncheon Pick Up Sponsored by Beacon Health Options, Otsuka and Sunshine Health Bonnet Creek Ballroom					
1:45pm-3:15pm	Workshops					
	Child Parent Relationship Therapy: How to Move Beyond the Barrier of Individual Therapy for Children Salon A	How to Boost Your Drug Court's Success Rate Through the Proper Use of Sanctions, Incentives and Drug Testing Salon B	Integration of NaltrexoneXR into Substance Abuse Treatment Programs Salon C	Manage Burnout Before It Manages You Salon D	Meeting the Needs of Commercially Sexually Exploited Children: Connecting Research to Practice Salon E	
	One Agency's Journey to Adapt: Five Lessons You Need to Know About Change Management Salon F	Overdose in the ER: Effective Hospital Diversion Salon G	Preliminary Outcomes for Substance-Abusing Parents Enrolled in a Family Dependency Treatment Court Salon H	Provider Licensing and Designation System (PLADS) Salon I	Recovery Oriented and System of Care Con- cepts: Practices Promoting Community- Based Recovery Salon J	
	Running on Fumes: Young Adults and Psychostimulant Use Disorder Salon K	Safety Plans for Suicide Risk: Putting the Patient Back in the Drivers Seat to a Safe Destination Salon L	There is a Way to Text with Patients Without Encryption Indian River/Hamilton (Downstairs)	The First 72 Hours: Gender-Responsive Trauma-Informed Care in Residential Settings Jackson (Downstairs)	Trauma and the Opioid Crisis Palm Beach (Downstairs)	



Wednesday, August 15 - Conference Schedule At A Glance

3:15pm-4:00pm	Refreshment Break	Refreshment Break Sponsored by Iris Telehealth Salons 10 – 12					
4:00pm-5:30pm	Workshops	Workshops					
	Comprehensive Treatment Court: A Jail Diversion Model Salon A	Court-Based Solutions to the Opioid Epidemic Salon B	Early Intervention in Psychosis: National Snapshot, Best Practices and Potential for Expansion in Florida Salon C	Florida HIE Encounter Notification Service (ENS): Turning on the Light! Salon D	Faces of Trauma and Self-Injurious Behavior Salon E		
	Growing Prevention with Shrinking Money Salon F	How Brain-Gut Health Supports Mental Health and Addiction Recovery Salon G	How to Operationalize a Recovery-Oriented Framework Salon H	Mindfulness and Metta Meditation in the Workplace Salon I	Older Adult & SUDs: We need to talk! Salon J		
	A Multi-Faceted Approach to Cravings Management	Reward Deficiency Syn- drome and the Genetics of Addiction	Tobacco Use Disorder: The Neglected Addic- tion	The Hush Hush World of Sexual Assault: Dar- ing to Speak Its Name	Wrap Around Services and Emotionally Disturbed Children		
	Salon K	Salon L	Indian River/Hamilton (Downstairs)	Jackson (Downstairs)	Palm Beach (Downstairs)		
6:00pm-6:45pm	Yoga for 12 Step Reco	Yoga for 12 Step Recovery Union (downstairs)					
8:00pm-9:00pm	Narcotics Anonymous Meeting Dade (downstairs)						

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Thursday, August 16 - Conference Schedule At A Glance

6:30am-7:30am	Vinyasa Yoga Union (downstairs)					
7:30am-6:00pm	Exhibits Open					
7:30am-5:30pm	Registration Desk Open Ballroom Pre-Function					
7:30am-8:30am	Coffee Break Sponsored by Iris Telehealth Salons 10 – 12					
8:30am-10:00am	General Session/Keynote Austin Eubanks Bonnet Creek Ballroom					
10:00am-10:30am	Coffee Break Sponsor	red by Iris Telehealth	Salons 10 –12			
10:30am-12:00pm	Workshops					
	Building the Voice of Recovery Community Organizations (RCOs) – A Toolkit for RCO Development Salon A	The Relationship Between Adverse Childhood Experiences, Human Trafficking and Addiction as a Means of Control by Traffickers Salon B	Connecting the Prevention Dots: From Program Selection to Evaluation Salon C	Emerging Best Practices for Integrated Care from CCBHC Pilots Salon D	Crisis Communication Salon E	
	Deconstructing Depression: Bio-typed and Symptom-Specific Approaches to the Treatment of Depression Salon F	LINC to Life: Build a Wellness Toolbox & Crisis Action Plan Objectives Part A Salon G	Exploring Treatment Potential of Mental Disabilities from a Recovery Perspective Salon H	Spirituality and Recovery: Life and Role of the Forensic Peer Specialist Salon I	Offender Transition: Utilizing Care Coordination and Intensive Case Management Salon J	
	Social Justice Counseling: Counseling in a Woke World	The Designer Synthetic Drug Tsunami Salon L	Using Quality Indicators to Improve Practice and Reimbursement	The Sequential Intercept Model: A Roadmap to Jail Diversion	You Had Me at Hello: Engaging Challenging Families	
	Salon K		Indian River/Hamilton (Downstairs)	Jackson (Downstairs)	Palm Beach (Downstairs)	
12:00pm-1:45pm	Awards Luncheon Sponsored By Wellcare Bonnet Creek Ballroom					
1:45pm-3:15pm	Workshops					
	Best Practices in Mental Health Treatment Salon A	Evaluation of the Family Intensive Treatment Program for Parents in the Child Welfare System Salon B	Cyber Weapons & Internet Safety: Protecting Our Children in the Digital World Salon C	Future State: Evolving Care Models for Improving Population Health Salon D		
	Involuntary Treatment in High Risk Drug Abuse Salon F	LINC to Life: Build a Wellness Toolbox & Crisis Action Plan Objectives Part B Salon G	Multiple Pathways of Peer Recovery Support Salon H	Professional Boundaries Salon I	Quality Treatment and Support Services in Drug Court: Ensuring Fidelity to Best Practice Standards Salon J	
	National Trends and Opportunities in Behavioral Health Care – Mental Health, SUD and Opioids Salon K	Rethinking Addiction Salon L	Understanding Trauma and Stress Disorders Indian River/Hamilton (Downstairs)	Creative Integrative Counseling Techniques: Engage to Retain Jackson (Downstairs)	We're All Disengaged! Palm Beach (Downstairs)	

