

August 10 – 12, 2016



Florida's Premier  
Behavioral Health  
Annual Conference

providing  
**value** in  
**challenging**  
times

Hosted by:



**FLORIDA  
COUNCIL**  
for Community Mental Health

In collaboration with:



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FLORIDA  
COUNCIL  
for Community Mental Health

316 East Park Avenue  
Tallahassee, Florida 32301  
850-224-6048

August 10, 2016

Welcome to Florida's Premier Behavioral Health Annual Conference. The Florida Alcohol and Drug Abuse Association and the Florida Council for Community Mental Health, in conjunction with the Florida Hospital Association hope you find this conference an invaluable experience. We pledge to do all we can to create an opportunity for you to learn, network, and recoup.

The 2016 conference theme, **Providing Value in Challenging Times**, speaks to the ever changing behavioral health marketplace. New science, new medicine, new technology, and new opportunities are juxtaposed against the pressures of accountability, expectations for patient care, and financing challenges. Providing value is how one stands out in the crowd. Value correlates with responsive patient care, innovation in practice, a well- trained workforce, and responsive services to meet community needs.

Value also correlates with the role mental health and substance use disorders providers play in promoting patient, family, and community care. The recent tragedy in Orlando and the role behavioral health providers played in serving the victims, their families, and the needs of the community demonstrate Providing Value in Challenging Times.

The conference offers a wide variety of workshops, goods and services that can benefit your clinical practice, your service to patients, and the operation and effectiveness of your company. The conference is also an incredible opportunity to network with your peers from across the state and the region because it's the largest annual gathering held in Florida of mental health and substance use disorder professionals, leaders in the industry, individuals in recovery, and volunteers.

Use the conference as an opportunity to step away from your work and use it as a time to rejuvenate, relax, and unwind – you deserve the break.

The success of this event is directly proportionate to the help we receive from our sponsors. Special thanks Alkermes, Netsmart, Streamline Healthcare Solutions, Beacon Health Options, Bridges International, Magellan Complete Care, Otsuka, Cenpatco, Sunshine Health, Valant, BayCare Behavioral Health, Cordant Health Solutions, Kaleo and Amerigroup for their generosity and commitment to sponsoring this event. We also thank all of our exhibitors and advertisers for their continued support. Finally we thank the leadership of the Department of Children and Families, the Department of Corrections, and the Agency for Health Care Administration. The participation of these agencies in this event speaks to their commitment to enhance client care and service delivery.

We want you to leave the conference refreshed, enlightened, and satisfied. Please do not hesitate to let us know if there is anything we can do to enhance your conference experience.



Mark Fontaine  
FADAA  
Executive Director



Mike Hansen  
FCCMH  
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# Special Conference Features

## Enjoy the conference

**Thank you to  
our sponsors:**



### Lunch

**Tuesday, August 9 - Pre Conference**

Lunch is on your own.

Onsite Dining Options for lunch include: Harry's Poolside Bar & Grill, Café Gauguin & Red's Deli.

**Wednesday, August 10**

Lunch is on your own.

**Thursday, August 11**

Lunch will be provided. Join us for the Awards luncheon.

12:00pm – 1:45pm in the Grand Ballroom

### Conference App

To enhance your BHCon2016 experience download our new conference app. Available free to all registered attendees. Florida's Premier Behavioral Health Conference app engages attendees and provides the latest BHCon2016 information on your mobile device, tablet, or computer. See page 32 for details.

### Exhibit Hall Hours

**Wednesday, August 10, 7:30am – 6:00pm**

**Thursday, August 11, 7:30am – 6:00pm**

Exhibitors will be available in the Junior Ballroom and Prefunction area.

### Prize Drawings

**Thursday, August 11 • 8:30am – 10:00am (General Session)**

**Thursday, August 11 • 4:00pm – 5:45pm (General Session)**

### Other Events

**Wednesday, August 10**

6:45am – 7:30am

7:00am – 7:45am

5:30pm – 6:30pm

Morning Run with Mike Hansen, Hotel Lobby

Morning Yoga, Grand Ballroom B

Great Conversations Give Great Results:

Chat with Young People About Effective Substance Abuse Treatment,  
Hospitality Suite 240

Al-Anon Meeting, Salon 17

Narcotics Anonymous Meeting, Salon 18

6:00pm – 7:00pm

7:00pm – 8:00pm

**Thursday, August 11**

6:45am – 7:30am

7:00am – 7:45am

6:00pm – 7:00pm

Morning Run with Mike Hansen, Hotel Lobby

Morning Yoga, Grand Ballroom B

Al-Anon Meeting, Salon 18

**Friday, August 12**

6:45am – 7:30am

Morning Run with Mike Hansen, Hotel Lobby

# Welcome to Florida's Premier

Presented by the Florida Alcohol and Drug Abuse Association

## 2016-2018 Florida Alcohol and Drug Abuse Association (FADAA) Board

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# Behavioral Health Conference

## and the Florida Council for Community Mental Health



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#### Data Analysts

Matt Michaels  
Tryce Scully  
Matthew McSoley

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# Pre Conference Speakers - Tuesday, August 9



**S. Doug  
Lemon**  
PsyD



## Effective Co-Occurring & Mental Health Treatment for Offenders

**Tuesday, August 9th | 9:00am – 5:00pm | Salon 1/2**

With over 2 million incarcerated adults, America has the highest incarceration rate in the world. Since 95 percent of incarcerated adults are eventually released back into our communities, it is essential that those serving justice-involved clients make the most of the resources at their disposal to make the most positive impact possible. In this fast-paced, interactive workshop, veteran prison psychologist Dr. Doug Lemon takes us behind the prison walls and inside the criminal mind, going beyond the research to explore what works with offenders.



**Arlene Brett Gordon**  
PhD, LMFT



## Solution Focused Approach for Substance Abuse & Trauma Informed Care

**Tuesday, August 9th | 9:00am – 5:00pm | Salon 3/4**

Solution Focused Brief Therapy (SFBT) is an evidence-based practice which focuses on clients' inherent strengths and competencies, helping them discover solutions to their challenges instead of focusing on the problems they are currently facing. This future focused, goal-directed intervention is effective because clients experience their own ability to make positive changes efficiently.

This workshop is an interactive translation of solution-focused, systemic theory into practical application. Participants will be able to apply specific SFBT interviewing tools to engage clients by utilizing strength-based, collaborative interventions directly with clients, client-families and other community providers.

Sponsored by:



**Heidi O'Toole**  
MS, LM, CEM-P



## Making Counseling Multi-Sensory: Creative Strategies and Techniques

**Tuesday, August 9th | 9:00am – 5:00pm | Salon 9/10**

This is an energizing, interactive workshop that demonstrates the advantage and effectiveness to using multi-sensory strategies when counseling. The workshop will provide participants with numerous creative techniques and strategies designed to engage and focus the client in both individual and group settings. It is imperative that we first engage our client if they are to retain what it is we have to offer. A multi-sensory approach fully integrates the brain, which allows for more adaptive bi-lateral information processing. The right brain is activated in the engagement phase of the session (multi-sensory techniques and strategies), once engaged, the left brain is then accessed offering the client an explanation – explanation leads to insight, insight is the precursor to change – and change is the process within which healing begins.



# Conference Keynote Speakers



## **Genetics May Load the Gun, But Environment and Lifestyle Pull the Trigger: The Groundbreaking New Science of Epigenetics in Mental Health and Addiction**

**Pamela Peeke, MD, MPH, FACP**

Dr. Pamela Peeke is an internationally recognized expert, physician, scientist and author in the fields of nutrition, stress, fitness, and public health. On stage or in front of a camera, she combines her trademark energy, wit, and humor with the latest scientific data to motivate and educate audiences of all ages to transform themselves for healthy living.



## **Addiction: A Futurist's Perspective**

**Omar Manejwala, MD**

As one of the nation's leading experts on addiction medicine, substance abuse and mental illness, Dr. Omar Manejwala offers insight and analysis on new developments related to addiction and mental health. He is quick to connect the dots between brain science and behavior. He has appeared on national and international television networks, and has been featured via radio and print media. He speaks to audiences about how they can leverage insights from brain and behavior science to change our habits and our lives. Through his public speaking, he is able to chip away at the stigma behind addiction and mental health, which often stops people from pursuing wellness.



## **Zombism in the Workplace**

**Stephen Hacker**

Stephen Hacker is CEO and a founding partner of Transformation Systems International, LLC. As a consultant, author, and leader, he engages with organizations throughout the world in achieving breakthrough performance. After completing his corporate career as a senior leader with Procter & Gamble, he served as the executive director of The Performance Center, a multi-university organization conducting action research. He is a past ASQ chair and an ASQ Fellow.

**Thank you in advance...**  
**for turning off your cell phone during all workshops and speaker sessions.**



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SandyPines is fully accredited by The Joint Commission and is licensed by the Agency for Health Care Administration.

Physicians are on the medical staff of SandyPines Hospital but, with limited exceptions, are independent practitioners who are not employees or agents of SandyPines Hospital. The facility shall not be liable for actions or treatments provided by physicians. 160791 2/16





*Providing Leadership to Florida's Prevention & Treatment Providers*

FADAA's Board of Directors recently formed the new Florida Behavioral Health Association (FBHA) as a business league organization to complement the work of FADAA's public policy agenda. The FBHA is designed to serve and promote the business interests of individuals and companies directly or indirectly engaged in the provision of behavioral health services and behavioral medicine.

*The Florida Behavioral Health Association can help make your voice stronger to accomplish your business goals.*

For more information on FADAA, FBHA, or membership please contact:  
Carolyn Hyden at [chyden@fadaa.org](mailto:chyden@fadaa.org) or Rebecca Roberts at [rroberts@fadaa.org](mailto:rroberts@fadaa.org) or call 850.878.2196



*Helping You Stay Competitive in Florida's Healthcare Marketplace*

# Workshop Descriptions | Wednesday, August 10

## Opening Remarks - 8:30AM

Grand Ballroom

### Grand Ballroom

#### Welcome

John Romano, FCCMH Chair

Mike Hansen, FCCMH CEO/President

Florida House Representative Matt Hudson

Frank Rabbito, FADAA Chair

Mark Fontaine, FADAA Executive Director

Rich Rasmussen, VP, FHA - Collaborative Partner

### ■ Keynote Session

## Genetics May Load the Gun, But Environment and Lifestyle Pull the Trigger: The Groundbreaking New Science of Epigenetics in Mental Health and Addiction

Pamela Peeke, MD, MPH, FACP, Assistant Clinical Professor of Medicine, University of Maryland, School of Medicine

Grand Ballroom | Wednesday, August 10, 2016 | 8:30AM – 10:30AM

Until recently, it was believed that an individual's destiny was dictated by his or her innate DNA which was thought to be immutable. However, revolutionary discoveries within the new science of epigenetics have demonstrated that lifestyle choices and environment play powerful and pivotal roles in determining people's future. Meditation, nutrition and physical movement can profoundly alter how genes express themselves to the rest of the body. Epigenetics offers hope to those suffering with addiction as well as the frequently co-occurring mental conditions depression, anxiety, and post-traumatic stress syndrome. Dr. Peeke will describe this exciting new science and provide practical accessible applications for practitioners to incorporate into treatment and recovery programs.

## 10:30AM – 11:00AM Refreshment Break

Sponsored by: Cenpatco and Sunshine Health

Exhibit Hall

## 11:00AM – 12:30PM - Workshops

### Care Coordination: Treating the Whole Person

Scott Green, BS Psychology; Healthcare Leadership, Vice President and General Manager, CareGuidance Solutions, Netsmart

Integration | Salon 1 | Wednesday, August 10, 2016 | 11:00AM – 12:30PM

The optimal way to treat mental health disorders is to provide integrated mental health and primary care services treating the whole person with comprehensive, multidisciplinary services systematically combined to provide the best outcomes. This session will: outline the high cost of co-occurring mental and physical illness and poor transitions of care; discuss the basics of several care coordination models, including Delivery System Reform Incentive Programs (DSRIPs) and Performing Provider Systems (PPSs); outline several organizational structures for providing coordinated primary care, mental health and addiction treatment services; and provide examples of several active integrated care initiatives between behavioral health providers and hospital systems.

