The Florida Alcohol and Drug Abuse Association and the Florida Council for Community Mental Health present

> Florida's Premier Behavioral Health Annual Conference





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August 5, 2015

Welcome to the 2015 FADAA/FCCMH Annual Conference. The Board of Directors, leadership team and the staff of both associations hope you find this conference an invaluable experience. We pledge to do all that we can to create an opportunity for you to learn, network, and recoup.

The 2015 conference theme, **Advancing Health, Wellness and Recovery**, reflects our commitment to provide you updates on new science, new medicine, new technology, and new opportunities. Our goal is to create a learning environment that challenges your thinking and practice, opens new doors, and provides insight into the landscape of best practices in promoting healthy lifestyles, maintaining wellness, and promoting recovery for people who suffer from a mental illness or a substance use disorder.

In addition to workshops and keynote sessions, the conference offers you opportunities to expand your engagement with behavioral health. We have assembled under one roof a wide variety of goods and services that can benefit your clinical practice, service to clients, and the operation and effectiveness of your company. The conference is also an incredible opportunity to network with your peers from across the state and the region because it's the largest annual gathering held in Florida of mental health and substance use disorder professionals, leaders in the industry, individuals in recovery, and volunteers.

Try not to overlook this chance to take a few days off the grid. Use the conference as an opportunity to step away from your work and use it as a time to rejuvenate, relax, and unwind – you deserve the break. The conference venue offers ample opportunities to relax and refresh.

The success of this event is directly proportionate to the help we receive from our sponsors to make the conference a memorable event. We give special thanks to Alkermes, Netsmart, Otsuka, Bridges of America, Magellan Complete Care, Beacon Health Options, and BayCare Behavioral Health, and Behavioral Health of the Palm Beaches for their generosity and commitment to sponsoring this event. We also thank all of our exhibitors and advertisers for their continued support. Finally we thank the leadership of the Department of Children and Families, the Department of Corrections, and the Agency for Health Care Administration. The participation of these agencies in this event speaks to their commitment to enhance client care and service delivery.

We want you to leave the conference refreshed, enlightened, and satisfied. Please do not hesitate to let us know if there is anything we can do to enhance your conference experience.



Mark Fontaine FADAA Executive Director



Mubal P. Hansen

Mike Hansen FCCMH President & CEO



Welcome to Florida's Premier Presented by Florida Alcohol and Drug Abuse Association

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Thank you in advance...

for turning off your cell phone during all workshops and speakers sessions.



Behavioral Health Conference

and the Florida Council for Community Mental Health

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Special Conference Features

Thank you to our sponsors:

















Parking

Self-parking: \$5.00 per vehicle per day. Valet daily: \$17.00/\$24.00 overnight. Complimentary self-parking is available for all overnight guests of the Omni.

Lunch Options

Tuesday, August 4 and **Wednesday**, August 5, lunch is on your own. Please visit the conference registration desk for special lunch offers provided through the hotel. **Tuesday**

Trevi's, David's Club, Crocs, Broadway Deli (open for lunch) **Wednesday** Grab N' Go available in the Exhibit Hall Trevi's and David's Club will be offering a lunch buffet special @ 15.95 per person Trevi's, Zen, David's Club, Broadway Deli (open for lunch)

Exhibit Hall Hours

Wednesday, August 5 • 7:30 am – 5:45 pm Thursday, August 6 • 7:30 am – 5:30 pm Exhibitors will be available in the International Ballroom.

Prize Drawings

Thursday, August 6 • 8:30 am – 10:00 am (General Session) Thursday, August 6 • 3:45 pm – 5:15 am (Afternoon Plenary)

Exhibitor Signature Card Drawings

Thursday, August 6 • 3:45pm - 5:15pm (Plenary Session)

Exhibitors will sign cards for attendees visiting their booths in the International Ballroom. Attendees whose cards are 80-percent punched will be eligible to win a prize donated by exhibitors. To enter the drawing, attendees must drop their completed cards in a tray at the registration desk **by 3:15pm on Thursday**. Recipients **MUST BE PRESENT** to win.

🎲 Special Events

Wednesday

6:30-7:30 AM (Rotunda, Registration) - Fun Run with FCCMH President Mike Hansen
6:00-7:30 PM (Royal Melbourne) - Beginner Bachata with FCCMH's Carlee Reynolds
8:00 PM (ChampionsGate) - Narcotics Anonymous Meeting for both conference attendees and local members of Narcotics Anonymous

Thursday

7:00-8:00 PM (Congressional) - Gentle Yoga with Tamera Anderson-Hanna 7:00-8:00 PM (Augusta) - Self Defense with Jose Marti from Tough as Nails, assisted by FCCMH's Carlee Reynolds

Friday

7:00 AM (ChampionsGate) - Sun Salutation Morning Yoga with Tamara 7:00 AM (Rotunda, Registration) - Fun Run with FCCMH President Mike Hansen



There is light



The Bougainvilla House Health through Recovery[™]

Providing Outpatient Substance Abuse Services to Adolescents

Did you know that 38 million adults have a substance use problem? Many of those adults began drinking and using drugs as a teen. As a parent, you should know the following:

- Alcohol is the most commonly used drug among Broward County Middle and High School Students
- After alcohol, marijuana is used (23% lifetime and 12.5 % past 30-day use)
- Youth typically use more than one substance

If you suspect your teen is experimenting with drugs or alcohol, call The Bougainvilla House @954-764-7337 before it's too late.

At The Bougainvilla House, we provide the highest quality of intervention and outpatient substance abuse treatment services for adolescents and their families. Upon completion of our program, adolescents and their families will have gained the skills and tools to encourage a healthy and responsible lifestyle. Our professional yet relaxed environment provides exceptional care through our comprehensive multidisciplinary team.

> For more information please visit us online at: www.tbhcares.org 1727 S.E. 4th Avenue Ft. Lauderdale, FL 33316 954-764-7337



Pre-Conference Tuesday, August 4 • 9:00am-5:00pm

The Pre Conference sessions are designed for all-day in-depth training on specific hot topics.

Medication Assisted Treatment

David Gastfriend, M.D. Royal Melbourne B • 9:00am - 5:00pm

This training will examine the scientific rationale for the routine treatment of substance use disorders with the combination of appropriate pharmacotherapy plus behavioral management. Dr. Gastfriend will present the evidence basis of key controlled clinical trial results for each of the categories of FDA-approved medications including Vivitro, as well as the practical effectiveness of each .

Suicide Risk Assessment & Safety Planning Training

Melissa Witmeier Royal Melbourne A • 9:00am - 5:00pm

Learn about the scope of Florida's suicide problems: warning signs and risk reduction factors for suicide; strategies to conduct a suicide risk assessment interview, including engagement and communication techniques; and best practice strategies to document suicide risk assessment and a safety plan.

Trending Now, Medicaid Managed Care

Justin Senior, Deputy Secretary for Medicaid Susan Bramer, Amerigroup Community Care of Florida William Delaney, Beacon Health Options/PsychCare Paula Lupton, Cenpatico, FL Kristin Snyder, Sunshine Health Christine Foreman, Optum

Royal Dublin • 9:00am - 5:00pm

Join us for the 'state of the state' of Florida Medicaid and future directions in behavioral health. This training session will cover multiple topics such as: Integrating Behavioral Health and Primary Care; Creative Approaches to Comprehensive Care; Trauma Informed Care; Telemedicine; and What's New in Medicaid Managed Care.









Summits Tuesday, August 4 • 9:00am-4:00pm



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Florida Association of Recovery Residences (FARR): Voluntary Certification to National Standards

John Lehman, President, Florida Association of Recovery Residences Osceola Conference Center C/D • 9:00am - 4:00pm

The Florida Association of Recovery Residences is honored to once again hold their annual Summit in conjunction with the Florida Behavioral Health Conference. This is an exciting time for recovery support providers. Real growth brings with it real responsibilities. Significant legislation is underway that would cement eligibility for referral to certification of compliance with national standards. What does this mean to the licensed DCF SUT community? How does it impact Level I, II, III and IV Recovery Residences? What exactly is a "Recovery Residence Administrator?" This and many other questions will be answered during our second annual conference. Additionally, FARR is proud to introduce these two nationally renowned leaders of the New Recovery Movement. Featured speakers include Dr. Ijeoma Achara and John Shinholser, President of McShin Foundation.

Prevention Summit

David K. Mineta, Deputy Director of the Office of National Drug Control Policy Dr. Thomas Workman Osceola Conference Center E General Session • 9:00am - 4:00pm Breakouts are in Harmony and Celebration B

The 2015 Florida Prevention Summit is hosted by the Florida Coalition Alliance and the Florida Alcohol and Drug Abuse Association. Prevention providers and community anti-drug coalitions should join us to learn about national and state level prevention agendas; hear from expert presenters and speakers about best practices in prevention; connect and network with peers; and earn continuing education credits. Join us and return home informed, renewed and re-energized to prevent and reduce substance abuse in the State of Florida! The Florida Prevention Summit features speakers David K. Mineta, Deputy Director of the Office of National Drug Control Policy and Dr. Thomas Workman, recognized national leader in substance abuse prevention.

FADAA wishes to thank all of our Corporate & Associate Business Partners:

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Is it time for a change for your patients with opioid dependence

to learn more about ZUBSOLV check us out on:

(buprenorphine and naloxone) sublingual tablets (CIII)



1.4 mg/0.36 mg • 5.7 mg/1.4 mg • 8.6 mg/2.1 mg

INDICATION

ZUBSOLV® (buprenorphine and naloxone) sublingual tablet (CIII) is indicated for the maintenance treatment of opioid dependence and should be used as part of a complete treatment plan to include counseling and psychosocial support. Treatment should be initiated under the direction of physicians who are certified under the Drug Addiction Treatment Act of 2000, and who have been assigned a unique identification number ("X" number). IMPORTANT SAFETY INFORMATION

CONTRAINDICATIONS

• ZUBSOLV sublingual tablet should not be used by patients hypersensitive to buprenorphine or naloxone, as serious adverse reactions, including anaphylactic shock, have been reported

WARNINGS AND PRECAUTIONS

- ZUBSOLV sublingual tablet can be abused in a manner similar to other opioids, legal or illicit. Clinical monitoring appropriate to the patient's level of stability is essential. Multiple refills should not be prescribed early in treatment or without appropriate patient follow-up visits ZUBSOLV sublingual tablet can cause serious, life threatening, respiratory depression and death, particularly when taken by the intravenous (IV) route in combination with benzodiazepines or other central nervous system (CNS) depressants (eg, sedatives, tranquilizers, or alcohol). Patients should be warned against self-administration or misuse of these combinations
- depressants (eg. sedatives, tranquilizers, or alcohol). Patients should be warned against self-administration or misuse of these combinations Not recommended for initiation of treatment (induction) in patients with moderate hepatic impairment due to the increased risk of precipitated withdrawal. However, buprenorphine/naloxone products may be used with caution for maintenance treatment in patients with moderate hepatic impairment who have initiated treatment on a buprenorphine product without naloxone. However, patients should be carefully monitored and consideration given to the possibility of naloxone interfering with buprenorphine's efficacy. 2 UBSOLV sublingual tablet is not recommended in patients with severe hepatic impairment Dose reduction of CNS depressants, ZUBSOLV sublingual tablet, or both should be considered in situations of concomitant prescription Children who take ZUBSOLV sublingual tablet can have severe, possibly fatal, respiratory depression Intravenous misuse or taking ZUBSOLV sublingual tablet before the effects of full-agonist cipoids (eg. heroin, hydrocodone, methadone, morphine, oxycodone) have subsided is likely to cause opioid withdrawal syndrome Neonatal withdrawal has been reported following use of buprenorphine by the mother during pregnancy 2 ZUBSOLV sublingual tablet is not appropriate as an analgesic. There have been reported deaths of opioid-naïve individuals who received a 2-mg sublingual dose of buprenorphine by 2 LIN SECTEC COPU LINTONE

USE IN SPECIFIC POPULATIONS

Pregnancy: Based on animal data, buprenorphine may cause fetal harm. Use of ZUBSOLV sublingual tablet in pregnant women or during breastfeeding should only be considered if the potential benefit justifies the potential risk.
 Nursing mothers: Caution should be exercised when buprenorphine-containing products are administered to a nursing woman. The safety of buprenorphine/naloxone in breastfeeding has not been established
 Not recommended in patients with severe hepatic impairment and may not be appropriate for patients with moderate hepatic impairment.