Thursday, August 16 - Conference Schedule At A Glance

4:00pm-5:30pm	Workshops						
	A Unified Partnership Between Attorney and Mental Health Counselor Salon A	Adult Drug Court "Best Practice Standards" Roundtable Salon B	Alternative Payment Models: Aligning with Practice in Behavioral Health Salon C	Compassion Fatigue: Making Self-Care a Priority to Improve Your Effectiveness Salon D	Elevate, Engage, Empower: A Roadmap to Youth Recruitment and Retention Salon E		
	Medication Assisted Treatment (MAT) Enhanced by Recovery Coach Services Salon F	MiiWrap: A New Approach to Working with Adolescents, Individuals and Families with Complex Needs. Salon G	Power to the Parents: Engaging Caregivers in Evidence-Based Practice for Aggressive Families Salon H	PTSD and the Opioid Epidemic Salon I	Sexuality and Recovery Salon J		
	Supervision and Successful Employment: Overview of the National Peer Worker Supervision Project Salon K	State of the State of Recovery in Florida Salon L	Understanding the DSM-5 in the Era of the ICD-10-CM Indian River/Hamilton (Downstairs)	Beyond the Victim Label: Understanding the Impact of Victimization and Trauma Jackson (Downstairs)	Technology: Another Frontier in Mental Health Palm Beach (Downstairs)		
6:00pm-6:45pm	Gentle Hatha Yoga Union (downstairs)						
7:00pm-9:00pm	Movie Screening <i>Suicide: the Ripple Effect</i> by keynote speaker Kevin Hines Hamilton/Indian River (downstairs) Sponsored by Magellan Complete Care						

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Friday, August 17 - Conference Schedule At A Glance

6:30am-7:30am	Vinyasa Yoga Union (downstairs)				
8:00am-12:30pm	Registration Desk Open Ballroom Pre-Function				
8:00am-8:45am	Coffee Break Sponsored	by Iris Telehealth Ballr	oom Pre Function		
8:45am-10:15am	General Session/Keynote Kevin Hines Bonnet Creek Ballroom				
10:15am-10:30am	Break				
10:30am-12:00pm	Mini Plenary Sessions				
	Slipping Through the Cracks: Intervention Strategies For Clients with Co-Occurring Disorders	Thief & Liar: Blending Trauma-Informed Practices Across the Addictions Continuum of Care	Suicide Prevention: Challenge, Opportunity and Innovation Salon G-I	Policy and Treatment Dynamics of the Opioid Use Crisis in the United States Salon J-L	
	Salon A-C	Salon D-F			

CEU/Contact Hours and Certificates of Attendance

Approximately 15.0 Continuing Education Units/Contact hours will be available for the following: Licensed Clinical Social Workers, Marriage and Family Therapists, Licensed Mental Health Counselors, Nurses, Psychologists, and Certified Addiction Professionals.

- Participant attendance will be recorded at the entrance to each session by scanning the QR code on a participant's name badge.
- A certificate listing sessions and the number of hours earned will be emailed to participants within 4 weeks of the conference conclusion.
- Please visit the registration desk for any other details.

FADAA is a board-approved provider for: Florida Board of Clinical Social Work, Marriage and Family Therapy and Mental Health Counseling (#50-676) Florida Board of Nursing Contact Hours (#50-676) Florida Certification Board, noted as FCB, (#A-001)

FCCMH is a board-approved provider for: Florida Board of Clinical Social Work, Marriage and Family Therapy and Mental Health Counseling (#50-628) Florida Board of Psychology (#50-628) Florida Certification Board, noted as FCB, (#1193-A)

Exhibit Hall open from 7:30am – 6:00pm Wednesday, 8/15 and Thursday, 8/16



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Reference: 1. National Institutes of Health. Schizophrenia. http://report.nih.gov/ NIHfactsheets/ViewFactSheet.aspx?csid=67. Accessed February 2018.

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Workshop Descriptions | Thursday, August 16

6:30am – 7:30am Vinyasa Yoga | Union (downstairs)

7:30am – 8:30am Coffee Break | Salons 10–12 Sponsored by Iris Telehealth



8:30am – 10:00am General Session Keynote: Austin Eubanks | Bonnet Creek Ballroom

An injured survivor of the Columbine shooting, Austin's traumatic experience as a teen was the catalyst for his painful journey through addiction. Now in long-term recovery, he has devoted his career to helping those who have turned to substances as a result of trauma. His story of trauma, over-prescribed medications and active addiction is sure to leave a lasting impression.

10:00am – 10:30am Coffee Break | Salons 10–12

Sponsored by Iris Telehealth

10:30am – 12:00pm Workshops

Building the Voice of Recovery Community Organizations (RCOs) -A Toolkit for RCO Development

Salon A

This workshop will discuss the basics for increasing community recovery champions within a Recovery Oriented System of Care (ROSC). Recovery Community Organizations (RCOs) focus on the reality of long-term recovery from a substance use disorder. This workshop will focus on creating an awareness and understanding of the benefits of bringing a RCO to a community. The presentation includes the basic concepts, structure, and building blocks to create this type of organization. Participants will learn the fundamental concepts of an RCO and understand how to create recovery champions in their community through peer to peer recovery, public education, advocacy, services, and inclusion.

Ginny LaRue, MA, Director, Recovery Project, Florida Alcohol and Drug Abuse Association

The Relationship Between Adverse Childhood Experiences, Human Trafficking, and Addiction as a Means of Control by Traffickers

Salon B

This presentation will describe how adverse childhood events contribute to the vulnerability of children to human trafficking recruiters, and how the human traffickers use substances as means of control and enslavement.

Caroline Hofmann LMHC, NBCCH, CAP, IC & RC-ADC, White Shands Treatment Center

Connecting the Prevention Dots: from Program Selection to Evaluation

Salon C

It is essential to improve the field of prevention by implementing evidence-based programs (EBPs) and strategies. However, selecting which EBPs will be most effective in reaching the community prevention goals based on assessed need is often unclear for a myriad of reasons. Identifying valid EBPs is complex, and although national registries endorse or list particular strategies, the appearance on a list does not, in and of itself, guarantee that the EBP will be effective at achieving targeted prevention goals. By providing context for EBPs and following the Strategic Prevention Framework, this presentation will document how providers can best match strategies to their goals, select appropriate EBPs, and evaluate their progress.

Angela Mooss, PhD, Executive Director, Behavioral Science Research Institute Lina Castellanos, MSW, Community and Systems Integrator and Director of Prevention, South Florida Behavioral Health Network

Jeffrey Cece, MS, CPM, Block Grant Coordinator, Office of Substance Abuse and Mental Health, Florida Department of Children and Families

Emerging Best Practices for Integrated Care from CCBHC Pilots

Salon D

In an era of ongoing budget cuts, the national workforce shortage and transitions to value-based payment, the Certified Community Behavioral Health Clinic (CCBHC) program has emerged as a solution that puts clinics on solid financial footing while allowing them to expand comprehensive, integrated services. This session will explore emerging best practices in integrated care from CCBHC sites, including information on how the CCBHC model has allowed clinics to increase hiring, strengthen partnerships with hospitals, primary care and law enforcement, support innovations to care delivery through technology, and increase access to care while expanding services. The workshop will also include an overview of the future of the CCBHC program and opportunities to expand to new states and new clinics.

Rebecca Farley, Vice President, Policy and Advocacy, National Council for Behavioral Health

Crisis Communication

Salon E

This presentation focuses on the process of using communication to deescalate a person who is in a crisis state. Law enforcement and crisis mobilization members often find themselves deescalating crisis or violence. This course intends to show another way to deescalate crisis through the use of talk techniques meant to influence hormones in the brain during crisis, so ultimately the crisis communicator can bring the person from a high emotion/low rational state to a low emotion/high rational state. The course is a step-by-step process that can help any level of communicator become more effective using Active Listening Skills more effectively, while also creating a better awareness in measuring kinesics, inflection, and context of individuals in a crisis state.