Sponsored by:

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# Workshop Descriptions | Wednesday, August 10

## Block Grant Requirements For Special Populations

Angie Maldonado, BS, Program Director, Aspire Health Partners

Rosa West, PhD, Licensed Mental Health Counselor, Licensed Marriage & Family Therapist, Outreach Coordinator, University of Florida

Susan Woodford, MS, CPP, Executive Director, Nassau Alcohol Crime and Drug Abatement Coalition

**Clinical | Salon 2 | Wednesday, August 10, 2016 | 11:00AM – 12:30PM**

Block grant requirements are essential in supporting priority treatment and support services for the most vulnerable clients. However, these requirements can be confusing and overwhelming. This presentation will focus on best practices, policies and procedures to serve vulnerable populations. Presenters will provide an outline of requirements to best serve clients, including an overview of best practices to ensure fidelity and quality services to consumers. Emphasis will be placed on the Evidence-Based Practice (EBP) Peer Review Process designed to enhance service delivery and improve care.

## Opioid Epidemic & Counterfeit Pills

Jim Hall, Center for Applied Research on Substance Use and Health Disparities, Nova Southeastern University

**Clinical | Salon 3 | Wednesday, August 10, 2016 | 11:00AM – 12:30PM**

As the nation's third most populated state, Florida is on the forefront of critical substance abuse issues including: Novel Psychoactive Synthetic Substances; The Opiate Epidemic; and Counterfeit Pills. As a key sentinel site for the hemisphere, Florida is often the first to not only identify but also to respond to rapidly changing and intensifying patterns of addiction. Learn the latest on what we as Floridians need to know to develop model responses to 21st Century challenges.

## Listening to Schizophrenia - Reflection on the Psychotherapeutic Process and Schizophrenia

Jay Reeve, PhD, CEO, Apalachee Center

**Clinical | Salon 4 | Wednesday, August 10, 2016 | 11:00AM – 12:30PM**

This session is an interactive workshop examining the experiential aspects of working in psychotherapy with clients who have been diagnosed with schizophrenia. Participants will discuss the clinician's experiences and encounters with clients who bear this diagnosis, and will be engaged in empathy development exercises.

## Recovery Management with Offenders

Doug Lemon, PsyD, Chief Psychologist, McCreary County US Penitentiary

**Criminal Justice & Corrections | Salon 9 | Wednesday, August 10, 2016 | 11:00AM – 12:30PM**

Drug and alcohol addiction is the driving force behind much of the crime plaguing our nation. It is imperative that substance-abusing offenders have the opportunity to participate in quality substance abuse programs during and after incarceration. This workshop will provide the audience with an overview of the treatment needs of offenders, as proven strategies for effective treatment.

# Workshop Descriptions | Wednesday, August 10

## 11:00AM – 12:30PM - Workshops continued

### **The Transformation to Value Based Purchasing: Payer and Provider Perspectives**

Mary Ruiz, MBA, CEO, Centerstone of Florida

Paul Duck, BA Business Management, Vice President of Strategy & Development, Beacon Health Options

**Finance | Salon 10 | Wednesday, August 10, 2016 | 11:00AM – 12:30PM**

In the transformation to value-based purchasing, both payers and providers are exploring new financial and clinical models with a greater reliance on analytics and care coordination. Learn how business strategists for a national behavioral health organization and a national provider organization assess and prepare for the change to value-based care.

### **Ethical and Legal Marketing for Treatment Centers**

Alan Gassman, JD, LLM, Lawyer, Gassman, Crotty and Denicolo, PA

Lester Perling, Esq., CHC, Partner, Broad and Cassel

**Emerging Trends | Salon 11 | Wednesday, August 10, 2016 | 11:00AM – 12:30PM**

The presenters will provide attendees with a comprehensive list of common legal issues and violations related to ethical marketing treatments. Solutions to challenges and an action checklist will be presented to help assure facilities don't get caught up in many of the ethical and legal dangers that are now rampant in this arena.

### **Business Intelligence for Behavioral Healthcare**

Maggie Labarta, PhD, President of Clinical Operations, Progress Health Systems, Inc, CEO, Meridian Behavioral Healthcare

Don Savoie, Chief Operating Officer, Meridian Behavioral Healthcare

**Innovation & Technology | Salon 12 | Wednesday, August 10, 2016 | 11:00AM – 12:30PM**

This presentation will focus on understanding and effectively managing process and performance to maximize effort and potential. The presenters will emphasize the use of “information” to act strategically and timely on financial, personnel, programmatic outcomes and wellness factors and trends in order to boost your bottom line and clinical effectiveness as a healthcare organization. Special focus will be given on the “Triple Aim: Care, Health, Cost.”

### **Peer Recovery - An Integral Part of the Recovery-Oriented Systems of Care**

Richard Davila, PhD, Professor/Coordinator of Addiction Track, Springfield College, Tampa Bay Campus

**Recovery | Salon 15 | Wednesday, August 10, 2016 | 11:00AM – 12:30PM**

The paradigm shift in the field of Substance Use Disorders toward a wellness and holistic assets model will be presented, particularly how the Peer Recovery/Recovery Coach model fits into the Recovery-Oriented Systems of Care (ROSC) initiative. The ROSC model also takes into consideration multiple pathways to recovery and coordination with multiple services in the community to enable holistic and long term recovery.

# Workshop Descriptions | Wednesday, August 10

## Tips for Talking with Tobacco Users about Quitting

Andree Aubrey, MSW, Director, FSU of College Medicine, Area Health Education Center

Prevention & Wellness | Salon 16 | Wednesday, August 10, 2016 | 11:00AM – 12:30PM

Most tobacco users will tell you they are interested in quitting sometime in the future, but now is not a good time. How one responds to these types of statements will significantly influence a person's readiness and motivation to quit. Since every quit attempt brings a person closer to successful, long term abstinence, it is critically important for mental health counselors and other clinicians to intervene effectively. This session covers many tips, based on the principles of Motivational Interviewing strategies, which help clients identify their own personal benefits of quitting. Participants will be prepared to support their client's quit attempts without being afraid their mental health condition or sobriety will be compromised.

## Using Technology to Enhance Addiction Treatment

Dianne Clarke, PhD, Chief Operating Officer, Operation PAR, Inc.

Mark Vargo, PhD, Vice President of Research, Operation PAR, Inc.

Jim Miller, CISSP, Chief Information Officer, Operation PAR, Inc.

Clinical | Salon 17 | Wednesday, August 10, 2016 | 11:00AM – 12:30PM

Telebehavioral health and other technology-based treatment and recovery supports can assist clients and addiction treatment counselors to expand services and increase outcomes. This presentation will inform and acquaint participants with two SAMHSA telebehavioral health research projects in both outpatient and residential settings. Participants will be exposed to a variety of the latest technology based applications for delivery of addictions treatment and recovery services and the challenges of implementing technology-based intervention.

## Medication Adherence in Behavioral Health

Jaclyn Schwartz, PhD, OTR/L, Licenced Occupational Therapist, Assistant Professor,  
Florida International University

Clinical | Salon 18 | Wednesday, August 10, 2016 | 11:00AM – 12:30PM

Half of people fail to take their medications as prescribed resulting in declines in health and function. In this session, participants will learn evidence-based strategies to identify medication adherence impairments. Then participants will learn a series of intervention strategies to improve medication adherence with clients.

## Compassion Fatigue: When Helping Hurts

April Lott, LCSW, CEO, Directions for Living

Workforce | Salon 20 | Wednesday, August 10, 2016 | 11:00AM – 12:30PM

Compassion fatigue is a common problem facing professionals in the helping professions. Even when well-equipped and unstressed, this type of work can take its toll. Administrators and clinicians need to understand the signs and symptoms and be prepared to manage workload and the environment to help combat burnout and eliminate compassion fatigue. This workshop will help identify the signs and symptoms of compassion fatigue and offer common sense solutions that are effective in the workplace.

**12:30PM – 1:45PM | Lunch On Your Own**

**Rosen Centre Hotel is home to some of the finest restaurants on Orlando's International Drive.**

For information on each of the restaurants including hours and menus, please visit:

[www.rosencentre.com/dining-and-recreation](http://www.rosencentre.com/dining-and-recreation)

## 1:45PM – 3:15PM - Workshops

### **Comprehensive Health Services for Youth Entering the Justice System: An Innovative, Health Coach Approach**

Asha Terminello, MS, Chief Operating Officer, Agency for Community Treatment Services, Inc.

Richard Dembo, PhD, Professor of Criminology, University of South Florida

Tonica Freeman-Foster, EdD, Project Director for the Florida Healthy Transitions Program, Central Florida Behavioral Health Network

Ralph DiClemente, PhD, Emory University

Jennifer Cristiano, MS, Program Director, Agency for Community Treatment Services, Inc.

Jessica Faber, BS, Project Manager, Agency for Community Treatment Services, Inc.

Carlos Mercado, MBA, Area Manager, Florida Department of Health - Hillsborough County

#### **Integration | Salon 1 | Wednesday, August 10, 2016 | 1:45PM – 3:15PM**

Public health issues, especially youth sexually transmitted infections, are a key concern of juvenile justice organizations. Justice involved youth, particularly female, are at a statistically higher risk of acquiring and transmitting these diseases. A policy shift has occurred concerning how to identify and treat these youth. This Health Coach model has been successful in identifying youth, providing treatment and follow up, and reducing recidivism. This panel will discuss the program startup activities, program enrollment criteria, services provided, and benefits of the program to the youth and the community including details from the post six month follow up.

### **Creating Sexual Safety for All Children**

Juliana Menke, LMHC, Therapist, Suncoast Center, Inc.

#### **Families | Salon 2 | Wednesday, August 10, 2016 | 1:45PM – 3:15PM**

93% of child sexual abuse victims know and trust their abuser. Even more concerning is that their parents and guardians know and trust the abuser as well. This training provides therapists with the latest data on sexual abuse prevention. It offers precise language therapists can use to guide parents in creating additional layers of sexual safety for their children. Most sexual abuse prevention training focuses on teaching children how to keep themselves safe. While this information is important for children to know, it is not enough. Parents, guardians, teachers and child care workers urgently need to know how to assess the adults in their world, and in their child's world, to create and maintain safe boundaries.

### **SB 12 – What it Is, Where it Came From, and What Does it Mean For You?**

Jay Reeve, PhD, CEO, Apalachee Center

Maggie Labarta, PhD, President of Clinical Operations, Progress Health Systems, Inc. and CEO, Meridian Behavioral Healthcare

#### **Emerging Trends | Salon 3 | Wednesday, August 10, 2016 | 1:45PM – 3:15PM**

Learn the mechanics of how a bill like SB 12 gets initiated, how advocates can influence the final product and what has to happen once it's passed. Senate bill 12 will mean changes to how individuals enter the mental health and substance use disorder treatment system; to how their care will need to be structured; and to the roles for the ME's, providers, and other stakeholders. Its implementation is not the end, however. The bill may need further work as glitches are identified. This workshop will help participants learn about the changes they will need to make, and how they can still influence its long-term impact.



# Workshop Descriptions | Wednesday, August 10

## **Nurse Navigation Program**

Shannon Robinson, Vice President of Medical Development, Aspire Health Partners

Valerie Westhead, MD, Chief Medical Officer, Aspire Health Partners

**Integration | Salon 4 | Wednesday, August 10, 2016 | 1:45PM – 3:15PM**

Nurse Navigation Program is a program that works directly with the community hospitals and emergency departments to move patients with mental health and substance use disorders out of the Emergency Departments and Units to the appropriate level of care based on patient needs.

## **What's Court Got To Do With It?**

Leah Vail, MA, Forensic Program Director, Meridian Behavioral Healthcare

**Criminal Justice & Corrections | Salon 9 | Wednesday, August 10, 2016 | 1:45PM – 3:15PM**

Mental Health Courts have proven results in diverting individuals with mental illnesses from the criminal justice system. This presentation will examine two contrasting models used by Alachua County, Florida and its successful partnership with community stakeholders. Mental Health Court involves voluntary defendants and Felony Forensics involves involuntary defendants that have been found to be Incompetent to Proceed or Not Guilty by Reason of Insanity. Program models, partnerships, strategy, sustainability, and outcome data will be discussed.