ADVERSE REACTIONS

- Adverse vents commonly observed with the sublingual administration of buprenorphine/naloxone sublingual tablets during clinical trials and post-marketing experience are headache, nausea, vomiting, hyperhidrosis, constipation, signs and symptoms of withdrawal, insomnia, pain, and peripheral edema
 This is not a complete list of potential adverse events associated with buprenorphine/naloxone sublingual tablets. Please see full Prescribing Information for a complete list
 To report an adverse event associated with taking ZUBSOLV sublingual tablet, please call 1-888-ZUBSOLV (1-888-982-7658). You are encouraged to report adverse events of prescription drugs to the FDA. Visit www.fda.gov/medwatch or call 1-800-FDA-1088

PLEASE VISIT BOOTH #28 TO SEE FULL PRESCRIBING INFORMATION AND MEDICATION GUIDE.





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Opening Remarks



National Ballroom CD

Barbara Daire, FCCMH Chair Mike Hansen, FCCMH CEO/President

Fearless in the Face of Change

Kevin Lewis, FADAA President Mark Fontaine, FADAA Executive Director

Keynote Session



Linda Rosenberg, CEO, National Council for Behavioral Health A healthcare architect and reformer advancing care for people with mental illnesses and substance use disorders, Linda Rosenberg is a national leader in the development, design and delivery of mental health and substance use policy and services. Under her leadership, the National Council for Behavioral Health spearheads advocacy, practice improvement and public education initiatives to serve adults, children and families with mental health and addiction disorders. She helped secure passage of the federal mental health and addiction parity law and played a critical role in ensuring that the Affordable Care Act addresses the needs of individuals with behavioral

health disorders. Her vision helped to expand financing for integrated behavioral health and primary care services and built an array of organizational, clinical and workforce development initiatives, including the introduction of Mental Health First Aid in the U.S. Prior to joining the National Council, Ms. Rosenberg served as Senior Deputy Commissioner of the New York State Office of Mental Health. She is a certified social worker, family therapist, and psychiatric rehabilitation practitioner with more than 30 years of experience.

10:30 am - 11:00 am International Ballroom

Refreshment Break & Visit Exhibits Sponsored by: Netsmart, Behavioral Health of the Palm Beaches, Otsuka

14 Concurrent Workshops • 11:00am - 12:30pm

Working in Teams: How To Engage Your Staff For Optimal Performance (Part 1 of 2) ChampionsGate

Mathew Roosa LCSW-R, Director of Planning & QI, Consultant, Trainer, Coach, NY

Work teams that engage the diverse strengths of members to achieve results are powerful, and rare. While all of us talk the talk of teamwork, most of us do not have experience with the nuts and bolts of team management that would help us to walk the walk. This session will explore core elements of functional teams, specific types of teams and team roles as well as concrete tools to enhance team functioning. This is part 1 of 2. Different tools will be addressed at part 1 and part 2 of Working in Teams. Participants may attend either workshop or both.

Trauma Informed Criminal Justice

Olympic

Leah Vail, MA, Forensic Program Director, Meridian Behavioral Healthcare, FL

Trauma-informed criminal justice responses can help to avoid re-traumatizing individuals, which increases safety for all, decreases recidivism, and promotes recovery of justice-involved women and men with serious mental illness. This presentation on behavioral health and justice transformation is an interactive training specifically tailored to professionals working in the criminal justice system.



Selected Family Interventions – In-Home Prevention and Early Intervention Model Augusta

Pam Peterson-Baston, MPA, Solutions of Substance, Inc., NC

Eric Wagner, PhD, Director of Community-Based Intervention Research Group, School of Social Work, FIU, FL

This workshop will discuss Selected Family Intervention (SFI), a promising in-home prevention and early intervention model. The well-supported evidence-based practices targets families involved in the child welfare system who are affected by substance use and/or mental health problems. SFI has been a 5-year cooperative effort between Big Bend Community Based Care and DISC Village to develop a dynamic, multi-dimensional and cost- effective service model which can effectively address the complex needs of this population. Early analysis of program outcomes demonstrate that SFI is exceeding all outcome targets, the most significant of which is that 95.2% of the children of families served have no "verified" findings.

Thriving in an Era of Change

Colonial Ijeoma Achara, PsyD, Owner, Achara Consulting, LLC, IL

This presentation will explore how stakeholders in Florida can begin the process of developing recoveryoriented systems of care to successfully navigate the rapidly changing healthcare environment to facilitate improved outcomes for the individuals and families being served. Dr. Achara will review the characteristics of recovery-oriented systems of care and explore their fit with the trends emerging within the broader healthcare environment. Different approaches to developing recovery-oriented services and systems and their relative advantages and limitations will be explored. This presentation will assist participants in identifying concrete implications for all stakeholders and next steps for advancing the recovery transformation process in Florida.

Metabolic Wellness Considerations in Schizophrenia

Congressional

Carolyn Jones, PhD, Sr. Medical Science Liaison, PsychU/Otsuka America Pharmaceuticals, Inc., FL Aneta Fornal, PharmD, Sr. Medical Science Liaison, PsychU/Otsuka America Pharmaceuticals, Inc., FL

This workshop will discuss the illness of schizophrenia. Patients with schizophrenia have a high incidence of cardiometabolic risk factors which are in part attributable to an unhealthy lifestyle, such as poor diet and sedentary behavior. In this presentation we will discuss the various guidelines for monitoring patients at cardiometabolic risk, why wellness in schizophrenia is important to clinicians, and will provide examples of best practices to assist patients in being active participants in their wellness.

Understanding the Impact of Trauma on the Veteran Population

Oakmont A

Dr. Carrie Elk, PhD, LMHC, Founder & Executive Director, Elk Institute for Psychological Health & Performance, FL

In this interactive presentation, Dr. Carrie Elk will discuss helpful hints for working with veteran clients. Along with de-mystifying PTSD and its treatment, Dr. Elk and her panel of veterans will address difficult topics by answering audience questions and identify aspects of clinical practice that open or close doors to helping veterans heal from their invisible wounds.



11:00 am – 12:30 pm continued

Mobile Crisis Services

Oakmont B

Helen Dickey, PsyD, Mobile Crisis Team Supervisor, Jerome Golden Center for Behavioral Health, FL

This workshop will discuss Mobile Crisis Team Services (MCT) in Palm Beach County Florida. It is a free service to everyone in need of assessment and support, 24 hours per day. The intent is to have Baker Acts and avoid any unnecessary psychiatric hospitalizations. We attempt to provide support, hope, and help those we serve, recognize the strengths they hold within themselves, as well as link them to resources in our community. MCT will also follow up with them after the initial assessment. MCT receives calls from those in crisis, their families, employers, schools, law enforcement, medical and other health professionals, and even strangers recognizing someone is in need of help.

Addressing Frequent Utilizers of Service: Effective Strategies to Intervene

Royal Melbourne A

Marcia Monroe, MBA, MSW, VP, Network Development Clinical, Central FL Behavioral Health Network, FL Doris Nardelli, MPA, Manager Business Development, Central FL Behavioral Health Network, FL

Behavioral health system leaders are recognizing the need to provide more efficient care to the highest utilizers of the behavioral health care system. This session will focus on strategies to assist organizations in managing high utilizers of behavioral health care by providing Managing Entities experience in working with high utilizers.

Trauma/Addiction/Women of Color and Treatment

Royal Melbourne B

Derenda Edmondson, EdD, Director, A New Life for Women, FL

This presentation will review the relationship between trauma and addiction by addressing and identifying specific needs as well as effective strategies for continuous engagement with women of color.

Full Service School: Reaching Youth Through Collaboration

Royal Dublin A

Karen Ivey, MA, Counseling Psychology, FSS Director, Child Guidance Center, FL

As funders ask providers to "do more with less", how can doing "less with less" be avoided? The Jacksonville Full Service Schools is a successful 20 year collaboration among many social service agencies designed to remove non-academic barriers to student success. Child Guidance Center provides behavioral health services within this model, relying on important collaborative partners to further the positive impact for students.

From Mission to Strategic Plan - A Balanced Scorecard Approach

Royal Dublin B

Margarita Labarta, PhD, President/CEO, Meridian Behavioral Healthcare, FL

Strategic plans often sit on a shelf because they lack connection to mission and actionable goals and objectives. The workshop is designed to help managers gain a basic understanding of how these can be connected operationally and used at the agency, department, or program level. The balanced scorecard is an approach to thinking about how to link mission with financial, operational, and resource acquisition and allocation.



Motivational Interviewing Part I

Osceola A

David Duresky, MA, Training Manager, Southeast Addictions Technology Transfer Center, FL Maite Mena, PsyD, Clinical Psychologist and Research Assistant Professor, University of Miami, FL

Screening, Brief Intervention and Referral to Treatment (SBIRT) is an evidence-based practice designed to identify individuals who use alcohol and/or drugs at risky levels, not those who are alcohol and/or drug dependent, and to increase their motivation and commitment to make lifestyle changes that will improve their health. The main goal of SBIRT is to prevent and decrease health consequences, social consequences, disease, accidents and injuries that can be caused by risky alcohol and/or drug use as well as to reduce costs to society. The core components of SBIRT are universal screening, brief intervention, and referral to treatment. SBIRT training is designed to educate participants on these core components and on how to develop their skills to deliver each component. The SBIRT screening identifies individuals at risk for problems related to alcohol and/or drug use although the skills can be used in many different health areas.

Population Health

Osceola B

Patrick Gauthier, BS, Director of Healthcare Solutions, Advocates for Human Potential, Inc., MA

For decades, the behavioral health (BH) field has labored to ensure equity, parity, and inclusion in whole health of individuals and special populations. Mental health (MH) has been fragmented from the broader health care system from the beginning of organized health care delivery and insurance in the U.S.. Having witnessed the cracks that appear beneath the feet of persons with mental illness (MI) disorders and substance use disorders who face additional challenges related to housing and employment, this field is now poised to help integrate many disparate facets of health and social systems. Great strides have been made in integrating MI with substance use disorder (SUD) providers and similarly promising advances are in process to integrate the resulting BH organizations with primary care, clinic, and hospital providers. Significant hurdles still remain. Chief among these challenges is addressing the social services, like housing and employment support.

