Florida Behavioral Health Association

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Mental Health in
Florida

Table of Contents

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Mental Health Statistics

Access to Care Ranking

61.4%[1] of adults with Any Mental Illness (AMI) in Florida did not receive treatment
National average **– 56.4%[1]**

The Access Ranking indicates how much access to mental health care exists within a state. The access measures include access to insurance, treatment, special education, employment, and the quality and cost of insurance. A ranking of 1 indicates that a state provides access to the most amount of insurance and mental health treatment in the U.S. A ranking of 50 indicates the least amount of access to insurance and mental health treatment in the U.S. Florida's ranking compared to other states is displayed in detail below.

Florida Ranks 43rd[3]
Source: The State of Mental Health in America 2019, Mental Health America

1 in 5[2]

Ratio of Population to Mental Health Providers, 2019[4]

1 in 5[2] adults in the U.S. experience any mental illness within a given year
Source: 2017 National Survey on Drug Use and Health (NSDUH) by the Substance Abuse and Mental Health Services Administration (SAMHSA)

Place	MHP Ratio	Place	MHP Ratio	Place	MHP Ratio
Alachua	170:1	Jackson	860:1	Putnam	1,790:1
Bay	410:1	Liberty	920:1	Gulf	1,800:1
Orange	470:1	Saint Johns	920:1	Santa Rosa	1,920:1
Leon	490:1	Nassau	930:1	Flagler	1,940:1
Monroe	500:1	Charlotte	960:1	Okeechobee	1,980:1
Palm Beach	540:1	Lee	1,000:1	Madison	2,050:1
Duval	540:1	Manatee	1,030:1	Hendry	2,240:1
Escambia	570:1	Collier	1,050:1	Suwannee	2,330:1
Columbia	580:1	Baker	1,090:1	Jefferson	2,360:1
Hillsborough	580:1	Marion	1,110:1	Sumter	2,450:1
Sarasota	590:1	Clay	1,180:1	Bradford	2,460:1
Broward	600:1	Polk	1,190:1	Wakulla	2,470:1
Martin	620:1	Holmes	1,220:1	Gilchrist	2,530:1
Okaloosa	630:1	Lake	1,220:1	Taylor	3,640:1
Miami-Dade	610:1	Hernando	1,290:1	Levy	5,770:1
Brevard	660:1	Pasco	1,370:1	Washington	6,140:1
Seminole	670:1	Union	1,410:1	Hardee	6,850:1
Saint Lucie	670:1	Highlands	1,450:1	Calhoun	7,240:1
Osceola	710:1	Walton	1,520:1	Lafayette	8,450:1
Volusia	800:1	DeSoto	1,540:1	Hamilton	14,180:1
Indian River	810:1	Franklin	1,680:1	Dixie	NA
Gadsden	850:1	Citrus	1,710:1	Glades	NA

Source(s): 2019 County Health Rankings, Mental Health Providers

Facts about Mental Health in Florida

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Notes and Sources:
1 Adults with AMI who did Not Receive Treatment, The State of Mental Health in America 2019, Mental Health America – Adult Data: Link
2 2017 National Survey on Drug Use and Health (NSDUH) by the Substance Abuse and Mental Health Services Administration (SAMHSA): Link
3 Access to Healthcare Map, The State of Mental Health in America 2019, Mental Health America: Link
4 Ratio of Population to Mental Health Providers, 2019 County Health Rankings: Link Data not available on this site for Dixie and Glades counties.

Mental Health Statistics

Suicide counts are higher than homicides in 60 of Florida's 67 counties. Indicating that 90% of the state experienced more suicides than homicides in 2017.

Resident deaths by selected causes, by county, Florida, 2017[5]

	Suicide	Homicide		Suicide	Homicide
Florida	3,187	1,250	Lafayette	0	1
Alachua	32	12	Lake	87	19
Baker	2	0	Lee	114	37
Bay	44	13	Leon	35	16
Bradford	2	0	Levy	7	3
Brevard	141	32	Liberty	7	3
Broward	217	108	Madison	3	3
Calhoun	3	0	Manatee	67	20
Charlotte	31	4	Marion	81	25
Citrus	37	5	Martin	26	3
Clay	38	5	Monroe	20	6
Collier	57	7	Nassau	13	6
Columbia	11	4	Okaloosa	46	9
Miami-Dade	241	204	Okeechobee	6	1
DeSoto	5	7	Orange	146	86
Dixie	2	0	Osceola	44	15
Duval	155	139	Palm Beach	199	102
Escambia	75	27	Pasco	95	16
Flagler	31	6	Pinellas	178	44
Franklin	2	0	Polk	99	19
Gadsden	3	3	Putnam	18	6
Gilchrist	3	1	Saint Johns	48	8
Glades	1	1	Saint Lucie	48	15
Gulf	0	0	Santa Rosa	31	4
Hamilton	0	3	Sarasota	88	14
Hardee	1	0	Seminole	57	20
Hendry	5	2	Sumter	17	3
Hernando	34	11	Suwannee	13	0
Highlands	27	8	Taylor	6	4
Hillsborough	191	80	Union	4	2
Holmes	5	1	Volusia	123	30
Indian River	34	8	Wakulla	8	1
Jackson	9	8	Walton	12	3
Jefferson	1	0	Washington	5	4