## **Cognitive-Behavioral Therapy: Inspiring Change Inside Out**

Rosa West, PhD, MBA, LMHC, LMFT, Clinical Assistant Professor, University of Florida

**Clinical | Salon 10 | Wednesday, August 10, 2016 | 1:45PM – 3:15PM**

Cognitive-Behavioral Therapy (CBT) is based on the idea that our thoughts cause our feelings and behaviors, not external things like people, situations, and events. This presentation is intended for the clinician with experience in the practice of CBT who wishes to enhance their ability to deliver CBT efficiently and effectively with clients (specifically clients who present with more complicated problems). This is a highly interactive presentation designed to increase clinician knowledge and experience with CBT techniques to use in challenging cases, as well as how to use CBT techniques on themselves when clients' behaviors trigger core beliefs. Attendees will participate in a series of experiential exercises; such as role play and case samples to practice using this therapeutic approach.

## **Care Across a System: The Power of TeleHealth in Increasing Access to Care**

Derrick Stephens, LCSW, South Atlantic Account Executive, InSight Telepsychiatry

**Innovation & Technology | Salon 11 | Wednesday, August 10, 2016 | 1:45PM – 3:15PM**

Telehealth is a rapidly growing area of care and settings across the Healthcare spectrum are turning to it to help ease the burdens of the resource-strained mental health system. This presentation discusses the ways telemental health is transforming access to care. It provides an overview of telehealth and its applications as well as forecasts areas where the industry will continue to grow. It also addresses considerations of adopting telehealth, including clinical best practices and prescribing controlled substances. Led by a telehealth provider who has implemented telepsychiatry programs in a variety of settings, this presentation will leave attendees with a solid understanding of how telehealth helps communities expand the breadth of their mental health services; how health care organizations can cut costs; how providers work from the comfort of home; and how consumers access care early.

# Workshop Descriptions | Wednesday, August 10

## 1:45PM – 3:15PM - Workshops continued

### **Live Supervision Model in a Not-for-Profit**

Rebecca Lachut, MEd/EdS, LMHC, LMFT, Licensed Clinical Supervisor, Child Guidance Center, Inc.

**Clinical | Salon 12 | Wednesday, August 10, 2016 | 1:45PM – 3:15PM**

Participants will examine a live supervision model of clinical training and staff development that began in 2015 in a Jacksonville not-for-profit, Child Guidance Center, Inc. The live supervision model is not new to clinical practice, but it is often overlooked as a system-wide intervention for quality management and staff engagement and retention in managed care not-for-profit settings. This presentation will examine the program design as well as the outcomes seen in its first year of implementation and a projection for the future of the program.

### **Recovering the True Self: An Essential Paradigm Shift for all Healing and Recovery**

Sandra Felt, MSW, LCSW, BCD, WindSong Equality Consulting

**Recovery | Salon 15 | Wednesday, August 10, 2016 | 1:45PM – 3:15PM**

Healing from addictions, trauma, and eating disorders all require a shift in the reference point from which we live. Recovering connection with the inner true self is essential to this healing process and a critical step for genuine addiction recovery, mental health, and mindfulness. What is the early developmental crisis for the true self that set the stage for addiction? Where did the true self go? How do we tap into this essential anchor now to strengthen it and give clients permission to live from this spiritual core? How is living from the true self spiritual rather than merely greedy and selfish? Why is there so much fear of the true self? Learn the language of the true self and six sure-fire strategies to Recognize, Reconnect with, Rebuild, and Return to living from the strength of the true self.

### **How Coalitions and Providers Can Work Together to Create a Culture of Health**

Monica Rousseau, MPHE, Coalition Coordinator, Alliance for Substance Abuse Prevention of Pasco County

Chrissie Parris, BA, Community Health Coordinator, BayCare Behavioral Health

**Prevention & Wellness | Salon 16 | Wednesday, August 10, 2016 | 1:45PM – 3:15PM**

In order to create sustainable change relevant to healthcare reform, substance abuse prevention efforts must incorporate strategies that influence population health and wellness in a community. This training session is designed to provide participants with innovative approaches on how to work together to build a culture of health. Substance abuse prevention coalitions use the Strategic Prevention Framework to determine which target areas and Evidence Based Practices to deploy for effective change. This training will expand on these concepts by introducing promising strategies and case studies that target all levels of the Socio Ecological Model and incorporate strategies that are mutually beneficial to partnering agencies. By working together to build comprehensive, multi-strategy approaches targeting all levels of the Socio-Ecologic Model, community stakeholders are able to achieve better outcomes and build equal access to a healthier life for people in their community.

### **Local Data For Prevention Coalition Sustainability**

Gary White, MPH, CPH, CWWPM, Associate Director, Hillsborough County Anti Drug Alliance

**Prevention & Wellness | Salon 17 | Wednesday, August 10, 2016 | 1:45PM – 3:15PM**

Participants will recognize components of applied theories regarding increased community mobilization; identify types/forms of local data that can be used to effect community social norms including, but not limited to, substance abuse prevention; and identify delivery methods for community feedback including, but not limited to, use of technology.

# Workshop Descriptions | Wednesday, August 10

## Broward County Response to Flakka and Synthetic Drugs

Paul Faulk, MBA, MPA, Director, Broward Addiction Recovery Center

Donald Maines, MBA, CAP, CGAC, CES, Special Advisor for Substance Abuse Research, Broward Sheriff's Office

**Clinical | Salon 18 | Wednesday, August 10, 2016 | 1:45PM – 3:15PM**

In 2015, Broward County fought and won the battle against a synthetic drug, Flakka. In 2016, Broward County is facing a new challenge, the rise of heroin, opiate and synthetic drug use which is causing an exponential increase in drug overdoses and death. This presentation will outline Broward County's collaboration between multiple community partners in the Broward County Behavioral Health System of Care. The presentation will focus on opiate and synthetic drugs; effective environmental strategies which engage the 12 sectors of the community; and the creation of Community Action Plans.

## Suicide Prevention Leadership 101

Sofia Castro, EdD, Suicide Prevention Specialist, Statewide Office for Suicide Prevention

**Prevention & Wellness | Salon 20 | Wednesday, August 10, 2016 | 1:45PM – 3:15PM**

Do you want to learn leadership skills pertaining to suicide prevention? Do you want to lead suicide prevention advocacy in your workplace? Suicide Prevention Leadership 101 will teach different ways to advocate for suicide prevention to help your coworkers, constituents, and consumers. It will focus on the Florida Suicide Prevention Plan for 2016-2020, and teach implementation strategies. It will also provide an overview of the Annual Report of the Suicide Prevention Coordinating Council, and each organization's role in the effort to reduce suicides in Florida.

**3:15PM – 4:00PM - Refreshment Break**

Sponsored by: Cenpatco and Sunshine Health

**Exhibit Hall**

## 4:00PM – 5:30PM - Workshops

### Why Telehealth? Why Now? What Do We Know, What Don't You Know About the Benefits for Telehealth

Marcia Monroe, LCSW, MSW, MBA, VP Network Development & Clinical Services, Central Florida Behavioral Health Network, Inc.

Frank Rabbito, Deputy COO, WestCare Eastern and Caribbean Region

**Innovation & Technology | Salon 1 | Wednesday, August 10, 2016 | 4:00PM – 5:30PM**

Come learn how to overcome staff resistance to Telehealth and how to implement it. The service provided has been cost efficient as well as clinically effective and widely praised by those who have experienced it from a wide array of perspectives - the provider, the community stakeholders, and most importantly those receiving services.



**Join us for a morning fun run!**

Each morning, Wednesday, Thursday and Friday

6:45am – 7:30am

Hotel Lobby

# Workshop Descriptions | Wednesday, August 10

**4:00PM – 5:30PM - Workshops continued**

## **Behavioral Health and Child Welfare Integration**

Catherine Rogers, MS, Child Welfare Integration Coordinator, South Florida Behavioral Health Network  
Charles Scherer, Family and Community Services Director, Florida Department of Children and Families  
Islem Pardinas, MSW, Our Kids (CBC), Regional Partnership Grant Manager

**Clinical | Salon 2 | Wednesday, August 10, 2016 | 4:00PM – 5:30PM**

The workshop will present information on the efforts towards integrating the exiting Behavioral Health System of Care with the Child Welfare System of Care in the Southern Region in Florida. Prospective from the Community Based Care (CBC), Department of Children and Families (DCF) Family Safety Department and the Managing Entity (ME) for Miami-Dade and Monroe Counties on the efforts to establish a positive working relationship, understanding and integration of the Child Welfare System of Care and the Behavioral Health (Substance Abuse/Mental Health) System of Care. The presenters will describe the efforts made in Miami-Dade and Monroe Counties to bring about change so that two systems that work in the same communities; integrate the two systems of care; gain knowledge of each system; integrate the delivery of services; and focus on keeping children safe.

## **Integrated Care and Community Inclusion: Finding Solutions**

Thomas Lane, CRPS, Sr. National Director, Consumer and Recovery Services, Magellan Healthcare  
Dana Foglesong, BS, Manager Recovery and Resiliency Services, Magellan Complete Care of Florida

**Integration | Salon 3 | Wednesday, August 10, 2016 | 4:00PM – 5:30PM**

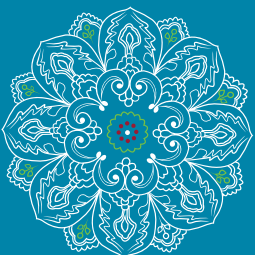
This highly interactive and thought provoking workshop will provide participants the opportunity to discuss the importance and impact of non-healthcare systems on social determinants of health as a means to improve community inclusion and as a critical element of effective integrated care. The association between social determinants of health and dimensions of wellness will be presented.

## **Oxycontin with a Whiskey Chaser: Drug and Alcohol Abuse in the Senior Population**

Terry Macho, Primary Therapist, Hanley Center

**Clinical | Salon 4 | Wednesday, August 10, 2016 | 4:00PM – 5:30PM**

The dial has been turned up in opioid use among Boomers, often mixed with alcohol. To better understand the context of escalating (yet understated and often unrecognized) substance use disorder in the 50+ age groups the presenter will explore generational histories and attitudes as well as co-existing physical and mental issues such as depression, anxiety and chronic pain. Challenges in assessment, engagement, treatment and chronic pain are barriers to long-term recovery. Attendees will gain tangible tools to engage the individual in the discussion and learn how generational and holistic, evidence-based treatment addresses the person in all dimensions, as well as the pragmatic life stage issues that influence wellness and substance use disorder recovery.



Join  
us for **YOGA**

• Wednesday, August 10  
7:00am – 7:45am, Grand Ballroom B

• Thursday, August 11  
7:00am – 7:45am, Grand Ballroom B



# Workshop Descriptions | Wednesday, August 10

## **Military Sexual Trauma: What Is It, How to Detect It, and Where To Go For Help**

**Laurie Reid, MS, President, Breaking the Cycle Consulting**

**Emerging Trends | Salon 9 | Wednesday, August 10, 2016 | 4:00PM – 5:30PM**

The Department of Defense (DoD) Sexual Assault Prevention and Response Fiscal Year 2014 Report indicated that from 2012 to 2013, there was an unprecedented 53 percent increase in victim reports of sexual assault while in the military. According to the Department of Veterans Affairs 2015 National Center for PTSD, 1 out of 4 women and 1 out of 100 males reported a form of military sexual trauma (MST). Despite program development and outreach by the VA and DoD, incidents of MST continue to rise. At this workshop, participants will learn what military sexual trauma is, the estimated prevalence rate, and barriers to reporting sexual harassment and assault. Through videos, discussion and lecture, participants will become familiar with and detect common symptoms and difficulties survivors commonly present with MST; identify evidenced based practices for treating MST; and recommend resources to effectively intervene.

## **Overdose Prevention and Naloxone in Florida**

**Amanda Muller, BS, Psychology, Overdose Prevention Coordinator, Florida Department of Children and Families**

**Clinical | Salon 10 | Wednesday, August 10, 2016 | 4:00PM – 5:30PM**

This session will provide audience members with a comprehensive overview of overdose recognition and response, overdose prevention and Naloxone efforts occurring in Florida. Information will be provided regarding Florida's Emergency Treatment and Recovery Act; how to recognize and appropriately respond to an overdose; and how to properly administer Naloxone. Limitations of the current law will be discussed and audience members will be in discussions on how to address these limitations.

