



In collaboration with: Florida Hospital Association



# agents of change

- You must be the change you wish to see in the world.
  - Mahatma Ghandi

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August 16, 2017

On behalf of the Florida Council for Community Mental Health and the Florida Alcohol and Drug Abuse Association and in collaboration with the Florida Hospital Association, we welcome you to the **2017 Behavioral Health Conference!** 

This is an exciting and challenging time in the field of behavioral health in Florida. This conference is a unique opportunity to learn about new and emerging issues affecting behavioral health, network with your peers across the state, and hear from leaders who are helping shape behavioral health policy in Florida.

The theme of this year's conference - "Agents of Change" – recognizes our shared role in transforming the landscape of behavioral health in Florida. While we acknowledge that change is inevitable, we also believe that change should be an intentional process informed by experience, valid data, and continuous analysis.

- Change decisions should be informed by relevant data
- Change can be transformative internally and externally
- Change is never finished its impacts should be continuously analyzed and evaluated
- · Change can be disruptive, but disruption is an important part of the process

Over the next few days we invite you to learn with us how we can be more effective "Agents of Change" so we can help guide Florida's behavioral health system of care in a new and transformative way.

The success of this event is directly proportionate to the help we receive from our sponsors to host an informative and memorable conference. We give special thanks to Alkermes, Netsmart, Beacon Health Options, Bridges International, Magellan Complete Care, Altruis, BayCare Behavioral Health, Sunshine Health, Iris Telehealth, Optum Health, Gateway Community Services, Mental Health of America, Otsuka, Relias Learning, and WellCare for their generosity and commitment to sponsoring this event. We also thank all of our exhibitors and advertisers for their continued support.

We give special thanks as well to the leadership of the Department of Children and Families, the Agency for Health Care Administration, and the Department of Corrections. The participation of these agencies in this event speaks to their commitment to work as agents of positive change in behavioral health.

Please take time to relax, rejuvenate, and connect with your colleagues and peers while you enjoy the Conference!

Mark Fontaine FADAA Executive Director

Melanie Brown Woofter FCCMH Interim President/CEO

# We believe in our community partners

Thank you for helping us connect our members with social support, education, housing, and access to all available services.

Magellan Complete Care, a Medicaid specialty plan, is a proud sponsor of the Behavioral Health Conference.



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### Thank you in advance...

for turning off your cell phone during all workshops and speaker sessions.



# Thank you to our sponsors:





























# **Special Conference Features**

### **Provided Lunches**

Wednesday, August 16th

Boxed lunch sponsored by Alturis, Baycare Behavioral Health, and Sunshine Health will be provided to all participants.

Thursday, August 17th

Awards luncheon sponsored by Beacon Health Options, Bridges International, and Magellan Complete Care.

### **Conference App**

To enhance your BHCon2017 experience, download our new conference app. Available free to all registered attendees, the Florida Behavioral Health Conference app engages attendees and provides the latest BHCon2017 information on your mobile device, tablet, or computer. **See page 63.** 

### **Exhibit Hall Hours**

**Wednesday, August 16**, 7:30am – 6:00pm **Thursday, August 17**, 7:30am – 6:00pm

Exhibitors will be available in the prefunction area, hallways and the food and beverage lounge.

### **New This Year!**

▲ Complimentary WIFI in the conference and expo area sponsored by Alkermes.

Network name: **Alkermes** 

PW: Alkermes

▲ Electronic CEU workshop tracking. Just scan your name badge when entering each workshop! **See page 62.** 

### **Prize Drawings**

Friday, August 18th

General Session | 8:30am - 10:00am

### **Other Events**

Wednesday, August 16th

6:00pm to 6:45pm - Yin Yoga

6:00pm to 7:00pm - Al-Anon Meeting

Thursday, August 17th

6:00pm to 6:45pm - Yoga Nidra

7:30pm to 8:45pm – Screenagers movie screening

Friday, August 18th

6:45am to 7:30am - Vinyasa Yoga



### 10% off

Show your conference badge at any food and beverage outlet at the Hilton Bonnet Creek and receive 10% off any food or beverage purchase.\*

<sup>\* (</sup>discount not eligible at any grab and go option meals as these have already been discounted)



# Welcome to the 2017 Florida

### 2016-2018 Florida Alcohol and Drug **Abuse Association (FADAA) Board**

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# **Behavioral Health Conference**



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New Horizons of the Treasure Coast

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## **2017 Keynote Speakers**





# Wednesday August 16

### Agents of Change: How Everyday People Can Have An Extraordinary Impact

### **Brett Culp**

Brett Culp is an acclaimed filmmaker and social entrepreneur whose work has inspired audiences around the world. He is the personal cinematographer for Hollywood stars, music icons, beloved authors, hall of fame athletes, and royal families. His films are featured on Netflix, iTunes, Hulu, and other top digital platforms.



# Thursday August 17

# The Promise of the Science and The Challenge to Practice

**Dr. David Gastfriend** 

David Gastfriend, MD, is the Scientific Advisor at the Treatment Research Institute (TRI) and the research and policy resource behind the Addiction Severity Index (ASI), the American Society of Addiction Medicine (ASAM) Criteria Level of Care Certification and the National Parity Monitoring Project.

# Friday August 18

### **Screenagers**

**Dr. Delaney Rushton** 

Delaney Ruston is a Stanford trained physician and social change documentary filmmaker who has spent nearly two decades shedding light on mental health issues. Examples of her award-winning documentaries include *Unlisted: A Story of Schizophrenia*, about her father, *Hidden Pictures*, about global mental health, and *Screenagers* about the impact of excessive screen time on children's development—including the risk of Internet Addiction.



# Friday's Mini Plenary Topics

How Socio-Economic,
Ethnic and Cultural Issues Impact
the Effectiveness of Clinical Interventions

Jessica Pryce, PhD, Director The Florida Institute for Child Welfare Florida State University

Large-Scale Prediction and Prevention of Suicidal Behaviors

**Jessica Ribeiro**, PhD, Assistant Professor, Department of Psychology, Florida State University



Post Incarceration:
Well Being Development as the Foundation
for Long Range Success

Carrie Pettis-Davis, PhD, Director of the Institute for Advancing Justice Research and Innovation, Washington University

Compassion Fatigue-When Helping Hurts

**April Lott**, LCSW, CEO Directions for Living



Focus On The Future:
A National Behavioral Health Update

**Tom Hill**, Vice President of Addictions and Recovery, National Council for Behavioral Health

Faceted Approach to Cravings Management

**Doug Paul**, MS, Clinical Director Foundations Recovery Network

7:30am — 8:30am

**Coffee Break** 

Salon 11 & 12

Sponsored by Iris Telehealth

### **Opening Remarks - 8:30am**

### **Bonnet Creek Ballroom**

### Welcome

Melanie Brown Woofter FCCMH Interim President/CEO

**Theresa Rulien** FCCMH Board Chair **Mark Fontaine** 

**FADAA Executive Director** 

Frank Rabbito

**FADAA Board President** 



# **Keynote Session**

# Agents of Change: How Everyday People Can Have an Extraordinary Impact

Brett Culp, Filmmaker and Social Entrepreneur

Bonnet Creek Ballroom 8:30am -10:15am

Effective leadership starts with the ability to look at every challenge - even the mundane tasks - as an opportunity to make a positive impact. In this high-energy keynote, Brett will share powerful stories from his filmmaking adventures of ordinary people who have accomplished extraordinary things. He will demonstrate how everyone has the opportunity and capacity to embrace leadership and make an impact. By learning to see yourself as a leader contributing to a noble, shared vision, you will feel empowered to bring greater confidence and enthusiasm to your everyday tasks. This shift in perspective will ignite your heroic spirit, equipping you to bring the truest, most powerful view of yourself to every aspect of your work and life.

10:15am — 11:00am

Coffee Break

Salon 11 & 12

Sponsored by Iris Telehealth

### 11:00am - 12:30pm Workshops

### Trauma in Young Children: Attachment, Neurobiology, and Intervention

Kimberly Renk, PhD, University of Central Florida

Salon A 11:00am -12:30pm

Young children are particularly vulnerable to the effects of trauma, especially when the relationships with their caregivers are affected. To expand participants' understanding of this topic, this presentation will examine the characteristics of trauma in young children. In particular, formal diagnostic criteria as well as other signs and symptoms of trauma in young children will be discussed. Further, the neurobiological underpinnings of traumatic experiences for young children will be explored, particularly with regard to potential effects on future development. Finally, evidence-based interventions that may be useful for remediating the affects of trauma for young children and their families will be examined.



### Florida's Adult Drug Court Best Practice Standards

Melanie May, Appellate Court Judge, 4th District Court of Appeal Judge Michele Towbin Singer, Circuit Court Judge, 17th Judicial Circuit Carson Fox, CEO, National Association of Drug Court Professionals

Salon L 11:00am −12:30pm

This session will provide an introduction and overview of the Florida Adult Drug Court Best Practice Standards. The best practice standards are primarily modeled after the National Association of Drug Court Professionals (NADCP) Adult Drug Court Best Practice Standards Volume I and II (NADCP, 2013 and 2015) which are based on the ten key components of adult drug court and over two decades of national research on best practices in the field. The standards were developed by members of the Supreme Court Task Force on Substance Abuse and Mental Health Issues in the Courts. In addition to the overview of the standards, the presenters will discuss the purpose for the creation of the standards, and provide a summary of how the standards will be implemented. A representative from NDCI may also be available to compare and contrast differences between the NADCP standards and the Florida standards

### Treating Tobacco Dependency: Saving Lives While Supporting Sobriety

Andree Aubrey, MSW/LCSW, Director, FSU College of Medicine Rebecca Carter, Tobacco Program Specialist, Florida State University, College of Medicine

**Salon C** 11:00am – 12:30pm

Tobacco use among adults with alcohol or other substance use disorders is estimated at 65-90 percent, the highest risk of all the CDC tobacco disparities populations. Tobacco use is responsible for greater morbidity and mortality than alcohol and all other drugs combined. Addressing tobacco dependence during treatment for other substances is associated with a 25 percent increase in long-term abstinence rates from alcohol and other substances. Tobacco users with other substance use disorders tend to be highly nicotine dependent, heavier smokers, experience more craving and withdrawal, make fewer lifetime quit attempts, and experience greater difficulty with quitting tobacco. This workshop presents evidence-based interventions that enhance motivation for quitting tobacco, improve treatment outcomes, and improve overall psychological quality of life.

### Hoarding: One Man's Trash is Another Man's Treasure

Marcia Monroe, MSW, LCSW, MBA, Chief Clinical Officer, Central Florida Behavioral Health Network Inc.

Doris Nardelli, Director of Communications, Central Florida Behavioral Health Network Inc.

**Salon F** 11:00am -12:30pm

How does one know when the line is crossed between being simply messy and becoming a hoarder? DSM criteria, definitions and checklists can be used to clarify and help build a plan for treatment. In this session, presenting problems as well as diagnostic criteria will be examined, supported by examples and case studies. Gender, age, and cultural nuances will also be explored and explained. Finally, brain activity will be examined and treatment alternatives will be discussed.

### 11:00am - 12:30pm Workshops continued

### Opioid Overdose Prevention and Naloxone in Florida

Amanda Muller, BS, Overdose Prevention Coordinator, Florida Department of Children and Families

**Salon B** 11:00am -12:30pm

This session will provide audience members with a comprehensive overview of opioid overdose prevention, recognition, and response. Instruction will be given on how to administer naloxone products to an individual experiencing an overdose. The session will cover efforts to expand Naloxone access in Florida and other responses to the opioid epidemic in the state, including Florida's Emergency Treatment and Recovery Act passed during the 2015 legislative session.

### **Leadership: Gatekeeping in Counseling**

Letitia Browne-James, MA, LMHC-S, NCC, Clinical Manager, Aspire Health Partners, Inc. Elisa Niles, MA, LMHC-S, NCC, Clinical Director, Southwest Florida Counseling Center

**Salon E** 11:00am –12:30pm

Counselors often function in leadership roles in administrative, clinical, and supervision settings. Thus, counselors have ethical and legal responsibilities to protect the welfare of their clients, employees, and communities at large. Although these tasks can often be tough and confusing, counselors should always maintain the highest ethical and professional standards as leaders in these settings to protect the public from impaired clinicians who may pose harm to others. Issues of multiculturalism can further complicate these matters. This presentation is designed to help professional counselors share ideas, provide support to colleagues, and ask questions in a safe setting. Many professional counselors have encountered or will experience issues of gatekeeping in professional settings such as private practice and/or community-based mental health settings and can be a resource and support for each other.