Source(s): Death Rates 2017, Florida Department of Health, Division of Public Health Statistics & Performance Management, accessed on April 29, 2019

Note(s) and Source(s):
5 Death Rates 2017, Florida Department of Health, Division of Public Health Statistics & Performance Management: Link (The table has been updated)

Mental Health Statistics

State Mental Health Expenditures FY 17/18[6]

Includes SAMH Expenditures for Community Mental Health* and State Expenditures from State Sources

Florida's per capita support for mental health services ranks among the lowest of the states.[7]

Florida	92.8 M
U.S.	125.3 M

* Includes primary prevention, evidence-based practices for early serious mental illness, and Other 24-Hour Care
Source(s): Florida 2017 Mental Health National Outcome Measures (NOMS): SAMHSA Uniform Reporting System

Note(s) and Source(s):
6 Florida 2017 Mental Health National Outcome Measures (NOMS): SAMHSA Uniform Reporting System: Link (The bar graph has been updated).
7 Florida 2017 Mental Health National Outcome Measures (NOMS): SAMHSA Uniform Reporting System: Link

Facilities and Hospitalization Statistics

Florida Psychiatric Hospitals: Length of Stay (LOS) Statistics[8]

State Psychiatric Hospital LOS Discharged Adult Patients (Median)	State Psychiatric Hospital LOS Discharged Adult Patients (Average)	State Psychiatric Hospital LOS Resident Clients in Facility More than 1 year (Average)
159 Days[8]	**322 Days[8]**	**1,002 Days[8]**
US Median – 79 days	US Average – 225 days	US Average – 1,675 days

Source(s): Florida 2017 Uniform Reporting System Mental Health Data Results, Substance Abuse and Mental Health Services Administration, accessed on April 29, 2019

Florida Mental Health Facilities, 2017[9]

Facility Type	Total Facilities	Inpatient Facilities	Residential Facilities
Psychiatric public hospitals	3	3	1
Psychiatric private hospitals	34	34	8
General hospitals	46	46	2
Residential Treatment Centers for children	19	–	19
Residential Treatment Centers for adults	40	2	37
Veteran Affairs Medical Centers	23	4	3
Community Mental Health Centers	94	16	8
Partial hospitalization/day treatment facility	7	–	–
Outpatient mental health facilities	184	–	1
Multi-settling mental health facilities	15	–	11
Total	**490**	**112***	**84***

Facility by Operation, 2017[9]

Total 490

- 100
- 327
- 29
- 2
- 5
- 9
- 1

- Private for-profit
- Private non-profit
- State mental health authority
- Other state government agency
- Regional/district authority
- Department of Veteran Affairs
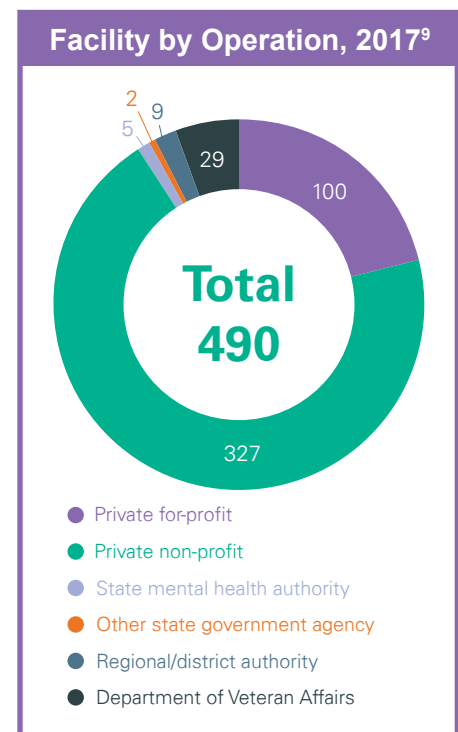
Source(s): National Mental Health Services Survey (N-MHSS): 2017, Department of Health and Human Services – Substance Abuse and Mental Health Services Administration, accessed on April 29, 2019