## **Quality Management: Are we really a Trauma Informed provider?**

**Michael Walker, MA, QM Director of Programs, Bridges International**

**Criminal Justice & Corrections | Salon 11 | Wednesday, August 10, 2016 | 4:00PM – 5:30PM**

A working quality assurance plan requires knowing what you are measuring. In trauma-informed agencies, this means understanding the way your trauma-informed policies are being carried out by your staff. In this presentation, participants will learn the Critical Signs of a Trauma-Informed agency and how an agency's quality assurance plan can measure these Critical Signs to determine the quality of trauma-informed care offered clients.

## **Marketing & Communication Through Tragedy**

**Mark Cady, Director of Marketing & Fund Development, Aspire Health Partners, Inc.**

**Todd Dixon, Director of Community Relations, Aspire Health Partners, Inc.**

**Emerging Trends | Salon 12 | Wednesday, August 10, 2016 | 4:00PM – 5:30PM**

On June 12, 2016, Aspire Health Partners, like many community organizations in Orlando, found itself having to communicate critical, timely and vetted information to the community about behavioral health and other services available to the victims, survivors and citizens affected by the tragedy at Pulse nightclub. Communicating and marketing following this tragic event presented Aspire with many opportunities to expand their reach into the community. It has also amplified the challenge of how to effectively market and communicate while juggling public perception about taking advantage of the tragedy. In this program we will discuss how Aspire Health Partners and other organizations around the nation have struck an ethical balance of marketing, communicating, and providing critical services through times of tragedy.

# Workshop Descriptions | Wednesday, August 10

**4:00PM – 5:30PM - Workshops continued**

## **The Case for Peer-Run Respite Centers: Compassion Combined with Cost-Cutting**

**Rose Ann Walker, MEd, EdS, Co-Director for Peer Support, Gainesville Peer Respite, Inc.**

**Jane Emmeree, Executive Director of Gainesville Peer Respite, Inc.**

**Recovery | Salon 15 | Wednesday, August 10, 2016 | 4:00PM – 5:30PM**

Peer Respite are voluntary, short-term, residential programs designed to support individuals experiencing or at risk of experiencing a mental health crisis. These programs are staffed and operated by peers with lived experience of the mental health system who have professional training in providing crisis support. This workshop will review the history, philosophy, and current status of the Peer Respite movement; describe what distinguishes Peer Respite Centers from traditional inpatient psychiatric treatment; and explain advantages Peer Respite offer.

## **Tobacco & Addictions: Building Partnerships to Reduce Tobacco Use Among People with Addictions**

**Shelina Foderingham, MPH, MSW, Director of Practice Improvement,**

**National Council for Behavioral Health**

**Chad Morris, PhD, Director, Behavioral Health & Wellness Program, University of Colorado Anschutz Medical Campus**

**Rico Bodin, Case Manager/Health Educator, Gateway Community Services**

**Kelly Isbister-Clements, PAR Village Program Director, Operation PAR**

**Rick Hankey, Senior Vice President, LifeStream Behavioral Center**

**Prevention & Wellness | Salon 16 | Wednesday, August 10, 2016 | 4:00PM – 5:30PM**

The National Council launched the eight-month 2015 Wellness and Recovery Learning Community (WRLC) comprised of seven Florida-based addictions provider organizations and programs aimed to support providers in developing and implementing evidence-based tobacco cessation strategies for people with addictions, and to enhance collaborations with the state tobacco control program to facilitate linkages to community tobacco resources. This workshop will provide resources for addictions organizations to frame the case for tobacco-free campuses while discussing the benefits and challenges of going tobacco-free for clients and providers. Barriers of implementing tobacco control and prevention policies; evidence-based tobacco cessation practices used to prevent tobacco use; relationship building with state tobacco control programs for workforce development resources; tobacco cessation counseling services, and providing FDA-approved medication will be covered.

## **CEU/Contact Hours and Certificates of Attendance**

Approximately 21.5 Continuing Education Units/Contact hours will be available for the following:

Licensed Clinical Social Workers, Marriage and Family Therapists, Licensed Mental Health Counselors, Nurses, Psychologists, and Certified Addiction Professionals. Please refer to the CEU log you received at registration for detailed information.

FADAA is a board-approved provider for: Florida Board of Clinical Social Work, Marriage and Family Therapy and Mental Health Counseling (#50-676) Florida Board of Nursing Contact Hours (#50-676) Florida Certification Board, noted as FCB, (#A-001)

FCCMH is a board-approved provider for: Florida Board of Clinical Social Work, Marriage and Family Therapy and Mental Health Counseling (#50-1836) Florida Board of Psychology (Continuing Education Units available only for selected workshops as noted on the CEU Log) (#50-1836) Florida Certification Board, noted as FCB, (#1193-A)

# Workshop Descriptions | Wednesday, August 10

## Services, Treatment and Recovery in Housing

Alice Conte, MA, STAR Program Manager, Gateway Community Services

Mike McGuire, Case Manager, Gateway Community Services

Donald Beard, Peer Coach, Gateway Community Services

**Housing | Salon 17 | Wednesday, August 10, 2016 | 4:00PM – 5:30PM**

This presentation will give an overview of the STAR program. In 2014, Gateway received a SAMHSA Grant for a Service, Treatment and Recovery (STAR) program to ensure treatment and services for veterans who are homeless and chronically homeless, and for individuals and families. Two major goals are identified:

1) Develop and expand a more effective and sustainable local implementation and community infrastructure for homeless veterans and chronically homeless persons with substance use, mental health and/or co-occurring disorders; and 2) Reduce chronic homelessness among persons with substance use disorders, mental health disorders, or co-occurring disorders. Since the inception of this program, STAR has served over 60 formerly homeless individuals. The focus has been on peer recovery support. Gateway employed Peer Recovery Specialists to work with STAR participants to develop their path to recovery.

## Recognizing and Responding to Inadequately Treated Major Depressive Disorder (MDD)

Jacquelyn Canning, PharmD, BCPP, Medical Science Liaison, Otsuka Pharmaceutical Development and Commercialization, Inc.

**Clinical | Salon 18 | Wednesday, August 10, 2016 | 4:00PM – 5:30PM**

This presentation aims to discuss the burden of MDD on the individual and society and explore the negative impact of residual symptoms. Identification of patient and treatment characteristics associated with a poor treatment response is a daily struggle in health care today. This presentation will discuss characteristics associated with poor treatment response and strategies to optimize pharmacotherapy for the treatment of MDD.

## Daring Greatly: How to Show Up, Be Seen, and Live Brave in Recovery

Ana Moreno, LMHC, CAP, ICADC, CIP, CDWF, MAC, Co-Founder/Clinical Director, Family Recovery Specialists

**Recovery | Salon 20 | Wednesday, August 10, 2016 | 4:00PM – 5:30PM**

The Daring Way is an experiential curriculum based on the work of Dr. Brene Brown, who has extensively studied vulnerability, courage, worthiness, and shame. A central component of The Daring Way is learning how to show up, be seen, and live brave. It is about shame resilience, embracing vulnerability, and living whole-heartedly. Addiction is a brain disease that affects the individual not only physically, but also emotionally and spiritually. It is a disease where there are high levels of denial and behavioral components. It is a disease that may leave behind a world of wreckage and damaged relationships. The afflicted individuals are self-destructing and are not taking care of themselves. The Daring Way teaches and guides the recovering person to engage in self-compassion leading to empathy.



# Let's get social.

Event hashtag:  
**#BHCon2016**

FADAA twitter handle:  
**@fadaa12**

FCCMH twitter handle:  
**@fccmh**

FHA twitter handle:  
**@FLHospitalAssn**

# Workshop Descriptions | Thursday, August 11

## General Session - 8:30AM

## Grand Ballroom

### Welcome

Mike Hansen, FCCMH CEO/President

John Romano, FCCMH Chair

Mark Fontaine, FADAA Executive Director

Frank Rabbito, FADAA Chair

Sponsored by:



### Addiction: A Futurist's Perspective

Omar Manejwala, MD, Addiction Psychiatrist, Medical Expert for the Media

Grand Ballroom | Thursday, August 11, 2016 | 8:30AM – 10:00AM

Healthcare in general, and addiction treatment specifically, are poised to experience dramatic shifts over the next 5-10 years. Increasing payer pressure to capture, report and improve outcomes, and to control costs and alter the trajectory of the illness will result in wholesale shifts in the way addictions are managed. Broader societal goals of increasing access to care, improving the efficacy and utilization of screening, preventing the onset of these disorders, and managing the widespread criminalization of substance use disorders can be achieved if philosophical objections and technological hurdles can be negotiated.

In this talk, a futurist's perspective on addiction will be presented, with an eye to briefly describing the forces that led us to our current state, and describing changes that might allow us to navigate to improved global addiction outcomes. In particular, an emphasis on broader, well-defined principles of healthcare innovation and their potential application to addiction will be discussed. Attendees will leave with a broader perspective on how they themselves can participate in defining the future of addiction treatment.

## 10:00AM – 10:30AM - Refreshment Break

Sponsored by: Cenpatco and Sunshine Health

## Exhibit Hall

## 10:30AM – 12:00PM - Workshops

### Substance Abuse As A Control Mechanism in Sex Trafficking

Steven Effler, CAP, Opioid Dependency Counselor, DACCO

Emerging Trends | Salon 1 | Thursday, August 11, 2016 | 10:30AM – 12:00PM

The presentation will give a brief overview of the psychological effect of drug use to the brain and its impact on the pleasure system through the release of dopamine and how this release is similar to the release during sexual experiences. A brief overview of the brain and the role the dopamine reward system plays in misuse, abuse and dependency as it relates to substance abuse. Variables that distinguish each dependency level will be reviewed. The relationship between dependency vs. addictive personality will be addressed and how this is exploited by the sexual traffickers/pimps to keep individuals in the lifestyle. The slides will also differentiate the difference between the hard drinker vs. the alcoholic utilizing AA literature. Treatment modalities to address sexual and substance abuse will be reviewed as well as levels of care to safely address these conditions.

### Mobile Crisis Teams: Contributing to Quality of Care

Helen Dickey, PsyD, Quality Improvement Manager, Southeast Florida Behavioral Health Network

Clinical | Salon 2 | Thursday, August 11, 2016 | 10:30AM – 12:00PM

This presentation highlights the value of Mobile Crisis Teams in a community. Presenters will discuss key components of Mobile Crisis Teams, how they operate, and the benefits to the consumers in the community. In addition, data will be provided on individuals served, Baker Act data, and follow-up information to measure the effectiveness of this approach.



# Workshop Descriptions | Thursday, August 11

## **Making Primary Behavioral Integrated Care Work**

David Broughton, MSW, COO, LifeStream Behavioral Center

**Integration | Salon 3 | Thursday, August 11, 2016 | 10:30AM – 12:00PM**

Integrating primary and behavioral healthcare is a key component of population health. LifeStream is one of only two behavioral health care agencies nationwide to receive a second SAMHSA Primary and Behavioral Health Care Integration grant. The award was given in part because of LifeStream's success in sustaining its earlier primary behavioral health care integration program. Learn how LifeStream succeeded where most similar projects around the State and nation failed.

## **Promoting Recovery and Housing Retention: Bringing Together Behavioral Health and Housing Systems and Services**

Jake Bowling, MSW, Assistant Vice President, Practice Improvement,  
National Council for Behavioral Health

**Housing | Salon 4 | Thursday, August 11, 2016 | 10:30AM – 12:00PM**

Behavioral health authorities and community behavioral health organizations are increasingly examining strategies to collaborate with housing systems and providers to provide supportive services to individuals in need of permanent housing. This session will explore partnership models between community behavioral health and housing systems, as well as opportunities for utilizing Medicaid as a payer for housing-related services and supports that facilitate housing access and retention. This session will also highlight opportunities to strengthen collaboration between behavioral health and housing systems to provide more opportunities for integrated behavioral health and housing approaches.

## **Improving Treatment Outcomes and Reducing Recidivism of Corrections Involved Clients Incorporating Medication Assisted Treatment**

Stephen Doherty, MED(C), Regional Director, Gateway Foundation, Inc.

**Criminal Justice & Corrections | Salon 9 | Thursday, August 11, 2016 | 10:30AM – 12:00PM**

This presentation will provide an overview of the integration of Medication Assisted Treatment (MAT) into the full continuum (from prison to the community) of substance use disorder treatment for offenders with alcohol or opioid dependence. Gateway Foundation in Missouri was the first substance use disorder treatment provider to offer Medication Assisted Treatment (MAT) in a state correctional system that spans in-custody and post-release treatment. Together with the Missouri Departments of Mental Health and Corrections, improved outcomes and decreased recidivism are results of a comprehensive treatment program which may include a monthly injection of extended release Naltrexone (VIVITROL) to opiate and/or alcohol dependent offenders. An overview of MAT, implementation, successes, challenges, lessons learned, steps toward expansion and preliminary evaluation outcomes will be included in this presentation.