Judith McKay, JD, PhD, Associate Professor, Dept. of Conflict Resolution Studies, Nova Southeastern University



Workshop Descriptions | Thursday, August 16

10:30am – 12:00pm Workshops continued

Deconstructing Depression: Bio-typed and Symptom-Specific Approaches to the Treatment of Depression

Salon F

Depression is one of the most common concerns of patients in clinical practice. However, depression as a unitary concept/disorder often fails to give clinicians symptom-specific guidance on how to intervene. This presentation will discuss the complex of symptoms that often coalesce in different ways in different patients that are diagnosed with depression (anhedonia, fatigue, insomnia, anxiety, mood dysregulation). Such heterogeneity in symptom profile often presents intervention challenges. This workshop will review the recent literature that identifies specific types of depression and interventions that can reliably ameliorate symptoms. Psychiatric, medical and psychological interventions that have been found helpful will be reviewed. The RdoC-related research into bio-typed negative and positive valence systems that relate to symptoms commonly found in depression will be highlighted and directions in future research will be discussed.

Robert Boxley, PhD, Director of Clinical Education, Centerstone Marco Rabines, MD, Adult Psychiatrist, Centerstone

LINC to Life: Build a Wellness Toolbox & Crisis Action Plan Objectives - Part A

Salon G

LINC to Life training will increase the knowledge and confidence of clinicians, nurses, case managers, care coordinators, discharge planners and other staff to implement the "My Wellness Toolbox Crisis Action Plan" intervention for suicide risk. The training will reflect on statistics and research that illuminate suicide as a public health concern that requires our attention and intervention in various settings such as hospitals, primary care, and behavioral health clinics. It will review factors that may lead someone to consider suicide as an option and build confidence that collaborative action prevents suicide attempts. The training will also present evidence-based, best practice tools in screening and assessing suicide risk. The essential components of the "My Wellness Toolbox Crisis Action Plan," including triggers, coping strategies, personal and professional supports, lethal means restrictions and other resources to implement in a crisis will be discussed.

Melissa Witmeier, Director of Training and Community Engagement, FL LINC Project

Exploring Treatment Potential of Mental Disabilities from a Recovery Perspective

Salon H

This presentation will explore the treatment of mental disabilities from a recovery perspective by reviewing a recovery model across stages of development, identifying evidenced-based practices for treatment, and identifying implication for further research into theoretical orientations that can potentially be utilized to apply the recovery model effectively.

Cecilia Guyton, EdD, LMHC, Counselor Education and Supervision, BayCare Behavioral Health Kimberly Lewis, Mental Health Counseling, Baycare Behavioral Health



Spirituality and Recovery: Life and Role of the Forensic Peer Specialist Salon I

Spirituality and Recovery are fundamental in both the personal and professional lives of Peer Specialists. The sense of rightness of thoughts, words, and deeds is common to all. It is critically important to the life and work of Peer Specialists because they have experienced the same issues as clients and have found a new way to live based on fundamental spiritual principles. Peer Specialists help others to get in touch with these same principles.

William Wall, PhD, Forensic Peer Specialist, Meridian Behavioral Healthcare

Offender Transition: Utilizing Care Coordination and Intensive Case Management Salon J

This session will focus on how to help offenders leaving the criminal justice system successfully transition back into the community with limited resources. Integrating services and providing linkage to non-profits, workforce development, substance abuse and mental health treatment, transitional housing programs, and government agencies are critical to their transitional success. This session will also address the importance of intensive case management to help offenders transition back into the community. Equally important is the care coordination of mental health and substance abuse services to create a comprehensive success plan for the formerly incarcerated offender.

Carolyn "Freda" King, MS, CAP, Program Supervisor, DISC Village-Life Program Christi Bowdoin-Kessell, Case Manager, DISC Village

Social Justice Counseling: Counseling in a Woke World

Salon K

With the surge in hate incidents across the country, mental health providers need to understand (and address) acts of aggression and discrimination that impact minorities and marginalized groups. Research has shown a connection between racism and mental illness (e.g. anxiety), highlighting the negative impact that discrimination has on society. This interactive presentation will examine cause, course and symptomology of Racial Battle Fatigue (RBF), an interdisciplinary theoretical framework that explores how racism is experienced and negatively influences mental, emotional, and physical health. This session will provide counseling professionals with information and tools to identify and assist clients experiencing the impact of RBF. Attendees will learn how combining advocacy and social justice counseling competencies can help reduce the impact of social stressors on healthy functioning.

Rosa West, PhD, Clinical Assistant Professor, University of Florida



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* Discount not eligible on any grab and go option meals as these have already been discounted

10:30am – 12:00pm Workshops continued

The Designer Synthetic Drug Tsunami

Salon L

Designer synthetic drug analogs have swept over America, becoming one of the most pressing substance abuse challenges facing behavioral health professionals. What was once reported as the heroin/opioid epidemic is, in reality, a designer synthetic drug crisis. More Americans die from an overdose of synthetic narcotics, such as U-47700, than heroin. Although cannabis abuse has remained flat in many areas of the country, the abuse of designer synthetic cannabinoids such as 5F-ADB, is causing dramatic increases in emergency hospitalizations across America. This seminar will provide the most up-to-date information on the current designer synthetic narcotic, stimulant, and cannabinoid drugs in America. Video clips of actual users under the influence of designer synthetic drugs will be featured so behavioral health professionals can recognize the symptoms of intoxication. Hands-on examples of the current designer drugs being abused will be on display.

Bruce Talbot, MPA, Bruce R. Talbot Associates LLC

Using Quality Indicators to Improve Practice and Reimbursement

Indian River/Hamilton (Downstairs)

In the competitive and changing healthcare industry, successful organizations boast strong quality indicator results. Regulators and payers want value and to see the data to prove they are getting it. Identifying common behavioral health quality indicators, understanding how to plan for quality indicator reporting, and knowing how to use quality data effectively for internal management makes quality improvement more than just a requirement. With compelling results, you will be prepared to engage with payers on reimbursement strategies that reward your efforts.

Debby McNamara, LCSW, PMP, Senior Consultant, Health Management Associates

The Sequential Intercept Model: A Roadmap to Jail Diversion

Jackson (Downstairs)

Lake County government and LifeStream Behavioral Health have employed the Sequential Intercept Model to develop programs at several intercepts with three goals in common: 1) divert/deflect appropriately individuals with serious mental illness and substance use disorders (often co-occurring) to appropriate services in the community for treatment, 2) reduce the financial burden of treating those individuals in the jail and prison systems, and 3) increase community safety. This presentation will analyze the activities of the partnership at Intercepts 0-5. Descriptions of the programs developed, the partnerships between government and community-based organizations and results of the programs to date will be discussed.