### Court-Based Solutions to the Opioid Epidemic

Judge Jeri Beth Cohen, 11th Judicial Circuit

Dr. Patricia Junquera, Associate Medical Director, Psychiatry and Behavioral Health, Corrections Health Services, Jackson Health System

Michele Auguste, Adult Drug Court Case Manager, 11th Judicial Circuit

Jackson (downstairs) 11:00am -12:30pm

The Miami-Dade Drug Court, along with its partner, Jackson Health System, will discuss the implementation of an outpatient detox clinic established in Miami-Dade to address the recent surge in opioid abuse among drug court participants. The complexity of these participants' needs requires enhancements to existing services. The panel will discuss ways to effectively address gaps in services for drug court participants using opioids/opiates, and better ensure their successful stabilization and rehabilitation. The panel will also discuss ways to enhance services by improving access to substance abuse treatment through a streamlined continuum of care.



### **Outcomes Can't Happen Without Access to Care**

Scott Lloyd, President, MTM Services

Salon 10 11:00am -12:30pm

For the last nine years, Scott Lloyd has led the MTM team to help 700 of their clients implement Same Day Access for the Diagnostic Assessment and JIT Scheduling within three to five days for Psychiatric Evaluations. From that work, it has become very clear how important access is to the establishment of a solid clinical relationship. The need for and importance of access to care has been highlighted by its inclusion in almost all of the recent Federal funding programs like CCBHC, FQHC, Health Home and Value Based Care. But what does access to care really mean? How fast does access really need to go to be effective? Can we do it? These are questions that often linger for teams, and they are the questions that will be answered in this session.

### **Telepsychiatry - Solutions for Integrated Care**

Jessica Estes, DNP, APRN-NP, Clinical Director - Nurse Practitioner Services, InnovaTel Telepsychiatry

Salon D 11:00am −12:30pm

This presentation will address the practicality of using telepsychiatry to provide integrated services. As behavioral health integration receives additional focus, clinics will need to evaluate how they can provide behavioral health services more effectively. Telepsychiatry adds value to clinics and provides resources to areas that are underserved. The presenters will review the consultative codes for behavioral health integration and how telepsychiatry can be used for those codes, as well as the best practices for the provision of telepsychiatric services.

### **Working with Youth with Reactive Attachment Disorder**

Amy Swigart, MS, Therapist, Inspiring Change

Salon G 11:00am −12:30pm

Reactive Attachment Disorder can be a very frustrating and difficult condition to treat in youth. This training is designed for those who have little understanding of attachment issues as well as those who work daily with individuals affected by attachment disorder. Attendees will leave the seminar with increased understanding, skills and interventions to assist in their most frustrating and challenging cases.

### **Using Vouchers to Facilitate FACT Transition**

Joe Johnson, BA, Programs Manager, Ability Housing, Inc. Cindy O'Brien, MA, Director of FACT Programs, MHRC LaTanya UrQuhart, MA, Care Coordination Specialist

Salon I 11:00am -12:30pm

Lutheran Services of Florida Health Systems, Mental Health Resource Center, Inc. and Ability Housing, Inc. will collaboratively present the FACT Transition Voucher Pilot Project in Circuit 4. This pilot project is a flexible, consumer-directed voucher system designed to bridge the gap for 24 people with behavioral health disorders as they transition from the FACT programs to less intensive levels of care. The project assists individuals with rental assistance post discharge from FACT and provides supportive services based on the needs and choices of the individual. The project aims to: prevent recurrence of hospitalizations and incarcerations; provide safe, affordable, and stable housing opportunities; maximize the use of FACT resources and community supports by making FACT slots available to serve additional individuals; increase individual participant choice and self-determination in treatment and support on their recovery path; and ensure overall quality of life for program participants.

### 11:00am - 12:30pm Workshops continued

### **How to Engage the Recovery Community**

Neil Campbell, MS, Executive Director, Georgia Council on Sustance Abuse

Salon K 11:00am –12:30pm

The behavioral health field is shifting the way services are delivered to people facing challenges with substance use disorders and mental illness, toward a system that recognizes both are preventable, treatable chronic health conditions requiring life-long, self-directed care. Recovery happens in communities where people can access the supports that help them. This workshop will provide a clear and concise explanation with easily understandable examples of how to refocus services and supports toward a recovery-oriented system of care (ROSC).

### Data Integration: Understanding and Improving the System of Care

Larry Allen, MBA, MSW, COO, Central Florida Behavioral Health Network Stephanie Johns, CQI Director, Central Florida Behavioral Health Network

**Salon H** 11:00am -12:30pm

Every year, more than 11 million people move through local jails in the United States, many for low-level, non-violent misdemeanors, costing local governments approximately \$22 billion a year. In local jails, 64 percent of inmates suffer from mental illness, 68 percent have a substance abuse disorder, and 44 percent suffer from chronic health problems. Communities across the country have recognized that a relatively small number of these highly-vulnerable people cycle repeatedly, not just through local jails, but also hospital emergency rooms, shelters, and other public systems, receiving fragmented and uncoordinated care at great cost to American taxpayers with poor outcomes. Central Florida Behavioral Health Network has been engaged with several local jails and Sheriff's offices to compare electronic data booking submissions with data from the local Managing Entity to better understand how to break the cycle of recidivism for chronic offenders. This session will examine the results of local efforts to provide more effective behavioral health intervention for chronic non-violent offenders with mental illness and substance use disorders.

# Motivational Interviewing and CBT: An Integrative Approach to Substance Abuse Treatment

Vicky Buckles, PhD, Instructor, University of South Florida

Salon J 11:00am – 12:30pm

This presentation will examine how to integrate the evidence-based practices of motivational interviewing and cognitive behavioral therapy in the treatment of individuals with substance use disorders. Participants will gain an understanding of treating substance use disorder along with specific strategies for integrating motivational interviewing techniques with cognitive behavioral therapy approaches. Participants will learn how to work with ambivalent clients, how to address this ambivalence, and how to promote engagement and recovery through treatment.



12:30pm — 1:45pm Boxed Lunch Bonnet Creek Ballroom

Sponsored by Altruis, BayCare Behavioral Health and Sunshine Health



# A special thank you to our Boxed Lunch sponsors:







### 1:45pm — 3:15pm Workshops

# Commercially Sexually Exploited Youth: The Importance of Awareness, Identification and Treatment Across a Continuum of Care to Meet the Needs of These Vulnerable Youth

Joelle Aboytes, Community Development Director, Circuit 5 Kimberly McGrath, PsyD, Clinical Coordinator of Foster Care, Citrus Health Network Savannah Parvu, Survivor Leader

**Salon E** 1:45pm -3:15pm

The topic of Commercially Sexually Exploited Children (CSEC) has been in the forefront of child welfare for the past several years. In response, the Florida Legislature has passed bills and rules to help guide how the child welfare system, professionals and providers engage with and treat survivors of exploitation. This presentation includes a comprehensive introduction to HB 7141 commercial sexual exploitation (CSEC), describes HB 7141 and its impact on the state of Florida, and describes the environment and care coordination necessary to treat commercially sexually exploited youth across the continuum of care. Treatment protocols, necessary training programs, and policies and procedures across systems of care (primary care, community teams, foster care and inpatient programs) will be emphasized. Additionally, participants will have the opportunity to learn from Survivor Leader Savannah Parvu.

### How to Avoid Being a Target in the Mental Health Outpatient World

Lori Baker, Compliance Advisory Service Manager, PYA Denise Hall-Gaulin, Principal, PYA

Salon I 1:45pm -3:15pm

This session will focus on and include: what should be documented for accurate orders to outpatient services, specifically to IOP services; evaluation of when the payer may consider the services a "social" service/environment as opposed to a therapeutic environment; how to appropriately document the need for ongoing IOP services; telehealth in the IOP world and the compliance implications associated with this service; what to do when your patient group exceeds the maximum number; other best practices for supporting patient presence for recurring visit (i.e. sign-sheets for each service); and defining the appropriate language to support how a group environment is benefiting the patient.

### 1:45pm - 3:15pm

### Workshops continued

### Peer Boundaries and Ethics: A Personal Perspective

William Wall, PhD, Forensics Peer Specialist, Meridian Behavioral Healthcare

Salon L 1:45pm −3:15pm

Peer Specialists interact with clients and members of the community in ways that blur the lines between consumer and professional. In many cases, peers know clients personally before they come to our programs. In other cases, we have personal relationships with clients after discharge. How do we define the ethical and personal boundaries with people who already have our addresses and phone numbers when they become clients? How do we develop personal relationships with people we first met professionally? This panel highlights some of the challenges facing Peer Specialists. Among those are individual values, personal boundaries, privacy and confidentiality. Audience members are invited to share their own experiences with these challenges.

### One Step at a Time: The Road to Large System Integration

David Freedman, MA, Program Director, Memorial HealthCare Systems Joyce Myatt, MHSA, Memorial Outpatient Behavioral Health Center

Salon H 1:45pm −3:15pm

The session asks attendees to look at their constituent community and challenges them to begin to do business with other institutions in a more comprehensive and collaborative fashion. There is nothing easy about integrating primary and behavioral healthcare effectively. The cultures and goals ARE different and often clash. Working across cultures requires patience, stamina and trust. This presentation explores what it takes to implement, expand and sustain integrated services in a large health system environment. It addresses the importance of gaining trust throughout the system and creating a highly collaborative environment. Of particular interest is the use of telehealth as a tool to create a warm handoff and client engagement. The workshop also looks at the use of evidence-based practices within the primary care system and how to reinforce their use through collaboration between behavioral and health care personnel in the use of the PHQ 9 and Motivational Interviewing.

### Administering Sanctions and Incentives for High Risk/High Need Offenders

Vanessa Price, Director, National Drug Court Institute

Jackson (downstairs) 1:45pm -3:15pm

Based on 60 years of behavior research, this workshop will transform your understanding of incentives and sanctions and dramatically improve your understanding of the science related to behavior management and change.

### Untangling the Opioid Epidemic: A Hijacking of the Brain

Marcus De Carvalho, MD, Medical Director, Beaches Recovery

Salon C 1:45pm −3:15pm

Dr. De Carvalho will outline the opioid epidemic and the catastrophic implications it has had on the United States from a morbidity, mortality, and financial perspective. He will also walk you through the pleasure reward pathway (PRP) and how this system, once introduced to opioids, is "hijacked" and left to believe it needs opioids to survive, much like food and sleep, making it difficult for patients to maintain sobriety. Dr. De Carvalho will also detail different modalities of treatment including medication assisted treatments and behavioral therapies, specifically acceptance and commitment therapy that is mindfulness based, cognitive behavioral therapy, and motivational interviewing.



### Baker Act, Marchman Act, and Problem-Solving Court Law Update

Steve Leifman, County Court Judge, Miami-Dade County

Melanie May, Appellate Court Judge, 4th District Court of Appeal

Gloria Crawford Henderson, MPA, Manager, Program Information Unit, Office of Substance Abuse and Mental Health, Florida Department of Children and Families

Silvia Quintana, Chief Executive Officer, Broward Behavioral Health Coalition

Salon 10 1:45pm −3:15pm

In 2016, House Bill 439 authorized the creation of treatment-based mental health court programs, expanded veterans' court eligibility to include veterans released under a general discharge, and expanded the problem-solving court transfer laws under section 910.035, Florida Statutes. Senate Bill 12 made significant changes to the Baker Act and Marchman Act, including the beginning of a statewide "no wrong door" receiving system. This workshop will provide an overview of these and other recent state law changes impacting Florida's justice system.

# An Intensive Outpatient PTSD Program for Military Personnel and First Responders

Sandra Neer, PhD, Research Assistant Professor/Clinical Psychologist, University of Central Florida Michael Gramlich, Clinical Doctoral Candidate, University of Central Florida, UCF RESTORES

**Salon B** 1:45pm - 3:15pm

With 8 - 18.5 percent of returning veterans suffering from post-traumatic stress disorder (PTSD), the need for efficacious treatment is clear. Treatments originally developed for civilians appear to have some efficacy for combat-related PTSD. However, few veterans or military personnel receive empirically supported treatments, and among those that do, the dropout rate is high and more than 50 percent retain their diagnosis after treatment. The current literature indicates the need for better treatments to address this outcome. Exposure therapy is based on learning theory, particularly the principles of habituation and extinction, and has been designated as an empirically supported, first-line psychological treatment for PTSD in the VA setting. The presenters will discuss current treatments for PTSD in military personnel and first-responders, a group that is often under-served, and will present detailed information about a virtual-reality assisted exposure therapy program called Trauma Management Therapy.

