



**Florida Behavioral
Health Association**

Inform. Innovate. Influence.

2019

Awards of Excellence

■ Peer/Recovery Support Specialist of the Year Award



Barry Cass, Peer Advocate Centerstone of Florida

Barry Cass is an exceptional Peer Advocate who has a positive impact on the lives of countless individuals receiving treatment at Centerstone. He has been a Peer Advocate for three years and currently works with the most acute population of clients diagnosed with substance use or mental health disorders. Barry has been in recovery and a part of AA and NA for 19½ years. He currently holds three certifications in Florida: Certified Recovery Peer Specialist, Alcohol and Drug Counselor and Certified Addictions Counselor. He has a wealth of lived and professional experience in this field and he is a source of constant guidance and support to clients in all phases of recovery. He consistently treats his clients with respect and unconditional positive regard. He has recently found a way to promote substance abuse treatment and work to reduce

stigma by contributing to The Recovery Room, a radio show that aims to provide information and encouragement to those struggling with addiction. Also he is co-creator of a TV/webcast series that would shed light on the world of substance abuse and mental illness and the value of treatment. Barry's authenticity manifests itself in how highly he speaks of his clients; he is a good example to his clients on how to "live" in recovery.

■ Supervisor/Administrator of The Year Award



Tara Kellogg, Director of Clinical Supervision, Chrysalis Health

Tara Kellogg, LMFT, serves as the Director of Clinical Supervision for Chrysalis Health. She specializes in the training of evidenced based practices (EBP) and clinical development for therapists across the agency. She has shown her dedication to community mental health through her 22 years of professional experience with the past 19 years at Chrysalis Health. As the Director of Clinical Supervision, she plays an integral role in leading the agency's initiative to deliver high-quality behavioral health services. Tara provides clinical supervision to over 30 therapists per week, while further broadening her impact by creating and implementing a wide variety of clinical trainings across the agency and community partners. Tara has been responsible for the research, development and dissemination of evidence-base practices protocols, while further

ensuring fidelity monitoring of these protocols through consultation, support, and training to the management team and through her direct clinical supervision with therapists. Tara demonstrates her excellent clinical skills by being a company leader in auditing and quality assurance. In addition to these professional accomplishments, she is a nationally certified therapist and supervisor in Trauma Focused Cognitive Behavioral Therapy (TF-CBT), and holds clinical specialties in infant mental health and trauma related disorders. Tara displays professionalism not only through her wealth of knowledge, skills and clinical expertise, but also through her gregarious and infectious positivity that motivates all she meets.

■ Behavioral Health Professional of The Year Award (Youth)



Manal Durgin, MD, Medical Director, Child and Adolescent Psychiatrist Devereux Advanced Behavioral Health Florida

Dr. Manal Durgin is Board Certified, a distinguished fellow of the American Psychiatric Association, a diplomat of the American Board of Psychiatry and Neurology and serves on Devereux's National Medical Advisory Committee. Dr. Durgin specializes in treating children and adolescents with mental health challenges and intellectual/developmental disabilities, and has presented to the American Academy of Child and Adolescent Psychiatry, provides training on Trauma Informed Care and Pediatric Psychopathology, and provides consultation on Autism Spectrum Disorders. With 20 years of experience working in psychiatric hospitals, residential centers, group homes and foster care, she is a compassionate medical provider and works tirelessly to

provide individually tailored care to some of the most complex children/adolescents. Her work has improved Devereux's systems of support, communication and accountability between staff and patients. Daily she is seen playing with children on campus or interacting with direct support staff to check on her patient's progress to ensure optimal care. To get to know a new patient, she will do her own research by meeting with past doctors, family members and caretakers. Dr. Durgin was instrumental in working with the Florida Medicaid Drug Therapy Management Program for Behavioral Health by monitoring physical health and side-effects of psychotherapeutic medications in children. She is instrumental in helping survivors of commercial sexual exploitation and introduced a new clinical model for child survivors of sexual exploitation. Also Dr. Durgin continuously advocates for inclusive practices in supporting LGBTQ youth.