Julia Palomino, MSW, LCSW, Program Services Manager, LifeStream Behavioral Center Roberto Potter, PhD, Professor, University of Central Florida



You Had Me at Hello: Engaging Challenging Families

Palm Beach (Downstairs)

Research demonstrates active parental participation is the missing link in preventing youth from entering out-of-home care or relapsing once they transition home. Parenting with Love and Limits (PLL), an evidence-based model, will illustrate unique methods for family engagement including a combination of group and family therapy to teach parents missing core skills, motivational interviewing, clear boundaries to quickly engage families, and recognition of the link between unresolved trauma and behavioral health. Recognized as an Evidence Practice by OJJDP, SAMHSA, the Florida Sourcebook of Delinquency Interventions and the California Clearinghouse, PLL utilizes five key elements to reduce the need for costly and often inappropriate out of home care for at risk youth while also safely decreasing the length of stay and providing true reintegration services to youth returning home. The PLL model experiences an 80% successful family engagement rate and an 83% completion rate.

John Burek, MS, President/CEO, Parenting with Love and Limits Ellen Souder, MA, LPCC-S, VP of Clinical Services, Parenting with Love and Limits

12:00pm – 1:45pm Awards Luncheon | Bonnet Creek Ballroom Sponsored By Wellcare

A special thank you to our awards luncheon sponsor:



Congratulations to the 2018 Award winners!

Each year, FADAA and the Florida Council recognize individuals working or volunteering in the industry who promote quality, provide extraordinary care, support recovery and lead by example. **Thank you all for your outstanding work!**

Workshop Descriptions | Thursday, August 16

1:45pm – 3:15pm Workshops

Best Practices in Mental Health Treatment

Salon A

In this presentation you will learn best practices in mental health treatment, including: the 10 tenets of person-centered treatment; the 4 essentials of mental health recovery; the 7 components of integrated treatment; evidence-based approaches to mental health treatment; the best evidence-based approaches from the client's perspective; and the effective use of peers in mental health treatment.

Mark Sanders, LCSW, CADC, President, On the Mark Consulting

Evaluation of the Family Intensive Treatment Program for Parents in the Child Welfare System

Salon B

The Family Intensive Treatment (FIT) team model is designed to provide intensive team-based, family-focused, comprehensive services to families in the child welfare system with parental substance use disorders. First implemented in Florida in 2014, FIT includes components of family engagement, routine screening and assessment, individualized treatment and case plans, support of parents in treatment and recovery, joint planning and case management, wraparound and comprehensive community services, and flexible financing strategies. DCF and Casey Family Programs partnered with USF to evaluate the FIT program. This workshop will describe the FIT program, include a quantitative analysis that describes the characteristics of parents served in the FIT program, and examine program fidelity, the mechanisms by which family outcomes are or are not achieved, and cross-system collaboration.

John Robst, Research Associate Professor, FMHI/University of South Florida Celeste Putnam, Statewide Director of Service Integration, Florida Department of Children and Families

Peter Pecora, PhD, Managing Director of Research Services, Casey Family Programs, Areana Cruz, FMHI/University of South Florida



Cyber Weapons & Internet Safety: Protecting Our Children in the Digital World Salon C

The Internet has drastically changed the way our children interact with the world. It provides them with seemingly infinite opportunities to discover new things and ways to express themselves, as well as the ability to communicate globally and make new connections with just the click of a button. Yet along with offering rapidly emerging and fascinating ways to connect with the world, technology also brings new risks. This presentation will explore techniques for monitoring child Internet activities as well as the unique threats that exist while using computers, mobile devices and the Internet. Popular social media applications; sexual predators and child sexual exploitation; public Wi-Fi dangers; cyberbullying; online impersonation; pornography; and sexting and other high-risk behaviors will be discussed.

Chris Lombardozzi, Detective, Jacksonville Sheriff's Office

Future State: Evolving Care Models for Improving Population Health

Salon D

New models for care management that promote integrated care coordination, such as Accountable Care Organizations (ACOs), Certified Community Behavioral Health Clinics (CCBHCs) and Specialty Medical Homes are changing the value equation for provider organizations by shifting the financing risk for population health and consumer management to providers. As this evolution in care models moves forward, population health management tools have shifted from health plans to provider organizations that are looking for a competitive edge. In this session, we'll discuss the strategic market challenges specialty organizations are facing and how this new landscape is forcing provider organization executives to shift their business models to gain the competitive advantage. We will include case study presentations from providers who have successfully navigated the challenges of population health management in an integrated market, with time for questions and discussion.

Rachelle Glavin, VP of Strategic Clinical Initiatives, Missouri Coalition for Community Behavioral Health

Julie Hiett, Practice Director, Netsmart

Workshop Descriptions | Thursday, August 16

1:45pm – 3:15pm Workshops continued

Involuntary Treatment in High Risk Drug Abuse

Salon F

The current opioid crisis requires of our society a vigorous and unified response. The statistics are sobering. In 2016 there were more than 63,000 drug overdose deaths in the U.S. The age-adjusted rates of overdose deaths in 2016 were 21% higher than the previous year. To make matters worse, according to SAMHSA, in 2016 only 10.5% of the 19 million substance abusers who would have benefitted from treatment actually did so. Any effective response to this crisis will necessarily include access to treatment. I have discovered a general reluctance among physicians to employ involuntary commitment. In Florida, the Marchman Act is designed to ensure appropriate treatment for those who would otherwise not enter treatment voluntarily. Thirty-seven states have similar legislation.

John Moritz, DO, FACP, Physician/Researcher, Sarasota Memorial Hospital- PHO Office

LINC to Life: Build a Wellness Toolbox & Crisis Action Plan Objectives - Part B

Salon G

LINC to Life training will increase the knowledge and confidence of clinicians, nurses, case managers, care coordinators, discharge planners and other staff to implement the "My Wellness Toolbox Crisis Action Plan" intervention for suicide risk. The training will reflect on statistics and research that illuminate suicide as a public health concern that requires our attention and intervention in various settings such as hospitals, primary care, and behavioral health clinics. It will review factors that may lead someone to consider suicide as an option and build confidence that collaborative action prevents suicide attempts. The training will also present evidence-based, best practice tools in screening and assessing suicide risk. The essential components of the "My Wellness Toolbox Crisis Action Plan," including triggers, coping strategies, personal and professional supports, lethal means restrictions and other resources to implement in a crisis will be discussed.

Melissa Witmeier, Director of Training and Community Engagement, FL LINC Project

Multiple Pathways of Peer Recovery Support

Salon H

Peer-to-peer recovery support has grown exponentially over recent years and become an alternative pathway to professional addictions treatment. Peer-based recovery support is offered in varying pathways that include: Certified Peer Recovery Specialist, Certified Recovery Support Specialist, Recovery Coach, and Emergency Room Navigator. This presentation will address the four popular pathways for peer recovery support and the certification and/or training processes for each. Also, providers who utilize peer-to-peer recovery support will provide testimony to the effectiveness for the recovere and the organization.