Notes and Sources:
8 Florida 2017 Uniform Reporting System Mental Health Data Results, Substance Abuse and Mental Health Services Administration: Link
9 National Mental Health Services Survey (N-MHSS): 2017, Department of Health and Human Services – Substance Abuse and Mental Health Services Administration: Link (The table and pie chart have been updated)

Facts about Mental Health in Florida

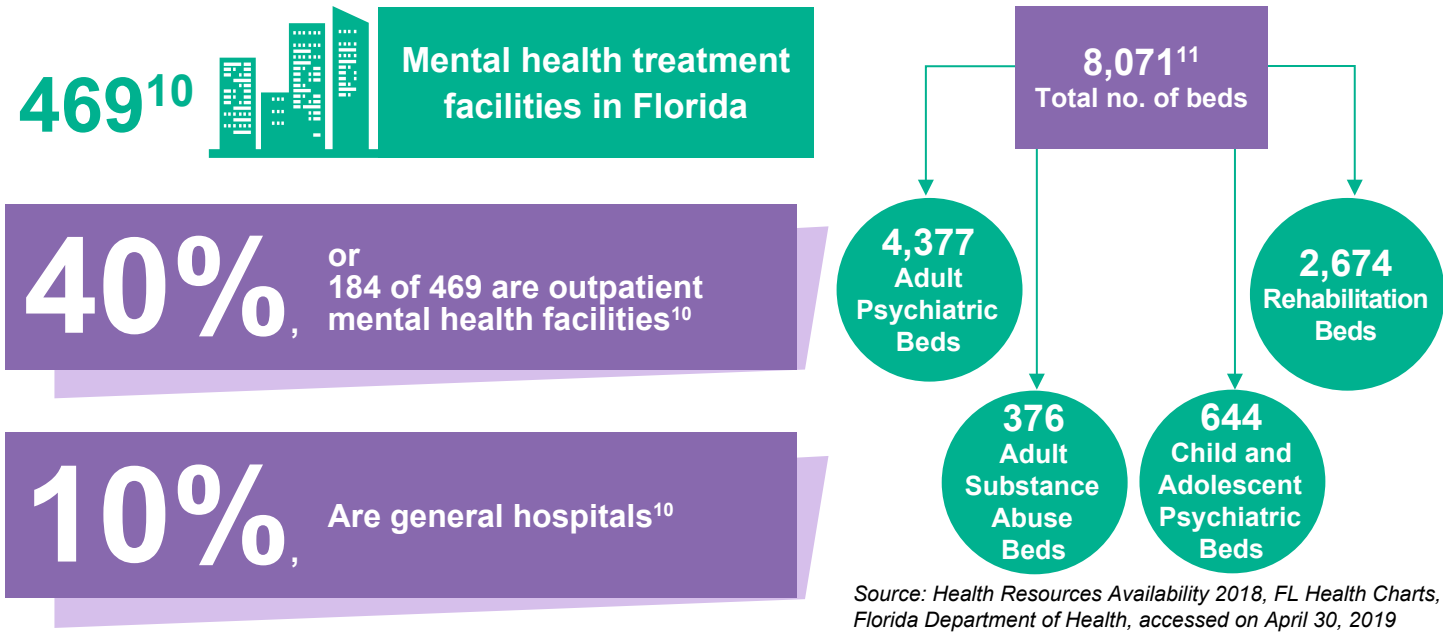**Florida Behavioral Health Association**

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Facilities and Hospitalization Statistics

Florida Mental Health Facilities

469[10]

Mental health treatment facilities in Florida

40%, or 184 of 469 are outpatient mental health facilities[10]

10%, Are general hospitals[10]

8,071[11]
Total no. of beds

4,377 Adult Psychiatric Beds

376 Adult Substance Abuse Beds

644 Child and Adolescent Psychiatric Beds

2,674 Rehabilitation Beds

Source: Health Resources Availability 2018, FL Health Charts, Florida Department of Health, accessed on April 30, 2019

Facilities and Hospitalization Statistics

Mental Health Providers – Overall Number[12]

Ratio of population to mental health providers, 2019	
California	310:1
New York	370:1
Florida	**670:1**
Georgia	790:1
Texas	960:1