## **Treating the LGBT Client: A Primer for Behavioral Health Professionals**

David Baker-Hargrove, PhD, LMHC, DAPA, CCFC, President/CEO, Two Spirit Health Services, Inc.

**Emerging Trends | Salon 10 | Thursday, August 11, 2016 | 10:30AM – 12:00PM**

The need for inclusive LGBTQ-specific behavioral health treatment equipped to address the unique experiences of the LGBT community is particularly acute in the aftermath of Pulse nightclub massacre in Orlando. Today's mental health professionals can benefit LGBT clients by being ready and equipped to provide needed services in a culturally competent/sensitive manner that promotes growth and healing.

## 10:30AM – 12:00PM - Workshops continued

### **First Episode Psychosis Team: Implementation and Beyond**

**Janine Ribeiro, LMHC, Program Supervisor, Henderson Behavioral Health, Inc.**

**Diane Sasser, LMHC, Administrator, Crisis Services, Henderson Behavioral Health, Inc.**

**Emerging Trends | Salon 11 | Thursday, August 11, 2016 | 10:30AM – 12:00PM**

In 2014, Congress directed SAMHSA to require that states set aside 5 percent of the Mental Health Block Grant funds to support evidence-based programs that address the needs of individuals with early serious mental illness, including psychotic disorders. The state of Florida utilized this “set aside” to develop two First Episode Psychosis (FEP) Teams to embrace early intervention as a standard of practice and systematically integrate evidence-based practices for early psychosis into the existing behavioral health system. Henderson Behavioral Health, a study site in the National Institute of Mental Health RAISE research project, was awarded funding to implement one of the FEP Teams. This presentation will give an overview of the developmental stages of implementing a First Episode Psychosis Team. Participants will be engaged in discussion of program start-up and operations, budgeting, training, challenges, understanding the NAVIGATE model protocol, and adherence to program fidelity.

### **A Public Health Response to Trauma: “There are Apps for That!”**

**Jeanine Ricchetti, MS, Director of Behavioral Health, Bridges International**

**Charles Brown, MA, Chief Program Officer, Bridges International**

**Michael Walker, MA, Director of Quality Management, Bridges International**

**Integration | Salon 12 | Thursday, August 11, 2016 | 10:30AM – 12:00PM**

Bring your devices and download free high quality apps for Mindfulness, PTSD, Depression, and Traumatic Brain Injury. Download an App version of the DBT Hope Box, of Psychological First Aide, and Provider Resilience. Learn from the Insomnia CBT App about Sleep Hygiene. Hold the device in your hand and flip through grounding skills until you find the one that fits for your need at that moment. Learn about the companion websites where FDC Approved self-paced curriculum can be found for Problem Solving, Parenting, and Anger and Irritability Management. Additional programming is found on another site. All sites are based on a Trauma Informed Core Value of empowerment through information.

### **Recovery-Oriented System of Care, A Transformative Approach**

**Lionnetta Albright, BS, CPEC Executive Director, Great Lakes ATTC**

**Wes Evans, Statewide Coordinator of Integration and Recovery Services, Substance Abuse Mental Health Program Office, Florida Department of Children and Families**

**Recovery | Salon 15 | Thursday, August 11, 2016 | 10:30AM – 12:00PM**

Recovery-oriented systems of care (ROSC) are networks of indigenous and professional services and relationships that can support long-term behavioral health (SUD and MH) recovery, resilience and wellness of individuals, families and communities. The “system” in ROSC is not a federal, state or local agency, but a macro level organization of the larger cultural and community environment in which long-term recovery is nested. This interactive workshop will present how ROSC establishes an integrated, values based recovery framework where recovery is expected and achieved through meaningful partnerships and shared decision making. Participants will understand the ROSC philosophy, its values and principles, and how this framework applies to Florida’s current priority efforts such as care coordination, supportive housing, and peer services.

# Workshop Descriptions | Thursday, August 11

## Yoga in Therapy

Theresa Rulien, PhD, President/CEO, Child Guidance Center

**Prevention & Wellness | Salon 16 | Thursday, August 11, 2016 | 10:30AM – 12:00PM**

Using foundational yoga values in therapy means focusing on the physiological condition of the entire body and the ability of visceral affect information to reach awareness and effect behavior. It relates to how feelings are perceived from our bodies that determine our mood, sense of well-being and emotions. Movement, breath, awareness of self, awareness of the world, and ethical principals of our relationship to the world are the foundations of using “yoga in therapy.” This is not a yoga class. No mats needed, but comfortable clothing is encouraged to be able to participate in limited experiential exercises.

## Making “The Basics,” A Source Guide for Achieving Co-Occurring Capability

Marcia Monroe, LCSW, MSW, MBA, VP Network Development & Clinical Service,  
Central Florida Behavioral Health Network, Inc.

Doris Nardelli, MPA, Manager of Business Development, Central Florida Behavioral Health Network, Inc.

**Clinical | Salon 17 | Thursday, August 11, 2016 | 10:30AM – 12:00PM**

The Basics is recognized internationally and by the experts as the Source Book for understanding co-occurring disorders and providing treatment alternatives that work. This presentation will present the critical concepts necessary to make programming co-occurring capable and enhance your treatment skills for a very difficult to treat population.

## Learn The Ins and Outs of Applying for and Winning Permanent Supportive Housing Funding

Bill Aldinger, Assistant Policy Director/Supportive Housing Coordinator,  
Florida Housing Finance Corporation

Mark Wickham, CEO, Youth and Families Alternatives, Inc.

Karen Koch, MSW, Executive Director, Florida Supportive Housing Coalition

**Housing | Salon 18 | Thursday, August 11, 2016 | 10:30AM – 12:00PM**

Stable housing can make a difference in the lives of individuals in care and long term recovery. Florida Housing Finance Corporation (FHFC) will be issuing new Permanent Supportive Housing funding RFA's for FY 2016-17 for all areas of the state. Hear directly from the state agency that issues and reviews the funding applications and from those who have written and won FHFC funding.

## Science Based Prevention - The Coalition Model

Debi Macintyre, MS, Executive Director, Safe Climate Coalition - as member of CCA

Jeneene Valentino-Bottaro, PhD, Founder/Creator, Vai'Datha

**Prevention & Wellness | Salon 20 | Thursday, August 11, 2016 | 10:30AM – 12:00PM**

Organizing the community for change is a core function of an effective community coalition and can be achieved through the use of evidence informed strategies. Prevention planners should focus on identifying and selecting strategies that do two things: 1) address local needs and 2) have strong levels of effectiveness. This workshop will provide an overview of how coalitions can impact community level change through the implementation of best practices guided by the strategic prevention framework (SPF).

# Wednesday, August 10 Conference Schedule

8:30am – 10:30am	<b>KEYNOTE - Sponsored by Alkermes</b> Genetics May Load the Gun, But Environment and Lifestyle Pull the Trigger: The Groundbreaking New Science of Epigenetics In Mental Health and Addiction Pamela Peeke, MD, MPH, FACP				
10:30am – 11:00am	<b>REFRESHMENT BREAK - Exhibit Hall - Sponsored by Cenpatico and Sunshine Health</b>				
11:00am – 12:30pm	<b>WORKSHOPS</b>				
	<b>Care Coordination: Treating the Whole Person</b>  Integration Salon 1	<b>Block Grant Requirements for Special Populations</b>  Clinical Salon 2	<b>Opioid Epidemic &amp; Counterfeit Pills</b>  Clinical Salon 3	<b>Listening to Schizophrenia - Reflection on the Psychotherapeutic Process and Schizophrenia</b>  Clinical Salon 4	<b>Recovery Management with Offenders</b>  Criminal Justice & Corrections Salon 9
	<b>The Transformation to Value Based Purchasing: Payer and Provider Perspectives</b>  Finance Salon 10	<b>Ethical and Legal Marketing for Treatment Centers</b>  Emerging Trends Salon 11	<b>Business Intelligence for Behavioral Healthcare</b>  Innovation & Technology Salon 12	<b>Peer Recovery - An Integral Part of the Recovery-Oriented Systems of Care</b>  Recovery Salon 15	<b>Tips for Talking with Tobacco Users about Quitting</b>  Prevention & Wellness Salon 16
	<b>Using Technology to Enhance Addiction Treatment</b>  Clinical Salon 17	<b>Medication Adherence in Behavioral Health</b>  Clinical Salon 18	<b>Compassion Fatigue: When Helping Hurts</b>  Workforce Salon 20		
12:30pm – 1:45pm	<b>LUNCH - On Your Own - Visit the Exhibit Hall</b>				
1:45pm – 3:15pm	<b>WORKSHOPS</b>				
	<b>Comprehensive Health Services for Youth Entering the Justice System: An Innovative, Health Coach Approach</b>  Integration Salon 1	<b>Creating Sexual Safety for All Children</b>  Families Salon 2	<b>SB 12 – What It Is, Where it Came From, and What Does it Mean For You?</b>  Emerging Trends Salon 3	<b>Nurse Navigation Program</b>  Integration Salon 4	<b>What's Court Got To Do With It?</b>  Criminal Justice & Corrections Salon 9
	<b>Cognitive-Behavioral Therapy: Inspiring Change Inside Out</b>  Clinical Salon 10	<b>Care Across a System: The Power of TeleHealth in Increasing Access to Care</b>  Innovation & Technology Salon 11	<b>Live Supervision Model in a Not-for-Profit</b>  Clinical Salon 12	<b>Recovering the True Self: An Essential Paradigm Shift for all Healing and Recovery</b>  Recovery Salon 15	<b>How Coalitions and Providers Can Work Together to Create a Culture of Health</b>  Prevention & Wellness Salon 16
	<b>Local Data For Prevention Coalition Sustainability</b>  Prevention & Wellness Salon 17	<b>Broward County Response to Flakka and Synthetic Drugs</b>  Clinical Salon 18	<b>Suicide Prevention Leadership 101</b>  Prevention & Wellness Salon 20		



## Wednesday, August 10 Conference Schedule

<b>3:15pm – 4:00pm</b>	<b>REFRESHMENT BREAK - Exhibit Hall - Sponsored by Cenpatco and Sunshine Health</b>				
<b>4:00pm – 5:30pm   WORKSHOPS</b>					
	<b>Why Telehealth? Why Now? What Do We Know, What Don't You Know About the Benefits for Telehealth</b>  Innovation & Technology Salon 1	<b>Behavioral Health and Child Welfare Integration</b>  Clinical Salon 2	<b>Integrated Care and Community Inclusion: Finding Solutions</b>  Integration Salon 3	<b>Oxycontin with a Whiskey Chaser: Drug and Alcohol Abuse in the Senior Population</b>  Clinical Salon 4	<b>Military Sexual Trauma: What Is It, How to Detect It, and Where to Go for Help</b>  Emerging Trends Salon 9
	<b>Overdose Prevention and Naloxone in Florida</b>  Clinical Salon 10	<b>Quality Management: Are we really a Trauma Informed provider?</b>  Criminal Justice & Corrections Salon 11	<b>Marketing &amp; Communication Through Tragedy</b>  Emerging Trends Salon 12	<b>The Case for Peer-Run Respite Centers: Compassion Combined with Cost-Cutting</b>  Recovery Salon 15	<b>Tobacco &amp; Addictions: Building Partnerships to Reduce Tobacco Use Among People with Addictions</b>  Prevention & Wellness Salon 16
	<b>Services, Treatment and Recovery in Housing</b>  Housing Salon 17	<b>Recognizing and Responding to Inadequately Treated Major Depressive Disorder (MDD)</b>  Clinical Salon 18	<b>Daring Greatly: How to Show Up, Be Seen, and Live Brave in Recovery</b>  Recovery Salon 20		

## NOTES

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# Thursday, August 11 Conference Schedule