Ginny LaRue, MA, Director, Recovery Project, Florida Alcohol and Drug Abuse Association



Professional Boundaries

Salon I

The ability to set and maintain professional boundaries is critical to an effective, sustainable career in mental health. Therapists make judgments regarding boundaries on a daily basis, and these decisions affect not only their own well-being but also that of their clients, colleagues, and loved ones.

Tara Kellogg, MS, Director of Clinical Supervision, Chrysalis Health

Quality Treatment and Support Services in Drug Court: Ensuring Fidelity to Best Practice Standards

Salon J

Drug courts cannot be successful unless participants are receiving evidence-based treatment and social support services. Clinicians and non-clinical drug court team members must understand and be able to recognize evidence-based treatment to ensure participants are receiving services that are appropriate and effective based on their needs. This workshop will explore Florida's adult drug court best practice standards for treatment and social support services and provide information on the various evidence-based treatment processes, services and models. Proper use of assessment and screening tools will be discussed along with the importance and appropriate timing of providing any necessary social services (transportation, housing, peer support, education, job training, etc.) to participants.

Roger Peters, PhD, Professor and Fulbright Scholar, Department of Mental Health Law and Policy, Louis de la Parte Florida Mental Health Institute, College of Behavioral and Community Sciences, University of South Florida

National Trends and Opportunities in Behavioral Health Care – Mental Health, SUD and Opioids

Salon K

As the end of the 115th Congress draws near, lawmakers continue to focus on strategies to address the opioid epidemic, consider a range of bills to strengthen the addiction workforce, disseminate best practices, and bolster prevention and recovery efforts. Meanwhile, numerous bills and appropriations targeting increased access to mental health care are also on the table, as the Trump Administration engages in continued actions affecting the scope and availability of health coverage available through Medicaid, commercial insurance, and other sources. Learn about the federal policy landscape and the trends that will shape behavioral health delivery in the coming years.

Rebecca Farley, Vice President, Policy and Advocacy, National Council for Behavioral Health

1:45pm – 3:15pm Workshops continued

Rethinking Addiction

Salon L

Rethinking Addiction explores why the standard methods of treating addiction can often fail, and identifies connection and trauma as two vital and often missing pieces of the prevention and treatment puzzle. The presentation explores both the social and societal implications of disconnection, and the disrupted neurodevelopment that frequently leads to addictive behavior when someone has experienced trauma in the form of Adverse Childhood Experiences. Increased use of social media and its negative effect on human connection will also be discussed. There is an overall focus on the need for a community approach to addiction and the importance of shifting the emphasis from individual recovery to social recovery. Rather than isolate, stigmatize or incarcerate an addict, this presentation explores the effectiveness of encouraging healthy interpersonal relationships and support.

Jeffrey Shearer, MSW, CEO, Tykes & Teens, Inc.

Understanding Trauma and Stress Disorders

Indian River/Hamilton (Downstairs)

Trauma and Stress Disorders have gained diagnostic ascendency in the DSM-5, distinguishing themselves from the categories of Anxiety Disorder, Obsessive-Compulsive Disorders and Dissociative Disorders. This workshop addresses the distinguishing features of the Trauma and Stress Disorders and recent developments in relation to their conceptualization, diagnosis and treatment, including the new APA Treatment Guidelines for PTSD.

Gregory Neimeyer, PhD, American Psychological Association

Creative Integrative Counseling Techniques: Engage to Retain

Jackson (Downstairs)

This is an energizing, interactive workshop that demonstrates the advantage and effectiveness of using multi-sensory strategies when counseling. The workshop will provide participants with numerous creative techniques and strategies designed to engage and focus the client in both individual and group settings. It is imperative that we first engage our client if they are to retain what it is we have to offer.

Heidi OToole, MS, LPC, EMDR-T, Co-Founder, WV Therapy and Wellness Center



We're All Disengaged!

Palm Beach (Downstairs)

This session explores the importance of ensuring that your organization, staff and program participants are actively engaged in prevention programming. It will address the following questions and provide strategies on how to get all key players engaged. How important is substance abuse prevention to your organization? Does your staff REALLY believe in the mission to prevent substance abuse or is this just a job? The difference is crucial to those you serve! Are your program participants really engaged? If not, how can you reel them back in? Disengagement can affect your program from the top-down, bottom-up or both. Let's take some time to learn how to overcome disengagement to best serve our clients and staff.

Marquia Maycock, Director of Prevention Services, Hope For Miami Solomon Blatch, Program Coordinator, Hope For Miami

3:15pm – 4:00pm Refreshment Break | Salons 10 – 12 Sponsored by Iris Telehealth

4:00pm - 5:30pm Workshops

A Unified Partnership Between Attorney and Mental Health Counselor

Salon A

Mentally ill or addicted patients that are also facing legal troubles need a multi-dimensional support system to have the best chance of success both inside and outside the courtroom. There is often a lack of partnership and communication between attorneys and mental health counselors/therapists that can be detrimental to both the patient and the court system. This presentation provides an in-depth overview of how the criminal justice system works for defendants. It will focus on: the arrest process, getting a person into mental health/drug court, the mental health/drug court process, additional/different requirements for this population that regular defendants don't face, complying with mental health/drug court, pitfalls of these specialized courts, the discrepancy between what may be best for the patient vs. what is best for the judge, and how more education can help remedy that discrepancy.

Adam Rossen, JD, Criminal Defense Attorney, The Rossen Law Firm



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* Discount not eligible on any grab and go option meals as these have already been discounted.

Workshop Descriptions | Thursday, August 16

4:00pm - 5:30PM Workshops continued

Adult Drug Court "Best Practice Standards" Roundtable

Salon B

Why does your adult drug court need to be following "Best Practice Standards"? What problems and challenges are you experiencing in implementing certain "Best Practice Standards" in your adult drug court? If your adult drug court follows all of the "Best Practice Standards," then please attend and share your tips and successes!

The Honorable Jeri Beth Cohen, Circuit Court Judge, Eleventh Judicial Circuit The Honorable Michele Towbin Singer, Circuit Court Judge, Seventeenth Judicial Circuit Teri Hamlyn, Director of Problem-Solving Courts, Fourth Judicial Circuit

Alternative Payment Models: Aligning with Practice in Behavioral Health

Salon C

Participants will learn about the latest evidence regarding alternative payment models and behavioral health and the integration of behavioral health into primary care. Case studies will be included, as well as a discussion of current policy considerations at the state and federal level.

Marci Nielsen, PhD, MPH, Consulting Principal, PYA

Compassion Fatigue: Making Self-Care a Priority to Improve Your Effectiveness

Salon D

Behavioral health professionals are at risk for high levels of trauma exposure and stress. This session on compassion fatigue will be an interactive workshop focused on the concepts of vicarious trauma, burnout and the impact compassion fatigue has on providers. We'll focus on skills and hands-on tools that helping professionals need to prioritize in order to be effective in their service. It is imperative that we gain these skills, whether working in direct service or as a supervisor or leader. Participants will walk away with tools they can use immediately and an accountability plan to make self-care a priority.