Florida 670:1

California 310:1

Texas 960:1

New York 370:1

Georgia 790:1
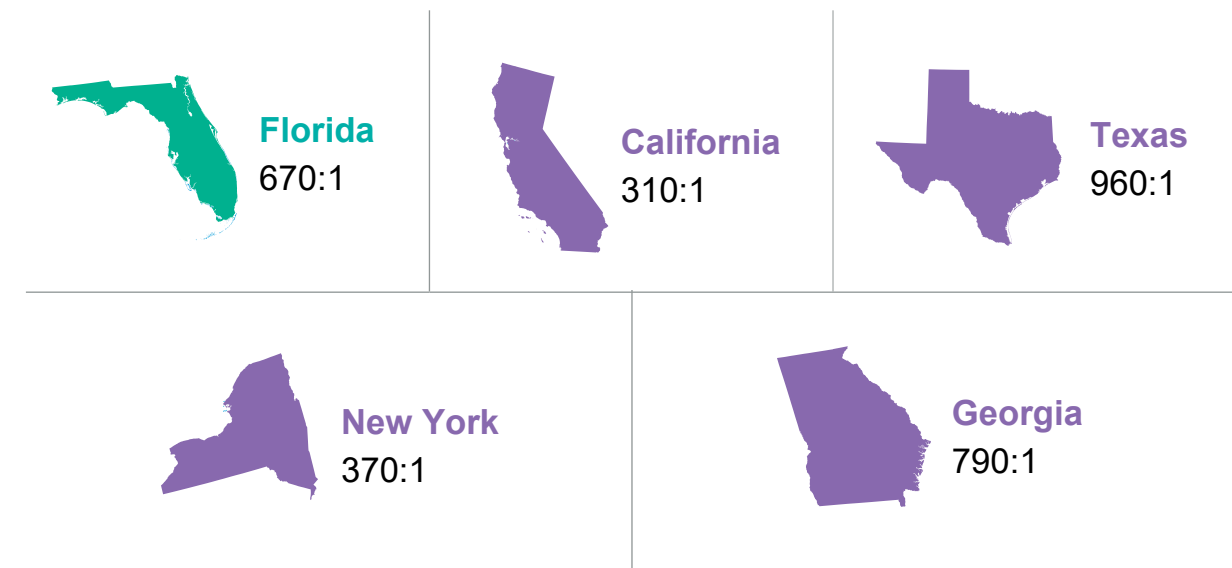
Source(s): Mental Health Providers, 2019 County Health Rankings, accessed on April 30, 2019.

Mental Health Providers is the ratio of the county population to the number of mental health providers including psychiatrists, psychologists, licensed clinical social workers, counselors, marriage and family therapists, mental health providers that treat alcohol and other drug abuse, and advanced practice nurses specializing in mental health care. In 2015, marriage and family therapists and mental health providers that treat alcohol and other drug abuse were added to this measure. Data comes from the National Provider Identification data file.

Incarceration Statistics

Access to Care Ranking vs Adult Incarceration Rates

According to the Bureau of Justice Statistics, the incarceration rate in Florida stands at 720 persons per 100,000 residents, which is higher than the national average of 660. The rate was at 492 inmates per 100,000 residents in 2005, an increase of almost 50 percent between 2015 and 2016. However, this rate has decreased by 25 percent since 2014.[13]

Comparing state-by-state incarceration rates and access to mental health care ranking shows a strong positive correlation between rates of adult who are in the criminal justice system and lack of access to mental health care **(r =.69, p=000)**.

6 out of the 10 states with the least access to mental health care also have the highest rates of incarceration:

- **Florida** - **Alabama** - **Arkansas** - **Mississippi** - **Texas** - **Georgia**

States with the least access to mental health care

■ States with the least amount of access to care   ■ States with the most amount of access to care

Note(s) and Source(s):
13 Correctional Populations in the United States, 2016', U.S. Department of Justice, April 2018: Link