■ Behavioral Health Professional of The Year Award (Adult)



Guy Czaykowski, MD Psychiatrist SMA Healthcare

Dr. Czaykowski has been employed by SMA Healthcare for more than 13 years as the FACT Team Psychiatrist and has worked as a Board Certified Psychiatrist for over 29 years. He works at the Chet Bell Crisis Center (CBCC) providing care for individuals who are currently in acute crisis. Dr. Czaykowski collaborates and writes the medical policies and procedures for SMA; he also provides clinical supervision for the Advanced Practice Registered Nurses of SMA. This, in turn, allows SMA to provide psychiatric services to thousands of individuals across four counties. Dr. Czaykowski has provided supervision for third year medical students from Florida State University for the past 12 years. He also provides clinical supervision to the House Next Door, a partner agency.

Dr. Czaykowski excels while working with FACT Team clients; providing care for the most difficult clients to help them stay out of the hospital. He uses his extensive medical knowledge and profound empathy to give an exceptional level of care. Dr. Czaykowski also works with clients to help them make healthier lifestyle choices, which is beneficial to improving the clients's quality of life. He is also a valuable member of the FACT Team's daily multidisciplinary meetings. Dr. Czaykowski is remarkable in translating his knowledge to clients and he is always willing to offer assistance, and he has excellent rapport with the staff and patients throughout the community.



Margarita ("Maggie") Labarta, Ph.D. President/Chief Executive Officer, Meridian Behavioral Healthcare

Maggie Labarta, Ph.D. is President and CEO of Meridian Behavioral Healthcare, which provides mental health and substance abuse treatment, supportive vocational and housing services. When Dr. Labarta became CEO in 2000, Meridian served 6,000 individuals in 10 rural counties with revenue of \$19 million; today Meridian serves almost 20,000 clients, from 16 counties with revenue of \$44 million.

Prior to becoming Meridian's CEO, Dr. Labarta directed rural clinics, the Children's Department, and Acute Care Services. She has practiced as a clinical psychologist specializing in evaluation services in the family law arena and has provided clinical and

management training and consultation on strategic planning. She has been involved in local efforts related to child well-being, workforce development, homelessness, and diverting those with a mental illness from the criminal justice system.

Dr. Labarta is involved with and has held leadership roles in multiple professional/community organizations, including the Rural Health Partnership, the Mental Health Risk Retention Group, the Florida Council for Community Mental Health, Mental Health Corporation of America, the National Council for Community Behavioral Healthcare, North Florida Behavioral Health Network, North Florida Behavioral Health Partners, and Progress Health System. She was instrumental in creating the new combined Florida Behavioral Health Association and serves as Chair of the Florida Council for Behavioral Health and co-chair of the Public Resource division. Dr. Labarta is a fellow of the Florida Council for Community Mental Health. She plans to retire in December after 36 years of distinguished service to Meridian and the citizens of north central Florida.



Mary Lynn Ulrey, MS, ARNP, Chief Executive Officer, DACCO, Tampa

Mary Lynn Ulrey has dedicated her entire 33-year career to serving individuals with mental health and substance use disorders. In January she will be retiring from her current leadership role as CEO of DACCO Behavioral Health in Tampa which she has held since 2002.

Ms. Ulrey was one of the first Advanced Registered Nurse Practitioner's (ARNP) to provide care in a substance use disorder clinic, beginning her practice in 1989. Since that time, she has been a frequent contributor to clinical care practice standards. In 2013, DACCO won the Innovation in Behavioral Health Services Award from HHS.

Ms. Ulrey led DACCO to being one of the first community providers to implement a comprehensive MAT treatment protocol and practice.

Under her tenure, the operation of DACCO has grown to provide a full continuum of clinical care for substance use disorders and co-occurring conditions. Under her guidance the organization went from a budget of \$8.2 million to \$21 million today. The main DACCO campus, completed in 2009, is one of the premier locations in Florida for comprehensive behavioral and health services under one roof.

Mary Lynn has served on the Board of Directors of FADAA for many years and was recognized as the Leader of the Year award recipient in 2016 for her leadership contributions. Presently she serves on the Executive Committee of the newly created Florida Behavioral Health Association and serves as the Chair of the Association's Justice Division. She has served on numerous local task forces and has been an active Board member of the Central Florida Behavioral Health Network.