Counseling Resistant 16-to-25-year-olds with Substance Use Disorders

National Ballroom CD

Mark Sanders MSW, Consultant/Trainer, On the Mark Consulting, IL

Adolescents and young adults are often difficult to engage in counseling and thus have the highest rates of premature termination. Participants will leave this interactive presentation with skills that will enable them to engage resistant adolescents and young adults in counseling. A partial list of topics includes: 7 reasons adolescents and young adults resist counseling; brain development and resistance to counseling; resistance as a natural developmental stage; 7 strategies for engaging adolescents and young adults in the first 5 minutes of contact; and reducing adolescents and young adults resistance to discussing substance abuse and dependence.





12:30 pm – 2:00 pm • Lunch on your own

Lunch N' Learn • 4 Justice Tracks • 12:45 pm – 1:45 pm

National Ballroom CD

- 1. Making Jail the Last Resort Cindy Schwartz, MS, MBA
- 2. The Sequential Intecept Model in Action Leah Vail, MA
- 3. CIT More than Just Training Donald Turnbaugh, BS
- 4. An Innovation in Criminal Justice: Adult Civil Citation Greg Frost, BS

14 Concurrent Workshops • 2:00 pm - 3:30 pm

Working In Teams: How to Engage Your Staff For Optimal Performance (Part 2 of 2) ChampionsGate

Mathew Roosa, LCSW-R, Dir of Planning & QI, Consultant, Trainer, Coach, NY

Work teams that engage the diverse strengths of members to achieve results are powerful, and rare. While all of us talk the talk of team work, most of us do not have experience with the nuts and bolts of team management that would help us to walk the walk. This session is a continuation from Part 1 and will explore additional team functionality, notes and tools introduced in Part 1. This is part 2 of 2. Different tools will be addressed at part 1 and part 2 of Working in Teams. Participants may attend either workshop or both.

PTSD/Cognitive Processing Therapy (PART 1 of 2)

Olympic

Janet Murray Vandeloo, PhD, MST (Military Sexual Trauma) Coordinator, Orlando VA Medical Center, FL Mary Shea, PhD, Recovery Coordinator at the Orlando VA Medical Center, FL

This two part workshop provide a comprehensive overview of Posttraumatic Stress Disorder (PTSD) and Cognitive Processing Therapy (CPT), an evidence-based cognitive behavioral therapy for PTSD. Individuals who attend this two part workshop should be able to: describe PTSD symptoms and theory underlying CPT; describe research supporting this evidence-based treatment; and demonstrate knowledge of the rationale and general protocol used when implementing individual and group CPT.

Jail Break: Keeping People with SMIs in Community-based Treatment Programs and out of the Criminal Justice System

Augusta

Kevin Scalia, BS, Executive Vice President, Netsmart, KS

Police officers have increasingly become the first responders to people in crisis due to untreated mental illness. Kevin Scalia will talk about one community whose program has managed to divert individuals with serious mental illness away from the criminal justice system and into comprehensive community-based treatment and support services. Miami-Dade County is home to the largest percentage of people with serious mental illnesses (SMIs) of any urban community in the U.S. however, only one percent of the population receives treatment in the public mental health system. A program established in 2000, Eleventh Judicial Circuit Criminal Mental Health Project (CMHP) is helping to close the revolving door that results in the devastation of families and the community as well as the breakdown of the criminal justice system and wasteful government spending.

Sexual Awareness Family Education (SAFE) Training

Colonial

Juliana Menke, MS, LMHC, Therapist, Suncoast Center, FL

This presentation will discuss child sexual abuse. 93% of child sexual abuse victims know and trust their abuser. Even more concerning is that their parents and guardians know and trust the abuser as well. Much child sexual abuse prevention training focuses on teaching children how to keep themselves safe. While this information is important for children to know, it is not enough. In this presentation we will discuss how to teach parents, guardians, teachers and child care workers to assess the adults in their world, and their child's world, to create and maintain safe boundaries.

Prevention & Early Intervention in Primary Care: Outreach and Education Using the SBIRT Model

Congressional

P.J. Brooks, MA, LMHC, Vice President, First Step of Sarasota, Inc., FL

SBIRT has been recognized as a core preventive strategy for our changing health care delivery system in identifying substance use disorders. This presentation will share the recent experiences of First Step prevention staff reaching out to provide SBIRT training to our local medical community, including successes and failures.

Marchman Act/The Baker Act Demystified: How to Assess for and Initiate Involuntary Examination

Oakmont A

Beth Oberlander, MSW, Quality Assurance Director, Child Guidance Center, Inc., FL Alan Levine, Founding Member and Managing Partner, Addiction Recovery Legal Services, FL

Participants will gain an understanding of what "Baker Act" means to the provider and to the client, as well as the specifics of initiating an involuntary examination. Legal criteria for involuntary examination will be reviewed and participants will be taught a lethality assessment model which can be used to determine if an individual meets commitment criteria. Related issues such as transportation, parental consent, and duty to warn will also be addressed.

Forgiveness Therapy for Substance Use Disorders

Oakmont B

Jesus Perez, PsyD, Licensed Psychologist, Satori Waters, FL Katherine Ortega, MSW, Clinician, His House Children's Home, FL

This presentation will address forgiveness. Forgiveness intervention has been shown to improve individuals psychological well-being. Literature indicates that forgiveness has shown to be an effective clinical intervention in reducing negative expressions of anger. A review of the literature indicates that forgiveness involves a change in cognition, emotions, and behaviors toward the individual who committed the interpersonal offense and that when used as a clinical tool, forgiveness can improve the person's life. McCullough and Hoyt (2002) indicate that when people forgive, they experience reduced motivations to seek revenge, reduced motivations to avoid their transgressor, and increased feelings of benevolence or good will for their transgressor. Enright (2001) pointed out that as one forgives, one grows as a person capable of encouraging and nurturing others.



2:00 pm – 3:30 pm continued

Community Mobilization to End Homelessness

Royal Melbourne A Richard Brown, MSW, CEO, Agency for Community Treatment Services, Inc., FL Mary Lynn Ulrey, MS, ARNP, CEO, DACCO, FL Jana Balicki, M.A., Chief Housing Administrator, Agency for Community Treatment Services, Inc., FL

In this presentation the partnerships across Hillsborough County focusing on ending homelessness will be discussed. By using the housing first model, the service delivery system has been transformed and embellished through the creation of a pre-booking jail diversion pilot program, additional behavioral health funding and the Bridge Housing and Community Solutions programs. Undergirding the strength of the initiative has been the incorporation of the community's behavioral health organizations and the resulting commitment of providers to direct new resources and redirect practice patterns to engage the chronically homeless and provide the supportive services necessary to secure and sustain permanent housing.

Wellness Recovery Action Plan (WRAP)

Royal Melbourne B

Cindy Schwartz, MS, MBA, Project Director, Eleventh Judicial Criminal Mental Health Project, FL

Wellness Recovery Action Plan (WRAP) is an evidence-based system focused on recovery and resiliency. It was developed by and for mental health consumers, and has been widely adopted by consumer groups and peer specialist programs both nationally and internationally. The American Psychological Association (2005) identifies WRAP as a best practice in consumer curricula for people with Severe Mental Illnesses. WRAP provides a structured approach to assist people with mental illnesses in managing their symptoms. Individuals trained in WRAP are taught to identify both internal and external resources for facilitating recovery and to use in creating a plan for successful living. WRAP also helps people to identify early warning signs of potential crisis, and encourages the development of a crisis plan (similar to a psychiatric advanced directive) and a post-crisis recovery plan.

Top 4 Game Changing Non-Clinical Services Transforming Addiction Recovery *Royal Dublin A*

Jean LaCour, PhD, NET Institute, FL Cheryl Brown-Merriwether, MA, Director of Operations, NET Institute, FL

Discover how you and your program can benefit during the rapid shift from an acute care model for addiction services to a long term care model with the recovery support needed for a chronic condition. Learn a practical metaphor for quickly recognizing an array of non-clinical roles, from professional coaches specializing in addiction recovery to peer recovery support specialists. See how successful behavioral health programs of the future will find creative and productive ways to incorporate a range of peer support services. This fast paced interactive workshop with video is designed for clinicians, administrators, advocates and peers to gain greater insight into the energy and approaches transforming behavioral health and addiction recovery.

Tales From the Dark Side: The Journey From Clinician to Administrator

Royal Dublin B

Jay Reeve, PhD, CEO, Apalachee Center, FL

This presentation will be an exploration of the choices and skill acquisition necessary when moving into an administrative leadership role from a clinical supervisory one. The value or effectiveness of these techniques will be discussed.

Motivational Interviewing Part II

Osceola A

David Duresky, MAs, Training Manager, Southeast Addictions Technology Transfer Center, FL Maite Mena, PsyD, Clinical Psychologist and Research Assistant Professor, University of Miami, FL

Individuals who attend the first SBIRT/MI Part 1 training should attend this Motivational Interviewing part 2. If you do not attend part 1 you should not attend part 2. Part 2 of the SBIRT/Motivational Interviewing workshop will focus primarily on enhancing motivational interviewing skills that were introduced in Part I of the SBIRT/ Motivational Interviewing workshop. Specifically, the tasks of MI, the principles of MI, the steps of MI, the core skills of MI, and the strategies of MI will be discussed in more detail along with video demonstrations, live demonstrations by the trainer, and role play activities for the attendees.

Making Sense of the Proposed Medicaid Parity Rule

Osceola B

Patrick Gauthier, BS, Director of Healthcare Solutions, Advocatres for Human Potential, Inc., MA

This session will provide an overview of the recently proposed final rule concerning Medicaid compliance with the 2008 Mental Health Parity and Addiction Equity Act. The proposed final rule addresses equity in financial limitations, non-quantitative treatment limitations, covered services and dovetails with the other recent proposed final rule concerning Medicaid managed care plans which addresses important issues like provider network adequacy. We will explore what the rules say and mean and how important stakeholder groups around the country responded to them during the open comment period. Furthermore, we will explore what the business and clinical implications of their implementation would be if the proposed final rule, in fact, becomes final rule.

Relationship Detox: Helping Clients Develop

National Ballroom CD

Mark Sanders, MSW, Consultant/Trainer, On the Mark Consulting, IL

Relationships are the leading cause of relapse among chemically dependent clients. In this interactive, skillbuilding presentation, participants will receive tools that will enable them to help their clients develop healthy relationships in recovery. A partial list of topics includes: 10 Characteristics of Healthy Relationships; 10 Characteristics of Addictive Relationships; The Impact of Abandonment on the Development of Emotional Intelligence; Relationships and Relapse Prevention; Strategies for Helping Clients Leave Toxic Relationships; Relationship Detox: Helping Clients Develop Healthy Relationships in Recovery; and Helping Clients Develop Healthy Relationships through the Engagement and Termination Phases of Counseling.