# Keeping Families Together: The Integration of Child Welfare and Behavioral Health

Terri Mathis, LMFT, Child Welfare Integration Director, LifeStream Behavioral Center

**Salon A** 1:45pm -3:15pm

The purpose of this presentation is to discuss the importance of the integrative approach to treating families and integrating behavioral health services for our child welfare involved families within agency continuums of care. LifeStream has taken the initiative to establish a Child Welfare Integration Director position to facilitate this process within the agency. Data and processes will be presented as to the advantages of having this type of internal/external liaison position that serves as the bridge between the two systems. We will look at the barriers/challenges to this process, how to problem solve as an agency, and how to track progress. We will look at how building strong relationships and family support teams between DCF and providers is essential to providing effective services that tie together child safety and treatment.

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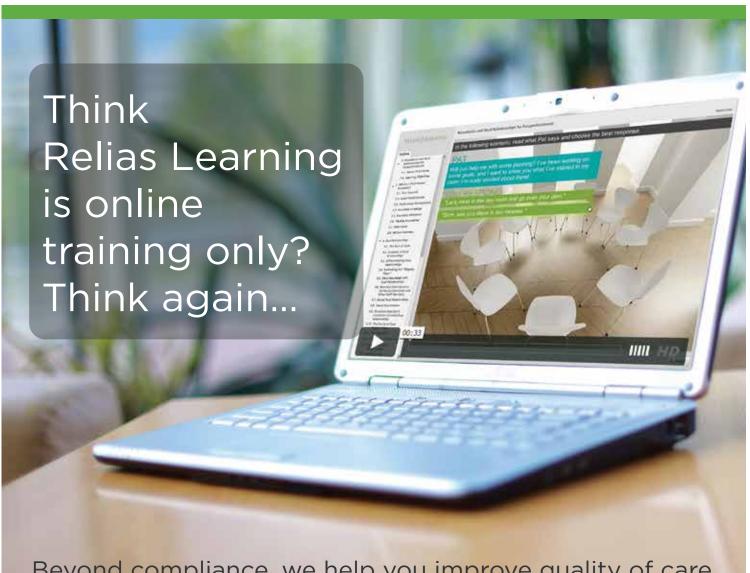
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### 1:45pm — 3:15pm

### Workshops continued

### Spiritual/Pastoral Care: The Third Leg of Recovery

Dan Hamel, Chaplain, Lakeview Center, Inc.

Salon D 1:45pm −3:15pm

Since the 1990's there has been a considerable increase in the number of studies showing positive associations between spirituality and health. Incorporating religion/spirituality into behavioral health care, however, continues to pose many challenges in the multicultural milieu in which behavioral health care is practiced, given the deeply personal meaning religion/spirituality carries for both clients and care providers. Come and hear how one community mental health center developed a program to address the spiritual needs of their clients and how this continuum of spiritual care promotes and helps sustain hope during treatment and recovery.

# Fidelity PLUS: Innovative Ways to Reach Today's Youth with Fidelity to the Evidence-Based Program Model

Marquia Maycock, BS, Manager of Administration, Hope for Miami Jennifer Bedoya, Program Facilitator, Hope for Miami

Salon F 1:45pm — 3:15pm

While the implementation of an evidence-based curriculum is critical to the success of prevention programs, some models were created and tested some time ago. The youth culture and use of technology by youth changes rapidly. Prevention specialists need to keep up with the trends. But how do we deliver these curriculums with fidelity and still engage youth using the communication methods they prefer? This workshop will discuss some strategies for enhancing the EBPs with music, videos and websites that visually and aurally communicate with youth without diluting fidelity.

### 2017 Florida Legislative Session and the State Sober Home Task Force

Al Johnson, Chief Assistant State Attorney, 15th Judicial Circuit Dave Aronberg, 15th Judicial Circuit State Attorney

Salon G 1:45pm — 3:15pm

As a result of a grand jury report and recommendations from a legislatively mandated task force recommended by the State Attorney in Palm Beach County, the 2017 Legislature made significant changes around marketing practices in the substance abuse treatment industry to improve patient care. Led by the 15th Judicial Circuit State Attorney Dave Aronberg and Chief Assistant State Attorney Al Johnson, this workshop will provide a summary of HB 807, which strengthens patient brokering laws, defines ethical marketing practices, places new licensure regulations under Chapter 397, and regulates third party lead generators. The legislation also amended the referral process for recovery residences and substance abuse treatment providers. The Legislature continued to fund the work of the task force during FY2017-18. You are invited to join in on the discussion of future task force recommendations.

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### Care Coordination and Transitions of Care: Treating the Whole Person

Renan Llanes, MBA, Chief Information Officer, Citrus Health Network, Inc. Carmen Cantero, Quality Improvement and Compliance Officer, Citrus Health Network, Inc. Barbara Daire, CEO, Suncoast Center

**Salon J** 1:45pm - 3:15pm

This session features two providers that are improving patient health with care coordination and transitions of care. Suncoast Center established an electronic referral program with PEMHS, an inpatient mental health services provider. Clients are referred quickly to the appropriate care setting with their complete health record, and clinicians spend more time with clients because of improved workflow and elimination of duplicate data entry. As a Federally Qualified Health Center (FQHC) providing primary care and behavioral health services, Citrus Health established a method to facilitate referrals between behavioral health and primary care providers using two different electronic health records. This session features the practices currently used to enhance access to information and reconcile clinical information to improve services provided within a system of care.

### Measurement Based Care = Value Based Care = Quality Care = Outcomes

Scott Lloyd, President, MTM Services

Salon K 1:45pm — 3:15pm

Teams around the country continue to look at how they can adjust their service delivery strategies to meet shifting requirements and regulations. The key for teams is to do this while working to increase the quality of care, increase their client/staff's satisfaction and reduce turnover. Although this sounds very straight forward, teams continue to struggle in a Value Based System to see how to measure their systems, how to relate that information to their funders and/or break away from how things have always been done. We will walk through the components of Value Based Care and how to implement them effectively.

3:15pm — 4:00pm
Sponsored by Iris Telehealth

Refreshment Break

Salon 11 & 12

4:00pm - 5:30pm Workshops

### **Multi-Disciplinary Team Member Roles and Effective Team Collaboration**

Vanessa Price, Director, National Drug Court Institute

**Jackson (downstairs)** 

4:00pm - 5:30pm

This workshop will identify the critical roles and responsibilities of each team member and provide suggestions to improve effective team collaboration. Identifying and effectively dealing with different personality styles will also be discussed.



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### 4:00pm - 5:30pm

### Workshops continued

### **Innovative Diversion Options**

Steve Leifman, County Court Judge, Miami-Dade County T. Patterson "Patt" Maney, County Court Judge, Okaloosa County Bob Dillinger, Public Defender, Sixth Judicial Circuit Stacy Peterson, Teen Court Director, Duval County

**Salon 10 4:00pm – 5:30pm** 

This workshop will provide an overview of innovative diversion programs operating in Florida. The presenters will provide an overview of the diversion programs operating within their jurisdictions, including the identification, eligibility criteria, and outcomes of their programs. The programs to be featured include a mental health diversion program in Miami-Dade County, a civil citation program in Duval County, a veterans court in Okaloosa County, and several diversion programs in Pinellas and Pasco Counties that serve individuals who are homeless and/or have co-occurring disorders.

### Marijuana Awareness Media Campaigns

Chudley Werch, PhD, President, Prevention Plus Wellness, LLC

**Salon H** 4:00pm - 5:30pm

Almost everything we once knew about marijuana from the 1960's-1970's has changed. That includes laws legalizing medical and recreational use of cannabis, drug potency, products and methods of use, risk potential, negative effects, how to prevent and reduce harm, treatment strategies, research, and more. Unfortunately, there are few sources of evidence-informed information about marijuana. However, there is a rapidly growing number of businesses marketing recreational and medical marijuana use, and unregulated promotional content found online and in other traditional media channels. Media campaigns are an important and efficient way to deliver substance abuse, prevention and health messages to youth, parents, professionals and entire communities. This presentation will discuss sample content, materials and strategies of a media campaign designed to increase marijuana awareness throughout a community or organization.

### **Vicarious Trauma**

Tara Kellogg, MS, Director of Clinical Supervision, Chrysalis Health

Salon G 4:00pm — 5:30pm

Vicarious traumatization (VT) is a transformation in the self of a trauma worker or clinician that results from engagement with traumatized clients and their reports of traumatic experiences. Self care is an essential for those who work with trauma clients.

# A Recovery Family Mentor Approach for Working with Substance Use Disorder in Families

Richard Davila, PhD, Professor, Coordinator of the Substance Use Disorder Counseling Track, Springfield College

Michael Galer, Professor, Recovery Institute of Boca Raton

Salon L 4:00pm — 5:30pm

The Recovery Family Mentor (RFM) approach is a program designed to help families who have been affected by the addiction of a loved one. In the Recovery Oriented Systems of Care model we know that family involvement is very critical in the recovery process post acute care. Yes, there are many treatment



programs that have a family member component. However it is during this post acute care timeframe that it is even more critical to receive family support. Much like the importance of Peer Recovery Coaches, the implementation of a Recovery Family Mentor is important. The RFM can provide insight into family dynamics, emotional buttons, co-dependency, stigma, triangulation, and genograms. This presentation will give examples of this family education model and the empowering knowledge and skill of working within one's own addiction affected family system.

# Getting Past Go: Helping Young Men Transition from Addiction to Adulthood

John Dyben, DHSC, MCAP, CMHP, ICADC, Clinical Fellow, Origins Behavioral HealthCare

**Salon E** 4:00pm - 5:30pm

For young men who are struggling with substance use disorder, the successful transition from adolescent to adult, from irresponsibility to accountability and self-reliance, is a challenge not predicated by age. Daily life itself is daunting, and often heroin and other powerful drugs seem to be an answer and substances of choice. The presenter will address the underlying and complex issues of substance use disorder and relapse among young male adults and examine a successful new treatment model in a peer living setting. Addiction treatment must incorporate building multiple skillsets that include basic skills for living, and developing a sense of identity, self-reliance and basic competencies for living.

### **Supporting Medical Necessity in the Inpatient Setting**

Lori Baker, Compliance Advisory Service Manager, PYA Denise Hall-Gaulin, Principal, PYA

**Salon A** 4:00pm - 5:30pm

This session will focus on the most common problems with behavioral health regulatory compliance, including documentation, billing and coding, treatment plans, and medical necessity; compliance and its inextricable link to quality of care; "tips" or lists that providers can ask to determine the appropriate patient setting for the patient, along with third party payer reimbursement; the importance of physicians incorporating ancillary staff notes and findings, which will assist with conveying and presenting the patient's full disposition; key words that third-party payers look for to support the patient's "stability" and need for discharge; recommendations for an ongoing utilization review plan during the patient's stay and how to appropriately document the constant communication with the payer; and how to internally define and document what is considered a potential harm to self or others.

# Strategies for Reducing Human Trafficking Recruitment in a Treatment Setting

Philip Toal, EdD, Sr. Vice President Residential Services, Aspire Health Partners Josette Shipman, Program Director, OAC, Aspire Health Partners Shoko Churchwell, Aspire Health Partners

**Salon B 4:00pm - 5:30pm** 

This workshop deals with assisting treatment providers in addressing the issues of recruitment of others by survivors of human trafficking while in treatment. This presentation will discuss how to recognize when recruitment is occurring and address intervention strategies to reduce recruitment. Additionally, the program will address strategies for addressing the recruiters as well as those being recruited. Recommended training for staff and specific intervention skills will be outlined as well.

4:00pm - 5:30pm

Workshops continued

### **Psychopharmacology: Update and Looking Ahead**

Rajiv Tandon, MD, University of Florida

**Salon C** 4:00pm - 5:30pm

A range of medications are utilized to treat psychiatric disorders. There are over 150 psychotherapeutic or psychotropic medications. In this presentation, our current understanding of these medications and their application to the treatment of various mental disorders will be summarized: what they do, how they work, how they are best utilized. There are several imminent changes in our classification of these medications (from indication-based to mechanism-based) that will have important implications for their use. These changes will be summarized and the newer medications in development noted. Current medication treatment guidelines in Florida will be referenced.