8:30am – 10:00am	GENERAL SESSION - Sponsored by Netsmart Addiction: A Futurist's Perspective Omar Manejwala, MD				
10:00am – 10:30am	REFRESHMENT BREAK - Exhibit Hall - Sponsored by Cenpatico and Sunshine Health				
10:30am – 12:00pm	WORKSHOPS				
	Substance Abuse As a Control Mechanism in Sex Trafficking Emerging Trends Salon 1	Mobile Crisis Teams: Contributing to Quality of Care Clinical Salon 2	Making Primary Behavioral Integrated Care Work Integration Salon 3	Promoting Recovery and Housing Retention: Bringing Together Behavioral Health and Housing Systems and Services Housing Salon 4	Improving Treatment Outcomes and Reducing Recidivism of Corrections Involved Clients Incorporating Medication Assisted Treatment Criminal Justice & Corrections Salon 9
	Treating the LGBT Client: A Primer for Behavioral Health Professionals Emerging Trends Salon 10	First Episode Psychosis Team: Implementation and Beyond Emerging Trends Salon 11	A Public Health Response to Trauma: "There are Apps for That!" Integration Salon 12	Recovery-Oriented System of Care, A Transformative Approach Recovery Salon 15	Yoga in Therapy Prevention & Wellness Salon 16
	Making "The Basics," A Source Guide for Achieving Co-Occurring Capability Clinical Salon 17	Learn the Ins and Outs of Applying for and Winning Permanent Supportive Housing Funding Housing Salon 18	Science Based Prevention - The Coalition Model Prevention & Wellness Salon 20		
12:00pm – 1:45pm	AWARDS LUNCHEON - Grand Ballroom Sponsored by Beacon Health Options, Bridges International and Magellan Healthcare				



Be sure to attend the 2016 Awards Luncheon  
Thursday, August 11 at 12:00pm – 1:45pm  
Grand Ballroom

A special thank you to our Awards Luncheon sponsors:



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## Thursday, August 11 Conference Schedule

1:45pm – 3:15pm   WORKSHOPS					
	Moving to an Integrated Coordinated System of Care: A Success Story Integration Salon 1	Best Practices to End Homelessness Housing Salon 2	Adolescent on Parent Violence: Development and Testing of a Group Intervention Clinical Salon 3	Trauma Informed Care Clinical Salon 4	The Florida VIVITROL Justice Program - A Panel Discussion Integration Salon 9
	State of Prevention - The State and Community Prevention & Wellness Salon 10	Domestic Violence and Substance Misuse: A Guide to Treating Survivors Clinical Salon 11	Aggregating of Baker Act Patients in the Hospital Setting to Improve Patient Care Integration Salon 12	You Were in Jail Too? The Forensic Peer Specialist in Florida Recovery Salon 15	Nurturing Families through Effective Parenting Prevention & Wellness Salon 16
	A Multi-faceted Approach to Cravings Management Clinical Salon 17	Driving Suicide To Zero: Re-Designing the Clinical System Of Care To Systematically Address Suicide Prevention Clinical Salon 18	Risk Management for the Potentially Violent Patient Innovation & Technology Salon 20		
3:15pm – 4:00pm	REFRESHMENT BREAK - Exhibit Hall - Sponsored by Cenpatico and Sunshine Health				
4:00pm – 5:45pm	GENERAL SESSION - Sponsored by Streamline Healthcare Solutions Zombism In the Workplace Stephen Hacker				

## NOTES

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# Friday, August 12 Conference Schedule

9:00am – 10:30am   5 MINI PLENARIES					
	Why People Die By Suicide	Emerging Trends in Drug Abuse	Evidence-Based Sentencing and Dispositions for Substance-Involved Offenders	A National Behavioral Health Update	Promoting Support and Resilience in Communities Following Traumatic Events
	Salon 1/2	Salon 3/4	Salon 9/10	Salon 11/1 2	Grand Ballroom D
10:30am – 10:45am	BREAK				
10:45am – 12:15am   4 MINI PLENARIES					
	Behavioral Health Integration – Does It Really Add Value Or Is It Just More Work?	Coordinated Crisis Response Effort	What To Do When Marijuana People Show Up: An EBP to Treating Marijuana Disorders	The “Brain-Wise Therapist”	
	Salon 1/2	Salon 3/4	Salon 11/12	Grand Ballroom D	

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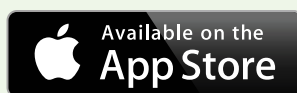
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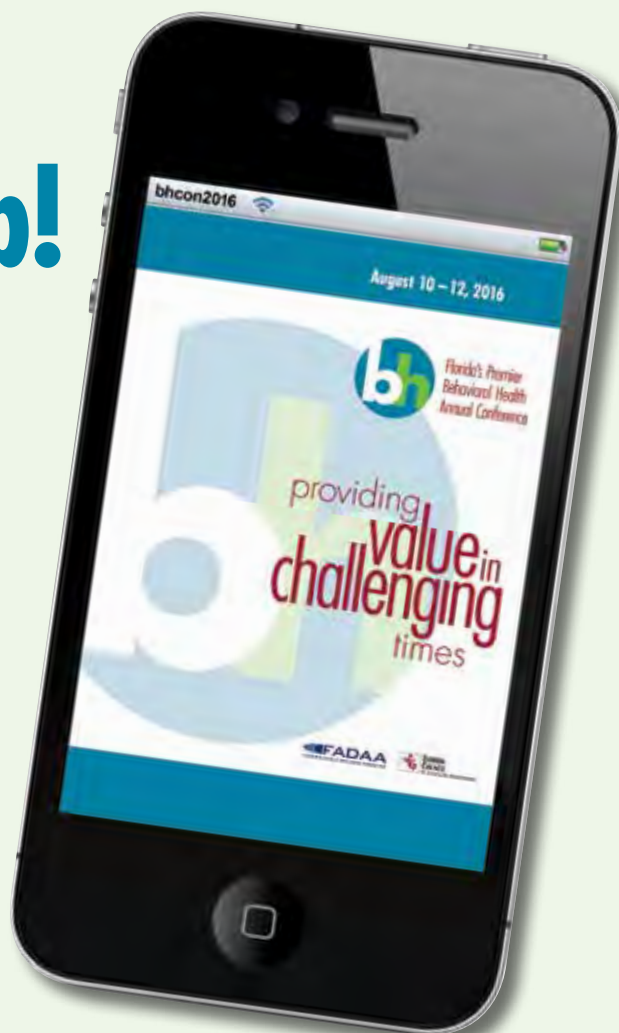
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# Discover a long-acting treatment for schizophrenia

Schizophrenia is a chronic, severe, and disabling brain disorder that affects an estimated 2.4 million American adults.<sup>1</sup>

**Reference:** 1. National Institutes of Health. Schizophrenia. <http://report.nih.gov/NIHfactsheets/ViewFactSheet.aspx?csid=67&key=S>. Accessed July 13, 2016.

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## BRIDGESINTERNATIONAL

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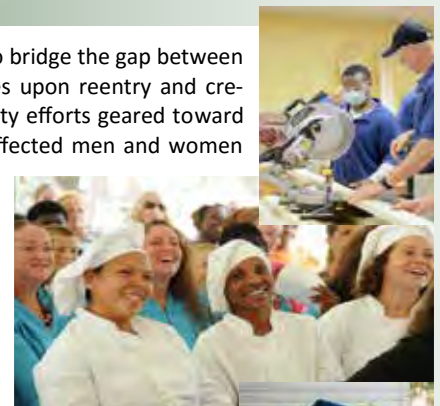
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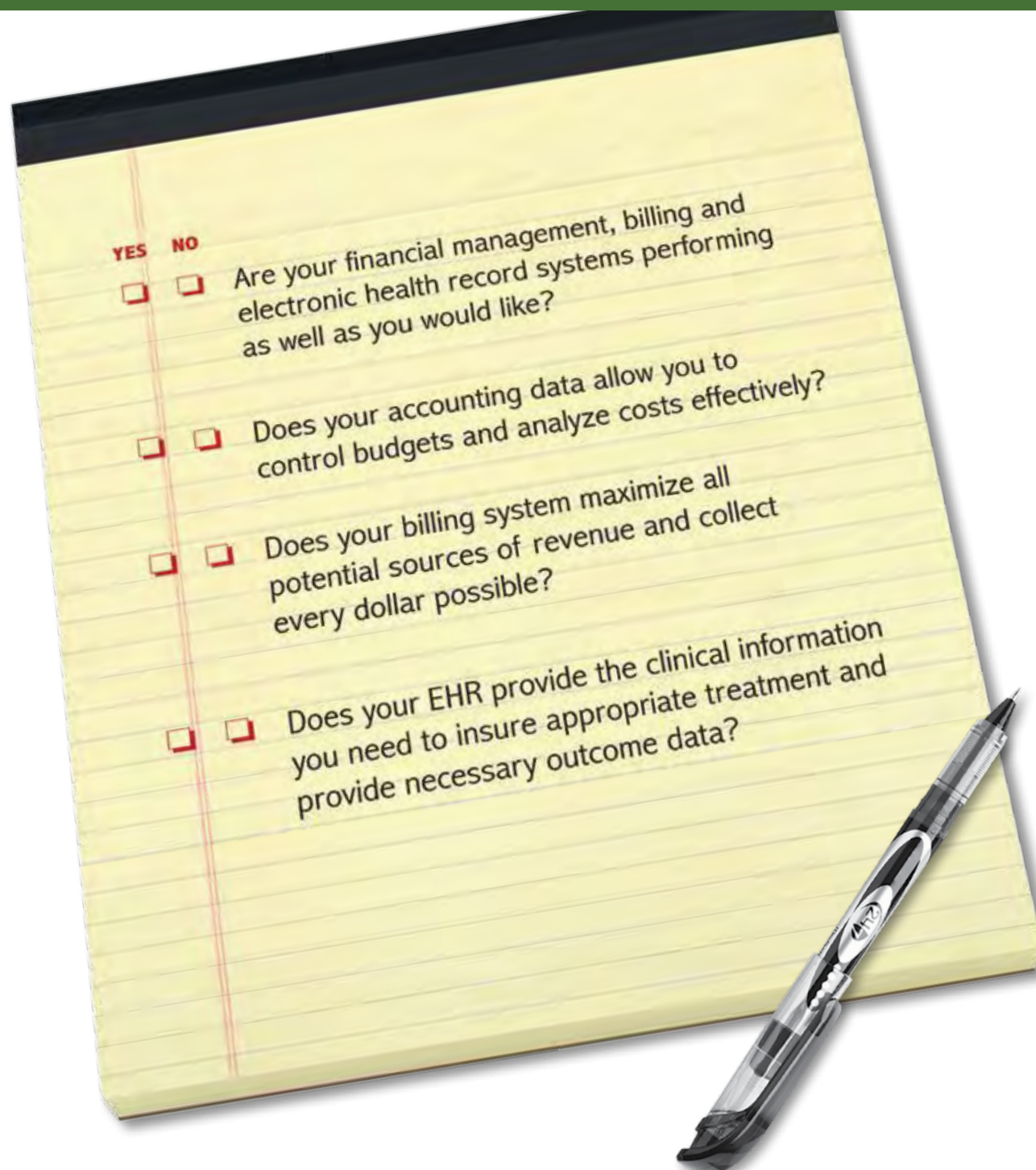
Restoring Families Through Trauma Sensitive Therapeutic Communities

Bridges of America/Bridges International was founded in 1980 to bridge the gap between incarceration and community reentry. Providing critical services upon reentry and creating environments that foster rehabilitation must be interwoven with any program, legislative or community efforts geared toward reducing recidivism rates. Otherwise, "End of Sentence" and "term of probation/parole supervision" for affected men and women would merely be parameters of time, instead of meaningful opportunities to galvanize resources to aid in their reintegration to become law-abiding, tax-paying, productive members of society.

Bridges International is one of the oldest inmate reentry treatment providers, servicing criminal justice populations exclusively for the past 35 years. As a life-changing therapeutic community, our programs are predicated on a holistic approach to recover that accommodates the mental (emotion and cognitive), physical, social, and spiritual needs of the people served. Bridges International has established and expanded a continuum of care, evidence-based programs in secure and non-secure residential, outpatient, in-prison and aftercare settings for offenders, ex-felons, and probation populations in thirteen locations in Florida, two locations in New York State and 45 locations in Canada.