3:30 pm – 4:15 pm International Ballroom Refreshment Break & Visit Exhibits Sponsored by: Netsmart, Behavioral Health of the Palm Beaches, Otsuka



14 Concurrent Workshops • 4:15 pm - 5:45 pm

In Defense of Silos: Organizational Infrastructures That Insure Success

ChampionsGate

Mathew Roosa, LCSW-R, Dir of Planning & QI, Consultant, Trainer, Coach, NY

In the current frenzy of reorganizations, mergers, acquisitions, and service integrations, most leaders are seeking to remove silos. Too often this effort ignores the value of silos, and the need for separations of role and function that create the infrastructure needed to complete a complex mission. This session will use the biological metaphors of organizational skeletal and circulatory systems to explore the importance of both maintaining organizational divisions while insuring adequate flow of information and resources between them. Leaders will engage in a dialogue and explore tools to insure that their organization has "strong bones" and "good blood flow."

PTSD/Cognitive Processing Therapy (PART 2 of 2)

Olympic

Janet Murray Vandeloo, PhD, MST (Military Sexual Trauma) Coordinator, Orlando VA Medical Center FL Mary Shea, PhD, Recovery Coordinator at the Orlando VA Medical Center, FL

The purpose of this training is to provide participants with a comprehensive overview of Posttraumatic Stress Disorder (PTSD) and Cognitive Processing Therapy (CPT); an evidence-based cognitive behavioral therapy for use with patients experiencing PTSD.

Trauma Informed Use of Therapeutic Community Tools

Augusta

Judy Razzano, BA, Psychology and Addiction, Assistant Clinical Facility Director, Bridges of America, FL Michael Walker, MPA, Director of Quality Management Programs, Bridges of America, FL

This presentation will address how to assist today's younger client. Shame-based and/or Fear-based strategies that are not trauma sensitive are less effective with today's client. Chronic cumulative combined stress affects their tolerance of tension. In fact, for today's clients, some traditional techniques have been shown to cause more harm than good. Knowing the difference can make the difference.

When the Therapist Goes to Court

Colonial

Margarita Labarta, PhD, President/CEO, Meridian Behavioral Healthcare, FL

Therapists are often called upon to testify on treatment issues. A subpoena often places them into unfamiliar territory and has many potential pitfalls. This workshop helps clarify the therapist's role, ensuring they are staying within their scope of practice and feel more competent and comfortable about testifying.

Beyond Support: Peer Specialists Improving Whole Health Outcomes

Congressional

Wesley Evans, CRPS, Ombudsman, LSF Health Systems, FL Kristi Krug, CRPS, Peer Support Liaison, Cenpatico, FL

Peer Specialists use life experience and specialized training to identify and support individuals as they discover their strengths and establish health goals. In this presentation you will learn how a peer to peer experience focusing on an individuals interests will open up opportunities for increased self-management, healthy habits, empowerment and hope. Participants will learn the importance of integrated whole health peer services. These services are built on the premise that people should not be forced or coerced to change their unhealthy lifestyle habits; rather they should be supported to examine their interests and strengths, and to cultivate supports for long-lasting positive changes which include new healthier habits and relaxation techniques. This presentation will offer an opportunity for Peer Specialists to enhance their inherent gifts of empathy and experience.

It Takes a Village: Integrating and Connecting to Improve Health and Save Lives *Oakmont A*

Tracey Kaly, LMHC, Clinical Manager, BayCare Behavioral Health, FL Ed Monti, EdM, Clinical Director, BayCare Behavioral Health, FL Chrisse Parris, BA, Clinical Coordinator, BayCare Behavioral Health, FL

This presentation will share a comprehensive plan including innovative and research-based approaches to improving the overall health and wellness of individuals and families at every stage of life. The presenters will describe the development of a community health team modeled after the National Prevention Strategy to focus on 4 strategic areas: building healthy/safe communities, expanding quality prevention services, empowering people to make healthy choices, and eliminating health disparities. Discussion will focus on activities to achieve maximum community benefit: mental health and emotional wellbeing, drug and alcohol use, tobacco free living, injury and violence free living, reproductive and sexual health and healthy eating and active living.

Problem Solving Theater - Confronts Addiction

Oakmont B

Meg Givnish, PhD, Executive Director of Clinical Programs, Behavioral Health of the Palm Beaches, FL

The problem solving theater presents an audience participation adaptation of psychodrama. The trained troop of "Therapeutic Thespians" improvises scenes on topics related to addiction. As the scene develops the director will stop the action from time to time and invite audience members to react to the drama, to interact with the characters and react to the scene.

Maximizing Wellness for the Clinician

Royal Melbourne A

Laurie Reid, MS Marriage and Family, President, Breaking the Cycle Consulting, Inc., GA

As clinicians, we always want the best outcomes for our clients. All too often we may be neglecting our own self-care in the process of healing those who seek us out for help. This workshop will focus on creatively exploring methods to assist clinicians in recognizing the importance of being resilient and identifying how to nourish themselves in order to maintain and maximize wellness. The opportunity to take a personal inventory to identify and analyze emotional, physical, mental, and spiritual wellness will be provided.



4:15 pm – 5:45 pm continued

Recovery Movement: Clinicians Find New Ways to Use Technology to Provide Service & Support

Royal Melbourne B

Dennis Morrison, PhD, Chief Clinical Officer, Netsmart, KS

In the behavioral health care space, the recovery movement is growing. Recovery-oriented practices recognize user strengths and shared decision-making. Dr. Dennis Morrison offers evidence-based practices for how health care organizations can use technology more effectively to prepare staff and clients for this shift. He will offer replicable best practices from a Netsmart client, the Mental Health Center of Denver. Among the practices that will be looked at include: use of new technologies, staff development, survey tools and benchmarking and analytics. Morrison will also explore what is happening outside of the United States with regards to clientcentered, mobile or remote behavioral health care. He will show what aspects of these methodologies he believes can make their way into the U.S. health system.

From Caretaking to Coaching: The Art & Craft of Clinical Supervision

Royal Dublin A

Jay Reeve, PhD, CEO, Apalachee Center, FL

This presentation will focus on the development of clinical supervision skills for clinicians who are new to supervisory roles. The value and effectiveness of these techniques will be discussed.

Parenting & Substance Abuse

Royal Dublin B

Carla Stover, PhD, Assistant Professor, University of South Florida, FL

This workshop will review factors associated with negative parenting of fathers with histories of substance abuse and co-occurring intimate partner violence. Implications of these risk factors for the development of new integrated treatment approaches will be reviewed, as well as, current best practices for working with this population. Both research data and case material will be used to illustrate key concepts.

Integrated Care: What Is It, How Does Work and Who Does It Serve?

Osceola A

Sara Richardson, AS Nursing, BA Hum, RN Case Manager, COPE Center, FL Lisa Neeman, MSW, VP of Clinical Services, COPE Center, FL

This presentation will address integrated care with patients experiencing severe and/or persistent mental illness, as well as one or more chronic health conditions. Individuals who receive services and assistance in coordinating care are more likely to maintain a primary health care provider, keep regularly scheduled appointments, and take their medications as prescribed. Additionally, individuals who receive one-on-one personalized educational support related to their mental and/or medical conditions and medications are more likely to be compliant with their prescribed treatment plan, resulting in better health and wellness. Integrated care, care coordination, and case management services allow individuals to gain access to community resources, primary care, and education not readily available otherwise, and helps to remove barriers that often keep them from seeking or accessing health care services.

Making Data Work for You - Using National Health Care Metrics

Osceola B

Patrick Gauthier, BS, Director of Healthcare Services, Advocates for Human Potential, Inc., MA

For decades, the behavioral health (BH) field has labored to ensure equity, parity, and inclusion in whole health of individuals and special populations. Having been fragmented from the broader health care system from the very beginning of organized health care delivery and insurance in the U.S., and having witnessed the cracks that appear beneath the feet of persons with mental health (MH) and addiction who face additional challenges related to housing and employment, this field is now poised to help integrate many disparate facets of health and social systems. Great strides have been made in integrating MH with substance use disorders (SUD) providers and similarly promising advances are in process to integrate the resulting BH organizations with primary care, clinic, and hospital providers. Yet significant hurdles remain. Chief among these challenges is addressing the social services like housing and employment support.

Perfection in Recovery

National Ballroom CD Mark Sanders, MSW, Consultant/Trainer, On the Mark Consulting, IL

Many chemically dependent clients received the message in childhood that they had to be perfect in order to protect family secrets. Early drug use actually gave them permission to not be perfect. In recovery, this tendency toward perfection often rears its head again and threatens to undermine recovery. This workshop focuses on strategies to help chemically dependent clients move beyond perfection in recovery in order to achieve the type of sobriety that benefits them and society. A partial list of topics includes: The differences between healthy and unhealthy perfection; sources of perfection, including the family of origin, family secrets, the media, school, the world of work, and religion; addiction and perfection; co-dependence as perfection; adult children of alcoholics as perfectionists; the link between perfection and process addictions.

FCCMH Would like to thank our Corporate Partner Members for their continued support!















Community Mental Health

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For information about how to become a member request a meeting with Carlee Reynolds, Director of Member Services, at the conference (803) 292-2210 or e-mail Carlee@fccmh.org. Visit our website: www.fccmh.org for additional information and membership applications.



Florida's Premier Behavioral Health Annual Conference • August 5–7

Schedule At A Glance – Wednesday, August 5

Wednesday, August 6						
6:30 am	Fun Run with Mike Hansen, FCCMH President/CEO • Rotunda/Registration					
7:30 am - 8:30 am	Registration/Welcome Coff	ee & Visit Exhibits				
8:30 am – 10:30 am	Opening/Welcome National Ballroom Linda Rosenburg, CEO, Natio Fearless in the Face of Chan	-	ral Health	Sponsored b	otsuka	
10:30 am – 11:00 am	Refreshment Break & Visit	Exhibitors	Sponsored by	: Netsmart, Behavioral Healt	h of the Palm Beaches, Otsuka	
11:00 am – 12:30 pm	14 Workshops					
	Working In Teams: How to Engage Your Staff For Optimal Performance (Part 1 of 2) Mathew Roosa, LCSW-R ChampionsGate	Trauma Informed Criminal Justice Leah Vail, MA Olympic	Selected Family Interventions – in-home Prevention and Early Intervention Model Pam Peterson-Baston, MPA, CAP, CPP Eric Wagner, PhD Jennifer Travieso Augusta	'Thriving in an Era of Change (Recovery/Health Disparities) Ijeoma Achara, PsyD Colonial	Metabolic Wellness Considerations in Schizophrenia Carolyn Jones, PhD Aneta Fornal Congressional	
	Understanding the Impact of Trauma on the Veteran Population Dr. Carrie Elk, PhD, LMHC Oakmont A	Mobile Crisis Services Helen Dickey, PsyD Oakmont B	Addressing Frequent Utilizers of Service: Effective Strategies to Intervene Marcia Monroe, MBA, MSW Betty Hernandez Royal Melbourne A	Trauma/Addiction/ Women of Color and Treatment Derenda Edmondson, EdD Royal Melbourne B	Full Service School: Reaching Youth Through Collaboration Karon Ivey, MA Royal Dublin A	
	From Mission to Strategic Plan – A Balanced Scorecard Approach Margarita Labarta, PhD Royal Dublin B	Motivational Interviewing (Part 1) David Duresky, MA Maite Mena, PsyD Osceola A	Population Health Patrick Gauthier, BS Osceola B	Counseling Resistant 16-to-25-year-olds with Substance Use Disorders Mark Sanders, MSW National Ballroom CD		
12:30 pm – 2:00 pm	Lunch (on your own)	·				
12:45 pm - 1:45 pm	Lunch N' Learn - Justice Track					
	Making Jail the Last Resort Cindy Schwartz, MS, MBA National Ballroom	The Sequential Intecept Model in Action Leah Vail, MA National Ballroom	CIT More than Just Training Donald Turnbaugh, BS National Ballroom	An Innovation in Criminal Justice: Adult Civil Citation Greg Frost, BS National Ballroom		