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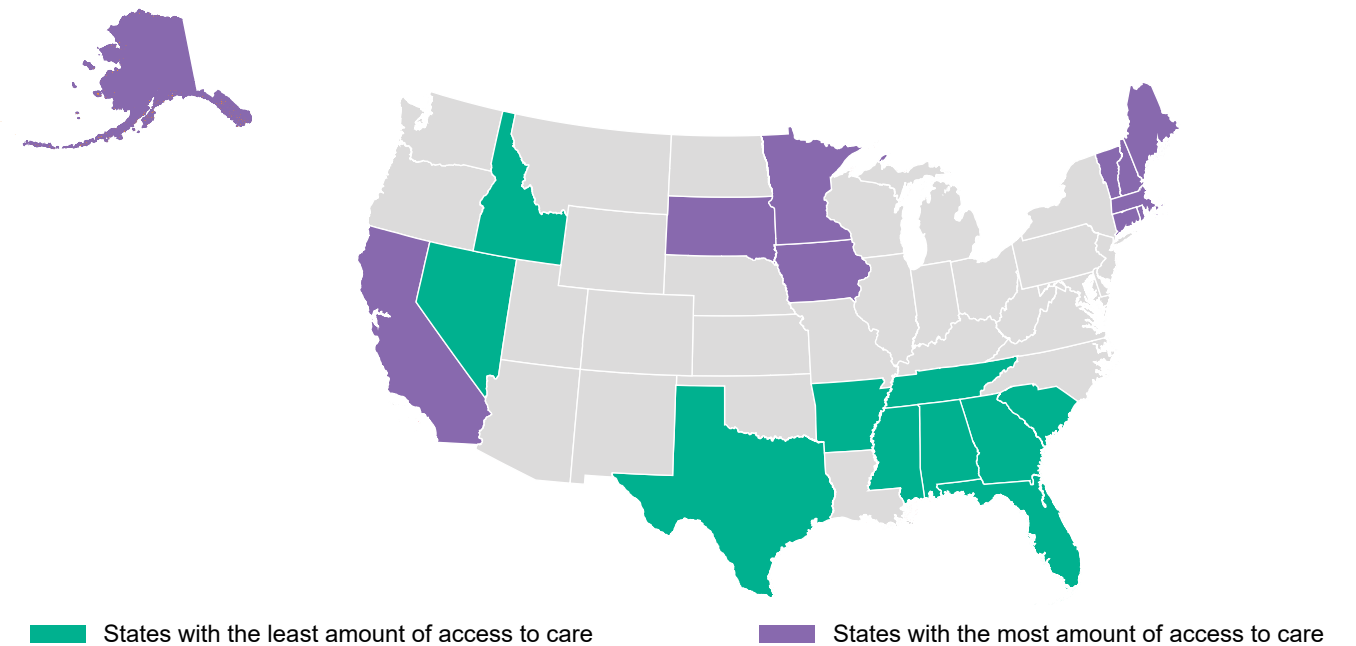
Incarceration Statistics

State ranking based on the rate of adult incarceration (per **100,000 people**)[14].

Rank	State	State Imprisonment (per 100k) Ranked Lowest to Highest	Rank	State	State Imprisonment (per 100k) Ranked Lowest to Highest
1	Massachusetts	280	26	Alaska	600
2	Vermont	280	27	Ohio	610
3	Minnesota	290	28	Wisconsin	620
4	Rhode Island	290	29	Pennsylvania	640
5	Maine	300	30	South Carolina	640
6	New Hampshire	330	31	Indiana	650
7	New Jersey	360	32	Wyoming	660
8	New York	380	33	Idaho	670
9	Utah	380	34	South Dakota	670
10	Hawaii	390	35	Nevada	680
11	North Dakota	410	36	Virginia	680
12	Washington	410	37	Delaware	690
13	Connecticut	420	38	New Mexico	710
14	Iowa	430	39	**Florida**	**720**
15	Nebraska	460	40	Tennessee	720
16	Maryland	470	41	Missouri	730
17	Illinois	480	42	Kentucky	780
18	Oregon	500	43	Texas	780
19	California	510	44	Arizona	790
20	North Carolina	530	45	Arkansas	800
21	Montana	550	46	Alabama	840
22	West Virginia	550	47	Georgia	880
23	Michigan	570	48	Mississippi	960
24	Colorado	580	49	Louisiana	970
25	Kansas	590	50	Oklahoma	990

Source(s): 'Correctional Populations in the United States, 2016', U.S. Department of Justice, April 2018; 'Access to Mental Health Care and Incarceration', Mental Health America, accessed on April 30, 2019

Note(s) and Source(s):
14 Correctional Populations in the United States, 2016', U.S. Department of Justice, April 2018: Link
The 'State imprisonment per 100k' column in the table is updated. The 'access to care ranking', as mentioned in the original document, is unavailable.

Suicide Statistics

In 2018, suicide was Florida's 8th leading cause of death, with 3,352 individuals taking their own lives.* On average, one Floridian dies by suicide every three hours, and over twice as many die by suicide as by homicide according to the American Foundation for Suicide Prevention.[15]

Suicide death rates: 2019[16]

Florida has a slightly higher suicide rate than the national average

	No. of Deaths by Suicide	Rate per 100,000 Population	State Rank
Florida	3,227	13.95	37
Nationally	47,173	14.00	

Adults with Serious Thoughts of Suicide:[17]

1. **Florida – 3.34% / 535,000**
2. **Missouri – 3.47% / 160,000**
3. **Texas – 3.51% / 699,000**

National average: 4.04%

Source: The State of Mental Health in America 2019, Mental Health America

Florida Suicide Facts: 2018[16]

IN FLORIDA, SUICIDE IS THE...