Bridges continuously expands nationally and internationally to be a catalyst for "second chances". Bridges International is committed to helping adult men and women successfully transition back into their community, overcome adversity (internal and external), provide support and counseling, and to join forces with partnering agencies and likeminded community service providers to reduce recidivism rates. Our conviction is affirmed each time an ex-felon celebrates another day, another year, even another decade of freedom: "punishing an ex-offender and hoping for rehabilitation is like cutting down a tree and expecting it to bear fruit." Bridges International prefers to offer a second chance through cutting-edge programming, treatment, counseling, and services.





Paul O'Shea MBA, CPA is an experienced consultant with over forty years of behavioral health experience as a CFO, COO and CEO. If your answer to any of the above questions is no, or not really then he can help. Together we will analyze your systems and institute the necessary changes whether they are work flow issues, personnel related or software capability problems. He has

successfully accomplished these tasks for any number of behavioral health agencies and can do it for you.

Additionally, if you are currently engaged in merger or acquisition discussions, Mr. O'Shea has extensive experience negotiating, structuring and operationalizing these agreements. His email address is: [OSHEAASSOCIATES@YAHOO.COM](mailto:OSHEAASSOCIATES@YAHOO.COM)

# Workshop Descriptions | Thursday, August 11

**12:00PM – 1:45PM - Awards Luncheon - Grand Ballroom**

**Sponsored by: Beacon Health Options | Magellan Healthcare | Bridges International**

**1:45PM – 3:15PM - Workshops**

## **Moving to an Integrated Coordinated System of Care: A Success Story**

**David Josephs, PsyD, Clinical Director, Lakeview Center, Inc.**

**Tasa Isaak, MS, CMHP, Director, Adult Case Management Systems, Lakeview Center, Inc.**

**Elizabeth Kitchens, LMHC, MCAP, CET Director, Acute and Residential Services, Lakeview Center, Inc.**

**Ann Lewis, LCSW, Clinical Team Leader, LEAP Team, Lakeview Center, Inc.**

**Jason Case, MA, Contract Management & Data Analyst, Access Behavioral Health**

**Integration | Salon 1 | Thursday, August 11, 2016 | 1:45PM – 3:15PM**

In the past year, Lakeview Center redesigned its deep end services and system of care. The goals were to create a coordinated behavioral health network that maximized outcomes and minimized red tape, silos and confusion for clients and staff. A Baker Act Diversion system was created in cooperation with the hospital Emergency Department to funnel all Baker Acts to a screening team and Observation Unit/CSU/ARF. Participants will learn how we used “Switch”, a compatible business and clinical frame, to help facilitate organizational change. Learn how diversion programs for high utilizing clients and using data reports helped identify high utilizers.

## **Best Practices to End Homelessness**

**Susan Pourciau, PhD, JD, Director of Homeless Training and Technical Assistance, Florida Supportive Housing Coalition**

**Housing | Salon 2 | Thursday, August 11, 2016 | 1:45PM – 3:15PM**

Research reveals that everyone can be housed, and now the job is to house everyone. Yes, it is possible to end homelessness for those on the streets, in shelters, and in the woods. Regardless of the barriers to housing and wellness, there are proven research-based methods to help people move into, and stay in, permanent housing. This session will explore the efficacy of the housing first model and the relationship between housing and health. The most effective housing interventions will be reviewed, including rapid rehousing and permanent supportive housing. Strategies on how to work with the local homeless Continuums of Care, including prioritization and matching for the best housing intervention for those who are homeless will be presented. Participants will have an opportunity for an open and candid conversation about the tough struggles in this work.

## **Adolescent on Parent Violence: Development and Testing of a Group Intervention**

**Laurie Reid, MS, President, Breaking the Cycle Consulting**

**Clinical | Salon 3 | Thursday, August 11, 2016 | 1:45PM – 3:15PM**

Teen abuse and violence toward a parent is an all too common family secret requiring an understanding that is different from traditional domestic violence theories. This presentation will define Child to Parent Violence and introduce a group model of practice to address family violence. This presentation will include the logic model guiding the fidelity and outcome evaluation. Results presented will include both fidelity measures as well as outcomes including violent behavior and juvenile justice recidivism.



# Workshop Descriptions | Thursday, August 11

## Trauma Informed Care

**Anthony Bowling, PhD, Director of Programs, Bridges International**

**Clinical | Salon 4 | Thursday, August 11, 2016 | 1:45PM – 3:15PM**

To be trauma-informed is to recognize the impact of a person's experience with violence or victimization. Such experiences are based on a number of factors including adverse childhood experiences (ACE), intimate partner violence, war, or natural disasters. The purpose of this presentation is to help providers respond to the impact of trauma with understanding, while providing services that emphasize physical, psychological, and emotional safety. The presentation will introduce and define trauma informed care; discuss the five (5) core values of trauma informed care; highlight potentially re-traumatizing practices and behaviors; and review elements of a trauma informed organization. Given the pervasiveness of traumatic experiences, especially those occurring during childhood, the trauma-informed perspective offers a convincing and empathetic organizing principle for conceptualizing and addressing many of the problems and challenges facing our clients today.

## The Florida VIVITROL Justice Program - A Panel Discussion

**David Gastfriend, MD, Scientific Advisor, Chief Medical Officer at DynamiCare Health™**

**Amy Sims, MD, Chief Medical Officer, Aspire Health Partners**

**Raymond Pomm, MD, Vice President, River Region Human Services**

**Valerie Westhead, MD, Chief Medical Officer, Seminole Aspire Health Partners**

**Larry Wilson, MD, Associate Medical Director and Medical Review Officer,  
Drug Abuse Comprehensive Coordinating Office**

**Integration | Salon 9 | Thursday, August 11, 2016 | 1:45PM – 3:15PM**

Florida's legislature appropriated funds for the Office of the State Court Administrator (OSCA), through FADAA, to increase access and quality of care through the introduction of VIVITROL. VIVITROL is a month-long, non-agonist, opioid blocker. It is an FDA-approved treatment for preventing relapse to opioid use disorder that is unlike agonist and partial agonist medications. FADAA created a Peer Mentoring Program to assist providers in succeeding in this innovation. The expert mentors on this panel will share lessons learned from a statewide survey of providers, from analysis of utilization data, and from both programmatic and patient case reviews gleaned from the mentoring process. The program has been successful in introducing this MAT into new levels of care. Providers have achieved large increases in the numbers of eligible patients receiving this MAT, solving numerous cultural and logistical challenges that previously limited the quality of care.

## State of Prevention - The State and Community

**Kathleen Roberts, MS, Executive Director, Community Coalition Alliance**

**Lisa Jones, Contract Manager, Community Coalition Alliance**

**Prevention & Wellness | Salon 10 | Thursday, August 11, 2016 | 1:45PM – 3:15PM**

The Florida prevention system utilizes the Strategic Prevention Framework (SPF) to maximize the impact of substance abuse prevention strategies implemented within the state. This framework was implemented by the Department in 2005 and continues to be the approach utilized. Over the past year and a half, Florida has been working with the Center for the Application of Prevention Technologies (CAPT) to enhance the prevention workforce by enhancing the State understanding of SPF and how it is applied in today's system. This presentation will provide a brief overview of SPF as well as its application for coalitions and prevention providers.

## 1:45PM – 3:15PM - Workshops continued

### **Domestic Violence and Substance Misuse: A Guide to Treating Survivors**

Vicky Buckles, PhD, Clinical Supervisor, Stewart-Marchman Act Behavioral Healthcare

Angie Pye, Executive Director, Lee Conlee House, Inc.

**Clinical | Salon 11 | Thursday, August 11, 2016 | 1:45PM – 3:15PM**

The presentation will provide participants with a guide to treating survivors of domestic violence who are in recovery from substance misuse. Presenters will share the best practices developed from this project, the unique barriers facing treatment of survivors, and the successes that were identified throughout program development. Additionally, presenters will discuss how each organization worked to blend philosophical approaches into this project in a way that best serves survivors.

### **Aggregating of Baker Act Patients in the Hospital Setting to Improve Patient Care**

LaDonna Sampson, BSN, MLS, Nurse Leader, Florida Hospital

Jessica Koontz, MSN, RN, Nurse Leader, Florida Hospital

**Integration | Salon 12 | Thursday, August 11, 2016 | 1:45PM – 3:15PM**

A Baker Act aggregate unit provides inpatient care to individuals needing medical services and temporary detention for mental health evaluation and treatment. Having one medical unit that is certified in crisis prevention and emphasizes early intervention and nonphysical methods for preventing or managing disruptive behaviors is paramount. The medical team and psychiatric supervisors are in close proximity to provide a culture of best practice for safer care. One unique dedicated team with multiple disciplines that focus on the complex needs of the patient's medical and psychiatric component provides the best care and best outcomes. Hear how this was successfully implemented in an inpatient setting.

### **You Were in Jail Too? The Forensic Peer Specialist in Florida**

William Wall, PhD, CRPS, Forensic Peer Specialist, Meridian Behavioral Healthcare

**Recovery | Salon 15 | Thursday, August 11, 2016 | 1:45PM – 3:15PM**

While there is a lot of literature on the value of Peer Specialists, and it is recognized as an evidence-based practice by SAMHSA, there is not much on Forensic Peer Specialists. Personal experience with jails, mental illness, and substance abuse is invaluable for instilling hope in those with mental health disorders who are entangled in the criminal justice system. Recent legislative actions encouraging more efforts diverting the mentally ill from prisons to treatment programs will substantially increase the need for Forensic Peer Specialists. However, the barriers to certification are enormous, and the demand for finding such people, training them, and certifying them requires concerted efforts by professionals, certification agencies, and legislature to meet the need.

### **Nurturing Families through Effective Parenting**

Kay Doughty, MA, M-CAP, CPP, VP. Family and Community Services, Operation PAR, Inc.

Genevieve Phaire, MPA, M-CAP, Coordinator, Parenting Services, Operation PAR, Inc.

**Prevention & Wellness | Salon 16 | Thursday, August 11, 2016 | 1:45PM – 3:15PM**

Effective parenting is a key variable to ensuring the health and safety of children. This presentation focuses on an effective parenting program targeted to pre-school families which supports parents by providing skills that strengthen parents in nurturing themselves and their children. It has been implemented with parents who are under child welfare supervision. The program can be used to increase parent engagement thus increasing the chance of success in working with at-risk families.

# Workshop Descriptions | Thursday, August 11

## **A Multi-Faceted Approach to Cravings Management**

**Doug Paul, MS Rehabilitation Counseling, Primary Therapist, Foundations Recovery Network**

**Clinical | Salon 17 | Thursday, August 11, 2016 | 1:45PM – 3:15PM**

With the addition of cravings to the DSM V criteria for substance use disorders, it becomes essential to learn new skills to assist clients in this area. Just as addiction affects every area of life, so too must the approach for cravings management. The goals for this workshop is to review the literature on cravings management techniques, discuss cravings management medications, and elicit a discussion of multi-faceted approaches that works for those on the front lines of addiction treatment. This dynamic presentation is both experiential and educational with heavy use of mixed-media and popular culture references.

## **Driving Suicide To Zero: Re-Designing the Clinical System of Care to Systematically Address Suicide Prevention**

**Gary Henschen, MD, LFAPA, Chief Medical Officer-Behavioral Health, Magellan Healthcare**

**Varun Choudhary, MD, MA, Medical Director, Magellan of Virginia**

**Clinical | Salon 18 | Thursday, August 11, 2016 | 1:45PM – 3:15PM**

Magellan's Driving Suicide to Zero Initiative developed and analyzed a systematized, data-driven, reproducible model to significantly impact suicide rates in the Maricopa Medicaid Behavioral Health System in Arizona. This initiative involved preparation of the clinical workforce to confidently identify at-risk individuals and improve treatment access and engagement. In addition, a sustainable and replicable clinical and support model and program tools were developed into an EHMR to ensure that health care providers can, from a single source, identify, manage and plan for zero suicide through the safe management of those at risk. The Magellan-led collaborative efforts with the behavioral health community in Arizona impacted the suicide rate (number of suicides per 100,000) which decreased 67 percent for the population, and 42 percent in people with Serious Mental Illness. The project demonstrated that employing a rigorous, data-driven, scalable and reproducible population health approach to address suicide prevention, as well as creating a sustainable ecology of support around the individual and the community, is possible.