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Omni Orlando Resort at ChampionsGate Orlando, FL

Schedule At A Glance – Wednesday, August 5

2:00 pm - 3:30 pm	14 Workshops				
	Working In Teams: How to Engage Your Staff For Optimal Performance (Part 2 of 2) Mathew Roosa, LCSW-R ChampionsGate	PTSD/Cognitive Processing Therapy (Part 1 of 2) Janet Murray Vandeloo, PhD Mary Shea, PhD Olympic	Jail Break: Keeping People with SMIs in Community- based Treatment Programs and out of the Criminal Justice System Kevin Scalia, BS Augusta	Sexual Awareness Family Education (SAFE) Training Juliana Menke, MS Colonial	Prevention & Early Intervention in Primary Care: Outreach and Education Using the SBIRT Model P.J. Brooks, MA, LMHC Congressional
	Marchman Act/The Baker Act Demystified: How to Assess for and Initiate Involuntary Examination Beth Oberlander, MSW Oakmont A	Forgiveness Therapy for Substance Use Disorders Jesus Perez, PsyD Katherine Ortega, MSW Oakmont B	Community Mobilization to End Homelessness Richard Brown, MSW Mary Lynn Ulrey, MS, ARNP Jena Balicki Royal Melbourne A	Wellness Recovery Action Plan (WRAP) Cindy Schwartz, MS, MBA Royal Melbourne B	Top 4 Game Changing Non-Clinical Services Transforming Addiction Recovery Jean LaCour, PhD Royal Dublin A
	Tales From the DarkSide: The Journey FromClinician to AdministratorJay Reeve, PhDRoyal Dublin B	Motivational Interviewing (Part 2) David Duresky, MA Maite Mena, PsyD Osceola A	Making Sense of the Proposed Medicaid Parity Rule Patrick Gauthier, BS Osceola B	Relationship Detox: Helping Clients Develop Mark Sanders, MSW National Ballroom CD	
3:30 pm – 4:15 pm	Refreshment Break & Visit Exhibits Sponsored by: Netsmart, Behavioral Health of the Palm Beaches, Otsuka International Ballroom Sponsored by: Netsmart, Behavioral Health of the Palm Beaches, Otsuka				
4:15 pm - 5:45 pm	14 Workshops In Defense of Silos: Organizational Infrastructures That Insure Success Mathew Roosa, LCSW-R ChampionsGate It Takes a Village: Integrating and Connecting to Improve	PTSD/Cognitive Processing Therapy (PART 2 of 2) Janet Murray Vandeloo, PhD Mary Shea, PhD Olympic Problem Solving Theater - Confronts Addiction	Trauma Informed Use of Therapeutic Community Tools Judy Razzano, BA Michael Walker, MPA Augusta Maximizing Wellness for the Clinician	When the Therapist Goes to Court Margarita Labarta, PhD Colonial Recovery Movement: Clinicians Find New Ways to Use Technology to	Beyond Support: Peer Specialists Improvin Whole Health Outcomes Wesley Evans, CRPS Kristi Krug, CRPS Congressional From Caretaking to Coaching: The Art & Crat of Clinical Supervision
	Health and Save Lives Tracey Kaly, MEd, Eds Ed Monti Chrisse Parris Oakmont A Parenting & Substance Abuse	Meg Givnish, PhD Oakmont B Integrated Care What Is It, How Does Work and Who	Laurie Reid, MS Royal Melbourne A Making Data Work for You – Using National	Provide Service & Support Dennis Morrison, PhD Royal Melbourne B Helping Clients Move Beyond Prevention in	Jay Reeve, PhD Royal Dublin A
	Carla Stover, PhD	Does IT Serve?	Health Care Metrics	Recovery Mark Sanders, MSW	





Florida's Premier Behavioral Health Annual Conference • August 5-7

Schedule At A Glance – Thursday, August 6

Thursday, August 6							
7:30 am – 8:30 am	Network, Coffee & Visit Exhibits						
8:30 am – 10:00 am	General Session National Ballroom Secretary Mike Carrol Keynote Drew Ramsey, MD - Columbia Building a Better Brain	National Ballroom Secretary Mike Carrol Keynote Drew Ramsey, MD - Columbia University					
10:00 am – 10:30 am	Refreshment Break with Exhibitors Sponsored by: Netsmart, Behavioral Health of the Palm Beaches International Ballroom Sponsored by: Netsmart, Behavioral Health of the Palm Beaches				of the Palm Beaches, Otsuka		
10:30 am – 12:00 pm	13 Workshops						
	COOPERITITION: Compete/Collaborate/ Integrate Models of Care for the Future Catherine Sreckovich, Navigant Christina Koster, Navigant ChampionsGate	A Dog's Life for Veterans K9 Warriors Jason Snodgrass, BSB/A Olympic	Treatment Resistance: Client Issue or Counselor Challenge? Debbie Orr-Brown, MSW Augusta	New Models to Address Perinatal Depression in Primary Care Heather Flynn Colonial	Got Standards? The Story of Recovery Residence Certification John Lehman Rick Riccardi, BA Congressional		
	Structural/Strategic Family Systems Therapy Theresa Rulien, PhD Oakmont A	Motivational Interviewing Daniel DeFrank, MSW, LCSW Oakmont B	Clinical Solutions to the Revolving Door Mary Ruiz, MBA Royal Melbourne A	Establishing Smoking Cessation Initiatives Chad Morris, PhD Royal Melbourne B	What Is the Future for Alcohol Use Disorder Treatment? Jason Connor, PhD Royal Dublin A		
	Human Trafficking Melissa Teferra, MSW Royal Melbourne B	Complex Patients: Understanding the Role and Function of Care Coordination Marcia Monroe, MBA, MSW Laura Naredo Betty Hernandez, MS, LMHC Osceola A	Psychological Intervention in the Trenches – Working Effectively with Inmates with Cluster B Personality Disorders Doug Lemon, PsyD Osceola B				
12:00 pm - 1:30 pm	Awards Lunch						
11	National Ballroom						

A special thank you to our awards luncheon sponsors:



Omni Orlando Resort at ChampionsGate Orlando, FL

Schedule At A Glance – Thursday, August 6

1:30 pm - 3:00 pm	13 Workshops	13 Workshops					
	Enhancing the Workforce: Strategies to Foster Occupational Commitment Dianne Clarke, PhD ChampionsGate	2015 Update: Achieving Certification Pam Waters, MED, CAP, CPP Olympic A	Family Engagement Program Skye Cleek, MSW Augusta	Integrating Consumer Self-Help Tools into Your Care Model Scott Cousino, MBA Colonial	Operating a Successful Veterans Court Richard Gordan, JD Bryan Garninger John Hlozbaur Wendy Snee, VSO, LCSW, ACSN, CMFSW Congressional		
	Vicarious Trauma: Causes and Consequences Karen Rogers Kelly Leonhard, PhD Oakmont A	Implementing Evidence- Based Practices for Cultural Diverse Communities Michael Dozier, MA Oakmont B	Ready and Resilient: Fully Integrating Peers into your Work Force Dana Fogelsong, BS, CPPS, TTS Royal Melbourne A	Promoting Change with Child Welfare Families Celeste Putnam, MS Laurie Blades, MA, BCBA Provider Royal Melbourne B	The Changing Face of Prevention – Risk and Protective Factor Training Jan Cairnes, BBA, CCP Royal Dublin A		
	Recovery Management with Offender Populations Doug Lemon, PhD Osceola B	Integrated Care – BH and Medical Care Ray Pomm Royal Dublin B	Building Strong Leaders Laurie Elbow, MA Osceola A				
3:00 pm - 3:45 pm	Refreshment Break & Visit International Ballroom	Exhibits	Sponsored by: N	Netsmart, Behavioral Health o	of the Palm Beaches, Otsuka		
3:45 pm - 5:15 pm	General Session Afternoon Plenary National Ballroom Steve Ilardi, PhD - University Brain Chemistry Life Hacks	2					
5:30 pm - 6:30 pm	BONUS CEU WORKSHOPS (3 Workshops)						
	Integrating 12 Steps Into Treatment Alisia Lewis, MS	Substance Abuse Treatment within the Transgender Community Karen Feuerman. PhD	Yoga as a Treatment Modality for Managing Health and Wellness				
	ChampionsGate	Karen Feuerman, PhD Olympic	Tamera Anderson-Hanna, MA Augusta				
7:00 pm - 8:00 pm	Gentle Yoga (open to all, bri Self Defense • Augusta	ing your own mats!) • Congre	ssional				

Magellan COMPLETE CARE







Florida's Premier Behavioral Health Annual Conference • August 5–7

Schedule At A Glance – Friday, August 7

Friday, August 7						
7:00am - 8:00am	Sun Salutation Morning Yoga with Tamera • ChampionsGate Fun Run with Mike Hansen, FCCMH President/CEO • Rotunda/Registration					
9:00am - 10:30am	7 Mini Plenaries					
	Veterans Panel on Identification & Engagement of Veterans Upon Transition Michael Ciminna, MBA Brandee Baker, MA Mondecai Dixon, MS Erica Smith, LMHC ChampionsGate	Brain Loves Novelty: Creative Counseling Strategies & Techniques Heidi O'Toole, MS Royal Melbourne AB	Solution Focused Approach to Trauma Informed Care Arlene Brett Gordon, PhD Royal Dublin AB	The Pharmacology of Street Drugs Bert Toivola, PhD Augusta	Jail/Prison Reentry: Building Bridges to Recovery Dan Abreu, MS, CRC, LMHC Cynthia Schwartz, MS, MBA Olympic	
	Let's Talk about Outcomes? Emma Stanton, BM, MRC- Psych, MBA Congressional	Building a Recovery- Informed Workforce: SAMSHA's Recovery to Practice Initiative Elizabeth Whitney, M.S.W., LISCW Colonial				
10:30am - 10:45am	Break International Ballroom					
10:45am - 12:15pm	6 Mini Plenaries					
	Understanding the Military Culture Mary Dorritie, PhD Mark Ruiz, PhD ChampionsGate	Liar & Thief – Trauma/ Addiction Correlation Heidi O'Toole, MS Royal Melbourne AB	Building Hope Using Solution-Focused Brief Therapy with Substance Misuse Arlene Brett Gordon, PhD Jenna Wilson Royal Dublin AB	National Trends/ Integration Chuck Ingoglia, MSW Augusta	Designing Treatment Programs for Criminal Justice Populations Roger Peters, PhD Olympic	
	Trauma Informed Care Paula Lupton, LCSW Congressional					

CEU/Contact Hours and Certificates of Attendance

Approximately 21.5 Continuing Education Units/Contact hours will be available for the following: Licensed Clinical Social Workers; Marriage and Family Therapists; Licensed Mental Health Counselors; Nurses; Psychologists; and Certified Addiction Professionals. Please refer to the CEU log you received at registration for detailed information.