# Identification, Assessment and Treatment of Non-Suicidal Self-Injury in Adolescents

Anuja Mehta, MD, Assistant Psychiatry Clerkship Director, Assistant Professor, Department of Clinical Sciences, University of Central Florida College of Medicine Lindsay Taliaferro, PhD, MPH, MS, Assistant Professor of Medicine, University of Central Florida

Salon D 4:00pm - 5:30pm

This session will address the epidemiology of Non-Suicidal Self-Injury (NSSI) among youth including prevalence rates, demographic characteristics, risk and protective factors. The presenters will explore assessment techniques used to recognize the severity of NSSI and how to distinguish it from suicidal behaviors and recognize various treatment approaches that are currently used to treat NSSI in youth including therapeutic and medication interventions.

### Cognitive Enhancement Therapy: Beyond Treatment as Usual

T. Victor Lloyd, MAPC, MTh, CET Trainer, Center for Cognition and Recovery

**Salon F 4:00pm - 5:30pm** 

Why have more individuals with chronic mental health disabilities not recovered more completely? We need to rethink the problem and solution to move the treatment paradigm from Treatment As Usual, i.e. maintenance style of non-treatment, to Cognitive Remediation, a rehabilitative, active treatment model focusing on remediating the person's disabilities while increasing their strengths. Since 2001, CET (Cognitive Enhancement Therapy), a SAMHSA recognized EBP form of Cognitive Remediation, has been disseminated to 41 sites in 12 states. Attendees will participate in a CET session: computer exercises, a social cognition talk, homework questions and cognitive exercises. The presentation will describe the neuroscience research supporting CET; the social, vocational and educational effectiveness of CET; and how CET is effective with individuals from many ethnic and socio-economic backgrounds. CET improves cognition and social cognition with 70 to 85 percent attendance and graduation rates.



### Treating the LGBT Client: A Primer for Behavioral Health Professionals

David Baker-Hargrove, PhD, LMHC, DAPA, CCFC, President/CEO - Two Spirit Health Services, Inc.

**Salon I 4:00pm - 5:30pm** 

The need for inclusive LGBTQ-specific behavioral health treatment equipped to address the unique experiences of the LGBT community is particularly acute in the aftermath of the Pulse nightclub massacre in Orlando. Today's mental health professionals can benefit LGBT clients by being ready and equipped to provide needed services in a culturally competent/sensitive manner that promotes growth and healing.

### **Medication Assisted Treatment - Integrating into Clinical Practice**

Amy Gokey, MA, LMHC, Executive Director, Friary of Lakeview Center Sandra Rock, LCSW, Director, Road to Recovery, Lakeview Center

Salon J 4:00pm — 5:30pm

The current opioid epidemic has generated a need for integrative and innovative approaches to traditional substance use treatment programs. The presenters have worked to meet this demand and have found success by integrating medication assisted treatment modalities into the existing residential setting. Join this session for an honest discussion of the challenges, barriers and success stories experienced along the way.

### Improving Health Outcomes via 21st Century Technology

Jan Goodson, MBA, Vice President, Business and Service Development, Centerstone Heidi Blair, MBA, Director, Enterprise EHR, Centerstone Amy McDaniel, MSW, Director, Business and Service Development, Centerstone

**Salon K** 4:00pm - 5:30pm

The workshop will provide attendees with education on designing, implementing and engaging clinicians and clients in the use of mobile and web-based technology to improve client health outcomes. This session will include an overview of the process used to achieve this within Centerstone, as well as funding streams, barriers and success strategies for coordination across clinical and administrative areas, tapping into expert resources and ongoing plans for improving health outcomes using technology. Technology is an increasingly prevalent force within healthcare. This session will offer insight, information, and strategies that attendees can take back to their organizations to inform their own efforts and plans to improve care via technology.

6:00pm — 6:45pm Yin Yoga Union

### Yin Yoga

Tamera Anderson-Hanna, MA, LMHC, CAP, CRC, RYT, Wellness, Therapy, & Yoga

**Union** 6:00pm - 6:45pm

Begin by connecting with your breath and a state of meditation. Set a mantra or affirmation and then be guided through a gentle yin flow before entering into deeper yin yoga poses for a restorative touch. It will be a slow practice with peak poses of 3 to 5 minutes in duration. Extra towels are recommended to use as needed for comfort. Alternative poses are given for those with back, hip, or shoulder injuries. Enjoy deep stretches into the body for a sense of peace and ease both mentally and physically.

7:30am — 8:30am

**Coffee Break** 

Salon 11 & 12

Sponsored by Iris Telehealth

8:30gm General Session Bonnet Creek Ballroom



Special Guest: Mike Carroll, Secretary, Florida Department of Children & Familes

### The Promise of the Science and the Challenge to Practice

David Gastfriend, MD, Scientific Advisor

Bonnet Creek Ballroom

8:30am - 10:00am

Science marches forward - but what happens to practice? Addiction is a brain disease, about which more is constantly being learned. Yet, in the real world, the epidemic rages on and people die. What do advances in computerization, medication, and counseling mean in terms of the care that a patient will actually receive? The answer to this question will impact practice, stigma, policies, budgets and lives.

10:00am — 10:30am

**Coffee Break** 

Salon 11 & 12

Sponsored by Iris Telehealth

### 10:30am - 12:00pm Workshops

### Myth Busters - Separating Fact from Fiction in Methadone

Michael Osborn, MS, Clinical Director, Operation PAR Jonathan Essenburg, VP of MAPS & HIV Services, Operation PAR

Salon D 10:30am -12:00pm

This presentation will dispel common myths associated with Medication Assisted Treatment. It will explain the way that opioid dependence develops and best practices for treatment. Issues contained in this presentation include: pharmacology of methadone and buprenorphine, pregnancy and opioid dependence, state/federal regulations regarding its use, and current statistics.

# Partnering with First Responders to Enhance Public Safety: A Framework for Success

Tore Gintoli, MA, Senior Director of Crisis Services, SMA Behavioral Healthcare Nicole Sharbono, LMHC, Vice President, Volusia County Services, SMA Behavioral Healthcare

**Salon E** 10:30am -12:00pm

Mrs. Sharbono and Mr. Gintoli will be speaking on the four key facets of this crucial new trend in behavioral healthcare. Those facets are: why First Responders need behavioral health training to perform their job; why First Responders need such training for their own well-being and self-care; the recommended evidence based trainings for First Responders; and most importantly, how to engage your local First Responders and why partnership is critical. The goal for attendees will be to leave the presentation with a framework that will enable them to immediately engage and partner with their local Public Safety agencies to promote system of care transformation.



### **Business Analytics: Clinical and Operational Effectiveness**

Don Savoie, Executive Vice President, COO, Meridian Behavioral Healthcare, Inc. Maggie Labarta, PhD, President - Clinical Operations, Progress Health System, Inc. Jon Cherry, President - Business Operations, Progress Health System, Inc.

Salon 10 10:30am - 12:00pm

This presentation will focus on understanding and effectively managing process and performance to maximize effort and potential. The presenters will emphasize the use of "information" to act strategically and timely on financial, personnel, programmatic outcomes and wellness factors, and trends in order to boost your bottom line and clinical effectiveness as a healthcare organization. Special focus will be given on the "Triple Aim: Care, Health, Cost."

### **Recovery Oriented System of Care - A Transformative Approach**

Wesley Evans, Statewide Coordinator of Integration and Recovery Services, Florida Department of Children and Families

Salon K 10:30am - 12:00pm

A Recovery Oriented System of Care is a framework for organizing and coordinating multiple services, supports and systems to deliver person-centered services. A ROSC builds on the strengths and resilience of individuals, families, and communities to achieve and sustain health, wellness, and recovery.

### Florida Health Information Exchange

Pamela King, Administrator, Agency for Health Care Administration

Salon J 10:30am — 12:00pm

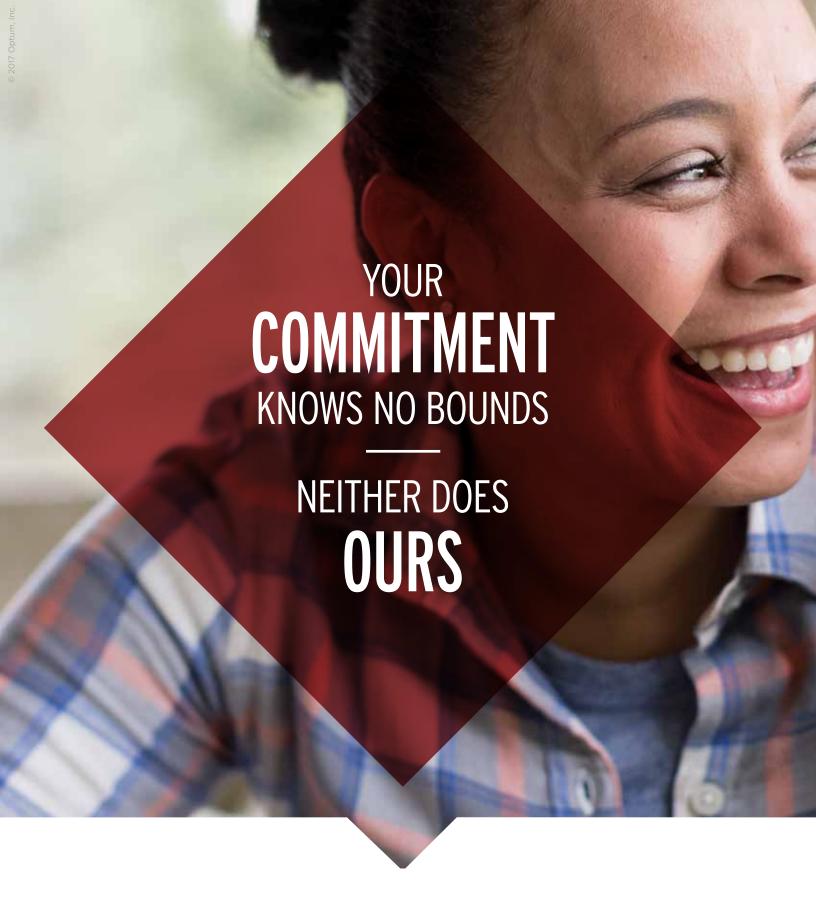
Information will be provided about the Florida Health Information Exchange services and how they could be used by behavioral health providers to access patient information as well as fill gaps in Health IT infrastructure. The presenter will also discuss the end goal of interoperability and access to needed patient information.

### Helping Families Work: Supporting Families of Justice Involved Individuals

Carrie Pettus-Davis, PhD, Founding Director, Institute for Advancing Justice Research & Innovation

Jackson (downstairs) 10:30am - 12:00pm

Most individuals involved in the criminal justice system rely heavily on families for support. Those same families are often providing support under considerably strained circumstances including financial challenges, other caregiving demands, and frustration with their justice-involved loved one. As a result, support from families can quickly deteriorate and justice-involved loved ones can find themselves in trouble again. Yet, little attention is given to helping families better support themselves and their justice-involved loved ones. Given the proper tools and resources, family strain can be reduced and support for justice-involved loved ones can become more stable and sustainable. This session will review the circumstances in which families are providing support. Then, strategies for supporting families and the program model Support4Families will be described in depth. Support4Families is an intervention for families of releasing prisoners that aims to reduce family tension and stress and improve family stability and well-being after a loved one's return to the community. Presentation participants will end the session with information on how providing services to families can improve the outcomes of justice-involved individuals and the tools to incorporate family support into their practices.



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### 10:30am – 12:00pm Workshops continued

### The Impact of Childhood Trauma on Health

Jose Antonio Martinez, BFA, Program Coordinator, Hope for Miami Yvonne Sawyer, COO-Senior Program Director, Hope for Miami

**Salon A** 10:30am – 12:00pm

Understanding trauma and knowing how to provide behavioral health services that are trauma-informed is increasingly important as the scientific literature tells us more about the long-term challenges faced by children who faced a traumatic upbringing. This workshop will start by introducing the Adverse Childhood Experiences (ACE) research and then give more detail on how to become aware of trauma reactions in youth. This will help practitioners and professionals provide more compassionate care so they can better help young clients as they transition to adulthood.

### **Getting Out of the Box for Counselors**

Carmine Pecoraro, PsyD, Psychologist, Springfield College

**Salon C** 10:30am – 12:00pm

Advancements in technology are quickly evolving, with new discoveries about how old and new counseling/treatment approaches/techniques change the neuropathways and brain functioning. But many of us are still doing the same old thing. In this workshop, Counselors will be introduced to nontraditional counseling techniques. These approaches will include experiential, creative and other "Out of The Box" approaches. There will be a discussion on the effects these techniques may have on the Central Nervous System, specifically the brain and its neurotransmitters.

### **Addressing Suicide Prevention / Postvention**

Kimberly Sanderson, MA in Mental Health Counseling, Northside and Desoto Psychiatric Services Program Manager, Charlotte Behavioral Health Care, Inc.