Jamie Meyer, Senior Director of Education, Metropolitan Ministries



Elevate, Engage, Empower: A Roadmap to Youth Recruitment and Retention Salon E

There is substantial literature advising how to engage youth in prevention coalitions. This research often recommends involving students in policy discussions and promoting buy-in. Although these are vital points, the recommendations do not often offer specifics on how to promote buy-in. This presentation will fill in current gaps found in guiding documents and provide a theoretical framework to guide coordinators with the challenging task of recruiting and mobilizing youth.

Monica Rousseau, MPH, Coalition Coordinator, Alliance for Substance Abuse Prevention

Medication Assisted Treatment (MAT) Enhanced by Recovery Coach Services Salon F

The inclusion of MAT has become an important treatment approach in the field of substance use disorder, raising many questions about its efficacy. For example, questions arise as to whether we are continuing the addiction cycle when we do MAT. It is still a substance on which the client becomes dependent. However, there are some MAT treatment programs that have added recovery coach services to provide ongoing recovery support for their treatment population. Recovery Coach services support multiple pathways of recovery. The outcomes for this have shown great promise in the support of continuing recovery. Recovery coach services do not stop at acute care. They are continued post-discharge and intensely work on building a foundation for ongoing recovery.

Larry Wilson, MD, Medical Director, 7 Summit Pathways Richard Davila, PhD, Owner/President, Recovery All

MiiWrap: A New Approach to Working with Adolescents, Individuals and Families with Complex Needs.

Salon G

MiiWrap is a new and improved evidenced-based model for working with individuals and families with multiple and complex needs to guide and support them toward their own visions of a better future through behavior change. MiiWrap stands for Motivational Interviewing Informed Wraparound. It uses the strengths of both models and creates a new approach to effectively and efficiently support and guide individuals towards positive behavioral change. MiiWrap creates self-motivation, builds self-efficacy and utilizes a structured process to promote behavioral change.

David Duresky, MA, VroonVDB Jim Rast, PhD, VroonVDB

Workshop Descriptions | Thursday, August 16

4:00pm - 5:30pm Workshops continued

Power to the Parents: Engaging Caregivers in Evidence-Based Practice for Aggressive Families

Salon H

Alternatives for Families: a Cognitive Behavioral Therapy (AF-CBT) is a trauma-informed, evidence based practice designed to improve relationships between children (5-17) and caregivers in families with frequent conflict, physical discipline, child physical abuse, or child behavior problems. AF-CBT includes individual and family skills to improve parenting, communication, anger control, and problem solving. AF-CBT can be implemented with youth living away from their families and those re-integrating into the community. This overview focuses on overcoming barriers to caregiver engagement, implementing AF-CBT to address parenting skills, flexibility and long term sustainability. Building on caregiver strengths and values to increase their ability to manage stress and be more intentional about their parenting is central to AF-CBT. By engaging caregivers, AF-CBT helps families to improve clinical and safety concerns and address traumatic experiences.

Patrice Rotolo, MSW, Behavioral Health Clinical Supervisor, Smith Community Mental Health

PTSD and the Opioid Epidemic

Salon I

It is impossible to discuss PTSD without quickly moving into the area of Substance Use Disorder. Now, more than ever, we are seeing the effect in children who witness the trauma of overdose death of a parent, abandonment, or abuse; and in adults who turned to substances at an early age to medicate the pain of their shame and childhood secrets. This presentation will highlight a process for screening for adult consequences of childhood sexual abuse as a means of providing relief, giving answers, and providing validation. The cycles of shame, addiction and victimization overlay one other with painful symmetry and too often are not the focus of psychiatric or addiction treatment due to our lack of comfort with the subject or continued lack of progress pharmacologically in the realm of PTSD.

James Fenley, MD, Addictionologist/Director Addiction Services, Stewart-Marchman-Act Behavioral Health Services, Inc.

Sexuality and Recovery

Salon J

This presentation explores the relationship between sexuality and substance use disorders, looking at ways to reintroduce healthy sexuality into one's life without substance use. Sex as a trigger, sexual addiction and substance use connections will be addressed.

Philip Toal, EdD, Sr. VP Residential Services, Aspire Health Partners



Supervision and Successful Employment: Overview of the National Peer Worker Supervision Project

Salon K

Effective supervision is essential to the successful employment of peer specialists. Yet often supervisors do not feel equipped to properly supervise within this growing discipline. In this interactive presentation, we will use findings from a national survey of supervisors of peer workers from across the US, including over 100 supervisors from Florida, to answer supervisors' most burning questions. The presentation will also include descriptive data on supervisors of peer workers' perceptions of relapse, stigma, and acceptable tasks for peer workers, as well as areas for future research and guidance to support successful employment of peer workers.

Dana Foglesong, Director, Recovery and Resiliency, Magellan Complete Care of Florida Kelsey Stang, Supervisor, Recovery Support Navigation, Magellan Complete Care of Florida

State of the State of Recovery in Florida

Salon L

In conjunction with the All in for Florida: A Recovery Project AETNA grant, an environmental scan of Florida's landscape and current initiatives related to recovery were documented through surveys, community listening sessions, interviews with stakeholders, and evidenced-based research. The Florida Alcohol and Drug Abuse Association (FADAA) will use this information to map the State of the State of Recovery in Florida. The report provides the foundation to guide future efforts of the program by providing a picture of what currently exists, available opportunities and any gaps in the recovery system.

Ginny LaRue, MA, Director, Recovery Project, Florida Alcohol and Drug Abuse Association

Understanding the DSM-5 in the Era of the ICD-10-CM

Indian River/Hamilton (Downstairs)

Seismic shifts in the diagnostic landscape have been triggered both by the introduction of the DSM-5 and by its articulation with the ICD-10, all in anticipation of the global adoption of the ICD-11 in 2018. This workshop provides a context for understanding the ICD-10 in relation to the DSM-5 as a way of anticipating further forthcoming changes. It is designed for professionals who have a working knowledge of the DSM-5 and are interested in understanding the way it articulates with the ICD-10 in support of a more effective and efficient diagnostic practice. Features of the DSM and the ICD are compared and contrasted, and a crosswalk between the two systems is detailed in relation to a range of disorders that commonly present in community and independent practice contexts.

Gregory Neimeyer, PhD, American Psychological Association

4:00pm - 5:30pm Workshops continued

Beyond the Victim Label: Understanding the Impact of Victimization and Trauma

Jackson (Downstairs)

Each year thousands of Floridians experience trauma as the result of crimes, disasters, and other harmful events. Whether physical or emotional, the trauma of victimization affects each person differently. To effectively respond to people experiencing trauma it's imperative to see the individual beyond the victim label. Participants will examine the concept of the victim label, explore ways in which individuals react to victimization and trauma and learn about effective approaches for responding to individuals that foster their resiliency and recovery.