FADAA and FCCMH are approved providers for the following authorities:

- FADAA is a board-approved provider for: Florida Board of Clinical Social Work, Marriage and Family Therapy and Mental Health Counseling (#50-676) Florida Board of Nursing Contact Hours (#50-676) Florida Certification Board, noted as FCB, (#A-001)
- FCCMH is a board-approved provider for:
 Florida Board of Clinical Social Work, Marriage and
 Family Therapy and Mental Health Counseling (#50-1836)
 Florida Board of Psychology (Continuing Education Units available only for selected workshops as noted on the CEU
 Log) (#50-1836)
 - Florida Certification Board, noted as FCB, (#1193-A)



Thursday, August 6, 2015

Opening Remarks

8:30 am – 10:00 am National Ballroom Mark Fontaine, FADAA Executive Director Mike Hansen, FCCMH CEO/President Mike Carroll, Secretary Department of Children and Families

Door Prizes

General Session

Building a Better Brain

Drew Ramsey, MD, Columbia University, College of Physicians and Surgeons

Dr. Drew Ramsey is one of psychiatry's leading proponents of using dietary change to help balance moods, sharpen brain function and improve mental health. His presentation combines the latest brain science with practical advice to help people live their healthiest, happiest lives. He will discuss the brain science of nutrition including the nutrients that the human brain relies upon for its growth, healing and healthy functioning. He will address the role of nutrition in the treatment of depression, anxiety and addiction with a combination of psychotherapy, lifestyle modification, and psychopharmacology.



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Thursday, August 6, 2015

10:00 am - 10:30 am International Ballroom **Refreshment Break & Visit Exhibits**

Sponsored by: Netsmart, Behavioral Health of the Palm Beaches, Otsuka

13 Concurrent Workshops • 10:30 am - 12:00 pm

COOPERITITION: Compete/Collaborate/Integrate Models of Care for the Future ChampionsGate

Catherine Sreckovich, Managing Director, Navigant, IL Christina Koster, Managing Consultant, Navigant, IL

What does the future hold for Behavioral Health care? Integrated Care. Navigant Consulting brings a national perspective on integrated models of Behavioral Health and Physical Health care. Navigant will share other states' innovative approaches to care integration including local community collaborations, health system contracting, health system acquisitions, and other models. Successes, challenges and outcomes will be discussed.

A Dog's Life for Veterans K9 Warriors

Olympic

Jason Snodgrass, BSB/A, Warrior Coordinator, K9S For Warriors, FL

K9s For Warriors is dedicated to providing service dogs to post 9-11 Warriors who have a diagnosis of PTSD, TBI, or MST. In this workshop, Mr. Snodgrass will discuss what it "takes" to be a service dog, how a service dog assists with psychiatric problems such as PTSD, and the steps involved in obtaining a service dog.

Treatment Resistance: Client Issue or Counselor Challenge?

Augusta

Debbie Orr-Brown, MSW, Manager, Treatment and Behavioral Programs, Corrections Corporation of America, TN

Resistance is often viewed as a normal and expected part of the treatment process, but clients who actively or passively fail to complete treatment objectives can pose a challenging dilemma for counselors. Resistant attitudes and behaviors can be disruptive to treatment and obstruct formation of a positive therapeutic alliance. Counselors who can assist clients to engage more quickly with the treatment process can increase the likelihood of positive treatment outcomes. This session will provide a conceptual reframing of resistance and offer techniques for diffusing resistance.

New Models to Address Perinatal Depression in Primary Care

Colonial

Heather Flynn, PhD, Professor, Florida State University College of Medicine, FL

This workshop will present models of the integration of screening, engagement, and treatment of perinatal depression in primary prenatal care settings. Evidenced based practices will be described. The presentation will also describe new models of collaboration in Florida and nationally to accelerate research and clinical care integration. These collaborative models are vital for high-impact improvement of this costly and disabling condition and to prevent transmission of mental health risk to the next generation.

Got Standards? The Story of Recovery Residence Certification

Congressional

John Lehman, President, The Florida Association of Recovery Residences, FL Rick Riccardi, BA, President, Fellowship Living Facilities, Inc., FL

The Florida Association of Recovery Residences utilizes secure, proprietary software to guide and report the certification of recovery residences to the NARR national standard. This cloud-hosted application is accessible through all web-enabled devices, including smart phones. Certified personnel have permission-based access to review and make notations regarding applicant organization policy and procedures, house rules & consequences, proof of general liability insurance coverage, financial accounting procedures, urinalysis protocols, staffing plans and job descriptions as well as other supporting documents reviewed during the certification process. Using the software application as a platform, this presentation tours the audience through the six domains that comprise the NARR Standard and demonstrates the value of recovery residence certification to multiple stakeholders.

Structural/Strategic Family Systems Therapy

Oakmont A

Theresa Rulien, PhD, President/CEO, Child Guidance Center, FL

Structural Family Therapy operates off the belief that whole and the parts can be properly explained only in terms of the relations existing between those parts. Techniques are founded on the immediacy of the present and are oriented to solving problems.

Motivational Interviewing

Oakmont B

Daniel DeFrank, MSW, LCSW, Sr. Vice President of Behavioral Health, Gulf Coast Jewish Family and Community Services, FL

This workshop will provide you with advanced skills in the use of reflective listening using five different complex reflections: amplified, double-sided, agreement with a twist, siding with the negative and the use of metaphors. Attendees will learn how to strategically rephrase and paraphrase, while modulating your voice to elicit commitment language. This intensive workshop will provide you with guidelines on using this style of reflective listening.

Clinical Solutions to the Revolving Door

Royal Melbourne A

Mary Ruiz, MBA, CEO, Centerstone of Florida, FL

In this presentation, participants will learn how a crisis medical home operating facility utilizing state funding in Florida has dramatically reduced readmissions and promoted recovery in six months or less through integrated care management of behavioral, medical, social and criminal justice services. Assisted Outpatient Treatment (AOT) and supervised release serve as occasional adjuncts for forensic or state hospital diversion.



Thursday, August 6, 2015

10:30 am - 12:00 pm continued

Establishing Smoking Cessation Initiatives

Royal Melbourne B

Chad Morris, PhD, Director, Behavioral Health & Wellness Program, University of Colorado, CO

For individuals with substance abuse or mental health conditions, addressing tobacco use is a key to prevention, effective treatment, and long-term recovery. In this presentation we will discuss how tobacco control initiatives result in better quality care, lower healthcare costs, and better health for both clients and staff. We will discuss pragmatic strategies for effectively integrating proven tobacco prevention and treatment into daily practice. Low burden recommendations will be presented for screening, assessment, treatment and referral, as well as policy and system design to support evidence-based services.

What Is the Future for Alcohol Use Disorder Treatment?

Royal Dublin A

Jason Connor, BA, BSocSci(Hons), PhD, MCCLP, MCHP, FAPS, Dr, The University of Queensland, QLD

This presentation reviews the outcomes of a forthcoming Lancet seminar (Connor, et al, 2015) and highlights evidence driven clinical approaches that improve patient treatment outcome. It argues that that cross-disciplinary research is essential to the future of treatment of alcohol use disorders (AUDs). The presentation concludes with preliminary data from a new clinical trial which targets psychological and genetic risk. Addiction science must embrace research design technologies and evidence-based findings from multiple disciplines to improve AUD treatment outcomes.

Human Trafficking

Royal Melbourne B

Melissa Teferra, MSW, LCSW, Child Guidance Center, FL

In this presentation, we will discuss the types of human trafficking and common traps used to lure individuals into human trafficking, and be able to identify cases and know how to report them. Participants will explore some of the challenges of providing services to survivors and key elements of successful programs.

Psychological Intervention in the Trenches – Working Effectively with Inmates with Cluster B Personality Disorders

Osceola B

S. Doug Lemon, PsyD, Chief Psychologist at USP McCreary, KY

Individuals with personality disorders are widely considered the most "difficult" population to treat. They frequently leave you frustrated, agitated, anxious, and pose significant challenges in clinical settings. In this seminar, you will learn strategies to assess and treat co-morbid personality disorders, reduce treatment failures, and overcome the biggest obstacles to successful treatment outcomes.

Complex Patients: Understanding the Role and Function of Care Coordination

Osceola A

Marcia Monroe, MBA, MSW, Laura Naredo, Betty Hernandez, MS, LMHC

This presentation will discuss how improved assessment, treatment planning, discharge planning and postacute outreach organizations can provide consumers with better coordinated care and decrease costly acute care readmissions. The goal is to improve clinical outcomes and reduce health care costs.

12:00 pm – 1:30 pm • Awards Luncheon

National Ballroom Sponsored by: Magellan Complete Care, Bridges of America, Beacon Health Options

13 Concurrent Workshops • 1:30 pm - 3:00 pm

Enhancing the Workforce: Strategies to Foster Occupational Commitment *ChampionsGate*

Dianne Clarke, PhD, COO/ED, Operation PAR, Inc., FL

Occupational commitment is a critical issue impacting the current addiction treatment workforce. This presentation shares the results of a study of Florida Certified Addiction Professionals and the relationship between their occupational commitment and addiction counselor self efficacy, job satisfaction, and burnout. The practical use of the identified predictors to engage and monitor occupational commitment of addiction counselors will also be highlighted.

2015 Update: Achieving Certification

Olympic A

Pamela Waters, MEd, CAP, CPP, Director of Operations, FL Certification Board, FL Auna Moore, Certification Operations Manager, FL Certification Board, FL

Changes abound at The Florida Certification Board! Come to this workshop to learn about what we have to offer in new and revamped credentials, new certification exams and processes, and online and print resources. Bring your questions as there will be plenty of time for dialogue.

Family Engagement Program

Augusta

Skye Cleek, MSW, Family Engagment Program, Supervisor, Henderson Behavioral Health, FL

In a collaborative effort, the Broward Behavioral Health Coalition, the Broward Sheriff's Office of Child Protection Investigation, and Henderson Behavioral Health, have formed the Family Engagement Program. The Family Engagement Program (FEP) utilizes the power of peer support, to promote protective factors, while addressing barriers to Substance Abuse treatment. The program outcomes illustrate the success of this innovative program. The FEP model can be implemented in a variety of community settings to increase overall family wellbeing and child safety.

Integrating Consumer Self-Help Tools into Your Care Model

Colonial

Scott Cousino, MBA, CEO and Co-Founder, My Strength, CO

This session will showcase how on-line self-help tools have been integrated into different community behavioral healthcare models, the lessons learned, best practices to integrate technology within one's clinical protocols; clinician and client adoption and outcomes achieved.



Thursday, August 6, 2015

1:30 pm – 3:00 pm continued

Operating a Successful Veterans Court

Congressional

Richard Gordon, JD, Director, Problem Solving Courts, Office of the Public Defender, 4th Judicial Circuit, FL

Bryan Garringer, Criminal Defense Paralegal, Florida Public Defender's Office, 4th Judicial Circle, FL John Holzbaur, Director, Military and Veteran's Affairs, Office of Public Defender, FL Wendy Snee, VSO, LCSW, Office of Public Defender, FL

An open, honest, and frank discussion on how to run a successful Veterans Treatment Court. Lessons learned, pitfalls avoided, clearing obstacles, and how to address services in underserved counties.