Jean Tucker, Assistant Vice President of Outpatient Services, Charlotte Behavioral Health Care, Inc. Jennifer Reed, Director of Crisis Services, Charlotte Behavioral Health Care, Inc.

**Salon F** 10:30am - 12:00pm

Suicide is the 10th leading cause of death in the United States. In 2015, Florida's suicide rate was 14.1 per 100,000 residents. However Charlotte County's was 20.7. Although there are several efforts aimed at suicide prevention, this presentation will focus on using postvention as a form of prevention. As we know, for every suicide 6-8 individuals are impacted in a profound way and those individuals have a higher risk of dying by suicide. This presentation will focus on Charlotte County's efforts to reach those impacted by suicide through schools, community partners and first responders to lower the rates of suicide in our county.

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# Medication for an Epidemic: Methadone, Buprenorphine & Extended-Release Naltrexone

David Gastfriend, MD, Scientific Advisor

**Salon G** 10:30am -12:00pm

The opioid crisis calls for a new look at under-utilized tools, the research, the clinical issues, and what to do about it all. Much is known about these evidence-based approaches, but studies don't examine everything. Opinions and attitudes have their flaws, too. This workshop will examine the latest research critically - both what we know and what we don't. We will explore these agents in the context of anecdotal experience, and then put these various facts and beliefs together in a coherent framework for saving lives and building recovery.

# How Behavioral Health Integration Positively Impacted Outcomes for Babies Born with Neonatal Abstinence Syndrome

Linda Mann, MSW, LCSW, CAP, Director of Women's Services, Drug Abuse Comprehensive Coordinating Office, Inc.

Maya Balakrishnan, Associate Professor of Pediatrics USF & Director of Quality, Florida Perinatal Quality Collaborative, USF

**Salon H** 10:30am – 12:00pm

Opioid dependency among pregnant women is a substantial problem. Whether the prenatal opioid use is for legitimate pain management, misuse of prescription pain killers or addiction to illicit opiates like heroin, the issues are complex. The coordination of professionals across multiple systems of care is required to yield positive outcomes for mothers and babies. The number of newborns being treated for withdrawal from prenatal opiate exposure is increasing. In 2012, it was estimated that 1 infant was born every 25 minutes in the US with Neonatal Abstinence Syndrome (NAS), thereby creating a huge burden on the health care system, including extended Neonatal Intensive Care Unit (NICU) stays. This workshop describes a quality improvement initiative in a Tampa hospital that reduced the average NICU stay for NAS babies by a remarkable 31% via partnerships with behavioral health agencies, including DACCO. Learn how behavioral health integration enhanced outcomes for both mother and child.

# First Episode Psychosis Team: Origins, Implementation, Team Composition & What's Next!

Suzelle Guinart, LMHC, 1st Episode Supervisor, Henderson Behavioral Health, Inc. Diane Sasser, LMHC, Crisis Services Administrator, Henderson Behavioral Health, Inc. Jeffery Stone, LMHC, EPIC Team Leader, Life Management Center

Salon I 10:30am - 12:00pm

This presentation will give an overview of the origins of the Coordinated Specialty Care program known as NAVIGATE, the stages of implementing a First Episode Psychosis program, and understanding the NAVIGATE model protocol and adherence to program fidelity. Participants will be engaged in discussion of training and challenges and learn about new research opportunities when it comes to the Mental Health Block Grant 10% Set Aside Study on Early Intervention for Psychosis. The study's focus is on gathering data on the effectiveness of 1st Episode programs as it relates to the overall quality of life for the participants.

### 10:30am - 12:00pm Workshops continued

# Innovative Strategies to Better Serve Justice Clients through Intensifying Dose and Duration

Hellen Davis, BS, CEO, Indaba Global Coaching, LLC Bob Neri, SVP, Chief Program and Services Officer, WestCare Florida

**Salon L** 10:30am - 12:00pm

In the session, the presenter will provide insight into novel, but proven ways that technology, assessments, reporting tools, analysis, and individualized behavior-based treatment plans can have desirable outcomes for a client's recovery efforts in the four segments of behavior modification. The session will demonstrate reporting and analysis tools and methodologies that allow the client to examine the typical habits that stem from behavior patterns. This insight and information can be provided to all professionals in the chain of ongoing care and recovery maintenance (i.e. counselor, probation officer, court-appointed personnel, etc.). The goal is to enhance outcomes and build a solid foundation of behavioral knowledge that will set the client up for the best odds of successfully controlling their behaviors.

### **Recognizing and Treating Depression in the Elderly**

Dona Leith, MS, LPC, CTRS, Clinical Trainer, Centene

Salon B 10:30am — 12:00pm

During this session we will be examining the DSM-5 criteria for depression and talking about the risk factors for suicide in the elderly. We will look at screening tools that can be done in multiple settings and different modalities including both medical and non-medical modalities that can mediate some of the symptoms.

12:00pm — 1:45pm Awards Luncheon Bonnet Creek Ballroom
Sponsored by Beacon Health Options, Bridges International and Magellan Complete Care

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### 1:45pm – 3:15pm Workshops

# Trouble with Teens? How to Build Trust, Hope, and Solutions with Adolescents Struggling with Behavioral Health and Substance Use Issues

Jenna Wilson, PhD, LCSW, Clinical Director, The Bougainvilla House Family Therapy Center

Salon A 1:45pm — 3:15pm

This clinical presentation will focus on how to build trust, hope, and solutions with the adolescent and young adult population dealing with behavioral health and substance use issues. The workshop will conceptualize substance use and behavioral health through the lens of systems theory and evidence-based family therapy approaches. Issues related to mental health and substance use will be addressed systemically as a family problem versus an individual problem. Participants will learn how to engage and manage the family system throughout the therapeutic process to lower client resistance and increase client motivation and engagement. Participants will participate in interactive role plays to practice building trust, hope, and solutions simultaneously. Attendees will learn useful skills to connect with resistant adolescents that they can apply immediately to their clinical cases.

### **Attachment Styles and Interactional Patterns in Family Therapy**

Samara Quintero, MS, Licensed Marriage and Family Therapist, Satori Waters Jesus Perez, Licensed Psychologist, Satori Waters Christine Lovelli, Licensed Mental Health Therapist, Satori Waters

**Salon F** 1:45pm - 3:15pm

A review of the literature indicates that individuals' attachment styles can be linked to substance use disorder. Insecure attachment styles have been positively correlated to substance use disorder according to research. The authors will present information and literature review, regarding attachment styles and their link to substance use. The presenters will also discuss how a family therapy modality can be utilized to address those issues of insecure attachment, which are linked to substance use.

### **Treatment and Recovery from Pornography Addiction**

Earl Ledford, MSW, Licensed Clinical Social Worker, Private Practice Tiffanie Trudeau, LMHC, LPC, CSAT, NCC, Licensed Mental Health Counselor, Counseling Alliance, LLC

**Salon E** 1:45pm - 3:15pm

This presentation will provide information for mental health professionals to better prepare them in identifying treatment and the recovery process for individuals that engage in internet pornography. Attendees will also gain an understanding of the impact, treatment and recovery including considerations of spouses and family members.

# Problem-Solving Courts within Hillsborough County: Recent Trends and Evaluation Outcomes

Kathleen Moore, PhD, Professor, University of South Florida

Jackson (downstairs) 1:45pm - 3:15pm

This workshop will include an overview of treatment drug courts and other prison-alternative treatment programs, specific treatment court programs within Hillsborough County, and a review of recent trends and evaluation outcomes of several treatment drug court interventions.

# Wednesday, August 16 Conference Schedule

7:30am-8:30am	Coffee Break Salon 11 & 12 Sponsored by Iris Telehealth				
8:30am-10:15am	Agents of Change: How Everyday People Can Have an Extraordinary Impact Bonnet Creek Ballroom				
10:15am-11:00am	Coffee Break Salon 11 & 12 Sponsored by Iris Telehealth				
11:00am-12:30pm	Workshops				
	Trauma in Young Children: Attachment, Neurobiology, and Intervention Salon A Clinical	Florida's Adult Drug Court Best Practice Standards Salon L Justice	Treating Tobacco Dependency: Saving Lives While Supporting Sobriety Salon C Clinical	Hoarding: One Man's Trash is Another Man's Treasure Salon F Clinical	Opioid Overdose Prevention and Naloxone in Florida Salon B Emerging Trends
	Leadership: Gatekeeping in Counseling Salon E Leadership	Court-Based Solutions to the Opioid Epidemic Jackson (downstairs) Justice	Outcomes Can't Happen Without Access to Care Salon 10 Leadership	Telepsychiatry - Solutions for Integrated Care Salon D Integrated Care	Working with Youth with Reactive Attachment Disorder Salon G Children/Family
	Using Vouchers to Facilitate FACT Transition Salon I Housing	How to Engage the Recovery Community Salon K Recovery	Data Integration: Understanding and Improving the System of Care Salon H Technology/Innovation	Motivational Interviewing and CBT: An Integrative Approach to Substance Abuse Treatment Salon J Clinical	
12:30pm-1:45pm		Bonnet Creek Ballrooi , BayCare Behavioral H	n Iealth and Sunshine He	ealth	
1:45pm-3:15pm	Workshops				
	0 1110 11				
	Commercially Sexually Exploited Youth: The Importance of Awareness, Identification and Treatment Across a Continuum of Care to Meet the Needs of These Vulnerable Youth Salon E Emerging Trends	How to Avoid Being a Target in the Mental Health Outpatient World Salon I Leadership	Peer Boundaries and Ethics: A Personal Perspective Salon L Recovery	One Step at a Time: The Road to Large System Integration Salon H Integrated Care	Administering Sanctions and Incentives for High Risk/High Need Offenders Jackson (downstairs) Justice
	Exploited Youth: The Importance of Awareness, Identification and Treatment Across a Continuum of Care to Meet the Needs of These Vulnerable Youth Salon E	Target in the Mental Health Outpatient World Salon I	Ethics: A Personal Perspective Salon L	Road to Large System Integration Salon H	Sanctions and Incentives for High Risk/High Need Offenders Jackson (downstairs)

# Wednesday, August 16 Conference Schedule

3:15pm-4:00pm	Refreshment Break	Salon 11 & 12			
4:00pm-5:30pm	Workshops				
	Multi-Disciplinary Team Member Roles and Effective Team Collaboration Jackson (downstairs) Justice	Innovative Diversion Options Salon 10 Justice	Marijuana Awareness Media Campaigns Salon H Prevention	Vicarious Trauma Salon G Emerging Trends	A Recovery Family Mentor Approach for Working with Substance Use Disorder in Families Salon L Recovery
	Getting Past Go: Helping Young Men Transition from Addiction to Adulthood Salon E Clinical	Supporting Medical Necessity in the Inpatient Setting Salon A Leadership	Strategies for Reducing Human Trafficking Recruitment in a Treatment Setting Salon B Children/Family	Psychopharmacology: Update and Looking Ahead Salon C Clinical	Identification, Assessment and Treatment of Non- Suicidal Self-Injury in Adolescents Salon D Clinical
	Cognitive Enhancement Therapy: Beyond Treatment as Usual Salon F Clinical	Treating the LGBT Client: A Primer for Behavioral Health Professionals Salon I Clinical	Medication Assisted Treatment - Integrating into Clinical Practice Salon J Integrated Care	Improving Health Outcomes via 21st Century Technology Salon K Technology/Innovation	
6:00pm-6:45pm	Yin Yoga Union				

# BayCare Behavioral Health

We're a full-service, community-based behavioral health system, serving 50,000 individuals each year in communities throughout Tampa Bay and west central Florida. Annually, we handle 20,000 inpatient discharges and 350,000 ambulatory visits, and offer a full continuum of care, including:

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- Integrated stabilization unit
- Mental health first aid training

- Outpatient psychiatric care for children and adults
- Prevention and outreach services
- Primary and behavioral health care integration
- Residential services for adults and children
- Substance abuse and detoxification services
- Supportive housing
- Veterans and family services