2nd Leading cause of death for ages 25-34

3rd Leading cause of death for ages 15-24

4th Leading cause of death for ages 35-44

4th Leading cause of death for ages 45-54

8th Leading cause of death for ages 55-64

16th Leading cause of death for ages 65 & older

Source(s): 'Suicide: Florida 2018 Facts & Figures', AFSP; 'Florida Life Course Indicator Report: Mental Health', Florida Health; USA Suicide: 2015 Official Final Data, accessed on December 7, 2017

*Florida Vital Statistics Annual Report 2018 (Link)

Notes and Sources:
15 The information is from 'American Foundation for Suicide Prevention is for 2016-2020' (Link).
16 Suicide: Florida 2019 Facts & Figures', AFSP: Link
17 Adults with Serious Thoughts of Suicide, The State of Mental Health in America 2019, Mental Health in America – Adult Data: Link

Facts about Mental Health in Florida

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Suicide Statistics

Rates Per 100,000 Population
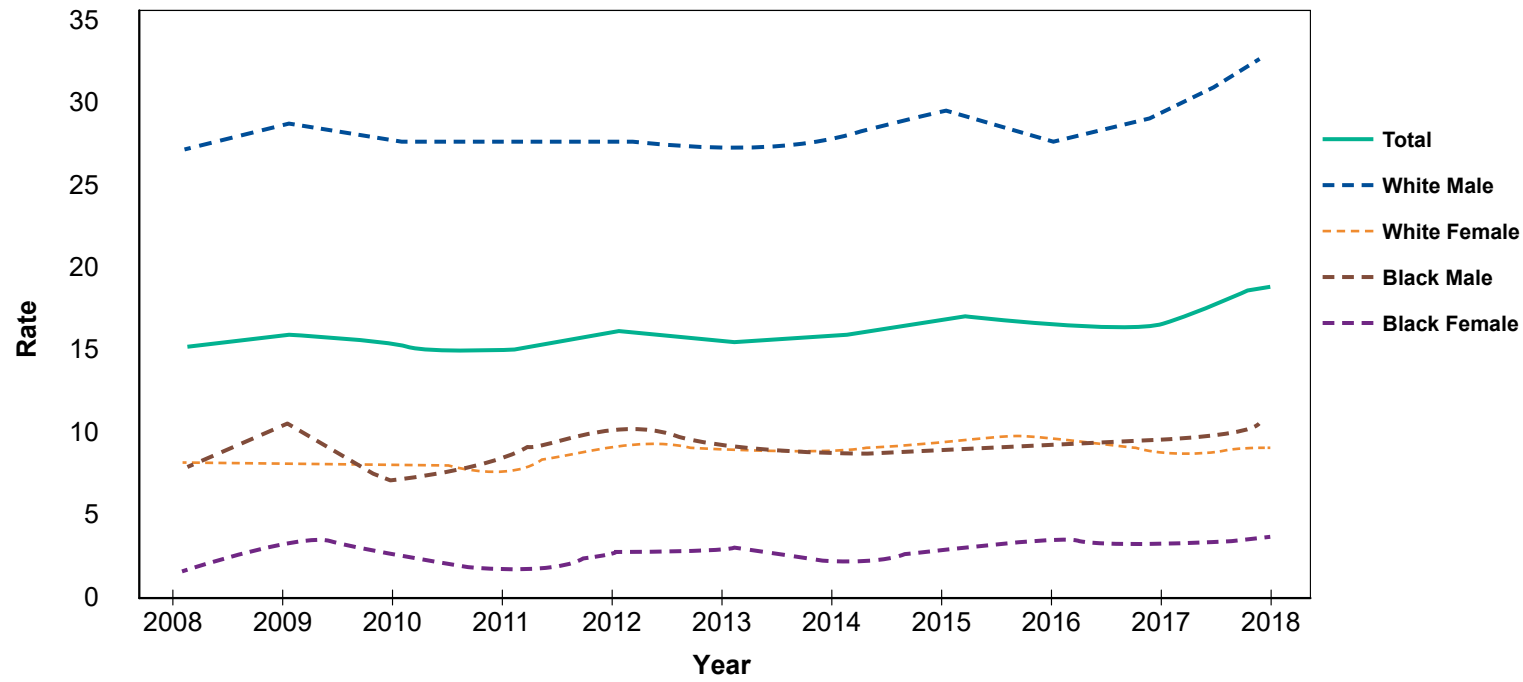
Suicide counts are higher than homicides in **60** of Florida's **67** counties. **90%** of the state experienced more suicides than homicides in 2017[19].