Vicarious Trauma: Causes and Consequences

Oakmont A

Kelly Leonhard, PhD, Children's Services Program Manager, LifeStream Behavioral Center, FL Karen Rogers, Adult Clinical Services Director, LifeStream Behavioral Center, FL

The causes and consequences of vicarious trauma will be presented during this session. Be prepared for a discussion of the integration of preventative measures into supervision and how to make these relationships part of the solution to vicarious trauma. Participants should expect to understand the dynamics of vicarious trauma and develop insight as to personal triggers and warning signs for vicarious trauma as well.

Implementing Evidence-Based Practices for Cultural Diverse Communities Oakmont B

Michael Dozier, MA, CEO, Gulf Coast Community Action Agency, FL

This training provides an overview of a framework for implementing and building culturally competent individuals, programs, and organizations for community-based coalitions that serve at-risk families. The session will address why cultural competence is important and discuss the essential key ingredients needed to fully incorporate an effective culturally competent environment.

Ready and Resilient: Fully Integrating Peers into your Work Force

Royal Melbourne A

Dana Fogelsong, BS, CPPS, TTS, Recovery and Integration Specialist, Florida Department of Children and Families, FL

Peers offer a wide range of experiences, values, and opportunities to those we serve. Fully integrating peers into the workforce may be challenging but the results are improved outcomes, increased engagement, and an agency culture shift that can make the workplace healthier for all staff. In this presentation you will learn strategies to overcome barriers to integrating peers including billing for peer specialist services. Whether you already have peer specialists on staff or are interested in hiring them, you will benefit in learning the innovative roles peers can play in bridging service delivery gaps.

Promoting Change with Child Welfare Families

Royal Melbourne B

Celeste Putnam, MS, Florida Alcohol & Drug Abuse Association, FL Laurie Blades, MA, BCBA, Florida Department of Children and Families, FL

This presentation will address how to assist families in the Child Welfare system with substance use disorders make behavioral changes that address both their substance use disorders and parenting. The Florida Child Welfare Practice Model will be discussed to illustrate the new Family Functional Assessments and how this information can be used to enhance an understanding of the family needs. Treatment and interventions for substance use disorders and other needs, focused on the whole family, will be described to show how treatment programs can be designed to align with the needs of the family as shown in the Family Functional Assessments and the assessments completed by the treatment team. The presentation will also include the provider's perspective and lessons learned based on examples of the array of services offered in the Family Intensive Treatment team program.

The Changing Face of Prevention – Risk and Protective Factor Training

Royal Dublin A

Jan Cairnes, BBA, Certified Prevention Professional, Director of Prevention Services, Hanley Center Foundation, FL

Understanding the importance of prevention in the Public Health Model is critical for individuals new to the prevention arena. We will review the history of prevention and how the approach has changed; discuss risk and protective factors; look at outcome-based prevention; and connect the strategic prevention framework to our day to day prevention work in the community.

Recovery Management with Offender Populations

Osceola B

S. Doug Lemon, PsyD, Chief Psychologist at USP McCreary, KY

Drug and alcohol addiction is the driving force behind much of the crime plaguing our nation. It is imperative that substance-abusing offenders have the opportunity to participate in quality substance abuse programs during and after incarceration. This workshop will provide the audience with an overview of the treatment needs of offenders, as well as suggestions for effective treatment.

Integrated Care – BH and Medical Care

Royal Dublin B Raymond Pomm, MD, VP of Medical Services, River Region Human Services, FL Kristin Barrett, BSN, Director of Nursing, River Region Human Services, FL Heather Clavette, MA, Director of Medication Assisted Treatment, River Region Human Services, FL

Individuals with substance use disorders and/or mental illness are at greater risk to suffer a higher rate of morbidity and mortality from untreated and preventable illnesses. This presentation will demonstrate the historical development of River Region's successful integrated care program. The origin of this medical model began as a specialty substance abuse treatment agency, which has a strong housing component for the homeless population. Comprehensive mental health treatment was added to the substance abuse offering in 1994 and in 2012, a continuing co-occurring program incorporated fully integrated primary care and HIV treatment services.



Thursday, August 6, 2015

1:30 pm – 3:00 pm continued

Building Strong Leaders

Osceola A

Laurie Elbow, MA, Senior Manager of Outpatient Services at Suncoast Center for Community Mental Health, Inc., FL

This presentation will stimulate thought and discussion about what makes a successful leader in your organization. Potential new leaders will learn to identify the qualities and skills that organizations look for when hiring and developing leaders. Participants will leave this training with questions to use in interviews with new potential leaders, ways to keep polishing their leadership skills and ideas for transparent succession planning.

3:00 pm – 3:45 pm International Ballroom Refreshment Break & Visit Exhibits Sponsored by: Netsmart, Behavioral Health of the Palm Beaches, Otsuka

Afternoon Plenary • 3:45 pm – 5:15 pm

National Ballroom Door Prizes

General Session



Brain Chemistry Life Hacks Steve Ilardi, PhD, Department of Psychology, University of Kansas, KS

Psychological difficulties such as depression and addiction are characterized by so-called "chemical imbalances" - abnormalities in neuochemical signaling in the brain. While medications represent the most obvious path to targeting such imbalances, many other options exist. For example, physical exercise triggers a beneficial activation of key dopamine-based and serotonin-based brain circuits, and it has strong research support as an antidepressant intervention. Accordingly, the present talk will review numerous ways to make beneficial changes to brain function by changing how we live.

Bonus CEU Workshops (3) • 5:30 pm – 6:30 pm

Integrating 12 Steps Into Treatment

ChampionsGate

Alisia Lewis, MS, LMHC, CAP, Wekiva Springs Center, FL

This presentation will instruct clinicians on how to use the 12-step model and adopt its core principles into different treatment modalities. Each of the 12 steps will be explored and shown how to be applied to many problems beyond alcohol and drug use.





Thursday, 8/6 7:00pm - 8:00pm

Gentle Yoga (open to all) Augusta

Friday, 8/7 7:00am - 8:00am Sun Salutation Morning Yoga Congressional

Substance Abuse Treatment within the Transgender Community

Olympic

Karen Feuerman, PhD, Psychologist, Assistant Professor, Carlos Albizu University, FL Jessica Ruiz, PsyD, Assistant Professor, Carlos Albizu University, FL

While the transgender community has been receiving more attention in the media, political arena, and therapeutic communities over the past few years, there remains a great need for health care and mental health care providers to become more aware of the specific needs of this population when providing substance abuse treatment services. This presentation will provide an overview of gender and transgender issues, gender dysphoria, prevalence of substance use problems within this population, and implications for treatment.

Yoga as a Treatment Modality for Managing Health and Wellness

Augusta

Tamera Anderson-Hanna, MA, LMHC, CRC, CAP, Wellness, Therapy, & Yoga, Inc., FL

Yoga is about more than just getting physically fit. Learn a brief history of what yoga really is; research on the implications for use as a treatment modality for individuals coping in recovery or with mental health illness; and improve your understanding of why you may want to refer more clients to this practice.

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- Kristin Mathre, Suncoast Center, Fl.

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Friday, August 7, 2015

7 Concurrent Mini Plenaries • 9:00am - 10:30am

Veterans Panel on Identification & Engagement of Veterans Upon Transition *ChampionsGate*

Michael Ciminna, MBA, Deputy District Director for Congressman Biliraks, FL Brandee Baker, MA, Peer Support Program Coordinator, Crisis Center of Tampa Bay, FL Mondecai Dixon, MS, Program Manager, 2-1-1/Suicide Prevention Services, FL

A panel with federal, state and local representatives will discuss various approaches for the effective engagement and retention of veterans and their families in behavioral health and social services at the point of transition from active duty. The panel will address the use of peer counselors and collaborative approaches across organizations to prevent service gaps.

Brain Loves Novelty: Creative Counseling Strategies & Techniques

Royal Melbourne AB

Heidi O'Toole, MS, Co-Founder, West Virginia Therapy and Wellness Center, WV

This a dynamic, interactive workshop that demonstrates numerous multi-sensory strategies and creative techniques that can be added to the participants clinical practice. Participants obtain several practical tools to add to their counseling and/or prevention tool box.

Solution Focused Approach to Trauma Informed Care

Royal Dublin AB

Arlene Brett Gordon, PhD, Director/ Brief Therapy Institute, Department of Family Therapy, Nova Southeastern University, FL

Trauma often has devastating effects including PTSD, substance abuse, and family disruptions. Solution Focused Brief Therapy (SF), is an evidenced-based practice, focusing on client's inherent strengths and competencies to help them discover solutions to their challenges. This training will demonstrate ways to incorporate a SF approach with clients facing traumatic life situations and to utilize their inherent resources to develop strategies in moving towards Post Traumatic Success. From a SAMHSA perspective, it is critical to promote the linkage to recovery and resilience for individuals and families impacted by trauma. Therefore, services and supports that are traumainformed build on the best evidence available, consumer and family engagement, empowerment, and collaboration.

The Pharmacology of Street Drugs

Augusta

Bert Toivola, PhD, Scientific Director, Norchem Drug Testing Laboratory, AZ

Designer drugs are structural or functional analogues of a controlled substance that have been synthesized to mimic the pharmacology of existing drugs in an effort to avoid classification as illegal drugs and to avoid detection in routine drug tests. Designer drugs are not a new phenomenon. In this presentation we will discuss the history and pharmacology of designer drugs.

Jail/Prison Reentry: Building Bridges to Recovery

Olympic

Dan Abreu, MS, CRC, LMHC, Associate Director, National GAINS Center, NY Cynthia Schwartz, MS, MBA, Project Director, Jail Diversion Program, Eleventh Judicial Criminal Mental Health Project, FL

This presentation will provide an overview of the characteristics of persons in need returning to the community from jail and prison. It defines an essential system of care and identifies strategic partnerships for successful reentry planning. Integration of risk, needs, responsivity principles with behavioral health programming and social security outreach, access and recovery (SOAR) training will be discussed.

Let's Talk about Outcomes

Congressional

Emma Stanton, BM, MRCPsych, MBA, Associate Chief Medical Officer, Beacon Health Options, MA

Value is defined as outcomes relative to the real costs it takes to deliver those outcomes. In behavioral health, outcomes are often highly subjective as defined by the patient, and influenced by social factors beyond the control of health care providers. This presentation will introduce Professor Michael E. Porter's framework for value based health care delivery and outcomes measurement. Recognizing the additional burden involved in collecting yet more metrics, Dr Stanton will share an innovative approach from Beacon Health Options. Proving that meaningful outcomes are not too difficult to measure, this pilot program will capture the outcomes that matter for people with serious mental illness - such as having somewhere to live and something to do during the day – directly via new technologies.