Denise Hughes-Conlon, MS, LMHC, Executive Director, Solutions Behavioral Health

Technology: Another Frontier in Mental Health

Palm Beach (Downstairs)

This session will look at the history of technology in the mental health field of practice. We will discuss current best practices, ethical guidelines, and the use of technology in the service of our clients. We will end this presentation looking at where technology will takes us or where we will take technology in the future.

Earl Ledord, LCSW, MSW, Licensed Clinical Social Worker, Continuing Education Services and Seminars

6:00pm – 6:45pm Gentle Hatha Yoga | Union (downstairs)

7:00pm — 9:00pm Movie Screening | Hamilton/Indian River (downstairs) Sponsored by Magellan Complete Care



Suicide: the Ripple Effect

Thursday, August 16 | 7:00pm – 9:00pm Hamilton/Indian River (downstairs)

This feature-length documentary focuses on the devastating effects of suicide and the tremendous positive results of advocacy, inspiration and hope. **Don't miss it!**

The film highlights the journey of Friday's keynote speaker, Kevin Hines.





BOOTH 314

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Workshop Descriptions | Friday, August 17

6:30am — 7:30am Vinyasa Yoga | Union (downstairs)

8:00am – 8:45am Coffee Break | Ballroom Pre-Function Sponsored by Iris Telehealth

8:45am – 10:15am General Session/Keynote Kevin Hines | Bonnet Creek Ballroom



Kevin Hines is a brain/mental health advocate, award-winning global speaker, bestselling author and documentary filmmaker who reaches audiences with his story of an unlikely survival and his strong will to live.

Kevin Hines will present encouraging messages about living mentally healthy and the importance of seeking help and support during times of crisis, while underscoring the power of the human spirit to guide us in finding meaning, gratitude, and purpose in life. Candid, upbeat and full of hope and healing, he touches the hearts and minds of audiences everywhere as he delivers practical, yet powerful skills for building a life-long mental wellness toolkit for oneself and your loved ones.

10:15am – 10:30am Break

10:30am – 12:00pm Mini Plenary Sessions

Slipping Through the Cracks: Intervention Strategies For Clients with Co-Occurring Disorders

Salon A-C

As a result of the absence of integrated services, clients with addictions and co-occurring disorders are vulnerable to slipping through the cracks. This slip involves going back and forth between the addictions, mental health, criminal justice and child welfare systems without recovering. This can also include periods of homelessness and medical hospitalizations. In this workshop you will learn the primary reasons clients slip through the cracks including: a lack of integrated services, inadequate service dose, misdiagnosis, hidden diagnosis, addiction to a drug subculture, lack of community, unresolved grief and trauma and low recovery capital. Emphasis will be placed upon 10 strategies to help clients with co-occurring disorders avoid slipping through the cracks and initiate recovery.

Mark Sanders, President, On the Mark Consulting



Thief & Liar: Blending Trauma-Informed Practices Across the Addictions Continuum of Care Salon D-F

The blending of specific trauma-informed interventions with existing addiction protocols will enhance the current standards of practice for both individuals and families that have been adversely affected by this staggering epidemic. The format of this workshop is dynamic and interactive, overviewing the high correlation between trauma and addiction, how this disrupts the capacity for emotional regulation, and several demonstrations of specific trauma-informed interventions that can be utilized across the continuum of care for addiction, mental health and social service delivery systems.

Heidi OToole, MS, LPC, EMDR-T, Co-Founder, WV Therapy and Wellness Center

Suicide Prevention: Challenge, Opportunity and Innovation

Salon G-I

The CDC has recently reported that suicide is rising in 49 of the 50 states. Yet there are now prevention and intervention strategies with an evidence base that, if brought to scale nationally, hold promise for halting and ultimately reversing these tragic trends. This presentation will review recent advances in clinical care, crisis intervention and comprehensive public health approaches, including the Zero Suicide Initiative, and the evidence supporting their efficacy in saving lives and preventing suicide attempts.

Richard McKeon, Suicide Prevention Branch, Division of Prevention, Traumatic Stress, and Special Programs, Center for Mental Health Services, Substance Abuse and Mental Health Services Administration

Policy and Treatment Dynamics of the Opioid Use Crisis in the United States

Salon J-L

The presentation will focus on the current policy and treatment challenges facing federal and state governments and treatment providers in response to the opioid use/abuse epidemic in the United States.

Mark Parrino, President, American Association for the Treatment of Opioid Dependence (AATOD)



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Aspire Health Partners

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Banyan Treatment Center

Table 118

950 N Federal Highway Suite 115 Pompano Beach, Florida 33062 954-263-9111 https://www.banyantreatmentcenter. com

BayCare Behavioral Health

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7809 Massachusetts Avenue New Port Richey, Florida 34653 727-315-8605 https://www.baycare.org/services/ behavioral-health

Beacon Health Options Sponsor

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Behavioral Services Network

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Botvin LifeSkills Training

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711 Westchester Avenue White Plains, New York 10604 800-293-4969 https://www.lifeskillstraining.com/

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Ce-Classes.com

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Centerstone of Florida

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Central Florida Behavioral Hospital

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6601 Central Florida Parkway Orlando, Florida 32821 407-370-0111 https://www.centralfloridabehavioral. com/

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7700 Forsyth Boulevard St. Louis, Missouri 63105 703-245-9019 https://www.centurionmanagedcare. com/

Cirqular

Booth 341 25 Oakglen Drive Oakmont, Allegheny 15139 https://www.securmanage.com

CleanSlate Centers, Inc.

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Table 111620 Freedom Business Center DriveSuite 115King of Prussia, Pennsylvania 19406610-687-6080https://www.coresolutionsinc.com/

Council on Accreditation

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Credible Behavioral Health Software

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DATIS HR Cloud

Booth 343

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Devereux Advanced Behavioral Health Florida

Booth 346

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Elements Behavioral Health

Booth 328

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Elite DNA Therapy Services

Booth 342

6360 Techster Boulevard Suite 1 Fort Myers, Florida 33966 517-917-7183 https://elitedna.us/

Expo Enterprise Inc

Table 119

3560 Polaris Avenue, #27 Las Vegas, Nevada 89103 702-272-2666

FlaarTech Solutions

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Florida Certification Board

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1715 S Gadsden Street Tallahassee, Florida 33312 850-222-6314 https://flcertificationboard.org/

Florida Peer Support Association Inc

Table 114449 Teal LaneTallahassee, Florida 32308850-566-2546https://floridapeersupport.org/

Florida State University College of Medicine Area Health Education Center

Table 1151115 W. Call StreetTallahassee, FSU COM AHEC 32306https://www.med.fsu.edu/ahec

Foothold Technology

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Fort Lauderdale Behavioral Center

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120 Bert Brown Road San Marcos, 78666 800-848-9090 https://ftlauderdalebehavioral.com/

Genoa Healthcare

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3140 Neil Armstrong Boulevard Suite 110 Eagan, Minnesota 55121 888-436-6279 http://www.genoahealthcare.com/

Hazelden Publishing

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Health Management Associates

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HPS

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900 State Suite 203B Erie, Pennsylvania 16501 814-398-3021 http://www.innovatel.com/

InSight Telepsychiatry

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Booth 217 904 Beak Street

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Kaleo

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111 Virginia Street Suite 300 Richmond, Virginia 23219 239-560-2661 www.kaleo.com

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Narcotics Anonymous

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Netsmart

Booths 344 & 345

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North Tampa Behavioral Health

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Operation PAR, Inc.