Notes and Sources:
18 Florida Vital Statistics Annual Report 2017', Florida Health filed on June 2018: Link
19 Death Rates 2017, Florida Department of Health, Division of Public Health Statistics & Performance Management: Link

Substance Abuse Statistics

Adult with Substance Use Disorder, Illicit Drugs Use Disorder or Alcohol Use Disorder[20]

Rank	State	%	#	Rank	State	%	#
1	West Virginia	6.33	91,000	27	South Carolina	8.10	302,000
2	Utah	6.35	132,000	28	Kentucky	8.10	270,000
3	New Jersey	6.53	447,000	29	Nebraska	8.23	115,000
4	Georgia	6.54	494,000	30	Ohio	8.25	728,000
5	Alabama	6.60	243,000	31	Delaware	8.26	60,000
6	Mississippi	6.69	147,000	32	New York	8.33	1,278,000
7	Texas	6.93	1,382,000	33	Wyoming	8.43	37,000
8	Arkansas	6.94	155,000	34	Washington	8.43	463,000
9	North Carolina	7.03	553,000	35	Louisiana	8.48	293,000
10	Kansas	7.04	150,000	36	Maryland	8.62	394,000
11	Tennessee	7.14	359,000	37	New Hampshire	8.66	91,000
12	Oklahoma	7.15	206,000	38	Colorado	8.67	360,000
13	Hawaii	7.23	77,000	39	California	8.80	2,603,000
★ 14	Florida	7.35	1,176,000	40	North Dakota	8.98	51,000
15	Indiana	7.43	368,000	41	New Mexico	9.09	141,000
16	Nevada	7.44	164,000	42	Wisconsin	9.10	402,000
17	Virginia	7.74	489,000	43	Montana	9.14	73,000
18	Arizona	7.78	400,000	44	Rhode Island	9.22	77,000
19	Illinois	7.80	757,000	45	South Dakota	9.29	59,000
20	Pennsylvania	7.80	774,000	46	Vermont	9.59	48,000
21	Maine	7.85	83,000	47	Connecticut	9.59	266,000
22	Idaho	7.90	96,000	48	Alaska	9.72	51,000
23	Missouri	7.99	367,000	49	Oregon	9.88	312,000
24	Minnesota	7.99	332,000	50	Massachusetts	10.31	552,000
25	Iowa	8.03	190,000	51	District of Columbia	10.59	58,000
26	Michigan	8.08	615,000		National	7.93	19,313,000

7.93% of American adults report having a substance use disorder[20]

2.76% an illicit drug use disorder[20]

6.09% an alcohol use disorder[20]

Source: The State of Mental Health in America 2019, Mental Health America

Facts about Mental Health in Florida

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Workplace Statistics

Work is good for mental health, but a **negative working environment** can lead to physical and mental health problems.

Depression and anxiety have a significant economic impact; the estimated cost to the global economy is $1 trillion per year in lost productivity.[21]

Harassment and bullying at work are commonly reported problems and can have a substantial adverse impact on mental health.

There are many effective actions that organizations can take to **promote mental health in the workplace;** such actions may also benefit productivity.[21]

The World Economic Forum convened experts to develop a seven-step guide towards a mentally healthy organization. World Health Organization plans to begin development of a guideline on mental health in the workplace, working closely with the Wellcome Trust, the International Labor Organization and organizations that have vast experience in this area. The UK organization, Time to Change, is working with more than 800 employers to help change attitudes about mental health in the workplace. These new initiatives show the growing attention being paid to the importance of mental health in many areas of life.[22]

Source: Mental health in the workplace, Going Global, World Health Organization, January 2019.

Notes and Sources:
21 Mental health in the workplace, Going Global, World Health Organization: Link
22 Mental health in the workplace, Going Global, World Health Organization: Link

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Community Action Treatment Teams (CAT)

Florida's CAT teams are a shining example of what's working well in our state in treating youth with mental health and substance use disorders.

The teams involve mental health professionals who provide intensive wraparound services to teens, preteens, and their families resulting in fewer out-of-home placements.

The CAT teams have far exceeded their goals set by state policymakers. Their success has led to increased funding and expansion by lawmakers. Our hope is that future policies and funding will lead to these teams serving more youth in more areas of Florida:

— Strengthen the family and support systems for youth and young adults to assist them to live successfully in the community,

— Improve school-related outcomes such as attendance, grades and graduation rates,

— Decrease out-of-home placements,

— Improve family and youth functioning,

— Decrease substance use and abuse by children and their adult caregivers,

— Decrease psychiatric hospitalizations,

— Transition youth into age-appropriate services, and

— Increase health and wellness.

Who is eligible to participate in CAT?

Children/Youth aged 11 to 21 with a mental health diagnosis or co-occurring substance abuse diagnosis with one or more of the following accompanying characteristics:

— The child is at-risk for out-of-home placement as demonstrated by repeated failures at less intensive levels of care;

— The child has had two or more periods of hospitalization or repeated failures;

— The child has had involvement with the Department of Juvenile Justice or multiple episodes involving law enforcement; or

— The child has poor academic performance or suspensions.