BayCareBehavioralHealth.org

# Thursday, August 17 Conference Schedule

7:30am-8:30am	Coffee Break Salo	n 11 & 12 Sponsore	ed by Iris Telehealth		
8:30am-10:00am	The Promise of the So	cience and the Challeng	ge to Practice Boni	net Creek Ballroom	
10:00am-10:30am	Coffee Break Salo	n 11 & 12 Sponsore	ed by Iris Telehealth		
10:30am-12:00pm	Workshops				
	Myth Busters - Separating Fact from Fiction in Methadone Salon D Clinical	Partnering with First Responders to Enhance Public Safety: A Framework for Success Salon E Emerging Trends	Business Analytics: Clinical and Operational Effectiveness Salon 10 Leadership	Recovery Oriented System of Care - A Transformative Approach Salon K Recovery	Florida Health Information Exchange Salon J Technology/Innovation
	Helping Families Work: Supporting Families of Justice Involved Individuals Jackson (downstairs) Justice	The Impact of Childhood Trauma on Health Salon A Children/Family	Getting Out of the Box for Counselors Salon C Clinical	Addressing Suicide Prevention/Postvention Salon F Prevention	Medication for an Epidemic: Methadone, Buprenorphine & Extended- Release Naltrexone Salon G Clinical
	How Behavioral Health Integration Positively Impacted Outcomes for Babies Born with Neonatal Abstinence Syndrome Salon H Integrated Care	First Episode Psychosis Team: Origins, Implementation, Team Composition & What's Next! Salon I Clinical	Innovative Strategies to Better Serve Justice Clients through Intensifying Dose and Duration Salon L Justice	Recognizing and Treating Depression in the Elderly Salon B Clinical	
12:00pm-1:45pm	Awards Luncheon Bonnet Creek Ballroom Sponsored by Beacon Health Options, Bridges International and Magellan Complete Care				



# Learn about telepsychiartry in Florida

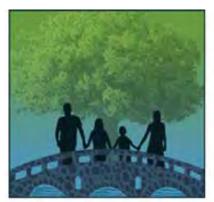


### Thursday, August 17 Conference Schedule

1:45pm-3:15pm	Workshops				
	Trouble with Teens? How to Build Trust, Hope, and Solutions with Adolescents Struggling with Behavioral Health and Substance Use Issues	Attachment Styles and Interactional Patterns in Family Therapy Salon F Children/Family	Treatment and Recovery from Pornography Addiction Salon E Clinical	Problem-Solving Courts within Hillsborough County: Recent Trends and Evaluation Outcomes Jackson (downstairs) Justice	Recovery-Oriented Housing as a Modality for Delivery of Recovery Support Services (RSS) Salon 10 Recovery
	Salon A Children/Family  Mindfulness, Meditation, & Yoga Salon B Clinical	Treatment and Recovery: Building Alliances Salon C Recovery	Shattering the Glass Box - Special Considerations when Working with Women Salon D Clinical	Improving Behavioral Health Integration in Child Welfare: Getting from Here to There Salon G Integrated Care	Building Healthy Military Communities Salon H Prevention
	Does Housing First Improve Physical Health Outcomes? Salon I Housing	Technology in the Service of Service: How to Adapt Salon J Technology/Innovation	Prescription Opioid Misuse in Rural Communities Salon K Prevention	Department of Corrections Update on Substance Abuse and Mental Health Programs Salon L Justice	
3:15pm-4:00pm	Refreshment Break	Salon 11 & 12			
4:00pm-5:30pm	Workshops				
	Cyber Weapons & Internet Safety: Protecting Our Children in the Digital World Salon B Technology	The Changing Face of Prevention Salon D Prevention	Supercharging Your Impact: Harnessing the Power of Social Media to Build Your Brand Salon F Leadership	Florida's New Medical Marijuana Laws: What You Need to Know Salon H Emerging Trends	Hypnosis: A Therapeutic Intervention in the Treatment of Substance Use Disorder Salon J Clinical
	Internet Safety: Protecting Our Children in the Digital World	of Prevention Salon D	Impact: Harnessing the Power of Social Media to Build Your Brand Salon F	Marijuana Laws: What You Need to Know Salon H	Therapeutic Intervention in the Treatment of Substance Use Disorder Salon J
	Internet Safety: Protecting Our Children in the Digital World Salon B Technology Adventure Therapy: More than a Game Salon 10	of Prevention Salon D Prevention  The Opioid Epidemic: How Did We Get Here, What is It and Possible Solutions Salon A	Impact: Harnessing the Power of Social Media to Build Your Brand Salon F Leadership  Zero Suicide: An Emerging Standard in Suicide Care Salon C	Marijuana Laws: What You Need to Know Salon H Emerging Trends  Confidentiality of Treatment Records: HIPAA and Beyond Salon E	Therapeutic Intervention in the Treatment of Substance Use Disorder Salon J Clinical Tackling the Technicalities for Successful Integration of Peer Services Salon G
6:00pm-6:45pm	Internet Safety: Protecting Our Children in the Digital World Salon B Technology Adventure Therapy: More than a Game Salon 10 Clinical  Legal and Ethical Compliance in the Business of Behavioral Health – A Practical Approach Salon I	of Prevention Salon D Prevention  The Opioid Epidemic: How Did We Get Here, What is It and Possible Solutions Salon A Clinical  Psychiatric Hospital- ization or Diversion? Integration of Hospital and CSU/ARF Salon K Integrated Care	Impact: Harnessing the Power of Social Media to Build Your Brand Salon F Leadership  Zero Suicide: An Emerging Standard in Suicide Care Salon C Children/Family  Addressing Trauma in Justice-Involved Women Salon L	Marijuana Laws: What You Need to Know Salon H Emerging Trends  Confidentiality of Treatment Records: HIPAA and Beyond Salon E Clinical  Utilizing Eligibility Assessments in Drug Courts Jackon (downstairs)	Therapeutic Intervention in the Treatment of Substance Use Disorder Salon J Clinical Tackling the Technicalities for Successful Integration of Peer Services Salon G

### Friday, August 18 Conference Schedule

6:45am-7:30am	Vinyasa Yoga Uni	on				
8:00am-8:45am	Coffee Break Salo	on 11 & 12 Sponso	ored by Iris Telehealth			
8:45am-10:15am	Screenagers Bor	nnet Creek Ballroom				
10:30am-12:30pm	Mini Plenaries					
	Focus on the Future: A National Behavioral Health Update Salon J-L Leadership	Post Incarceration: Well Being Development as the Foundation for Long Range Success Salon A-C Justice	A Multi-Faceted Approach to Cravings Management Bonnet Creek Ballroom Clinical	How Socio-Economic, Ethnic and Cultural Issues Impact the Effectiveness of Clinical Interventions Salon D-F Clinical	Compassion Fatigue: When Helping Hurts Salon G-I Leadership	
	Toward Large-Scale Prediction and Prevention of Suicidal Behaviors Ballroom Salon XII Clinical					



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#### 1:45pm - 3:15pm

#### Workshops continued

### Recovery-Oriented Housing as a Modality for Delivery of Recovery Support Services (RSS)

Rick Riccardi, CEO & Founder, Fellowship Living Facilities and Fellowship Foundation RCO John Lehman, President, FARR

**Salon 10** 1:45pm - 3:15pm

This presentation will focus on Recovery Support Services and how to deliver those services through NARR/FARR Certified Recovery Residences and explain Recovery Capital Development and Measurement in Certified Recovery Residences.

#### Mindfulness, Meditation, & Yoga

Tamera Anderson-Hanna, MA, LMHC, CAP, CRC, RYT, Wellness, Therapy, & Yoga

Salon B 1:45pm — 3:15pm

Learn more about mindfulness, meditation, and yoga as a treatment modality. Participants can also optionally participate in a short exercise on mindfulness, meditation, and movement. Learn about resources for referring clients to alternative practices for the benefit of recovery, mental health care including combat related PTSD, or just general wellness. Consider why more professionals may also benefit from mindfulness based practices to avoid burnout.

#### **Treatment and Recovery: Building Alliances**

Tom Hill, Vice President of Addictions and Recovery, National Council for Behavioral Health

Salon C 1:45pm — 3:15pm

In recent years we have seen great advances in the recovery movement and in Recovery-Oriented Systems of Care (ROSC). Both have had a strong impact on the treatment field and have helped to emphasize its strong historical roots in communities of recovery. This session explores how treatment and recovery service providers can work in tandem with shared goals and outcomes in a full continuum of care. Opportunities to build alliances and partnerships between the treatment field and the organized recovery community will be discussed.

### Shattering the Glass Box - Special Considerations when Working with Women

Sandnes S. Boulanger, LCSW, CAP, CET, Clinical Director, Operation PAR Kelly Isbister-Clements, MSW, Director of PAR Village

Salon D 1:45pm — 3:15pm

This workshop will address and explore women specific issues related to seeking, engaging, and maintaining in treatment. Women have unique factors influencing treatment including but not limited to: caregiving roles, female role expectations, body image, sexuality, human trafficking, substance use and mental health issues. Through the examination of women specific issues and the incorporation of gender specific programing in treatment, we seek to ultimately empower women to become the author of their recovery story.



### Improving Behavioral Health Integration in Child Welfare: Getting from Here to There

Heather Flynn, PhD, Associate Professor, Florida State University College of Medicine, Center for Behavioral Health Integration

Patricia Babcock, Co-Director, FSU Center for Behavioral Health Integration, Florida State University Center for Behavioral Health Integration

This workshop will present best practices for integration of behavioral health practice and training within the child welfare system in Florida. Statewide integration of behavioral health (BH) interventions is a priority for Florida. This workshop will present the results of two pilot projects in Florida that aimed to improve practice and training for behavioral health integration. The first presents results of development and implementation of training to improve detection, engagement and intervention for parental behavioral health needs in child welfare. The second presents the preliminary results of a pilot project (n=50) designed to increase decision-making proficiency with regard to behavioral health screening and referral for services.

#### **Building Healthy Military Communities**

Lynn Brannon, State Coordinator, Office of The Secretary of Defense, Military Community and Family Policy

This session will discuss the behavioral health care services needed for our geographically dispersed service members and their families. Participants will gain an understanding of the stigma for this population in using behavioral healthcare resources inside the military culture and the difference between the military population and the civilian population.

#### **Does Housing First Improve Physical Health Outcomes?**

Francisco Quintana, Ph.D. Clinical Psychology, Licensed Clinical Psychologist, Citrus Health Network, Inc.

Lianne Gonzalez, Licencsed Clinical Psychologist, Citrus Health Network, Inc.

The Housing First (HF) literature has consistently demonstrated the provision of permanent supportive housing services to be associated with a number of positive outcomes. Recent work in this area of research has shifted from solely focusing on housing and cost saving outcomes to examining the impact that this intervention has on an individual's health. To date, results have been inconclusive, with only a few studies showing beneficial physical health outcomes related to providing this intervention. Using longitudinal data obtained on 100 previously homeless individuals receiving permanent supportive housing services through Citrus Health Network, this session will discuss what impact, if any, HF has on individuals' physical health and its implications.

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1:45pm - 3:15pm

**Workshops** continued

#### Technology in the Service of Service: How to Adapt

David Gastfriend, MD, Scientific Advisor

**Salon J** 1:45pm - 3:15pm

The brain science of addiction has finally been leveraged by technologies in assessment, medication, and behavioral therapies. All of these new tools are ready for the clinic. But how can addiction treatment providers manage the changes, practically speaking? This workshop will examine what it takes, conceptually and concretely, for providers to transcend culture and tradition and bring addiction treatment into the 21st century. This workshop will generate a dialog of sharing creative solutions and enhancing networking across different systems.

#### **Prescription Opioid Misuse in Rural Communities**

Khary Rigg, PhD, Department of Mental Health Law & Policy, University of South Florida Melody Chavez, MPH, Department of Community & Family Health, University of South Florida Monica Rousseau, MPH, Department of Community & Family Health, University of South Florida

Salon K 1:45pm — 3:15pm

Over the last two decades, prescription opioid misuse (POM) has increased to become a serious epidemic in the United States (US). POM is particularly problematic in some rural areas. For example, opioid-related deaths and treatment admissions are particularly high in states with large rural populations such as Maine, Kentucky, Ohio, and West Virginia. This presentation will discuss information that can be used to inform POM intervention efforts in rural areas of the US. This workshop will examine the origins of the POM epidemic in rural America and discuss the unique characteristics of rural communities that make them vulnerable to the consequences of POM. Promising strategies for addressing the opioid epidemic in rural areas will also be discussed.

### Department of Corrections Update on Substance Abuse and Mental Health Programs

Abraham Uccello, Director, Division of Development: Improvement and Readiness, Florida Department of Corrections

Salon L 1:45pm -3:15pm

This workshop is designed to provide participants with an overview of the Florida Department of Corrections current community based and in-prison co-occurring mental health and substance abuse treatment and prevention programs, needs and data. Workshop participants will be introduced to the Department's current risk needs assessment tool, (including how it will be used to place clients into programming) and tools forecasting releasing inmate programming needs data.