## **Risk Management for the Potentially Violent Patient**

**Ron Zimmet, JD, General Counsel, Negley Associates**

**Innovation & Technology | Salon 20 | Thursday, August 11, 2016 | 1:45PM – 3:15PM**

Reducing the risk of litigation and providing the highest quality care for potentially violent patients involves specific steps which are often the subject of lawsuits. These include responding to danger signs, completing a scientifically validated risk assessment, accessing sufficient reasonably available information, and selecting the most appropriate intervention. Sometimes a misunderstanding of HIPAA regulations acts as a barrier to accessing adequate information. The speaker will discuss each of these areas as informed by the lessons learned in over 30 years of behavioral healthcare professional liability litigation.

# Workshop Descriptions | Thursday, August 11

**3:15PM – 4:00PM - Refreshment Break**

Sponsored by: Cenpatico and Sunshine Health

**Exhibit Hall**

**General Session - 4:00PM – 5:45PM | Prize Drawing**

**Grand Ballroom**

Sponsored by:



## Grand Ballroom

**Special Guests**

**Governor Rick Scott, State of Florida**

**Secretary Liz Dudek, AHCA**

## Zombism in the Workplace

**Stephen Hacker, CEO, Transformation Systems International, LLC**

**Grand Ballroom | Thursday, August 11, 2016 | 4:00PM – 5:45PM**

Full of life and energy, people join the workplace excited about the opportunities to engage and contribute. But all too often, a few years later they can be found walking the halls with a distant stare, longing for the weekend ahead, seeing work as 'not my real life,' and infecting others with a zombie state of being. How did this happen? What can be done about it? Traditional efforts focus on an organizational response while the secret lies in the consciousness of the individual. Explore what to do to rid yourself and others from this life sapping condition.



## 2016 Conference Word Jumble



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BEACON	LEARNING
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CENPATICO	PREMIER
CHALLENGING	PROMOTE
CONFERENCE	STREAMLINE
DEDICATION	SUNSHINE
EXHIBITORS	VALUE
FADAA	WORKSHOPS
FCCMH	



# Workshop Descriptions | Friday, August 12

**9:00AM – 10:30AM - 5 mini plenaries**

## Why People Die By Suicide

**Thomas Joiner, PhD, The Robert O. Lawton Distinguished Professor of Psychology, Florida State University**

**Salon 1/2 | Friday, August 12, 2016 | 9:00AM – 10:30AM**

In his new theory of suicidal behavior, Thomas Joiner proposes three factors that mark those most at risk of death: the feeling of being a burden on loved ones; the sense of isolation; and, perhaps chillingly, the learned ability to hurt oneself. He tests the theory against diverse facts taken from clinical anecdotes, history, literature, popular culture, anthropology, epidemiology, genetics, and neurobiology as well as facts about suicide rates among men and women; white and African-American men; anorexics, athletes, prostitutes, and physicians; members of cults, sports fans, and citizens of nations in crisis.



## Emerging Trends in Drug Abuse

**Paul Doering, MS, Distinguished Service Professor Emeritus, College of Pharmacy, University of Florida**

**Salon 3/4 | Friday, August 12, 2016 | 9:00AM – 10:30AM**

The non-medical use of medicinal drugs and other chemicals is a direct or indirect cause of many encounters between patients and treatment/prevention specialists. Often the drugs being abused go by a variety of slang names which do not immediately identify the agent involved or its corresponding toxicity. It is important for the practitioner to stay abreast of the current drugs being used and the various conditions under which they are taken. The purpose of this presentation is to discuss current use patterns of drugs among the recreational drug users and their corresponding toxic properties. More specifically, drugs that previously dominated the abuse scene have taken a back seat to newer, more dangerous drugs. Synthetic cannabinoids have proven to be a particularly dangerous group of compounds and synthetic cathinones (aka Bath Salts) are even more toxic. Heroin seems to be displacing oxycodone and other prescription opioids, and the resulting death toll is rising rapidly. Powerful hallucinogens like DMT and the alphabet soup of related drugs are readily available and are wreaking havoc to those who use them. This seminar is designed to update the attendee on emerging trends in non-medical use of drugs.



## Evidence-Based Sentencing and Dispositions for Substance-Involved Offenders

**Roger Peters, PhD, Professor, University of South Florida**

**Salon 9/10 | Friday, August 12, 2016 | 9:00AM – 10:30AM**

Persons entering the justice system with substance use disorders present numerous challenges for those seeking to provide effective supervision and treatment services. This presentation will examine the importance of criminal risk, treatment needs, and responsivity in designing treatment, supervision, and other sentencing dispositions for substance-involved offenders. Key principles will be identified to guide decision-making related to sentencing and disposition, and screening and assessment approaches will be reviewed for determining levels of criminal risk and needs for substance abuse treatment. Several areas of “criminogenic need” will be discussed that are often neglected in evaluating potential dispositions of substance-involved offenders. The presentation will also examine important areas related to offenders’ responsivity to evidence-based interventions, and strategies to address responsivity in crafting offender dispositions. Key steps will be described for translating risk assessment to service planning in the justice system, and several practical considerations will be introduced for implementing risk assessment and risk reduction. The session will briefly review different sanction approaches according to offender risk level, and approaches for matching offenders to services according to their level of risk and substance abuse treatment needs. The workshop will conclude with a brief case study to operationalize approaches for matching substance-involved offenders to services, based on considerations of “risk” and “need for treatment.”



# Workshop Descriptions | Friday, August 12

## 9:00AM – 10:30AM - 5 mini plenaries continued



### **A National Behavioral Health Update**

Charles Ingolia, MSW, Senior Vice President, Public Policy and Practice Improvement, National Council for Behavioral Health

**Salon 11/12 | Friday, August 12, 2016 | 9:00AM – 10:30AM**

The healthcare system in the United States is in the midst of unprecedented change and consolidation. This session will provide an overview of the changes that are occurring around the country in terms of the organization, financing and operation of specialty behavioral health services, as well as present some pointers for success.



### **Promoting Support and Resilience in Communities Following Traumatic Events**

Larry Berkowitz, EdD, Director, Riverside Trauma Center

**Grand Ballroom D | Friday, August 12, 2016 | 9:00AM – 10:30AM**

Traumatic events impacting communities are all too common as was recently seen in Orlando. This session will review some of the common physiological and psychological reactions people experience following traumatic events, and provide an overview of strategies used to promote healthy recovery among individuals and communities. Examples will be provided from experience following the Boston Marathon bombing as well as literature that describes features of resilient communities.

## 10:30AM – 10:45AM - Break

## 10:45AM – 12:15PM - 4 mini plenaries



### **Behavioral Health Integrations - Does It Really Add Value Or Is It Just More Work?**

Carolyn Tometich, PMHNP-BC, Behavioral Health Clinical Program Operations Director, Intermountain Healthcare

**Salon 1/2 | Friday, August 12, 2016 | 10:45AM – 12:15PM**

Behavioral Health Integration seems to be a hot topic. Learn the critical components to ensure that your organization is successful with integrating physical and mental health services in your setting.



### **Coordinated Crisis Response Effort**

Vicki Garner, Chief Clinical Officer Aspire Health Partners

Donna Wyche, Manager Mental Health and Homeless, Orange County Health Services Department

Maria Bledsoe, Chief Executive Officer, Central Florida Cares Health System

**Salon 3/4 | Friday, August 12, 2016 | 10:45AM – 12:15PM**

Learn how Orange County, Aspire Health Partners and Central Florida Cares Health System coordinated a crisis response effort to meet the needs to the affected persons as a result of the Orlando Pulse shooting. Successes, barriers, lessons learned, and next steps will be discussed.

# Workshop Descriptions | Friday, August 12

## What To Do When Marijuana People Show Up: An EBP to treating Marijuana Disorders

David Duresky, MA, Training Coordinator, Southeast Addiction Technology Transfer Center

Salon 11/12 | Friday, August 12, 2016 | 10:45AM – 12:15PM

With the legalization of marijuana just around the corner, what will we do when clients show up and are unable to stop smoking weed? Do we treat them like everyone else? Or is there a better approach? This presentation will introduce participants to the Evidenced Based Practice “Treating Marijuana Dependence,” a research project funded by CSAT.



## The “Brain-Wise Therapist”

Heidi O’Toole MS, LM, C-EH-P, EMDR-T, Visiting Instructor, West Virginia University

Grand Ballroom D | Friday, August 12, 2016 | 10:45AM – 12:15PM

This is an exciting session that provides an enlightening overview of how the brain responds in context to mental health’s growth, change, and healing process. Although this information can be used to enhance all clinical interventions and approaches, it can also benefit other direct care services professionals, and be of interest to prevention, treatment, and agency administrators. All participants will be trained to utilize a personal hand model of the brain.

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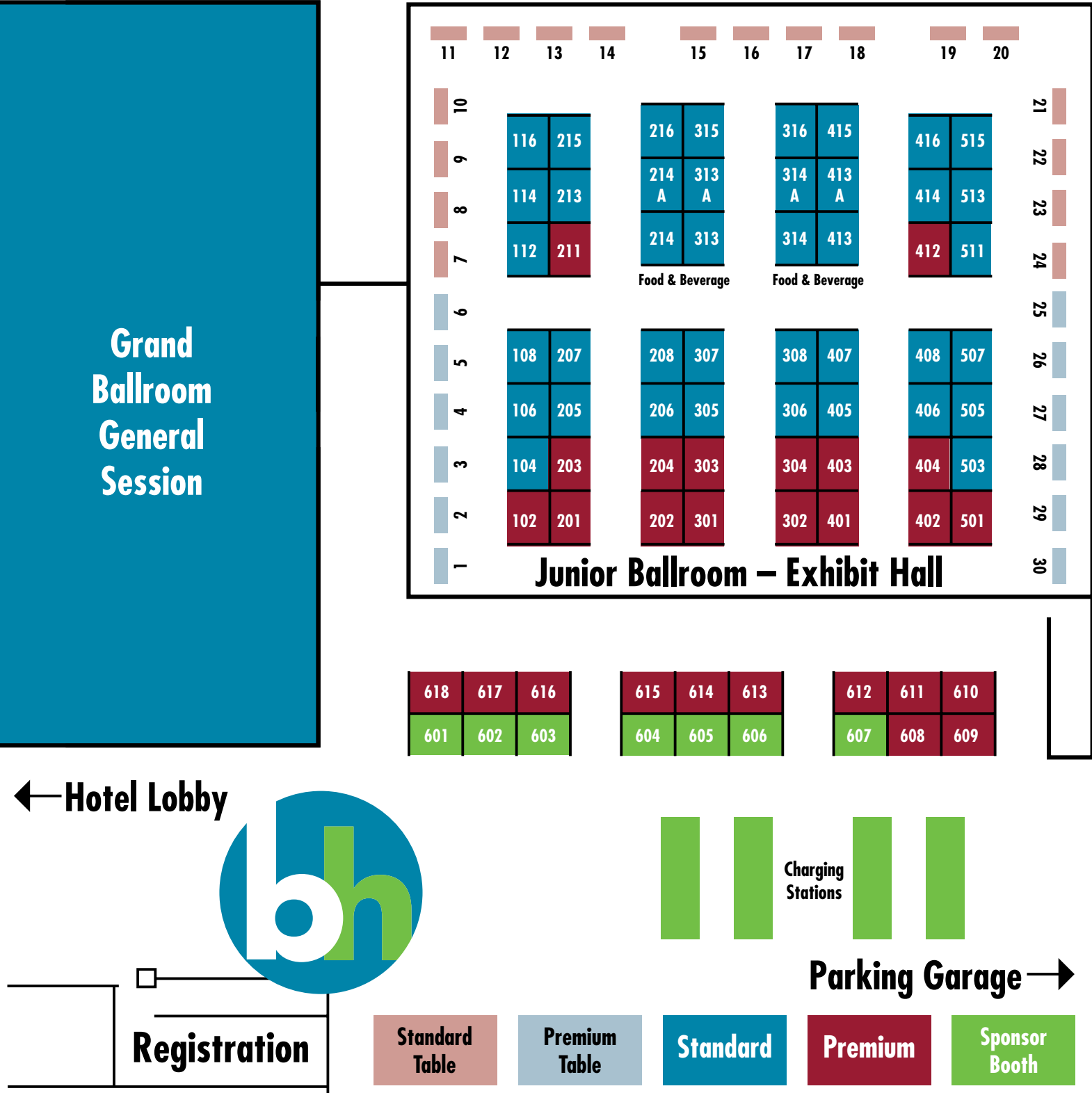
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# Exhibitor Location – Junior Ballroom





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