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6655 66th Street North Pinellas Park, Florida 33781 727-545-7564 http://www.operationpar.org/

Orexo

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Otsuka

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Palm Shores Behavioral Health Center

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Percepto, Inc.

 Table 130
 3560 Polaris Avenue

 Las Vegas, Nevada 89103
 725-400-8032

Philadelphia Insurance Companies

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Phoenix House

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Pine Grove Behavioral Health

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2255 Broadway Drive Hattiesburg, Mississippi 39402 601-288-4942 http://www.pinegrovetreatment.com/

PIUM/IIT

Booth 358

110 SE 6th Street Suite 1900 Ft. Lauderdale, Florida 33301 954-774-1116 http://iitherapies.com

PowderHorn Consulting

Booth 324

1925 Satter Court Yardley, Pennsylvania 19067 740-272-1935 http://www.powderhornconsulting.com/

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Premier Biotech Labs, LLC

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723 Kasota Avenue SE Minneapolis, MN 55414 888-686-9909 https://premierbiotech.com/innovation/

Qualifacts

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11301 SE Tequesta Terrace Tequesta, Florida 33469 561-744-0211 http://sandypineshospital.com

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Table 101

PO Box 1866 Thomasville, Georgia 31799 229-226-0414 https://securerecordssolutions.com/

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11312 Campfield Circle Jacksonville, Florida 32256 904-947-3146 https://usa.healthcare.siemens.com/

Southeastern University

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Springbrook Behavioral Health

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1 Havenwood Lane Travelers Rest, South Carolina 29690 864-834-8013 https://springbrookautismbehavioral. com/

Springfield College Tampa

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Streamline Healthcare Solutions Sponsor

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510 E Butler Court Kalamazoo, Michigan 49007 866-467-4741 http://www.streamlinehealthcare.com/

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TenEleven Group

Booths 355 & 356 6047 Transit Road East Amherst, New York 14051 716-810-9755 https://www.10e11.com/

The Bougainvilla House, Family Therapy Center, Inc.

Booth 323

1721 SE 4 Ft. Lauderdale, Florida 33316 954-629-2035 http://tbhcares.org/

The Echo Group

Table 104

15 Washington Street Conway, New Hampshire 3818 603-447-8600 http://www.echoman.com/

The Joint Commission

Booth 325 One Renaissance Boulevard Oakbrook Terrace, Illinois 60181 630-268-7479

http://jointcommission.org/

The Shores Treatment & Recovery

Booth 319

1405 SE Goldtree Drive Port Saint Lucie, Florida 34952 772-800-3990 https://theshoresrecovery.com/

The Vines Hospital

Table 126

3130 SW 27th Avenue Ocala, Florida 34471 352-671-3130 https://www.thevineshospital.com/

Troy University Tampa Bay

Table 107

5201 W Kennedy Boulevard Suite 110 Tampa, 33609 813-835-6220 https://www.troy.edu/servicecenters/ tampa.html

UF Health Florida Recovery Center

Table 123

4001 SW 13th Street Gainesville, Florida 32608 352-265-4372 http://www.ufhealth.org/

University Behavioral Center

Booth 210

2500 Discovery Drive Orlando, Orlando 32826 407-281-7000 https://www.universitybehavioral.com

University of South Florida

13301 Bruce B. Downs Boulevard MHC 2317 Tampa, Florida 33612 813-974-5468 http://www.usf.edu/cbcs/cfs/index.aspx

USI Insurance Services

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4601 Touchton Road Suite 3210 Jacksonville, Florida 32246 904-450-4700 http://www.usi.com

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2033 6th Avenue, #500 Seattle, Washington 98121 206-774-0532 http://valant.com/

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Wellcare Sponsor

Booth 310 3031 N. Rocky Point Drive W. Suite 600 Tampa, Florida 33607 https://www.wellcare.com/

Welligent, Inc.

Booth 333 5005 Collev Avenue

Norfolk, Virginia 23508 757-213-5960 http://www.welligent.com/

Wellness in Recovery

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 Jensen Beach, Florida 34957

 772-807-0561

WestBridge

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7300 Grove Roadd Brooksville, Florida 34613 352-678-5553 http://www.westbridge.org

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300 Colonial Cnt Parkway Suite 120 Lake Mary, Florida 32771 407-562-2503 http://willistowerswatson.com/



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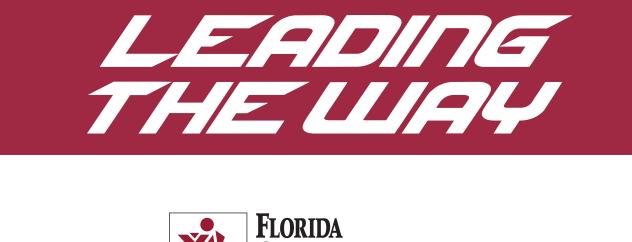






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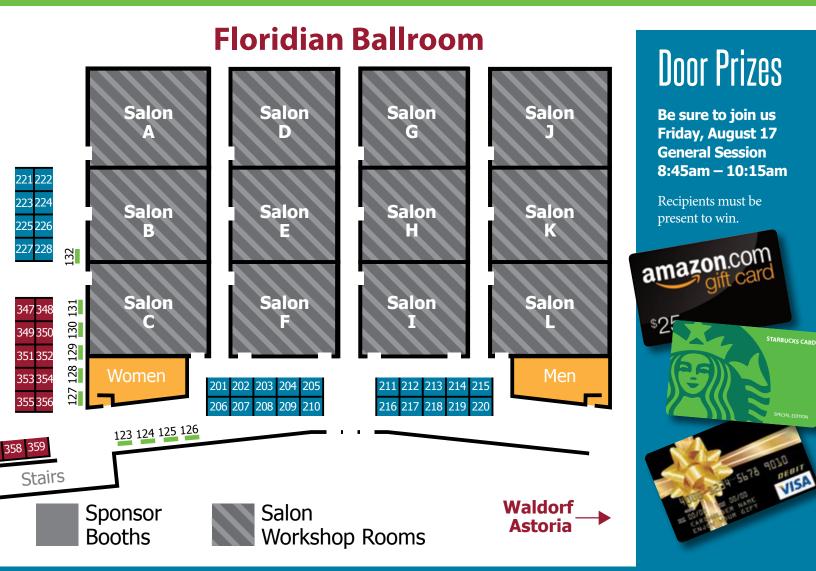
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