3:15pm - 4:00pm

**Refreshment Break** 

Salon 11 & 12



#### 4:00pm — 5:30pm Workshops

### Cyber Weapons & Internet Safety: Protecting Our Children in the Digital World

Chris Lombardozzi, Detective, Jacksonville Sheriff's Office

**Salon B** 4:00pm - 5:30pm

The Internet has drastically changed the way our children interact with the world. It provides them with seemingly infinite opportunities to discover new things, ways to express themselves, the ability to communicate globally and to make new connections with just the click of a button. Yet along with offering rapidly emerging and fascinating ways to connect with the world, technology also brings new risks. This presentation will explore techniques for monitoring child Internet activities as well as the unique threats that exist while using computers, mobile devices and the Internet: popular social media applications; sexual predators and child sexual exploitation; the dangers of public Wi-Fi; cyberbullying; online impersonation; pornography; sexting and other high-risk behaviors.

#### The Changing Face of Prevention

Jan Cairnes, Certified Prevention Professional, Executive Director, Hanley Foundation

**Salon D 4:00pm - 5:30pm** 

Understanding the importance of prevention in the Public Health Model is critical for individuals new to the prevention arena. The presenters will review the history of prevention and how the approach has changed; discuss risk and protective factors; look at outcome-based prevention; and connect the strategic prevention framework to our day to day prevention work in the community.

### Supercharging Your Impact: Harnessing the Power of Social Media to Build Your Brand

Alicia Aebersold, Senior Vice President of Communications and Strategic Development, National Council for Behavioral Health

**Salon F 4:00pm - 5:30pm** 

Do you and your organization take best advantage of what social media can bring? Are you hesitant to engage, concerned about privacy, feel like it is a fad, or not sure how to maximize it? The National Council for Behavioral Health has grown its social media brand dramatically in the past 3 years – hear from Alicia Aebersold (@aliciacollin on Twitter), SVP of Communications at the National Council, how they did it and what is behind their strategy. Alicia will talk about how to use social media to build and elevate your brand with the audiences that matter most, grow your network of supporters, fuel your advocacy efforts, and make reporters stand up and take notice.

#### Florida's New Medical Marijuana Laws: What You Need to Know

Donna Blanton, Shareholder, Radey Law Firm Angela Miles, Shareholder, Radey Law Firm

Salon H 4:00pm - 5:30pm

This workshop will include an explanation of Florida's new medical marijuana statute, which implements a constitutional amendment approved by voters in 2016. Additionally, the presenters will discuss issues relating to the intersection of Florida's new marijuana statute with federal disability and privacy laws, as well as employment law.





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#### **CEU/Contact Hours and Certificates of Attendance**

Approximately 15.5 Continuing Education Units/Contact hours will be available for the following: Licensed Clinical Social Workers, Marriage and Family Therapists, Licensed Mental Health Counselors, Nurses, Psychologists, and Certified Addiction Professionals.

- Participant attendance will be collected at each session by scanning the QR code on a participant's name badge upon entrance to the session.
- A certificate listing sessions and the number of hours earned will be emailed to participants within 4 weeks of the conference conclusion.
- Please visit the registration desk for any other details.

FADAA is a board-approved provider for: Florida Board of Clinical Social Work, Marriage and Family Therapy and Mental Health Counseling (#50-676) Florida Board of Nursing Contact Hours (#50-676) Florida Certification Board, noted as FCB, (#A-001)

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#### 10% off

Show your conference badge at any food and beverage outlet at the Hilton Bonnet Creek and receive 10% off any food or beverage purchase.\*

\* (discount not eligible at any grab and go option meals these have already been discounted)

4:00pm - 5:30pm

**Workshops** continued

### Hypnosis: A Therapeutic Intervention in the Treatment of Substance Use Disorder

Samara Quintero, MS, Licensed Marriage and Family Therapist, Satori Waters Christine Lovelli, Licensed Mental Health Counselor, Satori Waters Jesus Perez, Licensed Psychologist, Satori Waters

**Salon J 4:00pm - 5:30pm** 

Individuals who suffer from substance use disorder identify their self efficacy as an important factor linked to sobriety. Self efficacy refers to the individual's belief that he/she has the ability to complete a given task to obtain/achieve a certain goal. The literature demonstrates that higher self efficacy results in higher and more consistent goal attainment. Research in the areas of substance use reveals high incidence of trauma within this population, which may be linked to lower efficacy. This makes it of vital importance to address the individual's trauma and how it is linked to lower efficacy and therefore to the inability to attain and maintain their sobriety. Hypnosis can be utilized to assist the individual's uncovering, working through and integrating their experiences of trauma as they gain a sense of mastery and personal control over their experiences of trauma.

#### **Adventure Therapy: More Than a Game**

Ricardo Santiago, MS, LMHC, Clinical Director of Palm Beach Recovery Group & Co-owner/ Co-Founder of Epic Adventures Therapy LLC

Nicky Treadway MS, LMHC, Anchors Aweigh Counseling & Co-Owner/Co-Founder of Epic Adventures Therapy LLC

Salon 10 4:00pm — 5:30pm

Adventure therapy is an emerging treatment model focusing on physical activity, nature environments and specially designed experiential activities to engage clients in novel and practical ways. This approach involves specially designed experiential activities designed to develop metaphors to facilitate deeper exploration of client challenges, elicit powerful emotions, and provide opportunity to practice coping skills and develop insight in a real-world environment. This workshop will introduce the major concepts of adventure therapy, illustrate the clinical methodology, present research findings on its effectiveness and illustrate application to substance abuse treatment. It will involve some activities/games in addition to didactic/lecture component.



### We are pleased to share that we've implemented a new way to track your session attendance at the conference.

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To track your attendance, you must have your barcoded badge scanned at the session room. Staff and volunteers room monitors will be scanning attendees badges. Badges will be scanned as you **enter the general sessions** and **the workshop sessions**. It is important to wear your badge at all times during the event so you can receive credit for session attendance. Visit the **BHCon2017** registration desk if you have questions about earning CEU's or if you lose your badge.



### The Opioid Epidemic: How Did We Get Here, What is It and Possible Solutions

Ray Pomm, MD, VP of Medical Services, River Region Human Services; Medical Director, Gateway Community Services and Courtesy Associate Professor in the Dept. of Psychiatry, University of Florida College of Medicine

**Salon A** 4:00pm - 5:30pm

This workshop begins by detailing a history of the prescription opioid crisis. It will clearly delineate the transition from what has been called the "prescription opioid crisis" to the present day "opioid epidemic" that is responsible for the recent tremendous upsurge in opioid-related deaths that we are experiencing. The speaker will discuss basic opioid pharmacology and neurophysiology as it relates to the typical opioids and how they differ from the super potent killing agents with which we are struggling. The workshop will explain how these super potent drugs are not only impacting our core beliefs about addiction as a disease that highjacks our brains but also how they are challenging our basic treatment approaches. Beyond basic recent data, the speaker will also review current pharmacologic treatment options and their best utilization as well as new treatment models being used throughout the country. Dr. Pomm will also give a complete description of the recently approved comprehensive, emergency department/community-based, intervention/treatment model to be implemented in Duval County, Florida.

#### Zero Suicide: An Emerging Standard in Suicide Care

Lindsay Brown, M.Ed, Ed.S, Senior Regional Suicide Prevention Specialist, FL LINC Project Ashleigh Husbands, MA, Senior Regional Suicide Prevention Specialist, FL LINC Project

**Salon C** 4:00pm - 5:30pm

Zero Suicide is a quality improvement initiative defined by its commitment to reduce suicide deaths to zero within behavioral health and health care systems, using a specific set of research and evidence-based strategies and tools. Endorsed by the Joint Commission, National Action Alliance for Suicide Prevention, Suicide Prevention Resource Center, Substance Abuse and Mental Health Services Administration, and many other leaders in the field, Zero Suicide helps providers evaluate their screening, assessment, treatment, and safety planning tools, as well as follow up care practices, staff training plans, sentinel event reviews, and even company culture. Attendees will have the opportunity to evaluate areas for growth within the policies and procedures at their organization, and create an action plan for improved care for those at risk of suicide.

#### Confidentiality of Treatment Records: HIPAA and Beyond

Vanessa Reynolds, Health Law Partner, Broad & Cassel

**Salon E** 4:00pm - 5:30pm

The presentation will discuss HIPAA and Florida law confidentiality requirements for both general and mental health treatment records, state and federal regulations governing the confidentiality of substance abuse treatment records, and the recent changes to 42 CFR, Part 2. We will also discuss recent trends in the Office for Civil Rights (OCR) HIPAA enforcement efforts.

4:00pm - 5:30pm

Workshops continued

#### Tackling the Technicalities for Successful Integration of Peer Services

Dana Foglesong, BS, CRPS, Director of Recovery and Resiliency Services, Magellan Complete Care of Florida

Joyce Myatt, MHSA, Director, Memorial Outpatient Behavioral Health Center Cameron Wood, BS, CRPS, Executive Director, Peer Support Coalition of Florida

Salon G 4:00pm - 5:30pm

Changes driven by the Affordable Care Act, including a shift to a more person-centered approach, a focus on integrated health, and a demand for an increased workforce, have expanded the role peer specialists play in the treatment delivery system. Recent national legislation and state initiatives mandate the use of peer support within community behavioral health settings and peer services are now reimbursable through both DCF and Medicaid. Research of both large scale (the Veteran's Administration) and small scale implementation efforts emphasize the need for careful preparation and execution for successful integration. Agencies have notable challenges when integrating peer support workers, such as managing the complexity of hiring former/current clients, as well as the certification process, background screening exemption process, interview process, supervision, and retention. This workshop will address these challenges from multiple perspectives including that of a payer, provider, and peer-run organization.

### Legal and Ethical Compliance in the Business of Behavioral Health — A Practical Approach

Nicole Sauvola, JD, General Counsel, A New Start, Inc.

**Salon I** 4:00pm - 5:30pm

This session will address legal and ethical concerns from admission to discharge as well as present real life situtations for process, analysis and decision making.

### Psychiatric Hospitalization or Diversion? Integration of Hospital and CSU/ARF

David Josephs, PsyD, Clinical Director, Lakeview Center, Inc. Tasa Isaak, Director, Adult Case Management Systems, Lakeview Center, Inc. Barbara Beard, Director of Operations, Baptist Behavioral Medicine, Baptist Hospital-Behavioral Medicine Center

Salon K 4:00pm — 5:30pm

This session addresses the collaborative protocol developed by a community mental health center and a free standing hospital. The coordinated services reduced patient wait times in the emergency department, and allowed for appropriate interventions to avoid inpatient admissions, including those involving Baker Act protocol. In addition to dealing with admissions, the collaboration worked to provide appropriate community referrals for those leaving inpatient services and reduced the level of inpatient recidivism.



#### **Addressing Trauma in Justice-Involved Women**

Holly Hills, PhD, University of South Florida

**Salon L** 4:00pm - 5:30pm

The effects of trauma exposure in women in contact with the justice system will be explored. A brief history of trauma treatment will be presented, emphasizing evidence-based models that have been evaluated in justice settings. Symptoms that overlap with other mental health disorders and the challenge of assessing and treating these co-occurring disorders will be discussed.

#### **Utilizing Eligibility Assessments in Drug Courts**

Faye S. Taxman, PhD, University Professor in the Criminology, Law and Society Department and the Director of the Center for Advancing Correctional Excellence at George Mason University Kelly Steele, Problem-Solving Court Manager, 9th Judicial Circuit Frank Owens, Treatment Court Supervisor, Alachua County

Jackon (downstairs) 4:00pm - 5:30pm

Utilization of standardized and validated eligibility assessments to identify an individual's risk level and treatment needs are a national and state best practice standard for adult drug courts. These assessments are critical for ensuring treatment services and supervision are appropriately matched to drug court participants to increase participant success and positive outcomes for drug courts. This panel will provide information on important factors for drug courts to consider in selecting and utilizing eligibility assessments along with tips and lessons learned from jurisdictions in Florida who are currently utilizing these assessment instruments.

6:00pm — 6:45pm Yoga Union

#### Yoga Nidra

Tamera Anderson-Hanna, MA, LMHC, CAP, CRC, RYT, Wellness, Therapy, & Yoga

Union 6:00pm −6:45pm

Begin by connecting with breath, set a mantra or affirmation for your practice, take a gentle stretch for the body, and then enter into a meditative state of guided relaxation called Yoga Nidra. The goal is to waken and guide yourself back feeling refreshed for the remainder of the week! Great for pain management, insomnia, and as a way to reduce general feelings of stress or anxiety. Suitable for any fitness level and intended as a way to wind down and relax.