Note: Children younger than 11 with a mental health diagnosis or co-occurring substance abuse diagnosis may be candidates if they meet two or more of the above characteristics

CAT Providers in Florida by Managing Entity

● = CAT Provider

- Northwest
- Northeast
- Central
- Suncoast
- Southeast
- Broward
- Southern

Big Bend Community Based Care, Inc.

1. Lakeview Center
   Escambia
2. Lakeview Center
   Santa Rosa
3. Bridgeway Center
   Okaloosa
4. Chautauqua (COPE) Center
   Walton
5. Life Management Center
   Jackson, Holmes and Washington
6. Life Management Center
   Bay
7. Life Management Center
   Gulf and Calhoun
8. Apalachee Center
   Franklin and Liberty
9. Apalachee Center
   Leon, Gadsden and Wakulla
10. Apalachee Center
    Jefferson, Madison and Taylor

Lutheran Services Florida, Inc.

11. Meridian Behavioral Health
    Columbia, Hamilton, Lafayette and Suwanee
12. Meridian Behavioral Health
    Bradford, Baker, Union and Nassau
13. Child Guidance Center
    Duval
14. Meridian Behavioral Health
    Gilchrist, Levy and Dixie
15. Sinfonia
    Alachua
16. Clay Behavioral Health Center
    Clay and Putnam
17. St. Augustine Youth Services
    St. Johns
18. The Centers
    Marion
19. Halifax Health
    Volusia and Flagler
20. LifeStream Behavioral Center
    Citrus and Hernando
21. LifeStream Behavioral Center
    Sumter and Lake

Central Florida Cares Health System, Inc.

22. Aspire Health Partners
    Seminole
23. Aspire Health Partners
    Orange
24. Circles of Care
    Brevard
25. Aspire Health Partners
    Osceola

Central Florida Behavioral Health Network, Inc.

26. Baycare Behavioral Health
    Pasco
27. Personal Enrichment Mental Health Services
    Pinellas
28. Gracepoint
    Hillsborough
29. Peace River Center
    Polk, Highlands and Hardee
30. Centerstone of Florida
    Manatee
31. Centerstone of Florida
    Sarasota and DeSoto
32. Charlotte Behavioral Health Care
    Charlotte
33. SalusCare
    Lee
34. Centerstone of Florida
    Glades and Hendry
35. David Lawrence Center
    Collier

Southeast Florida Behavioral Health Network, Inc.

36. New Horizons Of The Treasure Coast
    Martin, Indian River, Okeechobee and St. Lucie
37. Sinfonia
    Palm Beach

Broward Behavioral Health Coalition, Inc.

38. Smith Community Mental Health
    Broward

South Florida Behavioral Health Network, Inc.

39. Citrus Health Network
    Miami-Dade
40. Institute for Child and Family Health
    Miami-Dade
41. Guidance Care Center
    Monroe

071619

Community Action Treatment Teams (CAT)

Outcomes:

School Attendance

Goal: Children receiving services shall attend an average of 80% of school days available

Outcome: The Florida CAT teams averaged 87.7% attendance of school days for all enrolled children for the measurement year.*

*(*37 teams reporting for the calendar year 2018)*

Improved Level of Functioning

(Based on FARS/CFARS)

Goal: 80% of Children receiving services will improve their level of functioning between admission to discharge.

Outcome: The Florida CAT teams averaged an improvement in 87% of the children receiving services as measured by:

The Children's Functional Assessment Rating Scales (CFARS) if the individual is under 18 years of age; or the Functional Assessment Rating Scale (FARS) if the individual is 18 years of age or older.

*(*28 Teams reporting for the calendar year 2018)*

Living in a Community Setting

Goal: Children served will spend a minimum of 90% of their days living in a community setting.

Outcome: 96.9% of Children enrolled in a CAT team remained in a community setting and were successfully diverted from out of home placement.

*(*37 teams reporting for the calendar year 2018)*

Improved Family Functioning

Goal: 65% of Children and families receiving services shall demonstrate improved family functioning.

Outcome: 95% of Families with children enrolled in the Florida CAT teams demonstrated Improved Family Functioning at time of discharge from the program.*

Based on Child Wellbeing domain as determined by the North Carolina Family Assessment Rating Scale for General Services and Reunification (NCFAS- G+R), if the individual is under eighteen (18). The NCFAS-G+R is not required for individuals ages 18 or older.

*(*28 Teams reporting for the calendar year 2018)*

This public information resource is provided to you by the

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