Building a Recovery-Informed Workforce: SAMSHA's Recovery to Practice Initiative *Colonial*

Elizabeth Whitney, MSW, LISCW, Senior Program Manager, Advocates for Human Potential, Inc., MA

This presentation will share information on supporting individual practitioner and system-wide change towards recovery-oriented practice competency. In striving to meet the Triple Aim in healthcare reform, practitioners are increasingly interested in engagement and activation of clients as partners in health promotion, prevention of serious conditions, and self-management of existing illness. Additionally, behavioral health providers are uniquely poised to help integrate attention to social concerns and social services as critical factors in whole health. Delivery of services through a recovery-oriented lens, therefore, becomes crucial to attaining client outcomes across several health dimensions.

The value of recovery and a recovery-oriented workforce is widely accepted by behavioral health systems. However, care providers outside of these systems are often less versed in the language and practice of recovery oriented care. Through the Substance Abuse and Mental Health Services Administration (SAMHSA) Recovery to Practice initiative, national professional organizations in addiction counseling, peer support, psychiatric nursing, psychiatry, psychology, and social work have created curricula to help train a new recovery workforce. Current work by the Recovery to Practice (RTP) initiative focuses on the interdisciplinary application of recovery oriented practice across service settings with several new tools and resources under development.

10:30 am – 10:45 am • Break International Ballroom



Friday, August 7, 2015

6 Concurrent Mini Plenaries • 10:45am – 12:15am

Understanding the Military Culture

ChampionsGate

Mary Dorritie, PhD, Chief, Domiciliary Care for Homeless Veterans Program, James A. Haley VA Hospital Mark Ruiz, PhD, Psychologist, James A. Haley Veterans' Hospital, FL

This presentation is intended to provide a basic overview of aspects of military culture that are common to all services and will provide the attendee with an enhanced understanding of how constructs such as rank, structure and discipline influence the current behavior of Veterans. The presenters will also educate the audience on how to obtain a comprehensive military history during the course of a clinical evaluation. The topics of military families and disorders unique to Veterans of distinct combat eras will be touched upon. Time will be allotted for questions at the end of the presentation.

Liar & Thief - Trauma/Addiction Correlation

Royal Melbourne AB

Heidi O'Toole, MS, Co-Founder, West Virginia Therapy and Wellness Center, WV

This is an exciting workshop that presents a new clinical paradigm for the long standing correlation between trauma and addiction. Both trauma and addiction will be presented as a maladaptive brain response versus. a stigmatic diagnosis. Participants will learn how to creatively integrate basic brain science into their assessments and existing treatment strategies.

Building Hope Using Solution-Focused Brief Therapy with Substance Misuse *Royal Dublin AB*

Arlene Brett Gordon, PhD, Director/ Brief Therapy Institute, Department of Family Therapy, Nova Southeastern University, FL

Jenna Wilson, PhD Candidate, Licensed Marriage and Family Therapist, Florida Family Counseling Center, LLC, FL

This presentation will include the importance of hope as a critical piece of creating positive change with clients struggling with substance abuse. This presentation will illustrate how Solution-Focused Brief Therapy can instill hope within our clients to help motivate them toward the clean and sober life they desire. Participants of this presentation will be able to utilize Solution-Focused Brief Therapy skills to not only instill hope but learn how to recognize specific signs of hope within diverse populations.

National Trends/Integration

Augusta

Chuck Ingoglia, MSW, Senior Vice President of Public Policy and Practice Improvement, The National Council for Behavioral Healthcare, Washington, DC

Join this informative review of national healthcare trends that are changing how behavioral health services are delivered. Selected topics include the delivery of innovative/integrated healthcare services meeting both the physical and behavioral health needs of the patient at primary care; strategies being employed to guarantee that parity between physical and behavioral health is achieved; initiatives to update confidentiality requirements; and insight into initiatives to allow Medicaid payments for residential treatment.

Designing Treatment Programs for Criminal Justice Populations

Olympic

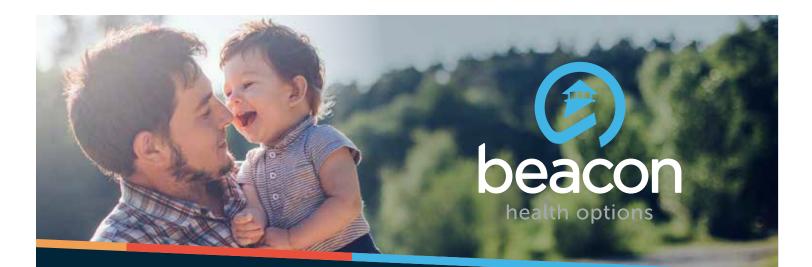
Roger Peters, PhD, Professor, University of South Florida, FL

This presentation will review basic building blocks in starting up and implementing criminal justice treatment programs for persons with substance use and/or co-occurring mental disorders. Participants will be engaged in discussion of: types of clients to target; how to structure offender treatment programs (e.g., program duration, services, modalities, tracks); types of evidence-based interventions and curricula that should be considered; how to develop a therapeutic treatment culture; what theoretical models sthat hould be used to organize offender programs; key staff competencies; and measuring client outcomes and program fidelity. This session will also identify resources that will be useful for building and enhancing offender treatment programs.

Trauma Informed Care

Congressional Paula Lupton, LCSW, Clinical Trainer, Cenpatico, FL

Based on the National Child Traumatic Stress Netwrok (NCTSN) curriculum, this training will give an overview of the impact of trauma on brain development, health risk, behaviors, mental health diagnosis, and developmental states in which providers can assist children in overcoming the effects of trauma will also be discussed.



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3750 Torrey View Court San Diego, CA 91230 407-733-6133 www.carefusion.com

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P.O. Box 9478 Bradenton, FL 34206 941-782-4299 www.centerstoneflorida.org

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Booth 127

1569 S. Fort Harrison Ave. Clearwater, FL 33756 727-449-0300 www.fairwindstreatment. com

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3330 W. Hacienda Ave. #412 Las Vegas, NV 89118 702-629-4901 www.feelgoodinc.org

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Booth 105

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Table 10

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InnovaTel Telepsychiatry Booth 140

900 State Stree Suite 203 B Erie, PA 16501 866-492-7597 www.intelpsych.com

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Booth 170

9121 N. Military Trail Suite 205 Palm Beach Gardens, FL 33410 www.laviadetox.com

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NDA Behavioral Health System Table 26

19650 US Highway 441 Mount Dora, FL 32757 www.nda.com

Net Training Institute

P.O. Box 2528 Daytona Beach, FL 32115 407-236-9400 www.netinsitute.org

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Secure Records Solutions

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SecurManage Booth 158

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The Gabel Center Booth 114

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Booth 134

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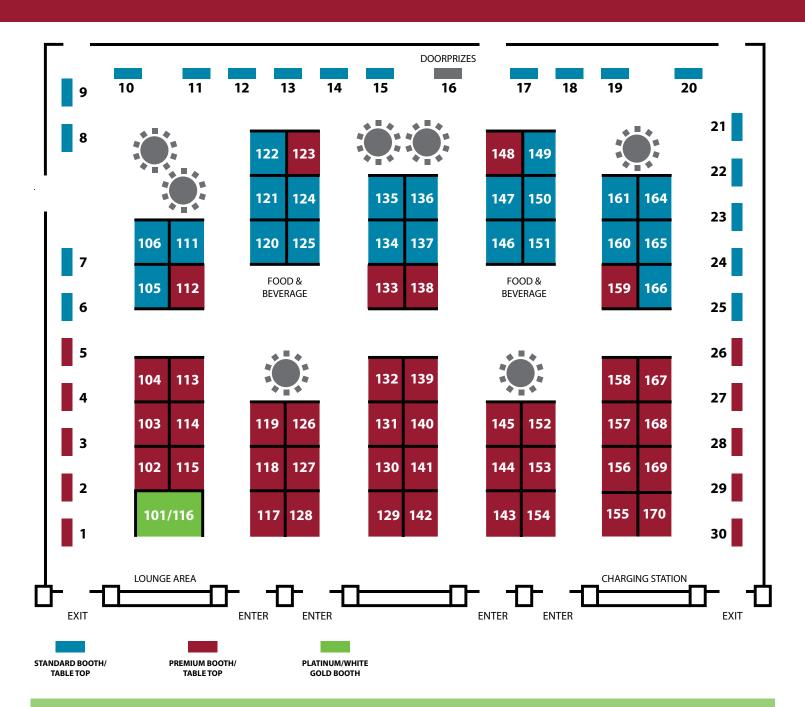
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Company Exhibit	Company Exhibit
Abbvie Pharmaceuticals • Hepatitis C Education and Testing 22	InnovaTel Telepsychiatry • Telepsychiatry
Addiction Recovery Legal Services • Legal Services	LaVia • Detox and Behavioral Health
Advanced Recovery Systems • Treatment Programs	Lakeview Health • Addiction Treatment Programs
Alkermes • Pharmaceuticals	LWSI • EHR Software
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Botvin Lifeskills Training • Evidence-Based Drug Prevention	Operation Par • Treatment Programs
Bridges of America • Transition/Re-entry	Orexo • Pharmaceuticals
C4 Conferencing • Continuing EducationNA	Passageway • Forensic Mental Health Services
CareFusion • Medication Dispensing Cabinets	Phoenix House of Florida • Chemical Dependency Treatment
Centerstone • Behavioral Health and Addiction Hospital	Powered by ClickAClinic • Telemedicine
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Credible Wireless • Behavioral Health Software	SecurManage • Software for Treatment
DATIS HR Cloud, Inc. • HCM and Payroll Software	Serenity House Detox • Substance Abuse Detox
Destination Hope • In-Patient Treatment Services	Southern Addiction Technology Transfer Center • SATTC
Devereux • Treatment Programs	Springfield College • Higher Education, MHC and Addictions
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Dominion Diagnostics • Drug Testing	Commercial Ins. & Employee Benefits
Drug Screen Solutions • Drug and Alcohol Testing	Sunrise Detox • Treatment Facility
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Florida Council on Compulsive Gambling	The Gabel Center • Detox and SA Residential
Gambling Addiction Services	The Gardens at Lake Worth • Treatment Facility
Florida Institute of Technology • Online Professional Development 138	The Joint Commission • Healthcare Accreditation
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Foothold Technology • Behavioral Health Software	University Behavioral Center • In-Patient Mental Health
Genoa, a QoL Company • Healthcare Company	Valant • EHR Platform
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Hands on America • Promotional Items	
Hands on America • Promotional items	Welligent • Electronic Health Records
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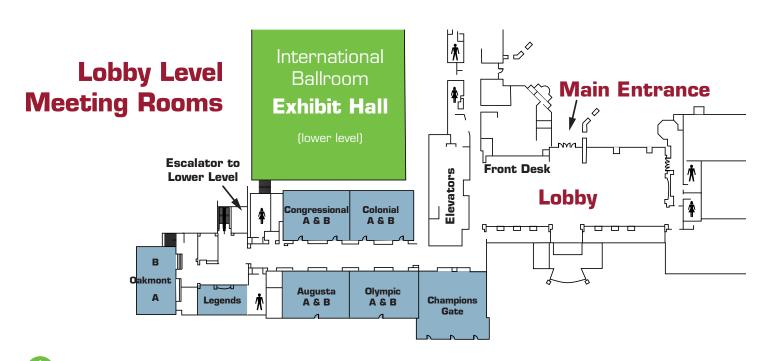
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