7:30pm — 8:45pm Screenager movie screening Jackson (downstairs)



Be sure to attend the screening of "Screenagers"
Thursday, August 17th | 7:30pm to 8:45pm | Jackson (downstairs)

Award-winning **SCREENAGERS** probes into the vulnerable corners of family life, including the director's own, and depicts messy struggles over social media, video games, academics and internet addiction. Through surprising insights from authors and brain scientists solutions emerge on how we can empower kids to best navigate the digital world.

6:45am - 7:30am

Vinyasa Yoga

Union

#### Vinyasa Yoga

Tamera Anderson-Hanna, MA, LMHC, CAP, CRC, RYT, Wellness, Therapy, & Yoga

Union 6:45am — 7:30am

Awaken your body with a traditional Vinyasa sequence which includes sun salutations, planks, chair pose, some down dog twists and more for a fun way to end the week and energize for the day. A great way to tone the body and find connection. This will be a moderate to more intense class with an emphasis on building flexibility, strength, and endurance.

8:00am - 8:45am

**Coffee Break** 

Salon 11 & 12

Sponsored by Iris Telehealth

8:45am General Session Bonnet Creek Ballroom



#### **Screenagers**

**Dr. Delaney Ruston** 

**Bonnet Creek Ballroom** 

8:45am - 10:15am

Are you watching kids scroll through life with their rapid-fire thumbs and a six-second attention span? Physician and filmmaker Delaney Ruston saw that with her own kids and learned that the average kid spends 6.5 hours a day looking at screens. How does our new tech world affect children's development? What is the new research on the impact of video gaming and social media on self-esteem, empathy, social skill development, academics and brain development? What does science teach us about teaching self-control? How can we best encourage youth to find their own ways to achieve balance? What limits and rules are reasonable and how do we implement them?

#### **Door Prize Drawings**

10:30am - 12:30pm 6 Mini Plenaries

#### Focus on the Future: A National Behavioral Health Update

Tom Hill, Vice President of Addictions and Recovery, National Council for Behavioral Health

Salon J-L 10:30am — 12:30pm

This session will present an overview of the vast funding, policy, and programming changes that are occurring in the mental health and addiction fields. This ever-evolving landscape has direct impact on how we do business, conduct practice, and advocate for the best care for the people we serve.



#### 10:30am - 12:30pm 6 Mini Plenaries continued

### Post Incarceration: Well Being Development as the Foundation for Long Range Success

Carrie Pettus-Davis, PhD, Founding Director, Institute for Advancing Justice Research & Innovation

**Salon A-C** 10:30am - 12:30pm

Increased attention has been focused on the massive outflows and inflows of people into the U.S. prison system as a result of many people not doing well after incarceration. Despite heightened efforts to develop effective prisoner reentry services, high rates of recidivism have remained stubbornly unchanged. It has propelled the U.S. towards becoming the leading incarcerator of the world. Evident by a meager national rate of only 23% of released prisoners avoiding recidivism after incarceration, current approaches to prisoner reentry services are insufficient. There is an urgent need for innovation within the field. This presentation will highlight five key ingredients that post-incarceration services should possess to have the greatest impact on recidivism, while also increasing individual and community well-being.

#### A Multi-Faceted Approach to Cravings Management

Doug Paul, MS, LPC, CPCS, Clinical Director, Foundations Recovery Network

Bonnet Creek Ballroom 10:30am – 12:30pm

The DSM-V added cravings to the criteria for substance use disorders in October, 2015. Just as addiction can impact every area of life, so too must the approach for cravings management. The goals for this workshop will be to review the literature on cravings management techniques, discuss cravings management medications and elicit a discussion of multi-faceted approaches that have worked for those on the front lines of SUD treatment. This dynamic presentation is both experiential and educational with the use of mixed-media and pop-culture references.

### How Socio-Economic, Ethnic and Cultural Issues Impact the Effectiveness of Clinical Interventions

Jessica A. Pryce, PhD, MSW, FSU Florida Institute for Child Welfare

Salon D-F 10:30am — 12:30pm

Economic-stratification, ethnic, racial and cultural issues have an impact on service delivery and clinical interventions. Particularly, racial disparity has had a longstanding effect on child welfare removal decisions and the appropriateness of certain interventions. There continues to be a troubling overrepresentation of African American children in the foster care system. In addition, service providers often lack an understanding of the child welfare system and this creates limits on the service delivery. During this mini plenary session, the facilitator will discuss the outcomes of case studies completed with regard to the influence of racial and ethnic issues in child removal decisions. There will also be a discussion of the literature on dissimilar and similar racial and cultural dyads within clinical relationships. Recommendations for practice and implications for policy will be provided.

#### 10:30am - 12:30pm 6 Mini Plenaries continued

#### **Compassion Fatigue: When Helping Hurts**

April Lott, LCSW, CEO, Directions for Living

**Salon G-I** 10:30am — 12:30pm

Compassion fatigue is a common problem facing professionals in the helping professions. Even when well-equipped and unstressed, this type of work can take its toll. Administrators and clinicans need to understand the signs and symptoms and be prepared to manage workload and the environment to help combat burnout and eliminate compassion fatigue. This workshop will help identify the signs and symptoms and offer common sense solutions that are effective in the workplace.

#### Toward Large-Scale Prediction and Prevention of Suicidal Behaviors

Jessica Ribeiro, PhD, Florida State University

Ballroom Salon XII (12) 10:30am — 12:30pm

Each year, nearly one million lives are lost to suicide worldwide. Suicide's devastating public health burden has not gone unrecognized – in fact, it has been met with sweeping calls to develop national strategies for suicide prevention as well as exponential increases in research over the last several decades. Despite increased efforts, rates of suicide have remained virtually unchanged. The objective of this presentation is to address two critical questions: "Why is this the case?" and "What can we do to change these trends?" This session will provide a summary of the present understanding about risk factors for suicidal thoughts and behaviors by presenting results from a meta-analysis of studies that have attempted to longitudinally predict a suicide-relevant outcome. Results from recent empirical studies that used novel methods with the potential to advance our ability to accurately detect individuals at risk for suicidal behaviors on a large scale will be discussed along with results from three preliminary randomized controlled trials for a brief, web-based phone app intervention that has the potential to be an effective population-level treatment for suicidal behaviors. In short, this work represents the initial steps towards scalable risk identification and intervention. Further development of these approaches has the potential to produce the first large-scale reduction in suicidal behaviors in decades.

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Mattress Firm • Mattresses	
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Mend • Patient Engagement Platform/Telehealth	Booth 408
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Retreat Premiere Addiction Treatment Centers • Residential Inpatient	
River Point Behavioral Health • Inpatient Behavioral Health for Children	
SandyPines • Residential Treatment for Children 5-17	
Secure Records Solutions, LLC • Record Scanning/Storage, Cloud Storage	
Shores Treatment and Recovery • Drug and Alcohol Treatment Center	
Springfield College Tampa Bay • BS in Addiction Studies & MS in MHC	
Streamline Healthcare Solutions • Electronic Health Records	
Sunshine Health Plan • Managed Care Plan	
Sunspire Health • Treatment Program	
TenEleven Group • Software	
The Academy of Addiction Professionals • ECB Certification	
The Bougainvilla House • Treatment Program	
The Echo Group • Software and Services for Behavioral Health	
The Florida House Experience • State of the Art Treatment Facility	
The Joint Commission • Accreditation	
The Vines Hospital • Inpatient Psychiatric	
Troy University • Education	
UF Health Florida Recovery Center • Evidence-based addiction Treatments Cent	
University Behavioral Center • Detox, Substance Abuse & Mental Health	
University of South Florida • Prescribing Guidelines	
University of West Florida • Graduate courses for Behavior Analysts	
Valant • Behavioral Health EHR Platform	
Wekiva Springs Center • Addiction Treatment	
WellCare Health Plans, Inc. • Managed Care Health Plan, BH Medical Dir	
Welligent • Electronic Health Record software	
WestBridge ● Residential, Outpatient Treatment	
Willis Towers Watson • Insurance & Risk Management Services	
-	



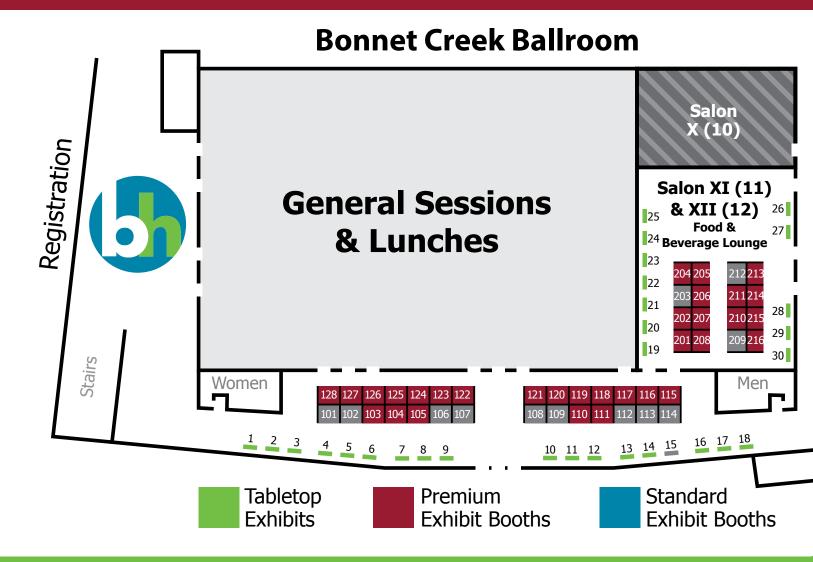
### O'SHER ASSOCIATES

Providing Management Consultation To All Components Of The Health Care Field

### OPTIMIZE BILLING + TURN RECEIVABLES INTO CASH

- In my forty years of community behavioral health experience I have found that the majority of agencies leave cash on the table due to sub-optimal billing and collection systems.
  - I have worked with a number of clients to improve their process and
    - I have also diligently worked with their staff to collect hundreds of thousands of dollars in 'older' receivables.
      - I charge a very reasonable fee for the systems improvement piece and will work on a contingency basis for the collection effort. • The results will be a much more efficient billing system and a possible
        - infusion of cash. All for a very small investment.
        - The best way to contact me is either by my cell or at OSHEAASSOCIATES@YAHOO.COM

### Hilton Orlando Bonnet Creek - General Session



### Session attendance tracking via badge scanning!

We are pleased to share that we've implemented a new way to track your session attendance.

#### Tracking attendance is easy:

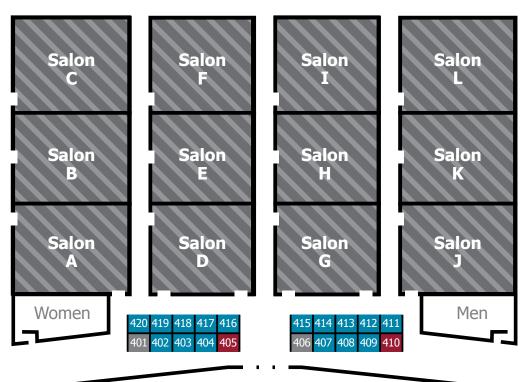
- Wear your barcoded badge
- Get your badge scanned in **each** session you attend. No more paper CEU logs to complete!

To track your attendance, you must have your barcoded badge scanned at the session room. Staff and volunteers room monitors will be scanning attendees badges. Badges will be scanned as you **enter the general sessions** and **the workshop sessions**. It is important to wear your badge at all times during the event so you can receive credit for session attendance.



### **Exhibitor and Workshop Map**

#### Floridian Ballroom



Door **Prizes** 

Be sure to join us Friday, August 18th **General Session** 8:30am - 10:00am Recipients must be

present to win.



**Stairs** 

308 309

306 311

305312

303314

photo

. exhibit

area



**Sponsor Booths** 

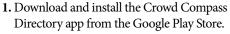
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Salon Workshop Rooms Waldorf

### Download our conference app!





2. Open the "Directory" app you just installed. Click on the magnifying glass in the upper right hand corner and type in BHCon2017 in the "Enter Event Code" box and then hit the search icon in the very bottom right hand corner. Now click on the BHCon2017 Event Icon.

#### **iPhone**

- 1. Download and install the Crowd Compass Directory app from the Apple App Store.
- 2. Open the "Directory" app you just installed. Then in the search box at the top of the screen type BHCon2017 and hit search. Click on the BHCon2017 Event Icon to install the conference app on your device.





For BlackBerry, Windows and other devices: Please access the app via web browser at the following address: https://event.crowdcompass.com/bhcon2017









## Magellan COMPLETE CARE



















